



Action for Self Reliance and Alternatives

Uttam Nagar, New Delhi

An organisation committed towards empowerment of persons with disabilities



HEARTFELT THANKS
TO ASRA AND ASF

NEWSLETTER

(Activities under COVID-19)

JANUARY 2021 to MARCH 2021

ACTION FOR SELF RELIANCE AND ALTERNATIVES (ASRA)



THREE MAJOR BRANCHES/ACTIVITIES OF ASRA

ASRA Rehabilitation & Training Centre ARTC	ASRA Intervention, Recreation & Therapy Centre AIRC	Community Based Rehabilitation CBR
<ul style="list-style-type: none"> • Medical Intervention & Therapeutic services 	<ul style="list-style-type: none"> • Special Education 	<ul style="list-style-type: none"> • Referral Services for PwDs
<ul style="list-style-type: none"> – Assessment 	<ul style="list-style-type: none"> • Music Therapy 	<ul style="list-style-type: none"> • Medical Intervention & Therapeutic Services
<ul style="list-style-type: none"> – Physiotherapy 	<ul style="list-style-type: none"> • Dance Therapy 	<ul style="list-style-type: none"> – Physiotherapy
<ul style="list-style-type: none"> – Occupational Therapy 	<ul style="list-style-type: none"> • Art & Craft Activities 	<ul style="list-style-type: none"> – Speech Therapy
<ul style="list-style-type: none"> – Speech Therapy 	<ul style="list-style-type: none"> • Yoga Therapy 	<ul style="list-style-type: none"> – Prosthetic & Orthotic Appliances
<ul style="list-style-type: none"> – Prosthetic & Orthotic Appliances 	<ul style="list-style-type: none"> • Medical Intervention & Therapeutic Services 	<ul style="list-style-type: none"> • Education Program
<ul style="list-style-type: none"> • Skill Development Trainings 	<ul style="list-style-type: none"> – Assessment 	<ul style="list-style-type: none"> – Nursery Education
<ul style="list-style-type: none"> – Computer 	<ul style="list-style-type: none"> – Physiotherapy 	<ul style="list-style-type: none"> – Non-Formal Education
<ul style="list-style-type: none"> – Tailoring 	<ul style="list-style-type: none"> – Occupational Therapy 	<ul style="list-style-type: none"> – Remedial Education
<ul style="list-style-type: none"> – Fashion Designing 	<ul style="list-style-type: none"> – Speech Therapy 	<ul style="list-style-type: none"> – Special Education
<ul style="list-style-type: none"> – Beauty Culture 	<ul style="list-style-type: none"> – Prosthetic & Orthotic Appliances 	<ul style="list-style-type: none"> • Sponsorship for Education of CwDs
<ul style="list-style-type: none"> – Short Term Trainings 	<ul style="list-style-type: none"> • Activity of Daily Living (ADL) 	<ul style="list-style-type: none"> • Skill Development Trainings
<ul style="list-style-type: none"> – Yoga Workshop 	<ul style="list-style-type: none"> • Sensory Integration Unit (SIU) 	<ul style="list-style-type: none"> – Computer
		<ul style="list-style-type: none"> – Tailoring
		<ul style="list-style-type: none"> – Mobile Repairing
		<ul style="list-style-type: none"> – Beauty Culture
		<ul style="list-style-type: none"> • Seed Loan-Micro Credit Scheme

CONTINUING OUR MISSION DURING THE COVID-19 PANDEMIC AND A NATIONWIDE LOCKDOWN

In view of the COVID-19 Pandemic, a nationwide lockdown was announced by the Government of India w.e.f. 25th March 2020. While COVID-19 is impacting the entire population, Persons with Disabilities (PwDs) are more vulnerable to the disease due to their physical, sensory and cognitive limitations.

While all vocational training classes and therapy sessions have been conducted online since 21st March 2020, ASRA Head Quarter opened its doors and conducted vocational training classes and therapy sessions in its physical location from 11th Feb 2021 to 10th April 2021. However, due to a sudden spike in COVID cases, the city underwent another lockdown and vocational training classes & therapy sessions have had to be conducted online once again since 11th April 2021.

ASRA has continued working towards its mission digitally in the form of online sessions in Education, Special Education, Therapy, Vocational trainings, Recreation Activities, Counseling & Awareness and so on.

On-ground, children are being provided with study material and immunity boosters and essentials have been distributed to Persons with Disabilities (PwDs) on a need-based feedback.



AWARENESS GENERATION AND DISTRIBUTION OF ESSENTIAL ITEMS TO PERSONS WITH DISABILITIES OF ADOPTED SLUM COMMUNITIES DURING COVID-19 CRISIS

ASRA CBR Team is constantly providing information to PwDs about the basic steps for the prevention of COVID-19 as per the guidelines given by WHO and Ministry of Health, Government of India. Beneficiaries and their family members are told about the Do's and Don'ts. Total **2493 PwD** beneficiaries across **62 communities** have been provided with essential items package from June 2020 to March 2021. During the quarter under report, **32 PwDs from 5 communities who came back from their villages** have been provided essential items package for their day to day life.



DISTRIBUTION OF STUDY MATERIAL AND IMMUNITY BOOSTERS TO THE CHILDREN UNDER EDUCATION, SPONSORSHIP AND AIRTC PROGRAMS

Doorstep distribution was initiated based on the teachers' feedback which was duly verified by the Rehab Workers and Coordinators. Total **924 children** have been provided with study material such as notebooks, registers, pencils, pens, erasers, sheets, colours and immunity boosters like daliya and poha from June 2020 to March 2021. During the quarter under report, **20 children** were provided with study material and immunity boosters.



ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC) for children with special needs

While the AIRTC is physically shut due to lockdown, 34 children with special needs have availed services of AIRTC during the quarter under report. The children have different types of disabilities, predominantly intellectual disabilities associated with physical impairment. Some children also have speech & hearing impairment. Following is the classification of children of AIRTC students during the quarter under report:

Total CwDs as on 31 st March 2021	GENDER WISE			AREA WISE	
	Male	Female	Total	Community	Non-community
	24	10	34	22	12
DISABILITY WISE NO. OF CHILDREN					
1. Intellectual Disability				19	
2. Intellectual with Associated Condition				03	
3. Cerebral Palsy				03	
4. Cerebral Palsy with Associated Condition				02	
5. Speech and Hearing Impairment				03	
6. Down Syndrome				-	
7. Autism Spectrum Disorder				03	
8. Attention Deficit Hyper Active Disorder				-	
9. Multiple Disability				01	
AGE WISE					
PRE-PRIMARY					
5-7 years: 08					
PRIMARY-I					
8-10 years: 08					
PRIMARY-II A					
10-13 years: 07					
PRIMARY-II B					
09-12 years: 03					
SECONDARY					
11-14 years: 08					

Online Special Education and Therapy Sessions of AIRTC children

- The AIRTC children are presently divided into three online groups on the basis of their IQ and disability with two groups having 11 children each and one group having 12 children.
- One to one online academic session related to Individualized Education Program (IEP) is being provided by the Special Educators to AIRTC children from Monday to Friday at 10.30 am till 2.30 pm. Parents are also guided during the sessions.
- Worksheets of academics i.e. Hindi, English, Maths and Art & Craft are prepared by the Special Educators and then forwarded to the parents. These worksheets are designed on the basis of children's IQ level and disability.
- Therapy plans for AIRTC students are made according to the need and disability of the children.

Following are the details of online sessions of special education provided to the children in the quarter under report:

Sessions	January 2021	February 2021	March 2021
Online Video sessions	241	196	205
Voice calling sessions	49	119	54
Worksheets prepared & forwarded	668	640	727
Total	958	955	986

Online Special Education Classes & Worksheets prepared by Special Educators:



Children attending online special education class

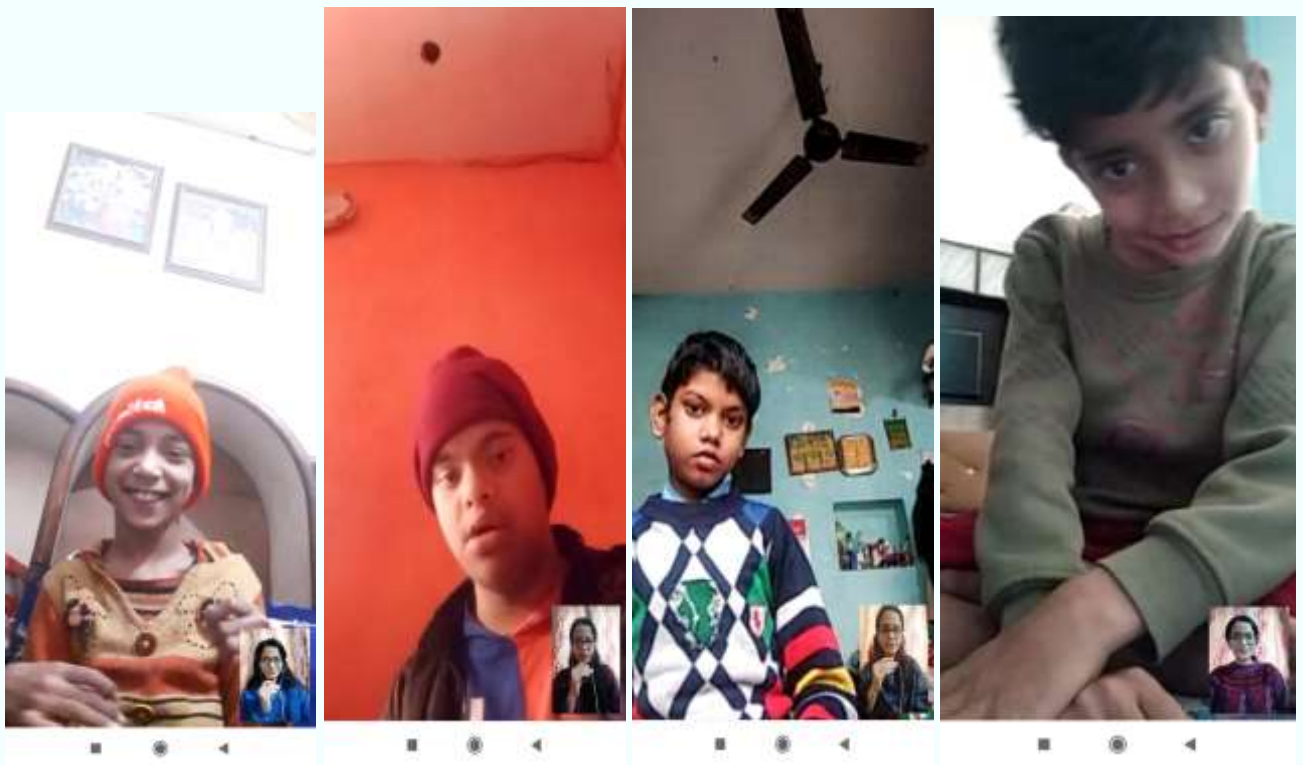


Special Educators conducting online special education classes

Online Music and Dance Classes for AIRTC children:

Teachers organized regular music and dance sessions which were thoroughly enjoyed by the children. Web links of poems and rhymes were also sent to the parents for ready reference. Children sang songs and recited poems with their teachers. Dancing helped children to release energy and be physically active.

Sessions	January 2021	February 2021	March 2021	Total
Live online music sessions	79	65	64	208

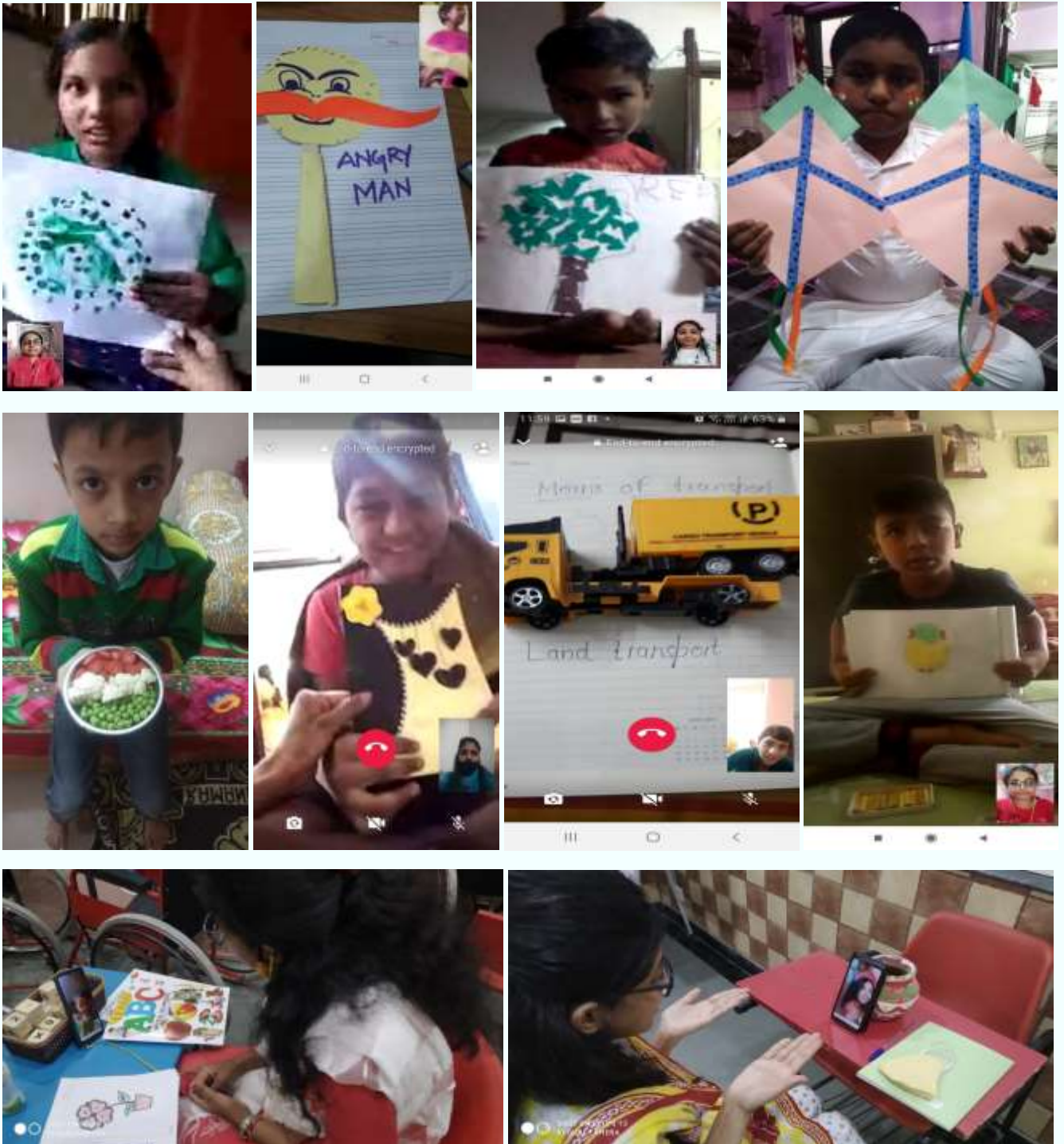


Teacher conducting online music classes

CELEBRATIONS AND RECREATIONAL ACTIVITIES FOR CHILDREN OF EDUCATION, AIRTC AND SPONSORSHIP PROGRAMS

With schools closed, the COVID-19 pandemic has already had a major impact on daily life for children. But it's important that children aren't left feeling like their lives have been put on hold. A good hour of light relief during a pretty stressful time for children and parents is much needed at this time.

By combining creative thinking and technological solutions, ASRA staff has ensured that special days and recreational activities are still marked in style. For making children / students stress free, different activities related to "Karona Thodi Masti, Thodi Padhai" (A little fun, a little study) has being regularly organized digitally for the children on the basis of their interest and level.







Games



Students learning social skills and activities of sorting of pulses, puzzle solving, cloth folding etc.



Personal hygiene: combing, washing hands, tidying room

CELEBRATIONS

COVID-19 was not able to spoil the festive mood at ASRA. ASRA continued to celebrate festivals with beneficiaries, their family members and staff while staying safe at home. Festivals and special days celebrated by ASRA during the quarter under report: -

Republic Day

Virtual Republic Day celebrations were held with great enthusiasm. Activities like significance of National Flag colours, Flag and kite making, reciting Poems, Dance and tri-color sandwich were conducted for the children. Videos of students doing activities were shared during this webinar.



Republic Day Celebration



Tri-colors activities

Basant Panchami : Worship of Goddess Saraswathi (The Goddess of Knowledge)

Teachers of AIRTC conducted a webinar and celebrated Saraswathi Puja with the students of AIRTC. Activities like worship of Goddess Saraswathi and Veena making were held.



Basant Panchami celebrated at ASRA HQ



Webinar on the occasion of Basant Panchami

Holi (Festival of Colors)

Children and teachers celebrated Holi, a festival of colours virtually. The significance of the festival was discussed with them. They expressed their love by applying dry colours to their family members. Children relished their favourite party food and enjoyed dancing on their favourite songs. It was indeed a funday and a joyful experience for everyone.

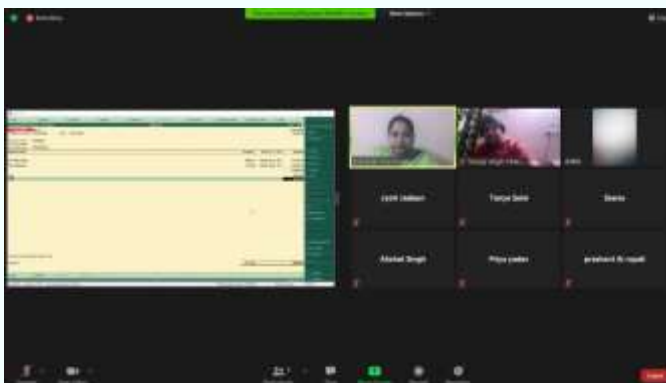


Activities on the occasion of Holi Festival

ONLINE WORKSHOPS FOR STAFF & BENEFICIARIES

a. Following are the Webinars organized by staff of ASRA during the quarter under report: -

S. No	Topic of Workshop & Department	Date	Resource Person
1	Digital Library	18 th January 2021	Ms. Ritu, Computer Faculty, ASRA HQ
2	Billing Invoice through Tally Software	23 rd January 2021	Ms. Mariyam, Computer Faculty, ASRA HQ
3	Quiz Competition on the occasion of Republic Day	25 th January 2021	Mr. Sanjay Kumar, Computer Faculty, ASRA HQ
4	Future Wireless Network	12 th March 2021	Ms. Ritu, Computer Faculty, ASRA HQ
5	Vocal for local Gandhian perspective on the guidelines of NIOS	15 th March 2021	Mr. Sanjay Kumar, Computer Faculty, ASRA HQ
6	Placement Session	22 nd March 2021	Ms. Ritu, Computer Faculty, ASRA HQ
7	Computerized Dress Designing	26 th March 2021	Ms. Mariyam, Computer Faculty, ASRA HQ



Success Stories

Kinshuk of ASRA Intervention, Recreation and Therapy Centre (AIRTC)

Kinshuk is our only child. He is Autistic. We belong to a lower middle-class family. Our profession is astrology which is not running smoothly. Initially, we got Kinshuk admitted in a Special School in Dwarka. The fee structure was too high in that school. So we stopped sending him to that School after some time. In 2017, we came to know about occupational therapy department of ASRA through parents one of classmate of Kinshuk. Kinshuk started taking sessions of occupational therapy in ASRA. Then ASRA opened its own Special school in 2018 with nominal fee structure and quality services. So we got Kinshuk admitted in ASRA school.

For us ASRA is a name / place where students love to go and are being learning many things in fun. Apart from this, ASRA fulfils the requirement of education material like notebooks, Books, colours, etc. and gives nutritious food items time to time.

It was going very good till 2019 but after lockdown due to this pandemic COVID 19 children got locked down in houses and become inactive. During these crises, ASRA took initiative and started providing online classes and not even educational, it also started Speech and Occupational Therapy via online. In starting it was difficult for us to coup with this new technology. Before lockdown, children were fully handled by teachers and therapists but now it was on parents to handle the child at home. Teachers guided us to keep these students in front of the computer screen. It was the biggest task. But ASRA teachers themselves worked hard with patience. They motivated and encouraged us. Along with the classes, the teachers and therapists also share weblinks for new activities frequently, due to which the practice of Kinshuk was not lost. Fees was not charged by ASRA during 4 months of lockdown and after that it is the minimal amount which we are paying.

Despite lockdown, ASRA provided us with stationary items, masks, handkerchief, etc. and food items like Daliya, Poha for Kinshuk at our door steps. A would like to thanks ASRA Staff for these valuable efforts. — Jyoti Malwal (Mother of Kinshuk)



Sunita of Bharat Vihar Community

I am Sunita, 26 years old and suffering from Multiple Disability (locomotor, low vision, speech). We are 6 siblings. My father is working as a security guard and our financial condition is not good. We live in a rented house in Bharat Vihar community. Earlier I faced so many problems due to my disabilities. I feel shy while facing society. I was unable to communicate whenever I tried to say something, people do not able to catch it. I was very sad about all that problem I was facing due to disability.

I am associated with ASRA from last 8 years. ASRA helped me in availing all the Central / State Government facilities for persons with disabilities like disability certificate, railway pass, bus pass, SDM card and disability pension etc. Apart of this, ASRA provided me with physiotherapy sessions and also supported my education by providing sponsorship to pay my tuition fees. I also learnt 6 months basic beauty culture course from ASRA. Where Ms. Chandni Ma'am helped me and guided me. ASRA staff Ms. Noorjahan Ma'am and Chandni Ma'am motivated me to do something good in future so that I can support my family too. I started to learn computer course after completion of the Beauty Culture course. I started to work in Amazon as product scanner where I am performing my duties very well. During the crucial time of Covid-19 pandemic my family was suffering from financial crisis. ASRA provided Ration to my family.

I am very thankful to ASRA to give me a new and meaningful life. Now I am independent women which was only a dream of me. I am wondered that organizations like ASRA exist. It is doing such a humanitarian work that give direction to people like me. I am thankful to ASRA for this.

— Sunita, Bharat Vihar



***Success Stories are narrated in Hindi by the beneficiaries and translated in English.**

UPDATE ON ONGOING PROGRAMS

COMMUNITY BASED REHABILITATION (CBR)

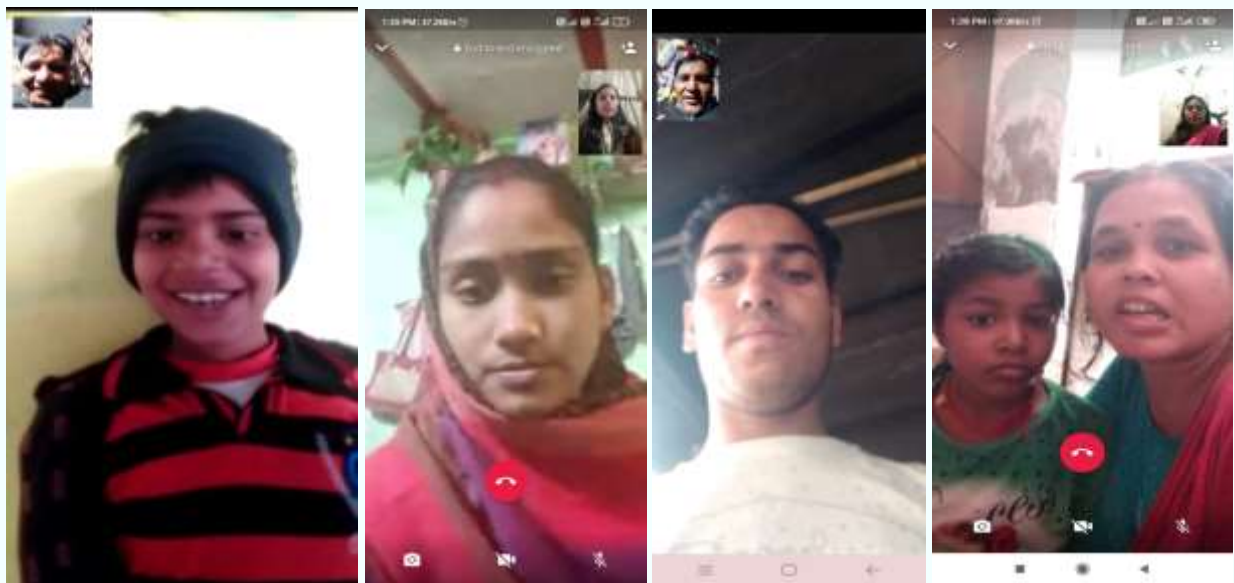
- a. **Individual & Group counseling:** Although ASRA CBR Team is not able to make home visits and meet the beneficiaries directly, it is communicating through telephone and providing information to beneficiaries about this pandemic and initiatives taken / special schemes provided by the Central and State Governments for their welfare during this pandemic.

Briefing beneficiaries about the basic protective measures against COVID-19:

- ASRA CBR Team is constantly providing information to PwDs / CwDs about the basic steps for the prevention of COVID-19 as per the guidelines given by WHO and Ministry of Health, Government of India.
- Beneficiaries and their families are told about the Do's and Don'ts.
- ASRA CBR Team always tries to participate in the implementation of Government Initiatives by-
 - Informing beneficiaries telephonically about the arrival of food.
 - Helped in distribution of food to people at 'Rahat Camp' by Government.
 - Helping create awareness to maintain Social Distancing during Food or Ration Distribution by Government Organizations.
- Procedural guidance is provided to apply for 'Online Temporary Ration Card' by the Government.

Number of beneficiaries got information about COVID-19 disease and its Symptoms and preventions as below:

Information about COVID-19 disease and its Symptoms and preventions			Total
January'2021	February'2021	March'2021	
522	354	585	1461



Interaction with beneficiaries through video calls

b. Referral Services:

During the quarter under report, CBR Team provided referral services to 1335 PwDs as follows:

S. No	Referral service	No. of beneficiaries
1.	Disability Certificates	305
2.	Railway concession & E-Card	299
3.	Information regarding Disability Pension	185
4.	Bank (Information regarding pension)	16
5.	UDI Card	212
6.	Aadhar Card (Identity Proof)	49
7.	AIDS & Appliances	73
8.	Stationary and immunity boosters by ASRA	20
9.	Essential items distributed by ASRA	32
10.	Buss Pass	71
11.	Others services (Online filling form, MLA office etc.)	73
	Grand Total	1335



Medical Assessment and guidance by ASRA's Physiotherapists and Rehabilitation Workers

c. Concession benefits services:

S.NO	Name of services	Applied	Received
1	Disability Certificate	89	31
2	Railway's concession certificate	36	28
3	E-Ticket Card	23	13
4	UDI Card	84	22
5	Disability Pension	50	15
6	SDM Card	34	8
7	Bus Pass	11	8
8	Aids & Appliances	54	54
Total		381	179



ASRA Beneficiaries received Govt. Facilities from different Departments with the help of CBR Team

d. Mobility Aids & Appliances: -

ASRA organized a Camp for free distribution of mobility aids and appliances on 24th March 2021 in collaboration with a Delhi based organization.

Camp was held at ASRA's adopted community namely Pappankalan and 52 beneficiaries received following mobility aids and appliances according to their needs:

Wheelchair	Tricycle	Crutches	Walker	Sticks	Total
20	15	11	04	02	52



Registration



Awareness regarding online facilities provide by ASRA



Beneficiaries received appliances



ASRA Team with beneficiaries

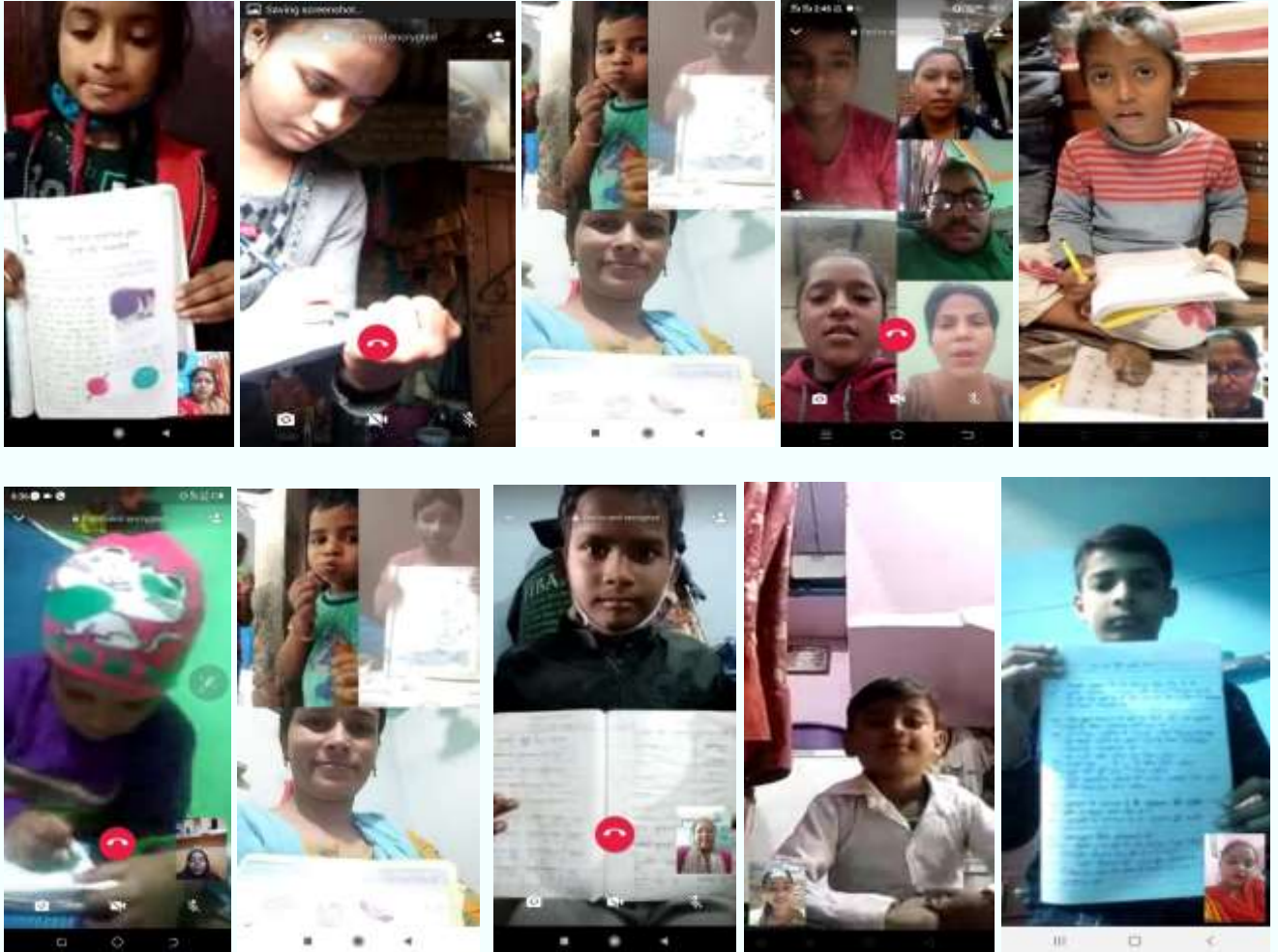
Awareness regarding online facilities provide by ASRA



CBR Coordinator, Asst. Coordinators and Rehab workers with beneficiaries of ASRA

e. **CBR Education Program:** ASRA CBR Education teachers maintain regular contacts with children and take online classes. Teachers planned different activities for Children and celebrated special days like Lohri, Republic Day, Basant Panchami & Holi.

- During the quarter, total 594 children of 22 education center of ASRA took online classes by ASRA Education teachers and participated in different activities arranged by ASRA Education Program.



CBR Education teachers taking online classes with children of communities

- For motivating children who are not attending online classes, ASRA CBR education teachers conducted door to door counseling of children as well as their parents and also conducted survey. During the visits, teachers also make the children and other community people aware about importance of sanitization and wearing Masks.



Door to door counselling and survey in ASRA adopted communities for awareness regarding online education classes

d. **CBR Sponsorship Program:** It is seen that disabled children in slums are seldom respected, admired or accepted. ASRA took an initiative to promote the education of Children with Disabilities from its adopted slum communities at their post primary level. Parents are regularly counseled. This is ongoing successful project running since August 2010.

207 Children with Disabilities (CwDs) have been sponsored under this program till date. They also received physiotherapy, Occupational Therapy, special education, non-formal education, remedial education etc.

During the quarter under report, ASRA staff is in regular contact with 35 sponsorship children and their parents via Telephonic conversation. They are provided with different educational and recreational activities as well as awareness is created about the Health & Hygiene. **Sponsored children are also provided with study material and immunity boosters at their door steps.**



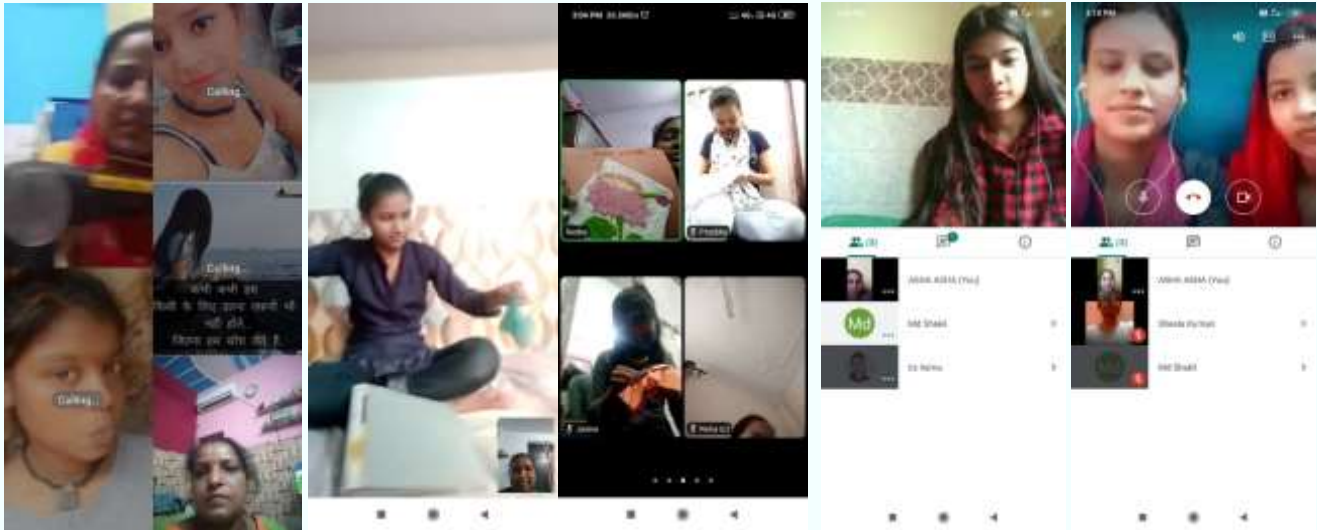
Distribution of study material and immunity boosters to CwDs

Some glimpses of children participating in extra-curricular activities conducted by ASRA staff under the sponsorship program



- e. **CBR Vocational Training:** ASRA is running Inclusive Vocational Training / Skill Development Centres in Tailoring, Beauty Culture, Computer Courses and Mobile Repairing Courses in adopted slum communities. The training has empowered girls/ women and young boys to earn their livelihood. Those who have completed their training are now able to supplement their family income by taking jobs from their community members.

Teachers are conducting online classes of Tailoring, Beauty Culture & Mobile repairing via telephones, Video calls and WhatsApp groups.



CBR Tailoring Classes

CBR Computer Class



CBR Beauty Culture Classes

CBR Mobile Repairing Classes



Video Tutorial: Tailoring: How to stitch mask (left) and Mobile Repairing: How to use thinner for clean PVC board (right)

MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT ASRA HEADQUARTER AND CBR

Initially, through online conferencing, all the therapists discussed a holistic approach to be followed with the patients. Patients have been divided amongst the Therapists according to the disabilities and diagnosis. Patients are guided about the exercises they can do by themselves at home. Therapists are telephonically resolving doubts of OPD patients regarding their exercise program. Therapy plans are made according to the need and disability of the children.

Videos and pictorials prepared by the therapists are sent to parents. Follow-up is done regularly with the parents. Exercises are being taught to patients / parents of children who don't have smart phones via phone call.

Online/offline therapy sessions – ASRA Headquarter

Patients and sessions details												
	Physiotherapy		Occupational Therapy				Speech Therapy					
	OPD	AIRTC	OPD	AIRTC	OPD	AIRTC	OPD	AIRTC				
Total No. of patients taken therapy session	30	06	20	28	3	15						
Months	Total number of digital/in person therapy sessions											
	Online	Offline	Online	Offline	Online	Offline	Online	Offline	Online	Offline	Online	Offline
January 2021	32	-	97	-	101	-	147	-	-	-	21	-
February 2021	27	43	101	-	09	43	114	-	-	-	57	-
March 2021	-	130	91	-	30	94	71	-	-	8	52	-



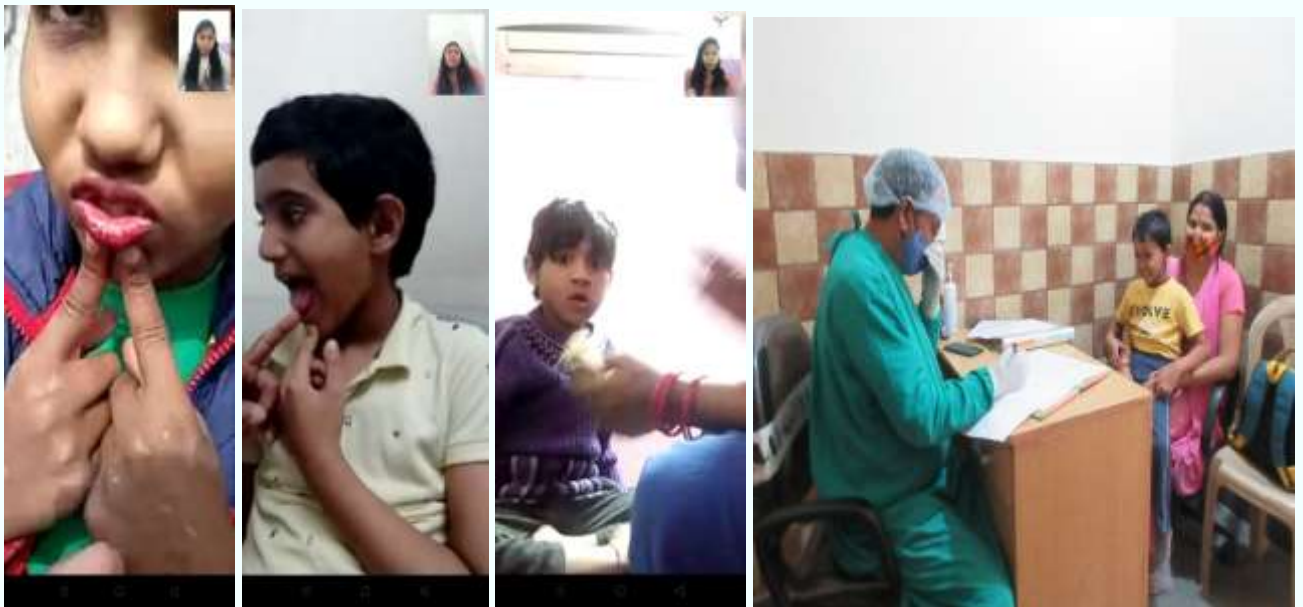
Physiotherapy sessions-Online & Offline both



ASRA Physiotherapists guiding the parents and providing therapy to the patients video calling



Occupational therapy department conducting online and offline occupational therapy sessions



Children attending online and offline Speech Therapy sessions

Online physiotherapy / Speech Therapy sessions - CBR

- Patients were told about necessary precautions to be taken to prevent COVID 19.
- Sessions via phone call & video call were conducted during the quarter under report.

Total No. of patients taken therapy session	Patients and sessions details	
	Physiotherapy	Speech Therapy
	263	15
Months	Total number of digital/in person therapy sessions	
January 2021	562	13
February 2021	570	36
March 2021	560	46



Medical assessment of new cases found during distribution of essential item in slum communities

Prosthetic and Orthotic Unit

A feedback was received from CBR Therapists regarding urgent need to repair artificial limbs and requirement of new prosthetic and orthotic for some PwD beneficiaries. ASRA's Prosthetic and Orthotic Engineer along with the CBR Therapist paid home visits of PwD beneficiaries having urgent requirements and did the repair work of artificial limbs. Measurements has been taken Raw material has been procured for making new artificial limbs / mobility aids and is under process.

Measurement taken to PwDs	Appliances Manufactured	Appliances
		Delivered to PwDs
28	41	13



ASRA's beneficiaries received mobility aids & appliances at their door steps through ASRA's POE Worksoop

VOCATIONAL TRAINING AT ASRA HEADQUARTER

COMPUTER TRAINING AT ASRA HQ RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Course-wise WhatsApp groups of students have been created by Unit Heads through which teachers are sharing training materials and urgent information received from NIELIT and NIOS regarding extension of dates of registration and examination. Online classes, Notes, Pictures and Worksheets are being shared. Query solving sessions are held regularly. YouTube links are also forwarded to students for practical work reference.

Status of students during the quarter under report:

Month	Students with Disabilities	Non-Disabled Students	Total students
Jan-2021	07	22	29
Feb-2021	07	30	37
Mar-2021	07	46	53

Total Sessions	
Via conference / video call / audio call	567
Query sessions	85
Documents shared (PDF, PPT, web Link, YouTube link, worksheets etc.)	229



Online and offline computer classes



Online computer classes

TAILORING AND HANDICRAFT TRAINING AT ASRA HEADQUARTER (RECOGNISED BY NIOS, GOVERNMENT OF INDIA)

The details of students who have undergone training in Tailoring/ Handicraft Unit during the quarter under report are as follows:

Status of students during the quarter under report:

Month	Total number of students
January 2021	15
February 2021	27
March 2021	24
Total online sessions	195
Documents shared (PDF, PPT, web Link, YouTube link, worksheets etc.)	55



Tailoring class (left) and Fashion Designing Theory class (right) at ASRA HQ

ASRA HANDICRAFT EMPORIUM

ASRA Handicraft Emporium has been functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc. Due to lockdown, order work and stitching of mask was done by tailoring staff from home.

- **128** orders for stitching / alteration / repairing of clothes are booked from 1st January 2021 to 31st March 2021 and delivering the same to the customers.
- **510** masks have been stitched during the quarter under report. These masks are being distributed free of cost to the PwD beneficiaries and children of education, sponsorship and AIRTC programs. Masks are also being sold out to the interested customers.



Order work on progress

The details of orders booked / completed during the quarter are given below:

Orders pending up to 31 st Dec-2020	Orders booked from 1 st Jan-2021 to 31 st March-2021	Orders completed from 1 st Jan-2021 to 31 st March-2021	Orders pending up to 31 st March-2021
01	128	96	33

BEAUTY CULTURE COURSE AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

ASRA is conducting diploma course in Beauty Culture recognized by NIOS, Government of India. After qualifying in this course, the beneficiaries can work as professionals and earn money towards their self-reliance.

Status of students during the quarter under report:

Month	No. of students
January 2021	07
February 2021	09
March 2021	11
Total online sessions	67



Practical class at ASRA HQ



Online Beauty Culture classes

SEED LOAN

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. **Seed Loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant.** With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them

to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 124.** Seed Loan beneficiaries are also provided with dry ration kit at their door steps.



Seed Loan beneficiary from Shahbad Dairy slum community receiving essential item during ration kit distribution camp

*Gratitude to the President AFS
and all the donors
who are supporting ASRA's work for the poor &
needy persons with disabilities living
in the slums of Delhi.*

Gratitude for your trust in our abilities.

