



# Action for Self Reliance and Alternatives (ASRA)

Uttam Nagar, New Delhi

A Delhi-based voluntary organization dedicated to empower  
Persons with Disabilities living in slums and marginalized segment of society.

## NEWSLETTER JULY-2022 TO SEPTEMBER-2022 Activities under COVID-19

CONTINUING ASRA's MISSION WITH NEW STRATEGIC VISION DURING THE COVID-19 PANDEMIC

### HIGHLIGHTS

#### CBR

- Towards the revival of CBR Program, **CBR Project Office** room was rented by ASRA w.e.f. 11<sup>th</sup> July 2022 at **Pappankalan slum community**. Programs in vocational trainings in **education, mobile repairing & computer course** was started on 12th July 2022. Education was started on 1<sup>st</sup> August 2022. However the education program had to be closed due to non-availability of an eligible teacher.
- **Seed Loan** was provided to **three PwD beneficiaries** from two communities during the quarter under report.
- **Social mapping** of PwDs was done and ASRA's CBR Team is simultaneously applying for benefits under government schemes.
- **Examination** was conducted at Computer centre, Hoshiyarpur village, NOIDA on 23rd July 2022. Total 3 students appeared in examination. Mr. Sanjay, Computer Faculty ASRA Head Office was the invigilator of examination.
- **Examination of ten Mobile Repairing students** was conducted at CBR Project Office, Pappankalan on 1<sup>st</sup> Aug 2022.
- **Physiotherapy resumed in CBR Project Office, Pappankalan** w.e.f. 6<sup>th</sup> August 2022, in **Dwarka Sec16** w.e.f. 25<sup>th</sup> August 2022 and **Shiv Vihar** w.e.f. 30th Sep 2022

#### AIRTC

- **Parents Teacher Meeting** of AIRTC students was held on 30<sup>th</sup> July 2022.
- Following activities were organized by Special Educators as per weekly plan of students

Activity	No. of Students & Class	Date
'Paper pasting'	4 students, Primary 1	25.8.2022
'Peacock & Flower Making activity'	5, Secondary	26.8.2022
'Blow activity'	6, Secondary	9.9.2022

#### ARTC

- **Examination of twenty-six Computer Centre** students was conducted from 16<sup>th</sup> to 22<sup>nd</sup> July 2022.
- **Examination of Vocational Training courses** in Tailoring, Beauty Culture & Fashion Designing Course was held from 25<sup>th</sup> July to 6<sup>th</sup> August 2022.
- Total ten students applied for **NIELIT 'CCC' Examination** held in the month of September 2022.

### SOME GLIMPSES OF ACTIVITIES HELD DURING THE QUARTER UNDER REPORT



After a two year long online education for students of AIRTTC due to COVID 19, offline classes resumed from 1<sup>st</sup> April 2022, Monday to Friday, 9:30am to 1 pm. Switching from online mode of education to offline classes, parents are slowly building self-confidence to send their ward to AIRTTC for their regular classes. As a COVID 19 precautionary measure, pick & drop of students is being done by parents themselves.

Apart from special education, all students are also getting comprehensive rehabilitation which includes assessment by Orthopaedic Surgeon and customized occupational therapy, physiotherapy & speech therapy by ASRA's qualified professionals.

During the quarter under report, 18 children with special needs have attended AIRTTC school. These have children have different types of disabilities, predominantly intellectual disabilities associated with physical impairment. Some children also have speech & hearing impairment.



Children of AIRTTC with their class teachers



Children of AIRTTC doing blowing activities



ASRA's PTM Committee with parents during Parents Teacher Meeting held at AIRTTC

**WORKSHOPS / CELEBRATIONS :**

S. No.	Workshop	Date	No. of Participants	Age Group	Place	Resource Person
1.	Clay Craft	28/07/22	09	5-14 YRS	AIRTTC	Sr. Physiotherapist
2.	Bhelpuri Making	29/07/22	12	5-14 YRS	AIRTTC	Sr. Occupational Therapist
3.	Rakhi Making	10/08/22	13	5-14 YRS	AIRTTC	Special Educators
4.	Independence Day	12/08/22	01	5-14 YRS	AIRTTC	Special Educators
5.	Matki Making	16/08/22	02	5-14 YRS	AIRTTC	Special Educators
6.	Janmashtami Celebration	18/08/22	06	5-14 YRS	AIRTTC	Special Educators
7.	Sensory Tactile activity	30/08/22	07	5-14 YRS	AIRTTC	Special Educators
8.	Pen Stand Making	10/09/22	26	5-14 YRS	ASRA, HO	Special Educators

**.....Towards Inclusion**

I am Chander Kala mother of Shubham. I live in Dwarka Sec.16 Community. Shubham is Physically handicapped by birth. Shubham's father is working as a laborer in a factory. We are 6 members in the family. 8 years back, I came to know about ASRA organization when its team came to our community for Survey. They also came to our home and met with Shubham, they took his full details and told me about ASRA and its services. After joining ASRA, we came to know about disability and various Govt. facilities available for disables. Slowly ASRA team made me aware about each and every govt. facility and helped me to avail it. Today with the help of ASRA, Shubham is having all govt. facilities like: Disability certificate, Railway concession certificate- Card, Bus pass, Disability pension and UDID card as well. Shubham's medical assessment was also done by ASRA. He was getting free Physiotherapy by ASRA'S Medical team. Once in a week Physiotherapist used to come to our home to provide free therapy to Shubham. He also guided me so that I can repeat the exercises on daily basis. Due to physiotherapy Shubham tried to move his body and now he could sit by himself without any support. Under the sponsorship programme of ASRA Shubham also received sponsorship for his studies and got admission in Braham Shakti Special School. All expenses of Shubham's studies were borne by ASRA. As we came to know that ASRA started its own Special school, we shifted Shubham from Braham Shakti special school to AIRTTC (ASRA) because we knew that ASRA would provide best education and other services to our child. During lockdown period ASRA helped us a lot. On our requests they provided us Ration material twice and Education, Immunity booster, Therapy, Personal hygiene kits to Shubham for his good health. Shubham's father's factory was closed due to lockdown and we faced so many problems due to sudden financial crises. ASRA provided us Ration. It was very helpful and I really thank ASRA for their assistance. Side by side in order to run Shubham's education smoothly online classes were provided by ASRA during lockdown. Teachers took his online classes on regular basis and gave activities to him for practice. ASRA also provided shoe and track pant suit to Shubham in winter session. After lockdown ASRA started its Education center at Dwarka Sec. 16 community from the month of April, 2022. I am sending Shubham to ASRA education Centre. Shubham again received Study Material and Immunity booster, Ration & Personal Hygiene kits from ASRA during the month of April, 2022. In May, 2022 Shubham was also assessed by Orthopedic Surgeon and he suggested X-Ray to us for further assessment. For this ASRA provided transport facility to us and other CwDs of Dwarka Sec.16 community. I and my family are very happy to get all facilities from ASRA. We all thank ASRA that they have helped us so much. I am glad that I am associated with ASRA. Shubham is very happy to go to ASRA Education center. He recognized each and every member of ASRA CBR. Thank you ASRA for all your support.



**Shubham**



**Sakshi**

I am Jyoti, mother of Sakshi. We live in Nihal Vihar. Sakshi is intellectually disabled and it was very difficult to manage all the expense of household. The fee structure for special child in special school was too high. We are associated with ASRA since 2010. ASRA provided Sponsorship for Sakshi's School fee (Handicapped Children Rehabilitation Association), transportation and stationary. I received all the Govt. facilities like as Disability certificate, Railway Concession Certificate, E-ticket, SDM Card, Disability Pension and now also applied for Unique Disability Identity Card with the help of ASRA. During Covid-19 lockdown when ASRA initiated to take online sessions, Sakshi was also enrolled with AIRTTC. Sakshi also received 5 Kits - Education kit, Immunity booster kit, Personal hygiene kit, Therapy kit, Ration kit (5 kits), woolen suit and a pair shoe. As all work was stopped during lockdown, it was very difficult to arrange food at times then we contacted ASRA for ration. We received stationary and ration comprising, dal, rice, sugar, cooking oil, soap, turmeric, wheat flour etc. in 2020 as well as 2021. Thank you ASRA for precious help.

*\*Success Stories are narrated in Hindi by the beneficiaries and translated in English.*

**SEED LOAN**

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. Seed Loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **3 PwDs got Seed Loan during the quarter under report.**



Three PwD beneficiaries provided Seed Loan during the quarter under report

**CBR EDUCATION CENTRES**

**Restructuring & reorganizing of ASRA's Education program** was carried out in adopted slum communities namely **Shiv Vihar, Dwarka Sec-16 & Hoshiyarpur village, Noida**. Steps were initiated towards identifying & enrolling interested children with disabilities who were interested in continuing their studies under the Education program. 40 children including 12 CwDs at Shiv Vihar education centre & 24 children including 6 CwDs at Dwarka sec-16 education centre have been enrolled during the quarter under report.

The **Hoshiyarpur, Village Education Centre** became functional during the quarter under report **with 22 children including 2 CwD.**



Survey conducting for enrollment of education centre, Hoshiyarpur village, Noida

**WORKSHOPS**

S. No.	Workshop	Date	No. of Participants	Age Group	Place	Resource Person
1.	Rakhi Making	06/08/2022	32	5-14 YRS	Shiv Vihar & Dwarka sec-16 Education Centres	Medical Social Worker & Multi Rehab Therapist
2.	Kite Making	12/08/2022	20	5-14 YRS	ASRA Head Office	Special Educators
3.	Clay Craft	27/08/2022	11	5-14 YRS	ASRA Head Office	Sr. Physiotherapist
4.	Pen Stand Making	10/09/2022	26	5-14 YRS	ASRA Head Office	Special Educators



Children enjoying 'Rakhi Making' workshop at Shiv Vihar and Dwarka Sec 16 Education centers



Children of ASRA Education Centre enjoying Clay Craft, Kite Making and Pen Stand Activities held at ASRA Head Office

**CBR VOCATIONAL TRAINING PROGRAM IN MOBILE REPAIRING**

The **Mobile Repairing program** resumed in **Pappankalan & Shiv Vihar** community under CBR during the quarter under report. New needy students from the communities were enrolled. Regular classes are being conducted, Six students were admitted for course & training is in progress. Examination of 10 students who have completed their course was conducted on 1st August 2022 at CBR Project Office, Pappankalan.

**CBR VOCATIONAL TRAINING PROGRAM IN COMPUTER TRAINING**

- Computer Training at Pappankalan Project Office-** The computer teacher, Ms. Asha, a person with disability who lived & taught in **Pappankalan community** restarted **Computer training** program in Pappankalan community. Total fourteen students had been enrolled during the quarter under report.
- Computer Training at Hoshiyarpur Village, Noida -** Computer Training Centre at Hoshiyarpur village, NOIDA was opened in December 2021 under ASRA CBR program. Total seven students have been enrolled during the quarter under report.

**REFERRAL SERVICES:**

One of the off shoots of Program Review, Social Mapping was introduced persons with disabilities with permanent disabilities at ARTC & CBR. Simultaneously, online applications to avail govt. facilities were continuously filled for those who were uneducated, or ignorant of how to apply online process.

**During the quarter under reporting, on behalf of 65 CwDs / PwDs, ASRA CBR Team applied online for Disability Certificate & Unique Disability Identity Card (UDID)**

**VOCATIONAL TRAINING : STUDENTS' WORKSHOPS**

Following are the Events organized by the staff of ASRA during the quarter under report :

- Workshop on "**Hazards of Technology**" held on 22nd Aug 2022 by Computer Department, resource person was Ms. Mariyam. Total 20 students attended the session.
- A three days workshop on "**Turn old clothes into new outfits**" was organized by Vocational Training Unit on 25<sup>th</sup> & 26<sup>th</sup> August 2022 in which 20 students participated.
- Workshop on "**Digital Marketing**", held on 30th Aug 2022 by Computer Department, resource person was Mr. Sanjay Chauhan. Total 20 students attended the session.
- Workshop on "**Homemade Pace Pack**", held on 24th September 2022 by Beauty Culture Unit, resource person was Ms. Baljeet Kaur. Total 7 students attended the session.



Workshop on 'Hazards of Technology' organised by Computer Unit



Workshop on 'Digital Marketing' organised by Computer Unit



Workshop on 'Turn old clothes into new outfits'

- ASRA is running Inclusive Vocational Training / Skill Development Centres at ASRA Head Office. THESE COURSES ARE RECOGNIZED BY NATIONAL INSTITUTE OF OPEN SCHOOLING AND NATIONAL INSTITUTE OF ELECTRONIC INFORMATION TECHNOLOGY GOVERNMENT OF INDIA



Computer Theory Classes at ASRA Head Office



Fashion designing theory class



Beauty Culture Practical Classes

Students of vocational training courses participated and designed posters for poster contest for a cause on theme organ donation



Posters designed by students on Organ Donation

**Examination :**

- Computer Internal Examination was held from 16<sup>th</sup> to 22<sup>nd</sup> July 2022. Total 26 Students appeared in this Examination.
- Examination for Fashion Designing, Tailoring & Beauty Culture students were conducted in July'2022. Total 17 students were appeared in the exams.
- Examination was conducted at Hoshiyarpur computer centre on 23rd July 2022. Total 3 students appeared in examination. Mr. Sanjay-Computer Faculty, ASRA Head Office was the invigilator of examination.



Examination

- Medical Intervention & Therapeutic Services at ASRA Head Office and adopted slum communities**



Assessment through General Physician & Orthopedic Surgon



Child getting Occupational Therapy



AIRT student getting physiotherapy



Prosthesis & Orthosis Engineer taking measurement of CwDs for fabricating the appliances



AIRT student getting speech therapy

- Handicraft Emporium:** It became functional in April'2010. It has an experienced & qualified Master Tailor who is a physically challenged & a Junior Tailor to assist him. The Emporium executes the orders of stitching & alterations of garments to meet in house & outside needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, wedding dresses, western to ethnic dresses etc.as per customer's demand at very nominal charges. It provides other facilities like pico, overlock, hemming, machine embroidery etc. It is also manufacturing best quality simple or designer fabric masks. The Emporium is an effort to promote ASRA brand.



Order work on progress

Orders pending upto 30 <sup>th</sup> June'2022	Orders booked from 1 <sup>st</sup> July to 30 <sup>th</sup> Sept'2022	Orders completed from 1 <sup>st</sup> July to 30 <sup>th</sup> Sept'2022	Orders pending as on 30 <sup>th</sup> Sept'2022
28	130	141	17

- ASRA HAAT:** ASRA introduced a Haat in Oct'2021 with a Haat Representative fully engaged for this purpose as a platform to display on sale handicraft items such as masks, kurtis, stoles, jute bags etc. prepared by the Emporium. Items of daily use such as stationery, study material, soft drinks & snacks etc. are also available in the Haat. The items available in the Haat serve the in-house needs & also the local needs of patients, students etc. The Haat caters to the daily needs of staff, students, patients & neighbouring area. It also be a part of exhibitions organized by universities & colleges where students, staff and outsiders come and purchase articles.



ASRA's Handicraft Haat and Mobile Repairing Haat at ASRA Head Office

**ADMINISTRATION & ACCOUNTS**

**New Recruitments :** Ms. Janshi- Special Educator (HI) AIRTC, Ms. Sakshi-Special Educator (HI) AIRTC, Ms. Kavita-Education Teacher CBR Hoshiyarpur village NOIDA, Ms. Falguni, Education Teacher CBR Project office, Pappankalan

**Staff Resigned :** Ms. Suman Lata-CBR Coordinator, Ms. Anamika-CBR Co-coordinator, Ms. Falguni-Education Teacher, Pappankalan, Ms. Noorjahan-Teacher cum Rehab Worker

**Internal Audit :** Internal Audit was conducted for the period from April 2022 to August 2022.

**INSPECTION / MEETING**

- A second Inspection was held on 5<sup>th</sup> July 2022 jointly by the teams of Social Welfare Department & Education Department for issuing NOC to ASRA for introducing the proposed RCI approved Diploma Course in Intellectual Disability & Behavior.
- A meeting was held with TCS Representatives, Mr. Raja Bhowmik & Mr. Manoj on 24<sup>th</sup> August 2022 at ASRA Head Office regarding a project proposal submitted to TCS in June 2022