



Action for Self Reliance and Alternatives

A Delhi based voluntary organization dedicated to empower persons with disabilities living in slums and marginalized segment of society.



Quarterly Newsletter
October-2019 to December-2019

ACTION FOR SELF RELIANCE AND ALTERNATIVES (ASRA)



THREE MAJOR BRANCHES /ACTIVITIES OF ASRA

ASRA Rehabilitation & Training Centre ARTC	ASRA Intervention, Recreation & Therapy Centre AIRTC	Community based Rehabilitation CBR
<ul style="list-style-type: none"> • Medical Intervention & Therapeutic Services <ul style="list-style-type: none"> – Assessment – Physiotherapy – Occupational Therapy – Speech Therapy – Prosthetic & Orthotic Appliances • Skill Development Trainings <ul style="list-style-type: none"> – Computer – Tailoring – Fashion Designing – Beauty Culture – Short Term Trainings – Yoga Workshop0073 	<ul style="list-style-type: none"> • Special Education • Music Therapy • Dance Therapy • Art & Craft Activities • Yoga Therapy • Medical Intervention & Therapeutic Services <ul style="list-style-type: none"> – Assessment – Physiotherapy – Occupational Therapy – Speech Therapy – Prosthetic & Orthotic Appliances • Activity of Daily Living (ADL) • Sensory Integration Unit (SIU) 	<ul style="list-style-type: none"> • Referral Services for PwDs • Medical Intervention & Therapeutic Services <ul style="list-style-type: none"> – Physiotherapy – Speech Therapy – Prosthetic & Orthotic • Education Program <ul style="list-style-type: none"> – Nursery Education – Non-Formal Education – Remedial Education – Special Education • Sponsorship for Education of CwDs • Skill Development Trainings <ul style="list-style-type: none"> – Computer – Tailoring – Mobile Repairing – Beauty Culture • Seed Loan-Micro Credit Scheme

**ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)
FOR CHILDREN WITH SPECIAL NEEDS**

- ASRA introduced and formally inaugurated its 'ASRA Intervention, Recreation and Therapy Centre (AIRTC)' 12th October 2018 and the Centre started functioning on 3rd December 2018 on the occasion of International Day for Persons with Disabilities.

Status of children at AIRTC during the quarter under report:

Total CwDs as on 31 st December'2019	GENDER WISE			AREA WISE	
	Male	Female	Total	Community	Non-community
	25	08	33	21	12
DISABILITY WISE NO. OF CHILDREN			AGE WISE		
1. Intellectual Disability			17	PRE-PRIMARY	
2. Intellectual Disability with Associated Condition			01	5-8 years: 12	
3. Cerebral Palsy			05	PRIMARY-I	
4. Cerebral Palsy with Associated Condition			04	8-10 years: 11	
5. Speech and Hearing Impairment			02	PRIMARY-II	
6. Autism Spectrum Disorder			02	10-13 years: 10	
7. Attention Deficit Hyper Active Disorder			01		
8. Multiple Disability			01		

Some Glimpses of AIRTC



Prayer Time



Class Activities



Activities during celebration of festival – Dashehra



Activities during celebration of festival – Deepawali



Celebration of Children’s Day



Christmas Day Celebration



Music Class



Children enjoying swings in play area



Lunch Time



Occupational Therapy session



Physiotherapy session



Speech Therapy session

WORKSHOPS & RECREATION ACTIVITIES FOR STAFF & BENEFICIARIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report:-

S. No	Topic of Workshop & Department	Date	Target Group	No. of Participants	Venue	Resource Person
1.	Tips for Dry Skin- Beauty Culture Department	11 th October, 2019	Students of Vocational Trainings	20	Bharat Vihar community	Ms. Baljeet Kaur- Beauty Culture Teacher, ASRA Head Quarter
2.	Madhubani Painting & Clay Modeling - CCRT	18 th October, 2019	Children of CBR Education Centres	80	CCRT campus	Resource persons were from 'Centre for Culture Resource & Training (CCRT)'
3.	Art & Craft- Education program	28 th , 29 th & 30 th Nov, 2019	Children of CBR Education Centres	150	T-Camp, Bakkarwala and Majnu Ka Tila communities	Resource persons were from CCRT
4.	Hair Care & Hair Spa- Beauty Culture Department	23 rd October, 2019	Students of Vocational Trainings	12	Dwarka Sec-16 community	Ms. Baljeet Kaur- Beauty Culture Teacher ASRA Head Quarter
5.	Paper Bag- Occupational Therapy Department	19 th Nov, 2019	Children of AIRTC & Patients of Occupational Therapy	10	Occupational Therapy Room, ASRA Head Quarter	Ms. Renuka- Occupational Therapist & Ms. Pooja- Physiotherapist, ASRA Head Quarter
6.	Harmful Effect of E-Cigarette - Computer Department	29 th Nov, 2019	Students of Vocational Trainings	40	Computer Practical Room, ASRA Head Quarter	Ms. Jyoti Sachdeva- Physiotherapist, ASRA Head Quarter
7.	Christmas Tree & Greeting Card- Occupational Therapy Department	12 th & 13 th Dec'2019	Patients of Occupational Therapy & Children of Education Centre	20	Pappan Kalan community & Occupational Therapy Room, ASRA Head Quarter	Ms. Renuka- Occupational Therapist & Ms. Pooja- Physiotherapist, ASRA Head Quarter
8.	Winter Make-Up Tips - Beauty Culture Department	20 th Dec, 2019	Students of Vocational Trainings	12	Dwarka Sec-1 community	Ms. Baljeet Kaur- Beauty Culture Teacher ASRA Head Quarter

Some Glimpses of workshops held at ASRA



Workshop on 'Tips of Dry Skin' held at Bharat Vihar slum community



Workshop on 'Hair Care & Spa' held at Dwarka Sec-16 slum community



Children of ASRA's Education centre during workshop held at CCRT Campus



CwDs during workshop on **'Paper Bag Making'** at ASRA Head Quarter



Workshop on **'Harmful Effect of E-Cigarette'** at ASRA Head Quarter



Workshop on **'Christmas Tree'** at CBR Project Office, Pappan Kalan



Children of AIRTC during workshop on **'Christmas Greeting Card Making'** at ASRA Head Quarter

2. Following is the result of Final Internal Examinations of Vocational Units of ASRA during the quarter under report:-

S. No.	Department	Date of Examination	Venue	No. of students	
				Appeared	Cleared
1.	Computer	7 th to 12 th , 24 th & 18 th October, 2019	NIOS Examination held at St. Frances School, Janak Puri	04	04
			ASRA Head Quarter, Pappan Kalan & Dwarka Sec-16	79	70
2.	Beauty Culture	11 th & 16 th November, 2019	St. Frances School, Janak Puri	07	06
3.	Tailoring	6 th , 8 th & 13 th Nov, 2019	St. Frances School, Janak Puri	12	11
Total				102	91



Students appearing in Examination at Vocational Training Centres CBR and ASRA Head Quarter, Uttam Nagar

3. Celebration of Festivals and Special days during the quarter under report:-

S. No.	Special Days/Exhibitions	Date of celebration	Venue
1.	Mehandi Stall-Karvachauth Festival	16 th October, 2019	ASRA Head Quarter
2.	Exhibition for Candles & Handicraft Items	16 th to 26 th October, 2019	ASRA Head Quarter
3.	Rangoli Competition	26 th October, 2019	ASRA Head Quarter + CBR
4.	Deepawali Festival	26 th October, 2019	ASRA Head Quarter + CBR
5.	Children's Day	14 th November, 2019	ASRA Head Quarter + CBR
6.	International Day for Persons with Disabilities	3 rd December, 2019	ASRA Head Quarter + CBR
7.	Christmas Celebration	24 th December, 2019	ASRA Head Quarter + CBR
8.	New Year Celebration	31 st December, 2019	ASRA Head Quarter + CBR



Celebrating 'Deepawali' at ASRA Head Quarter & all Education & Vocational Centres



Celebrating 'Children's Day' at Bharat Vihar slum community

A rally organised on the occasion on 'International Day for Persons with Disabilities' at Pappan Kalan slum community



Celebrating 'Christmas Day'



Students of Vocational Training performing a 'Skit' during 'New Year Celebration' at ASRA Head Quarter

4. Competitions held during the quarter under report:-

a. Participation in National Competition organised by National Association Abilympics of India (NAAI) during the quarter under report:-

ASRA was invited by National Abilympics Association of India (NAAI) to participate in National Level Abilympic Competitions for persons with disabilities held in Delhi on 14th & 15th November, 2019. Mr. Pawan Kumar-Data Entry Operator cum Computer Faculty participated in competitions of Desktop Publishing and won Silver Medal Desktop Publishing.



Mr. Pawan Kumar-Data Entry Operator cum Computer Faculty won Silver Medal in Desktop Publishing

b. ASRA Head Quarter :-

S. No.	Event Name	Date	Venue	No. of Participants
1.	Rangoli	26 th October, 2019	ASRA Head Quarter	20
2.	Tally Expert	19 th October, 2019	ASRA Head Quarter	10



Rangoli Art during 'Rangoli Competition' at ASRA Head Quarter



Competition of 'Tally Expert' at ASRA Head Quarter

Success Stories

Seed Loan (Micro Credit Scheme) Program

My name is Dev Narayan. I am physically handicapped. I am 48 years old and live in 'Shahbad Dairy' slum community, New Delhi. There are 8 members in my family. I belong to a family with lower financial background. I wanted to be self-independent. In 2014, I came to know about ASRA and its services for Persons with disabilities. So, I associated with ASRA and was able to receive all government facilities with the help of ASRA like disability certificate, disability pension, bus pass, rail pass and UID Card. I wanted to open a small kiosk shop of Eggs. I did not have sufficient amount to start the shop. Then I once again, approached ASRA for Seed Loan (Micro Credit Scheme) in 2019. I submitted my documents at ASRA which were verified by ASRA Seed Loan committee. I got material (Eggs) for my shop worth Rs.5000/- from ASRA. I am very thankful to ASRA for providing me the financial help which has increased my family's income and now I am independent. I am thankful to ASRA from the depth of my heart. — **Mr. Dev Narayan**



CBR-Tailoring Program

I, Ayesha Parveen. I am 19 year old and live in Pappan Kalan slum community. When I took admission in graduation from Distance Learning. I thought that I have to study additional course also as a professional qualifications. I joined computer course from an Institute. One day my neighbour aunt told me about stitching training Centre namely ASRA. Then I went to that ASRA Tailoring Centre and the teacher briefed me about activities of ASRA and Tailoring Course. To utilize my time I took admission in Tailoring course at ASRA. Mrs. Sunita Mam teaches us stitching very well. Her way of teaching is very good. She always try to teach us in innovative and creating way to all students. Because of her teaching style, all students are interested to learn stitching from Mam. I completed my 6 months Diploma course in stitching. After completion of my course, I stitched many clothes for my family, friends, relatives and neighbours. They all appreciate my stitching style and for this, all the credit goes to my ASRA teacher Mrs. Sunita Mam. Now I never goes to tailor for my clothes stitching, because I can do it by myself, simultaneously I am doing graduation from Delhi University. My heartfelt thanks ASRA for helping and supporting me. — **Ms. Ayesha Parveen**




**Success Stories are narrated in Hindi by the beneficiaries and translated in English.*

Internship of Students at ASRA

The following students have been placed in ASRA as part of their internship / concurrent field work during the quarter under report:-

S.No.	Name	Course/University	Duration
01	Mr. Satya	Master in Social Work, Delhi School of Social Work, Delhi University	2019-20
02	Ms. Veenita	Bachelor of Social Work, Aditi College, Delhi University	2019-20
03	Ms. Yashi		
04	Ms. Priyanka	Bachelor in Special Education, Lady Irwin College, Delhi University	17 th to 21 st Dec,19
05	Ms. Ritika		
06	Ms. Monika		
07	Ms. Vandana		
08	Ms. Divya		
09	Ms. Pooja		

Workshops / Exhibitions / Events in forthcoming quarter

January-2020		February-2020	
Computer	<ul style="list-style-type: none"> • Internal Examination • Competition: 'Quiz Competition' on Republic day • Workshop: Communication Skills & Office Manner • Publicity Action-Survey/pamphlet distribution • Certificate Distribution • Interaction with CBR Coordinator/ Rehab worker 	Computer	<ul style="list-style-type: none"> • Competition: 'Graphic Designing' using DTP • Basant Panchmi Celebration • Workshop for staff by Tailoring Unit on the topic-Flower Making • Awareness Session : Duties of Good Citizen
Tailoring & Handicraft Unit	<ul style="list-style-type: none"> • Survey, Advertising & Publicity • Workshop- Knitted Covers on Nail Board • Celebration on Lohri & Republic Day • Certificate Distribution 	Tailoring & Handicraft Unit	<ul style="list-style-type: none"> • Worship on Basant Panchmi • Result & Diplomas distribution • Awareness Session • Workshop- Creative doormats with waste fabric.
Beauty Culture	<ul style="list-style-type: none"> • Examinations in all beauty culture centre • Workshop on Skin Treatment in Binda Pur community 	Beauty Culture	<ul style="list-style-type: none"> • Result declaration • Workshop on Best Nail in Nangli Dairy community
Physiotherapy	<ul style="list-style-type: none"> • Workshop 	Physiotherapy	<ul style="list-style-type: none"> • Workshop on yoga and meditation
Occupational Therapy	<ul style="list-style-type: none"> • Workshop 	Occupational Therapy	<ul style="list-style-type: none"> • Workshop
CBR	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps 	CBR	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps
March-2020		 <p style="text-align: center;">Upcoming Holidays of ASRA</p> <p>15th January, 2020 : Makar Sakranti</p> <p>26th January, 2020 : Republic Day</p> <p>21st February, 2020 : Maha Shivratri</p> <p>9th March, 2020 : Holika Dahan</p> <p>10th March, 2020 : Holi</p>	
Computer	<ul style="list-style-type: none"> • Workshop on the topic-' Latest Updates in IT' • Debate: Women Safety/Motivational session on World Women Day • Holi celebration • Workshop – 'Updates in Ms-Office Software' 		
Tailoring & Handicraft Unit	<ul style="list-style-type: none"> • Celebration on Holi. • Stitching Competition in the first week • Workshop- Creative doormats with waste fabric. 		
Beauty Culture	<ul style="list-style-type: none"> • Workshop on 'Draping Saree' • Workshop for Staff by Beauty Culture Unit on Office Makeup & Hair Style • Workshop on Summer Make-up 		
Physiotherapy	<ul style="list-style-type: none"> • Workshop 		
Occupational Therapy	<ul style="list-style-type: none"> • Workshop • Group Activity 		
CBR	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps 		

VISIT OF DIGNITARIES FROM AFS

Ms. Barbara Biderman & Mr. Urs Freudiger, Members of AFS Board and Mr. Alain Freudiger son of Mr. Urs Freudiger visited ASRA from 30th & 31st October, 2019. During the visit, they interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program. They visited 'Pappan Kalan', 'Nanhe Park', 'Jwala Puri', 'Indira Camp-2', and 'Raghuvir Nagar' slum communities. A cultural program was also organised by ASRA's beneficiaries for their welcome. Prizes were distributed to the children who participated in cultural program by the distinguished delegates. Ms. Barbara Biderman & Mr. Urs Freudiger, Members of AFS Board addressed the ASRA team on the occasion of monthly meeting, which was highly motivating and inspiring for the entire ASRA team.



Ms. Vandna Mishra, Founder Trustee ASRA and ASRA staff with Honorable Board Members of AFS



Honorable delegates during home visit of ASRA's beneficiaries (left) and Diploma distribution by Ms. Barbara Biderman, Member of AFS Board (right)

Ms. Gabriela Zimmerli, Member of AFS Board visited ASRA on 2nd November, 2019. She visited 'Pappan Kalan' and 'Nanhe Park' slum communities. She interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program. A cultural program was also organised by ASRA's beneficiaries for her welcome. Prizes were distributed to the children who participated in cultural program. Ms. Gabriela Zimmerli, Member of AFS addressed the ASRA team, which was highly motivating and inspiring for the entire ASRA team.



Ms. Ankana Patial, Officer In-charge and some of the ASRA staff with Ms. Gabriela Zimmerli, Member of AFS Board (left) and children of ASRA's Education Centre during culture program held at CBR Project office (right)



Ms. Ankana Patial, Officer In-charge and ASRA staff with Honorable Donors and Well Wishers of ASRA

Mrs. Adrienne Blass and Mr. Gabor Kiss Honorable Donors and Well Wishers of ASRA from Switzerland on 14th November, 2019. They visited 'Pappan Kalan' and 'Nanhe Park', slum communities, and interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program.

ONGOING PROGRAMS

COMMUNITY BASED REHABILITATION (CBR)

Awareness creation regarding ‘Benefits and Concessions under Government Schemes and Services provided for Persons with Disabilities’: Community Meetings were organized in ASRA’s adopted slum communities. During the meetings, various issues such as importance of early detection of disabilities, medical intervention and advantages of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance leading towards mainstreaming and inclusion of persons with disabilities in the society were discussed. The meetings were conducted by ASRA CBR Team consisting of Coordinators, Therapists, Social Workers, Rehabilitation Workers, and Prosthetic & Orthotic Engineer etc. and were attended by various stakeholders such as persons with disabilities, their family members and other people living in the slum communities.

- a. **Following are the details of the meetings held in adopted slum communities during the quarter under report:**

Sl. No.	Date	Name of the Slum Community	No. of people attended the meeting		
			PwDs	Family members	Total
1.	01-10-2019	Binda Pur	18	23	41
2.	03-10-2019	Mohammadpur Village	31	22	53
3.	05-10-2019	Wazirpur JJ Colony	19	-	19
4.	10-10-2019	Raghubir Nagar B-Block	32	29	61
5.	12-10-2019	Binda Pur	11	-	11
6.	16-10-2019	Wazirpur JJ Colony	29	27	56
7.	16-10-2019	Majnu Ka Tila	15	-	15
8.	18-10-2019	Jahangir Puri	26	20	46
		Total	181	121	302

Some Glimpses of Community Meetings



Binda Pur community



Jahangirpuri community



B-Block Raghuvir Nagar community



Wazirpur JJ Colony community



Meeting regarding 'How to maintain Mobility Aids and Appliances' held at Majnu Ka Tila community



b. Individual and Group counselling sessions for persons with disabilities and their family members were also organized in adopted slum communities.

Following are the details of these sessions organized during the quarter under report:

Name of Slum Communities	No. of PwDs counseled
Binda Pur, Mohammadpur Village, Wazirpur JJ Colony, Raghubir Nagar B-Block, Binda Pur, Wazirpur JJ Colony, Majnu Ka Tila, Jahangir Puri	164



Individual counselling session at Binda Pur slum community



Updation of Required & Delivered (R&D) status along with procedural guidance about Welfare Schemes for PwDs

c. Referral Services: Persons with disabilities (PwDs) were referred to different concerned agencies / departments to avail Government Schemes and benefits. ASRA CBR Team **provided information and procedural guidance about the Welfare Schemes.** ASRA CBR staff accompanied Persons with disabilities to concerned authority / agency such as Government Hospitals, Social Welfare Department etc. for availing referral services as per their needs.

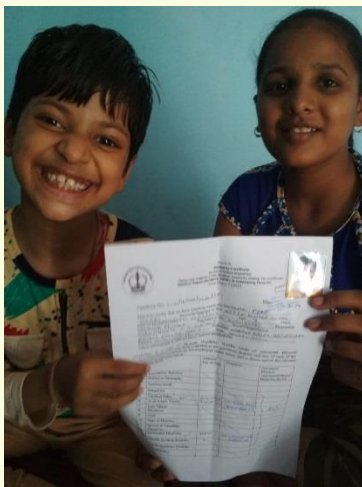
Month	No. of persons referred to other organizations			Referrals made to other organizations through networking
	Male	Female	Total	
Oct-2019	159	128	287	Referred to: D.D.U & Guru Govind Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension, Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped
Nov-2019	311	233	544	
Dec-2019	320	233	553	
Total	790	594	1384	



Need assessment chart was filled by ASRA Team regarding availing of Schemes for PwDs. This chart contains all the services required by each PwD. The team works on each person till such time when all the benefits are availed by him/her for rehabilitation towards leading mainstreaming society.

d. Concessions and Benefits of Government Schemes provided to Persons with Disabilities

No. of PwD beneficiaries	Applied (A) and Delivered (D) Status														Total	
	Disability Certificate		Rail Pass		E-card		PwDs I-Card from Sub Divisional Magistrate		Bus Pass		Disability Pension		UID Card			
	A	D	A	D	A	D	A	D	A	D	A	D	A	D	A	D
	55	19	24	45	25	28	52	08	04	10	31	14	14	10	205	134



ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions

e. MOBILITY AIDS CAMP

ASRA CBR Team participated in Four Mobility Aid & Concession & Benefits Camps. Total 266 beneficiaries from adopted slum communities availed various benefits according to their needs and disability. Following are the details of camps:

S.No.	Date	No. of beneficiaries	Aids & Appliances	Venue of the camp	Organised by
1	5 th October, 2019	20	Wheel Chair: 03, Crutches:03, Walker:02 Stick:06, AFO:03, Caliper:05, Special Shoe:05, Hearing Aid:02	Ramlila Ground, Pitam Pura, New Delhi	Anmol Moti Mahila Organisation, New Delhi
2	3 rd & 4 th December, 2019	129	Disability Certificate: 04, Railway Concession Certificate: 22, Wheel Chair: 05, Tricycle: 06, Crutches:07, Stick:01, 70 PwDs/CwDs were registered for Concession benefits certificate. (Disability Certificate, Rail Pass, SDM Card, UID Card)	Guru Govind Singh Hospital, New Delhi	Social Welfare Department, New Delhi
3	11 th & 12 th December, 2019	70	70 PwDs/CwDs were registered for Mobility Aids & Appliances. (Wheel Chair, Tricycle, Motorized Cycle, Special Shoe, Hearing Aid etc.)	Mohan Garden & Model Town, New Delhi	Artificial Limbs Manufacturing Corporation of India (ALIMCO), Govt. of India
4	19 th & 20 th December, 2019	47	Railway Concession Certificate: 18, Wheel Chair:05, Tricycle:03, Crutches:05, Artificial Limb:01 37 PwDs/CwDs were registered for Concession benefits certificate. (Disability Certificate, Rail Pass, UID Card, SDM Card)	Rao Tula Ram Hospital, New Delhi	Social Welfare Department, New Delhi

Some Glimpse of Camps



Technician taking measurement of ASRA's beneficiaries for Caliper during camp held at Pitampura, New Delhi



ASRA's beneficiaries received mobility aids and appliances from Camp at Piram Pura



ASRA's beneficiaries received mobility aids and appliances from Camp at Guru Govind Hospital



ASRA's beneficiaries received mobility aids and appliances from Camp at Rao Tula Hospital

f. Mobility Aids for Persons with Disabilities

During the quarter under report, **Eighty Seven** beneficiaries received Mobility Aids through ASRA's networking with other organizations. Details of appliances received by the beneficiaries are as follows:

No. of beneficiaries	Tricycle	Smart Cane	Artificial Limb	Wheel Chair	Surgery	Hearing Aid	Stick	Walker	Caliper	CP Chair	Crutches	Spl. Shoe	Ankle / Knee Foot Orthosis	Total
	19	01	01	16	03	12	05	02	07	02	06	09	04	87



ASRA's beneficiaries receiving Mobility Aid & Appliances through Camps / Networking

CBR: Education Program

- **ASRA is running Inclusive Education Centres in its adopted slum communities.** Children between the age of 3 and 6 years are provided **Nursery Education**. **Non-Formal Education (NFE)** is provided to out-of-school children who have left their education for unavoidable reasons. These children are **mainstreamed** in formal schools by ASRA. **Remedial education (REC)** is provided to school going children to prevent them to dropout from school. **ASRA is also running Special Education** classes for children with special needs-intellectually challenged children.
- **109 children** who were studying at ASRA's Education Centres under nursery and non-formal education have been **mainstreamed** in formal schools during the quarter under report.



Students of ASRA Education Centre during Art & Craft activity

- Total 58 Parent-Teacher Meetings held during the quarter under report which were attended by 964 parents / guardians.

Parents Teacher Meetings				
Month	No. of meetings	No. of Parents / Guardian who attended meetings	Male	Female
October-2019	19	298	36	262
November-2019	19	302	28	274
December-2019	20	364	133	231
Total	58	964	197	767

- The details of children who are studying in these Education Centres during the quarter are as follows:

		No. of Children								
		October-2019			November-2019			December-2019		
		M	F	Total	M	F	Total	M	F	Total
Nursery class	Total including New Admission	120	137	257	133	152	285	130	161	291
	New Admission	29			41			31		
	*Dropout	13			25			11		
Non Formal Education	Total including New Admission	81	84	165	105	92	197	100	94	194
	New Admissions	26			40			17		
	*Dropout	08			20			22		
Remedial Education	Total including New Admission	341	374	715	352	389	741	346	381	727
	New Admissions	73			93			46		
	*Dropout	67			60			63		
Special Education	Total	10	02	12	09	01	10	09	01	10

*Reasons of Drop-out: Shifting of rented house / Migration / Sickness / Lack of interest

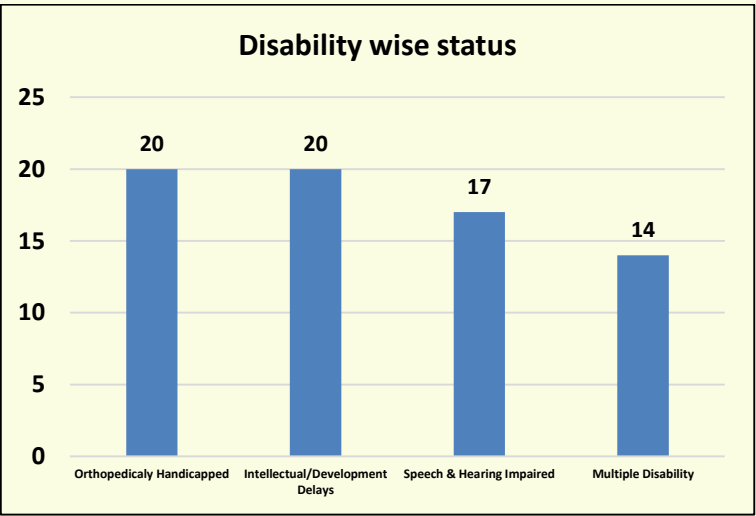
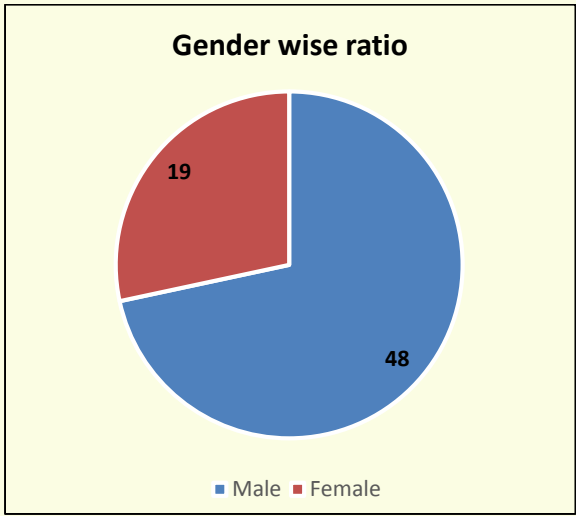
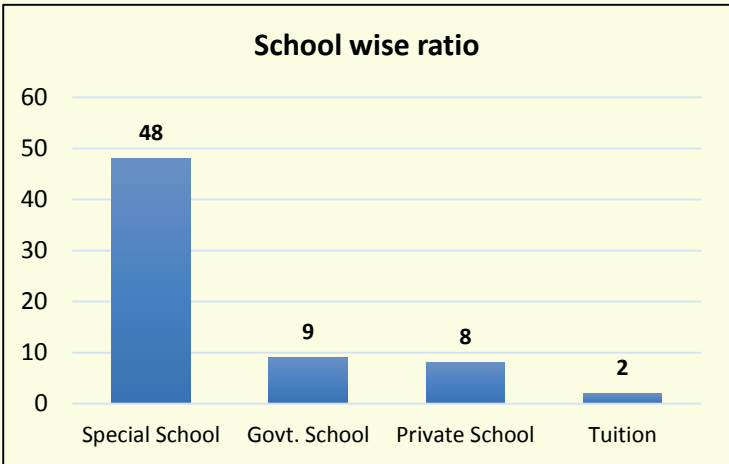


Students of ASRA's Education Centre at Pappan Kalan (left) Bakkarwala (right)

CBR: Sponsorship Program

This program is exclusively for children with disabilities.

It is seen that disabled children in slums are seldom respected, admired and accepted. ASRA took an initiative to promote the education of Children with Disabilities at their post primary level. The target children are selected from ASRA’s adopted slum communities. Counselling of parents is regularly done. This is an ongoing successful project running since August 2010.



Total **207** Children with Disabilities (CwDs) have been **sponsored** under this program till date. They also received physiotherapy, occupational therapy, special education, non-formal education, remedial education etc.

During the Quarter under report, **67 Children with Disabilities** were provided with Sponsorship covering their tuition fee, uniform, stationery, transport charges, paramedical services etc. on a monthly basis.



ASRA’s sponsored CwDs studying in Public School

f. CBR: Vocational Training:

ASRA is running Inclusive Vocational Training / Skill Development Centres in Tailoring, Beauty Culture, Computer Courses and Mobile Repairing Courses in adopted slum communities. The training has empowered girls/ women and young boys to earn their livelihood. Those who have completed their vocational training course are now able to supplement their family income by taking jobs and order work from their community members.



Students attending Mobile Repairing Class at Shiv Vihar slum community

The details of vocational training students are as follows:-

Vocational Training Course		No. of Vocational Training Students		
		Oct-2019	Nov-2019	Dec-2019
Tailoring	Total including new Admission	178	160	157
	New Admissions	36		
Beauty Culture	Total including new Admission	125	114	133
	New Admissions	26		
Computer Training	Total including new Admission	14	16	20
	New Admissions	10		
Mobile Repairing	Total including new Admission	27	32	26
	New Admission	08		



Workshop on 'Winter Make-Up Tips and Make-Up' held at Dwarka sec-1 slum community



Students attending Tailoring Class at Indira Camp-2 slum community

MEDICAL INTERVENTION & THERAPEUTIC SERVICES

- a. **Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope up with his or her condition. The Medical Unit of ASRA is headed by a professionally qualified MBBS Doctor who assesses all the patients and refers them to concerned departments for therapies, counselling, workshop etc. for interventions and services.

Month	No. of patients		Total
	Male	Female	
October-2019	16	06	22
November-2019	10	16	26
December-2019	15	19	34
Total	41	41	82



- b. **Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six Field Physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the door steps of the PwDs. There are also **three** full time Physiotherapists at ASRA Headquarter to attend to PwDs.

Physiotherapy department at ASRA Head Quarter

Patient getting Physiotherapy at ASRA Head Quarter

Following are the details of patients who visited Physiotherapy department during the quarter:

OPD

Month	Old		New		Total	Total No. of Patients' visits
	M	F	M	F		
October-2019	8	15	7	5	35	179
November-2019	10	09	06	08	33	261
December-2019	10	07	04	10	31	221

AIRTC

Month	Old		New		Total	Total no. of CwDs' visits
	M	F	M	F		
October-2019	06	04	0	0	10	42
November-2019	06	04	0	0	10	41
December-2019	06	03	0	0	09	31

Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

Month	Patients		Total patients
	Male	Female	
October-2019	142	112	254
November-2019	143	113	259
December-2019	153	113	266

- c. **Occupational Therapy:** One Full Time highly qualified Occupational Therapist and one Multi Rehabilitation Therapist are based at ASRA Headquarter to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them lead an independent, productive and satisfactory life.

Occupational Therapy department at ASRA Head Quarter

Following is the number of patients who visited Occupational Therapy department during the quarter:

OPD

Month	Old Cases		New Cases		Total	Total no. of Patients visit
	M	F	M	F		
October-2019	08	04	01	0	13	64
November-2019	10	04	02	01	17	95
December-2019	07	05	0	2	14	107

AIRTC under the Head Quarter

Month	Old Cases		New Cases		Total	Total no. of CwDs visits
	M	F	M	F		
October-2019	18	07	06	0	31	108
November-2019	21	07	01	01	30	87
December-2019	22	07	0	0	29	72



CwDs getting Occupational Therapy at ASRA Head Quarter

Speech Therapy: Speech therapy interventions are made to patients suffering from Cerebral Palsy, Aphasia, and Autism etc. Speech Therapists visit CBR Project areas and ASRA Headquarter for interventions to the persons with speech and hearing impairments.

Speech Therapy at ASRA Head Quarter

Following is the number of patients who visited Speech Therapy department during the quarter:

OPD

Month	Old Cases		New Cases		Total	Total no. of Patients visit
	M	F	M	F		
October-2019	05	0	0	0	05	08
November-2019	04	0	01	0	05	10
December-2019	04	0	01	01	06	11

AIRTC

Month	Old Cases		New Cases		Total	Total no. of CwDs' visit
	M	F	M	F		
October-2019	17	06	03	01	27	51
November-2019	18	07	04	0	29	35
December-2019	22	07	0	0	29	79



Children of AIRTC getting Speech Therapy at ASRA Head Quarter



A Child getting Speech Therapy at Shiv Vihar slum community

Speech Therapy in Slum Communities under CBR program

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 36 patients received interventions as given in the following table:

Month	Patients		Total patients
	Male	Female	
October-2019	18	18	36
November-2019	17	16	33
December-2019	17	14	31

- d. **Prosthetic & Orthotic Unit:** Prosthetic and Orthotic workshop is manufacturing and providing fitment services for persons with disabilities at ASRA Headquarter. Rehabilitation of Patients under CBR Project areas are also covered by this unit.

Orders Pending (upto 30 th Sep'19)	Orders Booked (measurements taken) (In Oct'19 to Dec'19)	Orders Completed (fabricated) (In Oct'19 to Dec'19)	Orders Pending (upto 31 st Dec'19)
13	70	20	63



A PwD received Special Shoe and Hand Splint from Prosthetic & Orthotic Workshop at ASRA Head Quarter

VOCATIONAL TRAININGS AT ASRA HEAD QUARTER

COMPUTER TRAINING AT ASRA HEAD QUARTER RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of students during the quarter under report:

New admissions during the quarter: **49**

Month	Students with Disabilities	Non-Disabled Students	Total students
Oct-2019	10	141	151
Nov-2019	9	115	124
Dec-2019	9	104	113



Students of ASRA Computer Centre attending Practical Class at ASRA Head Quarter

TAILORING AND HANDICRAFT TRAINING AT RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in Tailoring/ Handicraft Unit during the quarter under report are as follows:

Status of students during the quarter under report:

New admissions during the quarter: **20**

Month	Total number of students
Oct-2019	59
Nov-2019	57
Dec-2019	60



Tailoring Class at ASRA Head Quarter

ASRA HANDICRAFT EMPORIUM



Handicraft Emporium work in progress

ASRA Handicraft Emporium has become functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc. The details of orders booked / completed during the quarter are given below:

Orders pending up to 30 th Sep-19	Orders booked from 1 st Oct-2019 to 31 st Dec-2019	Orders completed from 1 st Oct-2019 to 31 st Dec-2019	Orders pending up to 31 st Dec-19
39	167	167	39

BEAUTY CULTURE COURSE AT ASRA HEAD QUARTER RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty Culture recognized by NIOS, Government of India. The professionally qualified teachers teach the students about the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professionals and earn money towards their self-reliance.

Status of students during the quarter under report:

New admissions during the quarter: **07**

Month	No. of students
Oct-2019	12
Nov-2019	12
Dec-2019	15



Student attending Beauty Culture practical class at ASRA Head Quarter

SEED LOAN: EXCLUSIVELY FOR PWDs

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. **Seed loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant.** With the help of Seed Loan, they either purchase additional material for their respective enterprises or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 124.**



Seed Loan approval meeting held at CBR Project Office, Pappan Kalan slum community

ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: **06**

S.No.	Name	Appointed as	Date of Recruitment
1.	Ms. Pinki Devi	Education Teacher, CBR	14.11.2019
2.	Ms. Kavita Kumari	Education Teacher, CBR	12.11.2019
3.	Mr. Darshan Singh	Mobile Repairing Teacher, CBR	12.11.2019
4.	Mr. Harpal Singh	Driver, AIRTC	10.12.2019
5.	Ms. Kiran	Helper, ARTC	02.12.2019

No. of staff given increment (as per Rules) in salary, during the quarter : **19**

*Gratitude to the President AFS
and all the donors
who are supporting ASRA's work for the poor &
needy persons with disabilities living
in the slums of Delhi.*

Gratitude for your trust in our abilities.

