



# Action for Self Reliance and Alternatives

An organisation committed towards empowerment of  
persons with disabilities



Newsletter  
January-2020 to March-2020

## ACTION FOR SELF RELIANCE AND ALTERNATIVES (ASRA)



### THREE MAJOR BRANCHES /ACTIVITIES OF ASRA

ASRA Rehabilitation & Training Centre ARTC	ASRA Intervention, Recreation & Therapy Centre AIRC	Community based Rehabilitation CBR
Medical Intervention & Therapeutic Services	Special Education	Referral Services for PwDs
Assessment	Music Therapy	Medical Intervention & Therapeutic Services
Physiotherapy	Dance Therapy	Physiotherapy
Occupational Therapy	Art & Craft Activities	Speech Therapy
Speech Therapy	Yoga Therapy	Prosthetic & Orthotic
Prosthetic & Orthotic Appliances	Medical Intervention & Therapeutic Services	Education Program
Skill Development Trainings	Assessment	Nursery Education
Computer	Physiotherapy	Non-Formal Education
Tailoring	Occupational Therapy	Remedial Education
Fashion Designing	Speech Therapy	Special Education
Beauty Culture	Prosthetic & Orthotic Appliances	Sponsorship for Education of CwDs
Short Term Trainings	Activity of Daily Living (ADL)	Skill Development Trainings
Yoga Workshop	Sensory Integration Unit (SIU)	Computer
		Tailoring
		Mobile Repairing
		Beauty Culture
		Seed Loan-Micro Credit Scheme



**ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC) for children with special needs**

- ASRA introduced and formally inaugurated its ASRA Intervention, Recreation and Therapy Centre (AIRTC) on 12th October 2018 and the Centre started functioning on 3rd December 2018 on the occasion of International Day for Persons with Disabilities. Most of the children attending the special school are from lower financial background and are coming from ASRA’s adopted communities, resettlement colonies and neighbourhood. The centre strives to offer total rehabilitation package to its students.

**Status of children at AIRTC during the quarter under report:**

Total CwDs as on 31 <sup>st</sup> March'2020	GENDER WISE			AREA WISE	
	Male	Female	Total	Community	Non-community
	24	10	34	22	12
DISABILITY WISE NO. OF CHILDREN					
1. Intellectual Disability				19	
2. Intellectual with Associated Condition				03	
3. Cerebral Palsy				03	
4. Cerebral Palsy with Associated Condition				02	
5. Speech and Hearing Impairment				03	
6. Autism Spectrum Disorder				03	
7. Multiple Disability				01	
AGE WISE					
PRE-PRIMARY					
5-7 years : 08					
PRIMARY-I					
8-10 years : 08					
PRIMARY-II A					
10-13 years : 07					
PRIMARY-II B					
09-12 years : 03					
SECONDARY					
11-14 years : 08					



*Prayer Time*





*Class Activities*



*Celebration of 'Saraswathi Puja'*



*Celebration of Republic Day*





*Music Class*



*Plantation Activity*



*Home visits of AIRTC children living in ASRA's adopted communities by Special Educators along with CBR Team*



## WORKSHOPS & RECREATION ACTIVITIES FOR STAFF & BENEFICIARIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report: -

S. No	Topic of Workshop & Department	Date	Target Group	No. of Participants	Venue / Community	Resource Person
1	<b>Knitting on Nail Board –</b> Tailoring Department	21 <sup>st</sup> Jan, 2020	Students of Vocational Trainings	19	ASRA HQ, Nanhe Park & Indira Camp-2 communities	<b>Ms. Tejinder Kaur-</b> Tailoring Teacher ASRA HQ
2	<b>Skin Treatment-</b> Beauty Culture Department	9 <sup>th</sup> Jan, 2020	Students of Vocational Trainings	15	Binda Pur community	<b>Ms. Baljeet Kaur-</b> Beauty Culture Teacher ASRA HQ
3	<b>Nail Care-</b> Beauty Culture Department	27 <sup>th</sup> Jan, 2020	Students of Vocational Trainings	14	Nangli Dairy community	<b>Ms. Baljeet Kaur-</b> Beauty Culture Teacher ASRA HQ
4	<b>Creative Doormats –</b> Tailoring Department	28 <sup>th</sup> Feb, 2020	Students of Vocational Trainings	09	Tailoring Practical Room-ASRA HQ	<b>Ms. Sonia –</b> Teacher Fashion Designing ASRA HQ
5	<b>Agronomics Awareness-</b> Physiotherapy Department	6 <sup>th</sup> Feb, 2020	Students of Vocational Trainings	20	Computer Practical Room ASRA HQ	<b>Ms. Vidhi-</b> Physiotherapist, ASRA HQ
6	<b>PowerPoint-</b> Computer Department	22 <sup>nd</sup> Feb'2020	Staff of ASRA HQ	09	Computer Practical Room	<b>Mr. Sanjay Singh Chauhan-</b> Computer Faculty ASRA HQ
7	<b>Good Citizenship-</b> Computer Department	27 <sup>th</sup> February, 2020	Students of Vocational Trainings	20	Computer Practical Room	<b>Ms. Ritu-</b> Computer Faculty ASRA HQ



*Workshop on Knitting on Nail Board at ASRA Headquarter*





*Workshop on Knitting on Nail Board at ASRA's CBR Tailoring Centre*



*Workshop on Nail Care (Left) and Skin Treatment (Right) at Nangli Dairy & Bindapur Beauty Culture Centres*



*Workshop on Creative Doormat at ASRA HQ*





*Workshop on Good Posture & Bad Posture at ASRA HQ*



*Workshop on Awareness session on Agronomics at ASRA HQ*



*Workshop on Awareness session on a Good Citizen at ASRA HQ*



a. Following are the details of Final Internal Examinations of Vocational Units of ASRA during the quarter under report:-

S. No.	Unit	Month	Venue	No. of students	
				Appeared	Cleared
1.	Beauty Culture	January, 2020	Pappankalan, Bindapur, Nanhepark, Bharat Vihar and Indira Camp-II communities	29	29
2.	Tailoring & Fashion Designing		Pappankalan, Bindapur, Nanhepark, Nagali Dairy & Indira Camp-2 communities	37	35
3.	Computer		ASRA HQ	41	34
<b>Total</b>				<b>107</b>	<b>98</b>



*Examination at Basement Hall ASRA HQ (Left) & ASRA CBR Project Office, Pappan Kalan (Right)*

b. Festivals and special days celebrated by ASRA during the quarter under report:-

S. No.	Special Days/Exhibition	Date of celebration	Venue
1.	Lohri / Makar Sakranti	13 <sup>th</sup> January, 2020	ASRA HQ & CBR Centres
2.	Republic Day	24 <sup>th</sup> January, 2020	ASRA HQ & CBR Centres
3.	Saraswathi Pooja / Basant Panchami	29 <sup>th</sup> January, 2020	ASRA HQ & CBR Centres
4.	Holi-Festival of Colors	19 <sup>th</sup> March, 2020	ASRA HQ & CBR Centres



*Celebrations of Lohri & Saraswathi Pooja at ASRA Headquarter*



## Success Stories

### **Referral Services and Sponsorship Program**

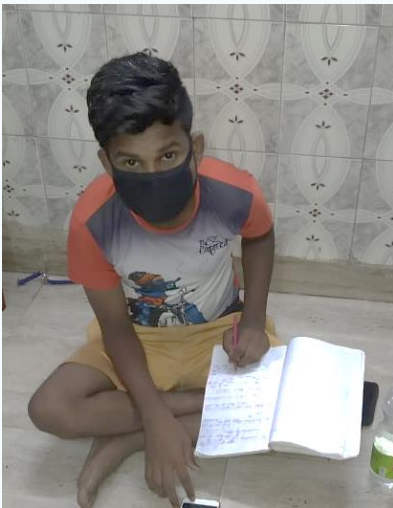
*My name is Preeti. I am 22 years old and live in Shahbad Dairy community. I belong to lower financial background. There are 9 members in my family. My father and mother are labour. I suffer from polio (68% disability). I faced many troubles due to my disability. My father visited different hospitals many times to know the Government facilities for persons with disabilities. But he was not able to know about procedure to apply for different facilities. He was very disappointed.*



**Preeti, Shahbad Dairy**

*In the year 2014, one day, I luckily met Ms. Mithesh (ASRA Rehab Worker) near my home. She told me about ASRA Organization and its services. She guided me and my father about Government facilities and procedure to avail these facilities. She accompanied us to different Government agencies. ASRA supported me financially for my education. My tuition fee of Class 12<sup>th</sup> is supported by ASRA. ASRA helped me to receive all Government facilities services like Disability Certificate, E-ticket Card, Railway Concession Certificate and Disability Pension. I am very happy that I am not facing trouble in day to day life. I and my family all are very thankful to the ASRA organization from bottom of our hearts.*

*My name is Deepak and I am 18 years old. I have five members in my family. I live in Rakhi Market community and belong to a poor family. My mother works as a house servant. I have known ASRA for the past 7 years. When I did not know ASRA, till then I was not able to avail any Government facility. After I came in contact with Mr. Jagdish (ASRA Rehab Worker), I was able to receive Disability Certificate, E-ticket Card, Railway Concession Certificate and Disability Pension. ASRA has helped me whenever and wherever I needed. When I was in 8<sup>th</sup> grade, I got sponsorship and now I am studying in class 10<sup>th</sup> because of ASRA's economic help and support. ASRA Therapist advised my family for surgery of my leg. After surgery I got special shoe from ASRA. I am very grateful and thankful to ASRA who supported me. Thank you so much ASRA for great support.*



**Deepak, Rakhi Market**

*\*Success Stories are narrated in Hindi by the beneficiaries and translated in English.*



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## VISITORS

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**Honorable Mr. Pierre E. Page (President Pierre E. Page Foundation) along with Mr. Marc Fuesm (Director of Pierre E. Page Foundation) and Prof. Daniel Oyon and visited ASRA on 29<sup>th</sup> January, 2020**

They visited ASRA Headquarter and Education & Vocational centers in TC Camp, Jwalapuri and Pappankalan slum communities and interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program. A cultural program was also organised by ASRA's staff and beneficiaries for their welcome. The Honorable guests awarded Diplomas to students who have completed their vocational trainings.



*Ms. Ankana Patial, Officer In-charge and some of the ASRA staff with Mr. Pierre E. Page along with Prof. Daniel Oyon, Mr. Marc Fues*



*Diplomas were awarded to the students of Vocational Trainings by the Honorable Guests*



*Honorable Guests distributing gifts to the children of CBR Education Program*

**Mrs. Adrienne Blass and Mr. Gabor Kiss (Honorable Donors and Well Wishers) visited ASRA from Switzerland on 4<sup>th</sup> and 5<sup>th</sup> February 2020**

They visited ASRA Headquarter, Nangli Dairy, Dwarka Sec-16, and Pappan Kalan slum communities, and interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program. On 5<sup>th</sup> February, Mr. Gabor Kiss captured a short video of an AIRTC student Baby Pihu.



*Ms. Ankana Patial, Officer In-charge and ASRA staff with Honorable Donors and Well Wishers of ASRA*



## UPDATE ON ONGOING PROGRAMS

### COMMUNITY BASED REHABILITATION (CBR)

**Awareness creation regarding Benefits and Concessions under Government Schemes and Services provided for Persons with Disabilities:** Community Meetings were organized in ASRA's adopted slum communities. During the meetings, various issues such as importance of early detection of disabilities, medical intervention and advantages of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance leading towards mainstreaming and inclusion of persons with disabilities in society were discussed. The meetings were conducted by ASRA CBR Team consisting of Coordinators, Therapists, Social Workers, Rehabilitation Workers, and Prosthetic & Orthotic Engineer etc. and were attended by various stakeholders such as persons with disabilities, their family members and other people living in the slum communities.

- a. **Individual and Group counselling sessions for persons with disabilities and their family members were organized in adopted slum communities.**

Following are the details of these sessions organized during the quarter under report:

Name of Slum Communities	No. of PwDs counseled
Pappan Kalan, Nanhe Park, Nangli Dairy, Kirbi Place, Goyla Dairy, Golden Park, Razapur, Binda Pur, Bheem Nagar	59



*Individual counselling session at Nanhe Park slum community*

- b. **Referral Services:** Persons with disabilities (PwDs) were referred to different concerned agencies / departments to avail Government Schemes and benefits. ASRA CBR Team **provided information and procedural guidance about the Welfare Schemes.** ASRA CBR staff accompanied Persons with disabilities to concerned authority / agency such as Government Hospitals, Social Welfare Department etc. for availing referral services as per their needs.

Month	No. of persons referred to other organizations			Referrals made to other organizations through networking
	Male	Female	Total	
Jan'2020	160	135	295	Referred to: D.D.U & Guru Govind Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension, Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped
Feb'2020	295	246	541	
March'2020	182	120	302	
Total	637	501	1138	

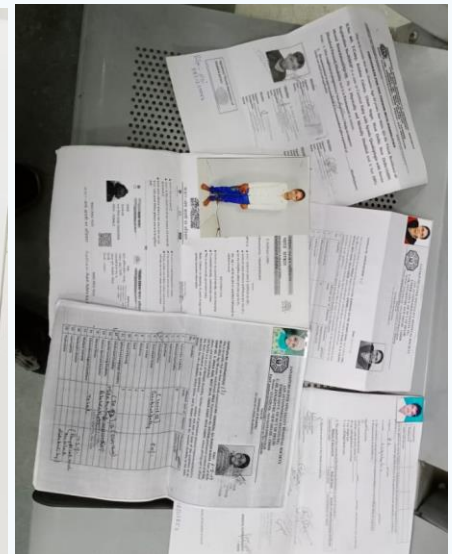
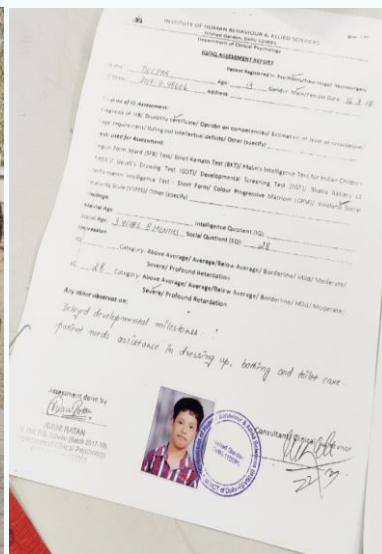
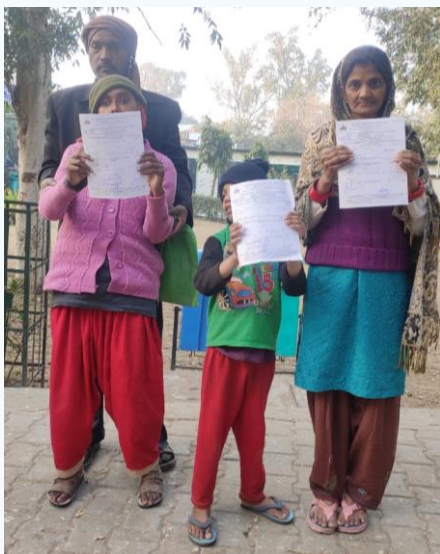


Counseling session

**c. ASRA's beneficiaries receiving Concessions and Benefits from Government Institutions**

	Received Benefits														IQ Assessment		Total	
	Disability Certificate		Rail Pass		E-card		PwDs I-Card from Sub Divisional Magistrate		Bus Pass		Disability Pension		Special Kit		A	D	A	D
<b>No. of beneficiaries</b>	A	D	A	D	A	D	A	D	A	D	A	D	A	D	A	D	A	D
	45	15	26	35	30	33	25	15	05	08	29	10	05	-	09	13	175	129

A-Applied, D-Delivered



ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions



**d. Mobility Aids for Persons with Disabilities during the quarter under report**

A Hearing Aid Camp was organized by ASRA in collaboration with 'Ali Yavar Jung National Institute of Speech & Hearing Disabilities (Divyangjan) (AYJNISHD)', NOIDA at ASRA Headquarter on 18<sup>th</sup> February, 2020. **Forty Nine (49)** beneficiaries from adopted slum communities received Hearing Aids.



*PwD Beneficiaries from adopted slum communities at ASRA Headquarter*



*Registration at the Reception*



*Verification of Documents by ASRA and AYJNISHD Teams*



*Assessment by Speech Therapists of AYJNISHD and ASRA*



*Team of ASRA and AYJNISHD during the camp*



#### e. CBR Education Program

ASRA is running Inclusive Education Centres which are providing Nursery Classes for children between the age of 3 to 6 years, Non-Formal Education (NFE) for out-of-school children who have left their education for unavoidable reasons. These children are mainstreamed in formal schools by ASRA. Remedial Education Classes (RECs) are provided to school going children to prevent them from dropping-out of schools. ASRA is also running Special Education classes for children with special needs-intellectually challenged children.



Students of ASRA Education Centre during Art & Craft activity

Total 29 Parents Teacher Meetings held during the quarter under report which were attended by 435 parents / guardians.

Parents Teacher Meetings				
Month	No. of meetings	No. of persons who attended meeting	Male	Female
January-2020	13	195	18	177
February-2020	11	165	24	141
March-2020	05	75	15	60
<b>Total</b>	<b>29</b>	<b>435</b>	<b>57</b>	<b>378</b>

The details of ASRA Education Centre students during the quarter are as follows:

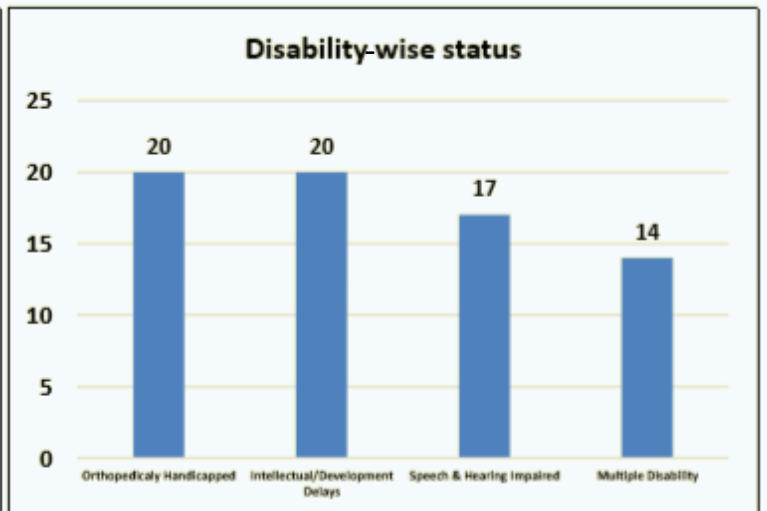
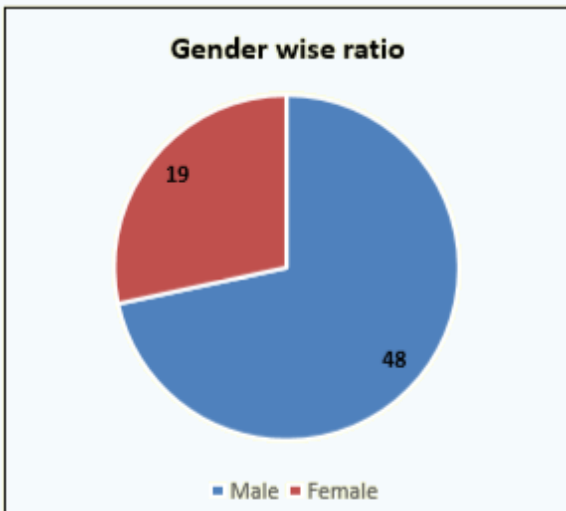
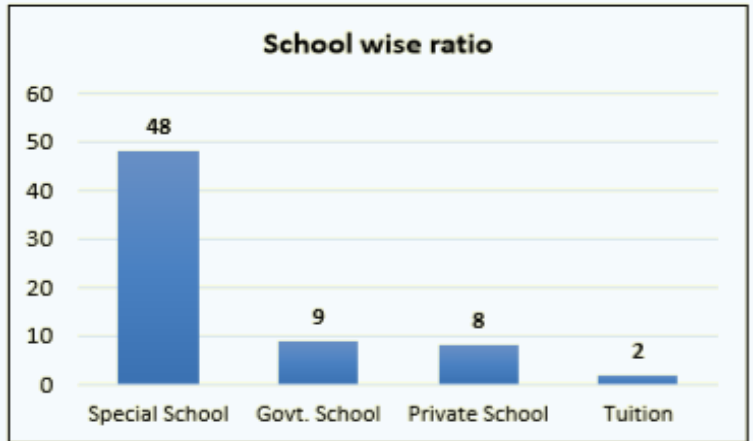
		Jan-2020			Feb-2020			Mar-2020		
		M	F	Total	M	F	Total	M	F	Total
Nursery class	Total including New Admission	125	155	<b>280</b>	122	152	<b>274</b>	122	152	<b>274</b>
	New Admission	22			15			09		
	*Dropout	15			21			25		
Non Formal Education	New Admission	91	81	<b>172</b>	84	80	<b>164</b>	84	80	<b>164</b>
	New Admission	22			20			14		
	*Dropout	28			28			19		
Remedial Education	New Admission	313	351	<b>664</b>	296	316	<b>612</b>	296	316	<b>612</b>
	Total including New Admission	32			23			18		
	*Dropout	38			75			63		
Special Education	Total	09	01	<b>10</b>	09	01	<b>10</b>	09	01	<b>10</b>

\*Reasons of Drop-out: Shifting of rented house / Migration / Sickness / Lack of interest



**f. CBR Sponsorship Program**

It is seen that disabled children in slums are seldom respected, admired or accepted. ASRA took an initiative to promote the education of Children with Disabilities at their post primary level. The target children are selected from ASRA’s adopted slum communities. Counseling of parents is regularly done. This is a ongoing successful project running since August 2010.



**207** Children with Disabilities (CwDs) have been **sponsored** under this program till date. They also received physiotherapy, Occupational Therapy, special education, non-formal education, remedial education etc.

During the quarter under report, **67 Children with Disabilities** were provided with sponsorships to cover their tuition fee, uniform, stationery, transport charges, paramedical services etc. on a monthly basis.



*ASRA’s sponsored CwD studying in Special School*

**g. CBR Vocational Training:**

ASRA is running Inclusive Vocational Training / Skill Development Centres in Tailoring, Beauty Culture, Computer Courses and Mobile Repairing Courses in adopted slum communities. The training has empowered girls/ women and young boys to earn their livelihood. Those who have completed their training are now able to supplement their family income by taking jobs and order work from their community members.



*Workshop on Knitting on Nail Board at Nanhe Park slum community*



*Students attending Tailoring Class at Indira Camp-2 slum community*

The details of beneficiaries are as follows:-

Vocational Training:		No. of Students		
		Jan-2020	Feb-2020	March-2020
Tailoring	Total including new Admission	143	159	159
	New Admissions	25		
Beauty Culture	Total including new Admission	131	127	127
	New Admissions	19		
Computer Training	Total including new Admission	19	21	21
	New Admissions	10		
Mobile Repairing	Total including new Admission	28	26	26
	New Admission	08		



## MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT ASRA HEADQUARTER AND CBR

- a. **Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope up with his or her condition. A Senior Orthopaedic Surgeon visits ASRA on every Saturday. Also experienced and highly qualified professional doctors refer them to ASRA for their therapy sessions.

Month	No. of patients		Total
	Male	Female	
January-2020	05	09	14
February-2020	09	12	21
March-2020	05	06	11
<b>Total</b>	<b>19</b>	<b>27</b>	<b>46</b>

- b. **Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six Field Physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the door steps of the PwDs. There are also **two** full time Physiotherapists at ASRA Headquarter to treat PwDs.



*CwD getting Physiotherapy at ASRA Headquarter*

### Physiotherapy department at Headquarter

Following are the details of patients who visited Physiotherapy department at ASRA HQ during the quarter under report:

#### OPD

Month	Old		New		Total	Total No. of Patients' visits
	M	F	M	F		
January-2020	08	09	05	07	29	261
February-2020	06	05	09	12	32	272
March-2020	05	11	05	06	27	205

#### AIRTC

Month	Old		New		Total	Total no. of CwDs' visits
	M	F	M	F		
January-2020	06	03	-	-	09	25
February-2020	06	03	-	-	09	27
March-2020	06	03	-	-	09	13

## Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

Month	Male	Female	Total
January-2020	150	113	263
February-2020	154	112	266
March-2020	140	107	247

- c. **Occupational Therapy:** **One** Full Time highly qualified Occupational Therapist and **one** Multi Rehabilitation Therapist are based at ASRA Headquarter to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them lead independent, productive and satisfactory lives.

### Occupational Therapy department at ASRA Headquarter

Following is the number of patients who visited Occupational Therapy department during the quarter at ASRA HQ:



*CwDs getting therapy in Sensory Integration Room at ASRA Headquarter*

### OPD

Month	Old		New		Total	Total no. of Patients visit
	M	F	M	F		
January-2020	07	05	-	02	14	100
February-2020	07	04	-	-	11	90
March-2020	05	04	-	-	09	20

### AIRTC

Month	Old		New		Total	Total no. of CwDs visits
	M	F	M	F		
January-2020	15	05	03	-	23	110
February-2020	17	06	-	-	23	96
March-2020	17	06	02	-	25	30



- d. **Speech Therapy:** Speech therapy interventions are made to patients suffering from Cerebral Palsy, Aphasia, and Autism etc. Speech Therapists visit CBR Project areas and ASRA Headquarter for interventions to the persons with speech and hearing impairment.

Following is the number of patients who visited Speech Therapy department during the quarter at ASRA HQ:

#### Speech Therapy at ASRA Headquarter

##### OPD

Month	Old		New		Total	Total no. of Patients visit
	M	F	M	M		
January-2020	02	01	01	-	04	09
February-2020	03	01	-	01	05	08
March-2020	03	02	02	02	09	12

##### AIRTC

Month	Old		New		Total	Total no. of CwDs' visit
	M	F	M	F		
January-2020	19	07	02	02	30	80
February-2020	21	09	02	-	32	70
March-2020	04	03	03	-	10	19



*Children of AIRTC getting Speech Therapy at ASRA Head Quarter*

**Speech Therapy in Slum Communities under CBR program**

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 45 patients received interventions as given in the following table:

Month	Patients		Total patients
	Male	Female	
January-2020	17	14	31
February-2020	19	14	33
March-2020	12	09	21

**e. Prosthetic & Orthotic Unit:** The Prosthetic and Orthotic workshop is providing rehabilitation by manufacturing and providing fitment services for persons with disabilities at ASRA Headquarter. Rehabilitation of Patients under CBR Project area are also covered by this unit.

Orders Pending (upto 31st December '19)	Orders Booked (measurements taken) (In Jan'2020 to March'2020)	Orders Completed (fabricated) (In Jan'2020 to March'2020)	Orders Pending (upto 31st March'2020)
62	26	50	38

**Total Appliances given to PwDs/CwDs during the under quarter report : 16**



*A PwD beneficiary from Poothkalan slum community wearing Knee Caliper from Prosthetic & Orthotic Workshop*



## VOCATIONAL TRAINING AT ASRA HEADQUARTER

### COMPUTER TRAINING AT ASRA HQ RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of students during the quarter under report:

New admissions during the quarter: **34**

Month	Students with Disabilities	Non-Disabled Students	Total students
January-2020	06	90	<b>96</b>
February-2020	06	86	<b>92</b>
March-2020	07	73	<b>80</b>



Students of ASRA Computer Centre attending Practical Class at ASRA Head Quarter

### TAILORING AND HANDICRAFT TRAINING AT ASRA HEADQUARTER RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in Tailoring/ Handicraft Unit during the quarter under report are as follows:

Status of students during the quarter under report:

New admissions during the quarter: 16

Month	Total number of students
January-2020	<b>56</b>
February-2020	<b>60</b>
March-2020	<b>61</b>



Students of Fashion Designing attending CAD Class at ASRA Head Quarter

### ASRA HANDICRAFT EMPORIUM



Order of Masks are being stitched at ASRA Handicraft Emporium

ASRA Handicraft Emporium has become functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc.

ASRA received 4 orders for 810 masks from an Export House other than regular stitching orders.

The details of orders booked / completed during the quarter are given below:

Orders pending up to 31 <sup>st</sup> Dec-19	Orders booked from 1 <sup>st</sup> Jan-2020 to 31 <sup>st</sup> March-2020	Orders completed from 1 <sup>st</sup> Jan-2020 to 31 <sup>st</sup> March-2020	Orders pending up to 31 <sup>st</sup> March-2020
39	116	120	32

## BEAUTY CULTURE COURSE AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty Culture recognized by NIOS, Government of India. Professionally qualified teachers teach the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professionals and earn money towards their self-reliance.



*Student attending Beauty Culture practical class at ASRA Head Quarter*

### Status of students during the quarter under report:

New admissions during the quarter: 05

Month	No. of students
January-2020	11
February-2020	12
March-2020	15

## SEED LOAN

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. **Seed Loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant.** With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 124.**



*Mr. Dev Narayan, a Seed Loan beneficiary from Shahbad Dairy slum community*

## ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: 05

S. No.	Name	Appointed as	Date of Recruitment
1.	Ms. Sahana	Tailoring Teacher, CBR	07.01.2020
2.	Ms. Radhika	Rehabilitation Worker, CBR	07.03.2020
3.	Ms. Inderjeet Kaur	Education Teacher, CBR	07.03.2020
4.	Ms. Sajmeen	Education Teacher, CBR	07.03.2020
5.	Ms. Aarti Sharma	Tailoring Teacher, ASRA Headquarter	07.03.2020

**No. of staff given increment (as per Rules) in salary, during the quarter : 13**



## CONTINUING OUR MISSION DURING THE COVID-19 PANDEMIC AND A NATIONWIDE LOCKDOWN

In view of the Covid-Pandemic, a nationwide lockdown was announced by the Government of India w.e.f. 25th March 2020. While ASRA functioned as usual until 20th March, it was decided that work be continued remotely wherever possible for the sake of everyone's safety and health. Through, several online conferences between different Unit Heads as well as between them and their team, a strategy were decided to continue working in the best possible way for each department. While the ASRA Headquarter, AIRTC and CBR Centres are physically shut due to lockdown, ASRA has continued working towards its mission digitally in the form of Online Counseling & Awareness Sessions for Persons with Disabilities, Vocational Training Classes, Special Education Sessions, Online Therapy Sessions, Education Classes and so on. The results have been encouraging.

*Gratitude to the President AFS  
and all the donors  
who are supporting ASRA's work for the poor &  
needy persons with disabilities living  
in the slums of Delhi.*

*Gratitude for your trust in our abilities.*

