



Action for Self Reliance and Alternatives

A Delhi based voluntary organization dedicated to empower persons with disabilities living in slums and marginalized segment of society.



Quarterly Newsletter
JULY-2019 to SEPTEMBER-2019

**ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)
FOR CHILDREN WITH SPECIAL NEEDS**

- **ASRA Intervention, Recreation and Therapy Centre (AIRTC)** was inaugurated on 12th October 2018 and formally started functioning on 3rd December 2018 on the occasion of International Day for Persons with Disabilities.

Status of children at AIRTC during the quarter under report:

| Total CwDs as on 30 th September'2019 | GENDER WISE | | | AREA WISE | |
|--|-------------|--------|-------|-----------|---------------|
| | Male | Female | Total | Community | Non-community |
| | 18 | 08 | 26 | 14 | 12 |
| DISABILITY WISE NO. OF CHILDREN | | | | | |
| 1. Intellectual Disability | | | | 13 | |
| 2. Intellectual Disability with Associated Condition | | | | 01 | |
| 3. Cerebral Palsy | | | | 06 | |
| 4. Cerebral Palsy with Associated Condition | | | | 02 | |
| 5. Speech and Hearing Impairment | | | | 01 | |
| 6. Autism Spectrum Disorder | | | | 01 | |
| 7. Attention Deficit Hyper Active Disorder | | | | 01 | |
| 8. Multiple Disability | | | | 01 | |
| AGE WISE | | | | | |
| PRE-PRIMARY | | | | | |
| 5-8 years: 07 | | | | | |
| PRIMARY-I | | | | | |
| 8-10 years: 08 | | | | | |
| PRIMARY-II | | | | | |
| 10-13 years: 11 | | | | | |



ASRA cab and a rented vehicle is used for pick and drop of CwDs of AIRTC from slum communities



Class Activities



Activities during celebration of festival-Raksha Bandhan



Independence Day Celebration



'Pot Decoration' activity during festival-Janamashtami (Birth of Lord Krishna)



Activities during celebration of festival-Janamashtami (Birth of Lord Krishna)



Cooking without fire: Tricolour Sandwich Making during Independence Day celebrations



Teachers' Day Celebration



Birthday of CwD was celebrated at AIRTC



Class room activity



Children of AIRTC enjoying cartoon movie



Occupational Therapy session



Speech Therapy session

WORKSHOPS & RECREATION ACTIVITIES FOR STAFF & BENEFICIARIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report:-

Workshops held at ASRA Headquarter

| S. No | Topic of Workshop & Department | Date | Target Group | No. of Participants | Venue | Resource Person |
|-------|--|---|--|---------------------|---------------------------|--|
| 1 | Doll Making – Occupational Therapy Department | 20 th July, 2019 | Patients of Occupational Therapy | 03 | Occupational Therapy Room | Ms. Seema -Multi Rehabilitation Worker & Ms. Pooja -Physiotherapist of ASRA HQ |
| 2 | Creative Pillow & Cushion Cover -Tailoring Department | 23 rd to 25 th July, 2019 | Students of Vocational Trainings | 18 | Tailoring Practical Room | Ms. Kiran -Fashion Designing Teacher, ASRA HQ |
| 3 | Usha Janome Creative -Usha International Pvt. Ltd. | 30 th July, 2019 | Students of Vocational Trainings | 28 | Tailoring Practical Room | Resource Person from Usha International Pvt. Ltd. |
| 4 | Kite Making – Occupational Therapy Department | 9 th Aug, 2019 | Children of AIRTC & Patients of Occupational Therapy | 08 | Occupational Therapy Room | Ms. Renuka -Occupational Therapist & Ms. Pooja -Physiotherapist of ASRA HQ |
| 5 | Flag / Rakhi Making – Occupational Therapy Department | 13 th Aug, 2019 | Patients of Occupational Therapy | 03 | Occupational Therapy Room | Ms. Renuka -Occupational Therapist & Ms. Pooja -Physiotherapist of ASRA HQ |
| 6 | Know your PC Hardware Components -Computer Department | 7 th Sep, 2019 | Students of Vocational Trainings | 27 | Computer Practical Room | Mr. Sanjay Singh Chauhan -Computer Faculty, ASRA HQ |
| 7 | Technology Hazards -Computer Department | 21 st Sep, 2019 | Students of Vocational Trainings | 25 | Computer Practical Room | Mr. Sanjay Singh Chauhan -Computer Faculty, ASRA HQ |
| 8 | Creative Fabric Bags -Tailoring Department | 26 th to 28 th Sep, 2019 | Students of Vocational Trainings | 20 | Tailoring Practical Room | Ms. Karishma -Tailoring Teacher, ASRA HQ |
| 9 | Career with Computer -Computer Department | 28 th Sep, 2019 | Students of Vocational Trainings | 25 | Computer Practical Room | Computer Deptt. Team, ASRA HQ |

Some Glimpses of workshops held at ASRA Headquarter



CwDs during workshop on 'Doll Making' at ASRA HQ



Workshop on **'Technology Hazards'** at ASRA HQ



Workshop on **'Technology Hazards'** at ASRA HQ



Workshop on **'Usha Janome Creative machine'** (left) and **'Creative Pillow & Cushion Cover'** (right) at ASRA HQ



Workshop on **'Know your PC's Hardware Components'** at ASRA HQ



Workshop on **'Career with Computer'** at ASRA HQ



CwDs during workshop on **'Flag making & Rakhi Making'** at ASRA HQ

Workshops held in CBR Centres:

| S. No. | Workshop & Department | Date | Target Group | No. of participants | Community/ies | Resource Person |
|--------|---|--|----------------------------------|---------------------|------------------------------|--|
| 1. | Creative Pillow & Cushion Cover - Tailoring Department | 20 th to 22 nd & 27 th to 30 th Aug'19 | Students of Vocational Trainings | 25 | Pappan Kalan & Indira Camp-2 | Ms. Kiran - Teacher Fashion Designing ASRA HQ |
| 2. | Everyday Make-up - Beauty Culture Department | 14 th Sep, 2019 | Students of Vocational Trainings | 08 | Nanhe Park | Ms. Baljeet Kaur - Beauty Culture Teacher ASRA HQ |
| 3. | Communication via Internet -Computer Department | 26 th Sep, 2019 | Students of Vocational Trainings | 06 | Pappan Kalan | Ms. Mariyam -Computer Faculty, ASRA HQ |



Workshop on '**Creative Pillow & Cushion Cover**' held at Indira Camp-2 & Pappan Kalan slum community



Workshop on '**Everyday Make-up**' held at Nanhe Park slum community

Workshop on '**Communication via Internet**' held at Pappan Kalan slum community

2. Following is the result of Final Internal Examinations of Vocational Units of ASRA during the quarter under report:-

| S. No. | Department | Date of Examination | Venue | No. of students | |
|--------------|----------------|--|---|-----------------|-----------|
| | | | | Appeared | Cleared |
| 1. | Beauty Culture | 26 th , 27 th to 29 th July, 2019 | ASRA HQ, Pappan Kalan, Bharat Vihar, Dwarka Sec-1, Dwarka Sec 16 and Nangli Dairy communities | 29 | 28 |
| 2. | Tailoring | 29 th July, 2019 | Shiv Vihar & Bawana communities | 07 | 07 |
| 3. | Computer | 8 th July to 13 th July and 27 th & 30 th July, 2019 | ASRA HQ and Pappan Kalan & Dwarka Sec-16 communities | 74 | 63 |
| Total | | | | 110 | 98 |



Students appearing in Examination at Vocational Training Centres CBR and ASRA HQ, Uttam Nagar

3. Celebration of Festivals and Special days during the quarter under report:-

| S. No. | Special Days/Exhibition | Date of celebration | Venue |
|--------|-------------------------|-------------------------------|----------------------------|
| 1. | World Population Day | 11th July, 2019 | ASRA HQ & ASRA CBR Centres |
| 2. | Independence Day | 14th August, 2019 | ASRA HQ & CBR Centres |
| 3. | Raksha Bandhan Festival | 15 th August, 2019 | ASRA HQ & CBR Centres |
| 4. | Janamashtami Festival | 24 th August, 2019 | ASRA HQ & CBR Centres |
| 5. | Teachers' Day | 5th September, 2019 | ASRA HQ & CBR Centres |



Celebrating 'Independence Day' at CBR Education Centres



Celebrating 'Festival of Janamashtami' at ASRA HQ



Celebrating 'Teacher's Day' at ASRA HQ

4. Competition during the quarter under report:-

a. Participation in Regional Competition Abilympics (NAAI) during the quarter under report:-

ASRA was invited by National Abilympics Association of India (NAAI) to participate in Regional Abilympic Competitions for persons with disabilities held in Delhi on 4th & 5th July, 2019. Eight representatives of ASRA including staff and students participated in different competitions Desktop Publishing, Beauty Therapy, Online Gaming, Graphic Art and Flower Arrangement. Mr. Pawan Kumar-Data Entry Operator cum Computer Faculty won Gold Medal in Desktop Publishing.



*ASRA's candidates during **Regional Competition** organised by Abilympics-NAAI at Lady Irwin College, Delhi University*

b. Competition during the quarter under report:-

| S. No. | Event Name | Date | Venue | No. of Participants |
|--------|--------------------|--|---------|---------------------|
| 1. | Game Designing | 27 th July, 2019 | ASRA HQ | 13 |
| 2. | Video Mixing | 30 th July, 2019 | ASRA HQ | 06 |
| 3. | Quiz Competition | 14 th Aug, 2019 | ASRA HQ | 09 |
| 4. | Web Page Designing | 21 st & 29 th Sep'19 | ASRA HQ | 06 |



*Competition on **Video Mixing** (left) and **Game Designing** on Power point at ASRA HQ*



*Quiz Competition on **Independence Day** (left) and **Website Designing** at ASRA HQ*

Success Stories

CBR-Referral Services and Medical Intervention



I am Neetu, mother of Master Lavansh who is 9 years old. Lavansh is my only child and he is mentally and physically challenged. We live in Nanhe Park slum community and my husband works as a labour. As my son is physically and mentally challenged, I was really concerned about my son. Our financial condition is not good to secure the future of my son. My husband takes responsibility of our family including my father-in-law, mother-in-law and sister-in-law. Due to our financial condition, I have to think a lot about my son for his education and medical expenses. One day two staff members of ASRA came to my home namely, Mrs. Pooja (Education Teacher) and Mrs. Deepali Mam (Supervisor-Education Program). They explained me all about ASRA's activities and counseled me about how ASRA's activities can help me more to develop future and to take care of my son. As per their guidance, I submitted all the required documents of my son to ASRA. They helped me in availing Disability Certificate, Rail Pass, Bus Pass and Disability Pension of my son, which helped me a lot. ASRA's Physiotherapist also comes to my home regularly to give therapy to my son. ASRA helped me a lot. They have provided a Wheelchair and caliper to my son. Now he can walk by own, which makes his life easier. My special thanks to ASRA and whole team of ASRA, who helped me a lot to take care of my son. Now I am less tensed. I can easily meet his medical expenses by his monthly pension. Again I am very thankful to ASRA from my bottom of heart. ASRA has also helped many children, who suffered disability and faced problems like me and my son. – **Ms. Neetu, Mother of Lavansh**

Seed Loan (Micro Credit Scheme)

My name is Vijay Gupta. I am physically handicapped with my both lower limb. I am 27 years old and live in Mohan Garden, Uttam Nagar, New Delhi. There are 6 members in my family. I belong to lower-middle class family. I wanted to be self-independent. I wanted to take up a job so as to become independent and self-reliant financially. It was then that someone in my neighbour informed me about ASRA and its facilities provided to disabled person I met Mr. Sanjay Sir (Rehab Worker of ASRA) in Uttam Nagar. He gave me full information about the ASRA organisation. I told him about my requirement of Wheel Chair for my daily routine. I received Wheel Chair from ASRA. I wanted to open a small mobile accessories shop. I did not have sufficient amount to start the shop. Then once again, I approached ASRA for Seed Loan (Micro Credit Scheme). I got material for my shop worth Rs.5000/- from ASRA. I am very thankful to ASRA for providing me the financial help which has increased my family's income. I am thankful to ASRA from the depth of my heart. – **Mr. Vijay Gupta**



*Success Stories are narrated in Hindi by the beneficiaries and translated in English.

Internship of Students at ASRA

The following students have been placed in ASRA as part of their internship / concurrent field work during the quarter under report:-

| S.No. | Name of the Student | Course / University | Duration |
|-------|---------------------|--|---|
| 1. | Ms. Noorjhan | Bachelor Social Work/ Indira Gandhi National Open University | 45 Days |
| 2. | Mr. Satya | Master of Social Work / Delhi School of Social Work | 45 Days |
| 3. | Ms. Charu Jindal | | 10 Days |
| 4. | Ms. Veenita | Bachelor Social Work/ Aditi Collage Delhi University | 12 th April to 26 th April 2019 |
| 5. | Ms. Yashi | | |

Workshops / Exhibitions / Events in forthcoming quarter

| OCTOBER-2019 | | November-2019 | |
|-----------------------------|---|---|--|
| Computer | <ul style="list-style-type: none"> • Internal Examination • Certificate Distribution & Interaction with OIC (P) /CBR Co-ordinator • Competition: Financial Expert using 'Tally Software' • Workshop on the topic Fitness by Medical Unit • Celebration: Gandhi Jayanti • Competition of Rangoli on Deepawali occasion | Computer | <ul style="list-style-type: none"> • Debate: Value of free Education on World Literacy Day • Workshop for staff by Computer Unit on the topic- Ms-Power point • Workshop on the topic 'Personality Development' |
| Tailoring & Handicraft Unit | <ul style="list-style-type: none"> • Exhibition of Handicraft Items on Diwali. • Celebration & Rangoli Competition on Diwali. • Workshop – Creative bags with waste fabric. | Tailoring & Handicraft Unit | <ul style="list-style-type: none"> • Community Visits of ARTC Students on Children's Day on 14th November • Workshop – Creative bags with waste fabric. • Celebration on Children's Day |
| Beauty Culture | <ul style="list-style-type: none"> • Mehandi Stall on the occasion of 'Karwa Chauth' at ARTC • Workshop on Dry Skin tips & Make-up in Bharat Vihar | Beauty Culture | <ul style="list-style-type: none"> • Workshop on Hair Care Tips & Hair Spa in Dwarka sec-16 Community • Rangoli Competition |
| Physiotherapy | <ul style="list-style-type: none"> • Workshop | Physiotherapy | <ul style="list-style-type: none"> • Workshop |
| Occupational Therapy | <ul style="list-style-type: none"> • Workshop | Occupational Therapy | <ul style="list-style-type: none"> • Workshop |
| CBR | <ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps | CBR | <ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps |
| December-2019 | | | |
| Computer | <ul style="list-style-type: none"> • Interaction with Medical Unit on International Day for person with disability on 3rd Dec 2019 • Christmas Day celebration with OT Unit patients • NIELIT: 'O' level & 'CCC' Revision Classes • Participation in Rally on International Person with Disability Day • New Year Celebration | <div style="text-align: center;"> <h3>Upcoming Holidays of ASRA</h3> <p>Tuesday, 10th September, 2019 : Mohharram</p> <p>Wednesday, 2nd October, 2019 : Gandhi Jayanti</p> <p>Tuesday, 8th October, 2019 : Dussehra</p> <p>Sunday, 27th October, 2019 : Deepawali</p> <p>Monday, 28th September, 2019 : Vishwakarma Day</p> <p>Tuesday, 29th October, 2019 : Bhai Duj</p> <p>Sunday, 10th November, 2019 : Ed-E-Milad</p> <p>Tuesday, 12th November, 2019 : Guru Nakak Birthday</p> <p>Wednesday, 25th December, 2019 : Christmas Day</p> </div> | |
| Tailoring & Handicraft Unit | <ul style="list-style-type: none"> • Interaction of students with Medical unit on World's Disability Day on 3rd. • Celebration on Christmas with OT Patients. • New Year Celebration • Workshop –Creative bags with waste fabric. • Rally on World's Disability Day on 3rd Dec'2019 | | |
| Beauty Culture | <ul style="list-style-type: none"> • Competition on world disability day • Workshop on Winter Make-up in Dwarka sec-1 • Christmas day celebration • New Year celebration | | |
| Physiotherapy | <ul style="list-style-type: none"> • Workshop | | |
| Occupational Therapy | <ul style="list-style-type: none"> • Workshop | | |
| CBR | <ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps | | |

UPDATE ON ONGOING PROGRAMS

COMMUNITY BASED REHABILITATION (CBR)

Implementation of ‘Promoting and Enhancing Advocacy and Awareness level about Rehabilitation Services for Persons with Disabilities living in Delhi slums and Resettlement Colonies through 30 or more Community Meetings, Counselling Sessions, Workshops and Rallies.’

(With support from Embassy of Switzerland through AFS initiated w.e.f. 20th May, 2019 till 31st October, 2019)

Following is an Update on this New Initiative from 20th May 2019 to 30th August 2019:

Awareness creation regarding ‘Benefits and Concessions under Government Schemes and Services provided for Persons with Disabilities’: Meetings were organized in ASRA’s 15 adopted slum communities.

During the meetings, various issues such as importance of early detection of disabilities, medical intervention and advantages of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance leading towards mainstreaming and inclusion of persons with disabilities in the society were discussed. The meetings were conducted by ASRA CBR Team consisting of Coordinators, Therapists, Social Workers, Rehabilitation Workers, and Prosthetic & Orthotic Engineer etc. and were attended by various stakeholders such as persons with disabilities, their family members and other people living in the slum communities.

a. Following are the details of the meetings held in adopted slum communities during the quarter under report:

| Sl. No. | Date | Name of the Slum Community | No. of people attended the meeting | | |
|---------|------------|----------------------------|------------------------------------|----------------|-------------|
| | | | PwDs | Family members | Total |
| 1. | 09-07-2019 | Dwarka Sec-16 | 46 | 34 | 80 |
| 2. | 12-07-2019 | Nangli Dairy | 49 | 60 | 109 |
| 3. | 23-07-2019 | Raghuvir Nagar, B-Block | 27 | 43 | 70 |
| 4. | 26-07-2019 | Bheem Nagar | 16 | 28 | 44 |
| 5. | 27-07-2019 | Bharat Vihar | 45 | 51 | 96 |
| 6. | 31-07-2019 | Golden Park | 33 | 22 | 55 |
| 7. | 02-08-2019 | Jahangir Puri | 39 | 60 | 99 |
| 8. | 10-08-2019 | Majnu Ka Tila | 52 | 28 | 80 |
| 9. | 22-08-2019 | Shahbad Dairy | 72 | 36 | 108 |
| 10. | 31-08-2019 | Pappan Kalan | 35 | 26 | 61 |
| 11. | 06-09-2019 | Bawana | 71 | 70 | 141 |
| 12. | 11-09-2019 | Indira Camp-2 | 11 | 7 | 18 |
| 13. | 12-09-2019 | Shahbad Dairy | 21 | - | 21 |
| 14. | 15-09-2019 | Pappan Kalan | 22 | - | 22 |
| | | Total | 539 | 465 | 1004 |

Some Glimpses of Community Meetings



Community meeting held at Dwarka Sec-16 community



Community meeting held at Jahangir Puri community



Community meeting held at Bawana community



Workshop on 'How to Care for your Mobility Appliances'/Community meeting held at Indira Camp-2 community



Community meeting held at Majnu Ka Tila community



Community meeting held at Bharat Vihar community



Community meeting held at Bheem Nagar community



Community meeting held at Pappan Kalan community



Community meeting held at Jahangir Puri community



Community meeting held at Golden Park community

b. Individual and Group counselling sessions for persons with disabilities and their family members were also organized in adopted slum communities.

Following are the details of these sessions organized during the quarter under report:

| Name of Slum Communities | No. of PwDs counseled |
|--|-----------------------|
| Razapur, Bheem Nagar, Pappan Kalan, Dwarka Sec-01, Bakkarwala, Indira Camp-02, Wazirpur JJ Colony, Binda Pur, Nagali Dairy, Block Raghbir Nagar, Mohammadpur Village, Dwarka Sec.1, Golden Park, Jahangir Puri, Majnu Ka Tilla and Shabad dairy. | 634 |



Individual counselling session at Bakkarwala slum community



Updation of Required & Delivered (R&D) status along with procedural guidance about Welfare Schemes for PwDs

c. Referral Services: Persons with disabilities (PwDs) were referred to different concerned agencies / departments to avail Government Schemes and benefits. ASRA CBR Team **provided information and procedural guidance about the Welfare Schemes.** ASRA CBR staff accompanied Persons with disabilities to concerned authority / agency such as Government Hospitals, Social Welfare Department etc. for availing referral services as per their needs.

| Month | No. of persons referred to other organizations | | | Referrals made to other organizations through networking |
|--------------|--|------------|-------------|---|
| | Male | Female | Total | |
| July-2019 | 228 | 165 | 393 | Referred to: D.D.U & Guru Govind Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension , Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped |
| Aug-2019 | 275 | 197 | 472 | |
| Sep-2019 | 265 | 192 | 457 | |
| Total | 768 | 554 | 1322 | |



Need assessment chart was filled by ASRA Team regarding availing of Schemes for PwDs. This chart contains all the services required by each PwD. The team works on each person till such time when all the benefits are availed by him/her for rehabilitation towards leading mainstreaming society.

d. Concessions and Benefits

| | Applied (A) and Delivered (D) Status | | | | | | | | | | | | | | Total | |
|--------------------------|--------------------------------------|----|-----------|----|--------|----|--|---|----------|----|--------------------|----|---------------|----|-------|-----|
| | Disability Certificate | | Rail Pass | | E-card | | PwDs I-Card from Sub Divisional Magistrate | | Bus Pass | | Disability Pension | | IQ Assessment | | | |
| No. of PwD beneficiaries | A | D | A | D | A | D | A | D | A | D | A | D | A | D | A | D |
| | 87 | 30 | 38 | 64 | 33 | 28 | 16 | 8 | 5 | 10 | 35 | 34 | 12 | 12 | 226 | 186 |



ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions

e. MOBILITY AIDS CAMP

ASRA CBR Team participated in two Mobility Aid Camps in which total 14 beneficiaries from adopted slum communities received 14 appliances according to their needs and disability. Following are the details of camps:

| Date | No. of beneficiaries | Aids & Appliances | Venue of the camp | Organised by |
|----------------------------------|----------------------|--|--------------------------------|---|
| 14 th August, 2019 | 04 | <ul style="list-style-type: none"> Motorized Tricycle : 04 | Community Centre, Okhla, Delhi | Artificial Limb Manufacture Corporation (ALIMCO), Kanpur, Uttar Pradesh |
| 29 th September, 2019 | 10 | <ul style="list-style-type: none"> Wheelchairs :- 04 Tricycle :- 02 Hearing Aid :- 01 Sticks :- 03 Total :- 10 | Pitam Pura, New Delhi | Family of Disabled, Janak Puri, New Delhi |

Registration of 12 beneficiaries for 11 mobility aids was done during the camp organised by Family of Disabled, Janak Puri, New Delhi on 12th September, 2019.

Some Glimpse of Camps



f. Mobility Aids for Persons with Disabilities

During the quarter under report, **Twenty Eight** beneficiaries received Mobility Aids through ASRA's networking with other organizations. Details of appliances received by the beneficiaries are as follows:

| No. of beneficiaries | Tricycle | Motorized Tricycle | Standing Frame | Wheel Chair | Elbow Stick | Hearing Aid | Stick | Gaiter | Caliper | CP Chair | Crutches | Spl. Shoe | Ankle / Knee Foot Orthosis | Total |
|----------------------|----------|--------------------|----------------|-------------|-------------|-------------|-------|--------|---------|----------|----------|-----------|----------------------------|-------|
| | 3 | 4 | 2 | 3 | 1 | 1 | 3 | 1 | 1 | 2 | 1 | 1 | 5 | 28 |



ASRA's beneficiaries receiving Mobility Aid & Appliances through Camps / Networking

g. 'Disability Awareness Nukkad Natak' (Street Play) was held in Bakkarwalan, B-Block Raghuvir Nagar & Binda Pur slum community on 30th August, 5th September & 24th September, 2019 respectively.



'Disability Awareness Nukkad Natak' (Street Play) at B-Block Raghuvir Nagar & Binda Pur slum communities

h. Following are the details of the 'Disability Awareness Rallies' held in adopted slum communities during the quarter under report:

| Sl. No. | Date | Name of Slum Community |
|---------|------------|-------------------------|
| 1. | 20.08.2019 | Mohammadpur Village |
| 2. | 30.08.2019 | Bakkarwalan |
| 3. | 05.09.2019 | B-Block, Raghuvir Nagar |
| 4. | 24.09.2019 | Binda Pur |



'Disability Awareness Rallies' held at Mohammadpur Village and Bakkarwala slum Communities



'Disability Awareness Rallies' held at B-Block Raghuvir Nagar slum Community



'Disability Awareness Rallies' held at Binda Pur slum Community

- i. On 13th July 2019, a one day training was organized at CBR Project Office, Pappankala slum community for Education Teachers of ASRA on 'How to attend to the special needs of children with disabilities studying in their Centres. The sessions were taken by the Special Educator and Social Worker of ASRA.



day Training Program

CBR: Education Program

- ASRA is running Inclusive Education Centres in its adopted slum communities. Children between the age of 3 and 6 years are provided Nursery Education. Non-Formal Education (NFE) is provided to out-of-school children who have left their education for unavoidable reasons. These children are mainstreamed in formal schools by ASRA. Remedial education (REC) is provided to school going children to prevent them to dropout from school. ASRA is also running Special Education classes for children with special needs-intellectually challenged children.



Students of ASRA Education Centre during activity

- 109 children who were studying at ASRA's Education Centres under nursery and non-formal education have been mainstreamed in formal schools during the quarter under report.
- Total 51 Parent-Teacher Meetings held during the quarter under report which were attended by 707 parents / guardians.

| Parents Teacher Meetings | | | | |
|--------------------------|-----------------|---|------|--------|
| Month | No. of meetings | No. of Parents / Guardian who attended meetings | Male | Female |
| July-2019 | 19 | 279 | 42 | 237 |
| Aug-2019 | 18 | 307 | 46 | 261 |
| Sep-2019 | 14 | 235 | 26 | 209 |
| Total | 51 | 821 | 114 | 707 |

- The details of children who are studying in these Education Centres during the quarter are as follows:

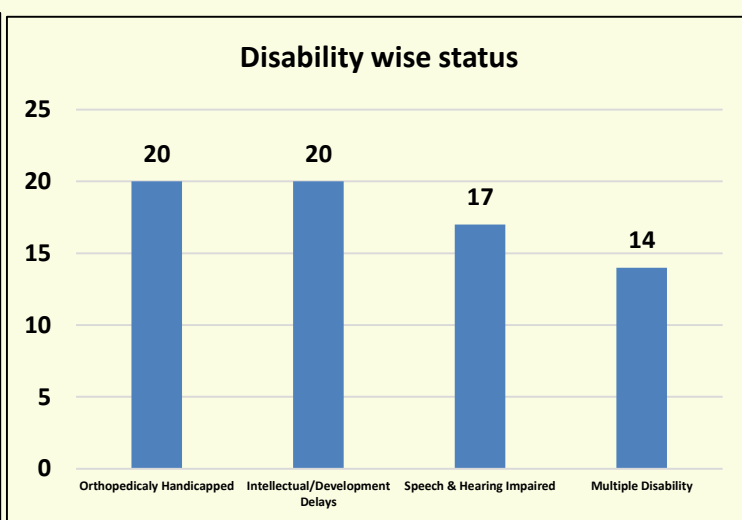
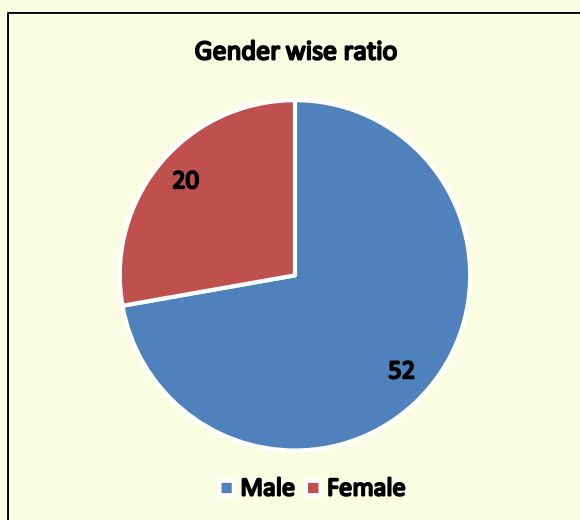
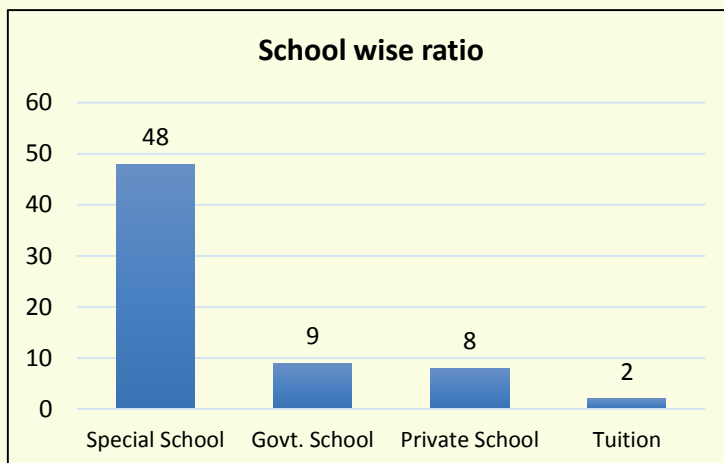
| | | No. of Children | | | | | | | | |
|----------------------|-------------------------------|-----------------|-----|-------|----------|-----|-------|----------|-----|-------|
| | | July-2019 | | | Aug-2019 | | | Sep-2019 | | |
| | | M | F | Total | M | F | Total | M | F | Total |
| Nursery class | Total including New Admission | 115 | 129 | 244 | 106 | 130 | 236 | 112 | 140 | 250 |
| | New Admission | 32 | | | 30 | | | 45 | | |
| | *Dropout | 38 | | | 31 | | | 17 | | |
| Non Formal Education | Total including New Admission | 110 | 85 | 195 | 107 | 79 | 186 | 107 | 73 | 157 |
| | New Admissions | 28 | | | 10 | | | 17 | | |
| | *Dropout | 19 | | | 46 | | | 20 | | |
| Remedial Education | Total including New Admission | 378 | 402 | 780 | 378 | 375 | 753 | 342 | 361 | 703 |
| | New Admissions | 79 | | | 71 | | | 64 | | |
| | *Dropout | 98 | | | 114 | | | 69 | | |
| Special Education | Total | 10 | 02 | 12 | 14 | 02 | 16 | 14 | 02 | 16 |

*Reasons of Drop-out: Shifting of rented house / Migration / Sickness / Lack of interest

CBR: Sponsorship Program

This program is exclusively for children with disabilities.

It is seen that disabled children in slums are seldom respected, admired and accepted. ASRA took an initiative to promote the education of Children with Disabilities at their post primary level. The target children are selected from ASRA’s adopted slum communities. Counseling of parents is regularly done. This is an ongoing successful project running since August 2010.



Total **207** Children with Disabilities (CwDs) have been **sponsored** under this program till date. They also received physiotherapy, occupational therapy, special education, non-formal education, remedial education etc.

During the Quarter under report, **67 Children with Disabilities** were provided with Sponsorship covering their tuition fee, uniform, stationery, transport charges, paramedical services etc. on a monthly basis.



ASRA’s sponsored CwDs studying in Brahm Shakti Special School performed during opening ceremony on occasion of Dashehra Festival at Red Fort, Ramliila Ground

f. CBR: Vocational Training:

ASRA is running Inclusive Vocational Training / Skill Development Centres in Tailoring, Beauty Culture, Computer Courses and Mobile Repairing Courses in adopted slum communities. The training has empowered girls/ women and young boys to earn their livelihood. Those who have completed their vocational training course are now able to supplement their family income by taking jobs and order work from their community members.



Students attending Mobile Repairing Class at Shiv Vihar slum community

The details of vocational training students are as follows:-

| Vocational Training Course | | No. of Vocational Training Students | | |
|----------------------------|-------------------------------|-------------------------------------|----------|----------|
| | | July-2019 | Aug-2019 | Sep-2019 |
| Tailoring | Total including new Admission | 181 | 182 | 195 |
| | New Admissions | 83 | | |
| Beauty Culture | Total including new Admission | 134 | 140 | 142 |
| | New Admissions | 84 | | |
| Computer Training | Total including new Admission | 26 | 14 | 14 |
| | New Admissions | 12 | | |
| Mobile Repairing | Total including new Admission | 36 | 29 | 27 |
| | New Admission | 10 | | |



Process of Admissions for Beauty Culture Training at Dwarka sec-16 slum community



Students attending Tailoring Class at Nangli Dairy slum community

MEDICAL INTERVENTION & THERAPEUTIC SERVICES

- a. **Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope up with his or her condition. The Medical Unit of ASRA is headed by a professionally qualified MBBS Doctor who assesses all the patients and refers them to concerned departments for therapies, counselling, workshop etc. for interventions and services.



Patient during assessment by Orthopedic Surgeon at ASRA HQ

| Month | No. of patients | | Total |
|--------------|-----------------|-----------|-----------|
| | Male | Female | |
| July-2019 | 12 | 10 | 22 |
| Aug-2019 | 14 | 8 | 22 |
| Sep-2019 | 7 | 19 | 26 |
| Total | 33 | 37 | 70 |

- b. **Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six Field Physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the door steps of the PwDs. There are also **three** full time Physiotherapists at ASRA Headquarter to attend to PwDs.



A child of AIRTC getting Physiotherapy at ASRA HQ

Physiotherapy department at ASRA HQ

Following are the details of patients who visited Physiotherapy department during the quarter:

OPD

| Month | Old | | New | | Total | Total No. of Patients' visits |
|-----------|-----|----|-----|----|-------|-------------------------------|
| | M | F | M | F | | |
| July-2019 | 07 | 10 | 12 | 10 | 39 | 211 |
| Aug-2019 | 11 | 08 | 12 | 08 | 39 | 239 |
| Sep-2019 | 11 | 08 | 05 | 19 | 43 | 276 |

AIRTC

| Month | Old | | New | | Total | Total no. of CwDs' visits |
|-----------|-----|----|-----|---|-------|---------------------------|
| | M | F | M | F | | |
| July-2019 | 06 | 05 | 0 | 0 | 11 | 59 |
| Aug-2019 | 05 | 04 | 0 | 0 | 09 | 59 |
| Sep-2019 | 05 | 04 | 01 | 0 | 10 | 61 |

Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

| Month | Patients | | Total patients |
|-----------|----------|--------|----------------|
| | Male | Female | |
| July-2019 | 129 | 109 | 238 |
| Aug-2019 | 138 | 108 | 245 |
| Sep-2019 | 138 | 110 | 248 |

- c. **Occupational Therapy:** One Full Time highly qualified Occupational Therapist and one Multi Rehabilitation Therapist are based at ASRA Headquarter to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them lead an independent, productive and satisfactory life.

Occupational Therapy department at ASRA HQ

Following is the number of patients who visited Occupational Therapy department during the quarter:

OPD

| Month | Old Cases | | New Cases | | Total | Total no. of Patients visit |
|-----------|-----------|----|-----------|---|-------|-----------------------------|
| | M | F | M | F | | |
| July-2019 | 16 | 05 | 0 | 0 | 21 | 142 |
| Aug-2019 | 13 | 04 | 02 | 0 | 19 | 91 |
| Sep-2019 | 10 | 04 | 02 | 0 | 16 | 83 |

AIRTC

| Month | Old Cases | | New Cases | | Total | Total no. of CwDs visits |
|-----------|-----------|----|-----------|---|-------|--------------------------|
| | M | F | M | F | | |
| July-2019 | 15 | 5 | 3 | 2 | 25 | 121 |
| Aug-2019 | 18 | 7 | 0 | 1 | 26 | 105 |
| Sep-2019 | 17 | 07 | 01 | 0 | 26 | 123 |



CwDs getting Occupational Therapy at ASRA HQ

- d. **Speech Therapy:** Speech therapy interventions are made to patients suffering from Cerebral Palsy, Aphasia, and Autism etc. Speech Therapists visit CBR Project areas and ASRA Headquarter for interventions to the persons with speech and hearing impairments.

Speech Therapy at ASRA HQ

Following is the number of patients who visited Speech Therapy department during the quarter:

OPD

| Month | Old Cases | | New Cases | | Total | Total no. of Patients visit |
|-----------|-----------|----|-----------|---|-------|-----------------------------|
| | M | F | M | F | | |
| July-2019 | 06 | 03 | 01 | 0 | 10 | 03 |
| Aug-2019 | 03 | 0 | 04 | 0 | 07 | 15 |
| Sep-2019 | 06 | 0 | 03 | 0 | 09 | 13 |

AIRTC

| Month | Old Cases | | New Cases | | Total | Total no. of CwDs' visit |
|-----------|-----------|----|-----------|----|-------|--------------------------|
| | M | F | M | F | | |
| July-2019 | 13 | 07 | 04 | 01 | 25 | 70 |
| Aug-2019 | 17 | 07 | 0 | 0 | 24 | 49 |
| Sep-2019 | 17 | 06 | 0 | 0 | 23 | 78 |



Children of AIRTC getting Speech Therapy at ASRA HQ

Speech Therapy in Slum Communities under CBR program

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 36 patients received interventions as given in the following table:

| Month | Patients | | Total patients |
|-----------|----------|--------|----------------|
| | Male | Female | |
| July-2019 | 18 | 16 | 34 |
| Aug-2019 | 18 | 17 | 35 |
| Sep-2019 | 19 | 17 | 36 |



A Child getting Speech Therapy at Shiv Vihar slum community

- e. **Prosthetic & Orthotic Unit:** Prosthetic and Orthotic workshop is manufacturing and providing fitment services for persons with disabilities at ASRA Headquarter. Rehabilitation of Patients under CBR Project areas are also covered by this unit.

| Orders Pending (upto 30 th June'19) | Orders Booked (measurements taken) (In July'19 to Sep'19) | Orders Completed (fabricated) (In July'19 to Sep'19) | Orders Pending (upto 30 th Sep'19) |
|--|---|--|---|
| 35 | 23 | 45 | 13 |



POE Technician during fabrication of Hand Splint at ASRA HQ (left) and fitment of mobility aids (right)

VOCATIONAL TRAININGS AT ASRA HQ

COMPUTER TRAINING AT ASRA HQ RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of students during the quarter under report:

New admissions during the quarter: **124**

| Month | Students with Disabilities | Non-Disabled Students | Total students |
|-----------|----------------------------|-----------------------|----------------|
| July-2019 | 09 | 175 | 184 |
| Aug-2019 | 09 | 174 | 183 |
| Sep-2019 | 11 | 174 | 185 |



Students of ASRA Computer Centre attending workshop at ASRA HQ

TAILORING AND HANDICRAFT TRAINING AT RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in Tailoring/ Handicraft Unit during the quarter under report are as follows:

Status of students during the quarter under report:

New admissions during the quarter: **30**

| Month | Total number of students |
|-----------|--------------------------|
| July-2019 | 57 |
| Aug-2019 | 57 |
| Sep-2019 | 59 |



Tailoring Class at ASRA HQ

ASRA HANDICRAFT EMPORIUM



Handicraft Emporium work in progress

ASRA Handicraft Emporium has become functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc. The details of orders booked / completed during the quarter are given below:

| Orders pending up to 30 th June-19 | Orders booked from 1 st July-2019 to 30 th Sep-2019 | Orders completed from 1 st July-2019 to 30 th Sep-2019 | Orders pending up to 30 th Sep-19 |
|---|---|--|--|
| 25 | 163 | 149 | 14 |

BEAUTY CULTURE COURSE AT ASRA HQ RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty Culture recognized by NIOS, Government of India. The professionally qualified teachers teach the students about the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professionals and earn money towards their self-reliance.

Status of students during the quarter under report:

New admissions during the quarter: **07**

| Month | No. of students |
|-----------|-----------------|
| July-2019 | 18 |
| Aug-2019 | 15 |
| Sep-2019 | 10 |



Student attending Beauty Culture practical class at ASRA HQ

SEED LOAN: EXCLUSIVELY FOR PWDs



Mr. Vijay Gupta, a seed loan beneficiary

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. **Seed loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant.** With the help of Seed Loan, they either purchase additional material for their respective enterprises or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 122.**

ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: **05**

| S.No. | Name | Appointed as | Date of Recruitment |
|-------|-----------------|------------------------------------|---------------------|
| 1. | Ms. Kiran | Fashion Designing Teacher, ASRA HQ | 01.07.2019 |
| 2. | Ms. Anuu Kumari | Helper, AIRTC | 01.07.2019 |
| 3. | Ms. Khushi | Rehab Worker, CBR | 01.07.2019 |
| 4. | Ms. Alka Suman | Music Teacher, AIRTC | 01.08.2019 |
| 5. | Ms. Neha | Education Teacher, CBR | 01.09.2019 |

No. of staff given increment (as per Rules) in salary, during the quarter : **18**

*Gratitude to the President AFS
and all the donors
who are supporting ASRA's work for the poor &
needy persons with disabilities living
in the slums of Delhi.*

Gratitude for your trust in our abilities.

