



Action for Self Reliance and Alternatives

A Delhi based voluntary organization dedicated to empower persons with disabilities living in slums and marginalized segment of society.



Quarterly Newsletter
April-2019 to June-2019

VISITORS

Mr. René Bodmer, Member of AFS Board along with his daughter Ms. Chiara Bodmer visited ASRA from 22nd April to 24th April, 2019. They visited 'Pappan Kalan', 'Nanhe Park', 'Kirbi Place' and 'Dwarka Sec-16' slum communities. They interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program. A cultural program was also organised by ASRA's beneficiaries for their welcome. Prizes were distributed to the children who participated in cultural program by the distinguished guests. Mr. René Bodmer, Member of AFS Board along with Architect and Contractor reviewed the status of Construction of AIRTC / ARTC building. Ms. Chiara Bodmer took Interviews of nine staff members of ASRA during the visit. Mr. Rene Bodmer, Member of AFS Board addressed the ASRA team on the occasion of monthly meeting, which was highly motivating and inspiring for the entire ASRA team.



Honorable Delegates with staff of ASRA at ASRA HQ



Mr. Rene Bodmer-Board Member of AFS along with ASRA CBR Team during a visit to ASRA CBR Project Office



Home visit of ASRA's beneficiary (CwD) in Pappankalan community



Honorable Delegates with the children who participated in cultural program at ASRA CBR Project Office



Ms. Chiara Bodmer taking interview of Ms. Anjali, ASRA's Receptionist at ASRA HQ

**ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)
FOR CHILDREN WITH SPECIAL NEEDS**

- **ASRA Intervention, Recreation and Therapy Centre (AIRTC)** was inaugurated on 12th October 2018 and formally started on 3rd December 2018 on the occasion of International Day for Persons with Disabilities.

Status of children at AIRTC during the quarter under report:

| Total CwDs as on 30 th June'2019 | GENDER WISE | | | AREA WISE | |
|--|-------------|--------|-----------------|-----------|---------------|
| | Male | Female | Total | Community | Non-community |
| | 16 | 10 | 26 | 11 | 15 |
| DISABILITY WISE NO. OF CHILDREN | | | AGE WISE | | |
| 1. Intellectual Disability | | | PRE-PRIMARY | | |
| 2. Intellectual Disability with Associated Condition | | | 5-8 years: 11 | | |
| 3. Cerebral Palsy | | | PRIMARY-I | | |
| 4. Cerebral Palsy with Associated Condition | | | 8-10 years: 10 | | |
| 5. Speech and Hearing Impairment | | | PRIMARY-II | | |
| 6. Autism Spectrum Disorder | | | 10-13 years: 05 | | |
| 7. Attention Deficit Hyper Active Disorder | | | | | |
| 8. Multiple Disability | | | | | |

- **AIRTC was remain closed from 20th May to 7th July 2019 on the occasion of Summer Vacation** During this period, AIRTC continued to extend **Individual Sessions** of Special Education to the other children with special needs.

| Total no. of CwDs availed individual sessions of Special Education | Total no. of sessions held |
|--|----------------------------|
| 12 | 104 |



Individual session

- **Visit of Mr. Raja Bhowmick from 'Tata Consultancy Service (TCS)', Mumbai on Friday, 6th June 2019**

Mr. Raja Bhowmick from 'Tata Consultancy Service (TCS)', Mumbai visited ASRA HQ on 6th June, 2019. He took a round of the organisation where he was shown different ongoing programs. Presentation on ASRA's activities was shown to him followed by fruitful discussions.



Mr. Raja Bhowmick from 'Tata Consultancy Service' (TCS)



ASRA cab and a rented vehicle is used for pick and drop of CwDs of AIRTC from slum communities



Prayer Time



Activity class



Class room activity



Refreshment for children



Physiotherapy session



Play Time

WORKSHOPS & RECREATION ACTIVITIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report:-

Workshops held at ASRA Headquarter

| S. No | Topic of Workshop & Department | Date | Target Group | No. of Participants | Venue | Resource Person |
|-------|---|------------------------------|----------------------------------|---------------------|---------------------------|---|
| 1. | How to make a Pen Stand – Occupational Therapy Department | 27 th April, 2019 | Patients of Occupational Therapy | 06 | Occupational Therapy Room | Ms. Ruchi and Ms. Amrita , Special Educators ASRA HQ |
| 2. | Awareness Session regarding cleanliness – Municipal Corporation of Delhi (MCD) | 29 th April, 2019 | Students of Vocational Trainings | 30 | Computer Practical Room | Officials from Municipal Corporation of Delhi (MCD) |
| 3. | How to handle Hazards of Tech Addiction - Computer Department | 7 th May, 2019 | Students of Vocational Trainings | 20 | Computer Practical Room | Mr. Sanjay Singh Chauhan – Computer Faculty, ASRA HQ |
| 4. | Art & Craft Activity – Occupational Therapy Department | 11 th May, 2019 | Patients of Occupational Therapy | 05 | Occupational Therapy Room | Ms. Renuka –Occupational Therapist & Ms. Seema –Multi Rehabilitation Worker ASRA HQ |
| 5. | Digital Marketing - Computer Department | 17 th May, 2019 | Students of Vocational Trainings | 37 | Computer Practical Room | Mr. Sanjay Singh Chauhan – Computer Faculty, ASRA HQ |
| 6. | Scenery Making – Occupational Therapy Department | 3 rd June, 2019 | Patients of Occupational Therapy | 03 | Occupational Therapy Room | Ms. Seema –Multi Rehabilitation Worker & Ms. Pooja –Physiotherapist of ASRA HQ |
| 7. | Greeting Card Making: Father’s Day Special – Occupational Therapy Department | 14 th June, 2019 | Patients of Occupational Therapy | 03 | Occupational Therapy Room | Ms. Seema –Multi Rehabilitation Worker & Ms. Pooja –Physiotherapist of ASRA HQ |
| 8. | The International Day of Yoga – Physiotherapy Department | 21 st June, 2019 | Students of Vocational Trainings | 32 | Yoga, Dance & Music Hall | Ms. Jyoti Sachdeva & Ms. Vidhi Yadav –Physiotherapists, ASRA HQ |
| 9. | Mother’s Day - AIRTC | 28 th May, 2019 | Students of AIRTC | 20 | Activity Room | Ms. Priyanka and Ms. Amrita , Special Educators ASRA HQ |
| 10 | Thermo Hub Treatment – Beauty Culture Department | 29 th June, 2019 | Students of Vocational Trainings | 08 | Beauty Culture Room | Ms. Baljeet Kaur – Beauty Culture Teacher ASRA HQ |

Some Glimpses of workshops held at ASRA Headquarter



CwDs during workshop on 'How to make Pen Stand' at ASRA HQ



Workshop on 'Scenery Making' at ASRA HQ



Workshop on 'How to Handle Hazards of Tech Addiction' (left) & Digital Marketing (right) at ASRA HQ



CwDs during workshop on 'Greeting Card making - Father's Day Special' at ASRA HQ



Workshop on 'Thermo Hub Treatment' at ASRA HQ



Yoga session on 'The International Day of Yoga' held on 21st June, 2019 at ASRA HQ



'Mother's Day Celebration' held on 28th May, 2019 at ASRA HQ

Workshop held in CBR Centres:

| S. No. | Workshop & Department | Date | Target Group | No. of participants | Community/ies | Resource Person |
|--------|--|---|--|---------------------|---|--|
| 1. | Mask Making-Education | 16 th April, 2019 | Students of Education Centre | 15 | Nanhe Park | Ms. Pooja-Education Teacher |
| 2. | Paper Doll Making-Education | 30 th April, 2019 | Students of Education Centre | 20 | Pappan Kalan | Ms. Babita-Education Teacher |
| 3. | Make-up & Hair Styles-Beauty Culture Department | 30 th April, 2019 | Students of Vocational Trainings | 29 | Indira Camp-2, Nangli Dairy & Binda Pur | Ms. Baljeet Kaur- Beauty Culture Teacher ASRA HQ |
| 4. | How to Make PC Smart - Computer Department | 22 nd & 23 rd May, 2019 | Students of Vocational Trainings | 15 | Pappan Kalan & Dwarka sec-16 | Mr. Sanjay Singh Chauhan & Ms. Ritu-Computer Faculty, ASRA HQ |
| 5. | Food without Fire-Education | 23 rd & 25 th May, 2019 | Students of Education Centre | 30 | Nanhe Park & Indira Camp-2 | Education Teachers of Nanhe Park & IC-2 |
| 6. | Skin Treatment- Beauty Culture Department | 25 th May, 2019 | Students of Vocational Trainings | 7 | Pappan Kalan and Dwarka Sec-16 | Ms. Baljeet Kaur- Beauty Culture Teacher ASRA HQ |
| 7. | Hair Treatment - Beauty Culture Department | 15 th June, 2019 | Students of Vocational Trainings | 9 | Pappan Kalan | Ms. Baljeet Kaur- Beauty Culture Teacher ASRA HQ |
| 8. | Child Rights, Child Abuse and Good touch & Bad Touch – Department of Women and Child Development, Delhi Government | 25 th June, 2019 | Students of Education Program and Vocational Trainings | 70 | Pappan Kalan & Nanhe Park | Resource person from Department of Women and Child Development, Delhi Government |



Workshop on 'Make-up & Hair Styles' held at Indira Camp-2 slum community



Workshop on 'Skin Treatment' held at Pappan Kalan slum community



Workshop on 'Child Rights, Child Abuse and Good touch & Bad Touch' held at Pappan Kalan slum community



Workshop on 'How to make PC Smart' held at Pappan Kalan slum community



Workshop on 'Food without Fire' held at Nanhe Park slum community



Workshop on 'Food without Fire' held at Indira Camp-2 slum community

Workshop on 'Paper Dolls Making' held at Pappan Kalan slum community

2. Following is the result of Final Internal Examinations of Vocational Units of ASRA during the quarter under report:-

| S. No. | Department | Date | Venue | No. of students | |
|--------------|------------------|--|---------------------------------------|-----------------|-----------|
| | | | | Appeared | Cleared |
| 1. | Mobile Repairing | 6 th May, 2019 | ASRA CBR Project Office, Pappan Kalan | 12 | 12 |
| 2. | Tailoring | 8th, 13th & 15th May, 2019 | ASRA HQ, Uttam Nagar | 11 | 09 |
| 3. | Computer | 1st to 9th April'19 27th & 28th April, 2019 | ASRA HQ, Uttam Nagar | 51 | 31 |
| Total | | | | 74 | 52 |



Students appearing in Examination at Vocational Training Centres CBR and ASRA HQ, Uttam Nagar

3. Celebration of Festivals and Special days during the quarter under report:-

| S. No. | Special Days/Exhibition | Date of celebration | Venue |
|--------|-------------------------------|----------------------------|-----------------------|
| 1. | Sports Day | 23 rd May, 2019 | ASRA HQ & CBR Centres |
| 2. | Mother's Day | 28 th May, 2019 | ASRA CBR Centres |
| 3. | Environment Day | 5 th June, 2019 | ASRA CBR Centres |
| 4. | The International Day of Yoga | 21 st June 2019 | ASRA HQ & CBR Centres |



Celebrating 'Sports Day' at ASRA HQ



'The International Day of Yoga' celebrated at ASRA's Education Centres



Celebrating 'Environment Day' at Education Centre, Pappan Kalan community



Celebrating 'Mother's Day' at Education Centre, Majnu Ka Tila community

Success Stories

Education

My name is Akash and I am 13 years old living in Nanhe Park slum community. I am suffering from orthopedic disability. I am studying in 7th Class. We are 6 members in my family. My family is financially weak. My father is a labour and mother is a housewife. Due to financial constraints, my family could not afford my education. ASRA has helped me financially in my studies. Earlier, only my disability certificate was made. My family and I did not know its importance. One day I met one of the ASRA employee namely Pooja Madam (Education Teacher). She told my mother about the services provided by ASRA. Then my mother gave all my documents to Pooja Madam for availing the benefits of the services. Now I have Rail Pass, Buss Pass, SDM card, E-ticket. I also get monthly disability pension. I am also getting sponsorship since 2014. I also get study material from time to time which helps me a lot. While earlier the family had to think a lot for such expenses, I could not get any help at that time. I had to wait for my father's salary to come and in that also, the first priority is to pay rent of house. Now, there is no hindrance in my studies, I attend formal school regularly and go to the ASRA Education Center for extra classes. My heartfelt thanks to ASRA and its staff.



Akash



Kuldeep

My name is Kuldeep and I am 13 years old. I live in Nanhe Park community with my parents. Before shifting here, I used to live in a village. I even studied there. But due to financial problems, my family shifted to Delhi to make a better life. We are now living in Delhi for last 8 years. But even after shifting to Delhi, the financial crisis still prevails. My father and elder brother both are labour and work to prevent these crisis. Because of financial issue and lack of knowledge, my mother couldn't enroll me and my younger sister in a school. One day, my mother met Ms. Pooja Madam (Education Teacher ASRA). My mother told her that I and my sister don't go to school. She advised my mother to register our names in ASRA Education Centre. She helped me and my sister get enrolled in the formal school. Now I study in class 8th and my sister in 7th class. I thank her for giving me this pleasure of studying. I go to school and ASRA Education Centre every day.

I study well and Ms. Pooja Madam praises me for it. She motivates me to work hard and comes first in the class. I and my family thank ASRA for their help and support.

**Success Stories are narrated in Hindi by the beneficiaries and translated in English.*

Internship of Students at ASRA

The following students have been placed in ASRA as part of their internship / concurrent field work during the quarter under report:-

| S.No. | Name of the Student | Course / University | Duration |
|-------|-------------------------|---|---|
| 1. | Ms. Monika Rani | Master of Social Work / Indira Gandhi National Open University | 45 Days |
| 2. | Ms. Meenakshi | | 45 Days |
| 3. | Ms. Ikshita Tandon | B. Design (Interiors)/United World Institute of Design, Ahmedabad Gujarat | 10 Days |
| 4. | Ms. Andrea Hochstrasser | Masters/ Zurich University | 12 th April to 26 th April 2019 |



Ms. Andrea Hochstrasser interacting with parents of child from education program



Ms. Ikshita Tandon, students of B. Design taking workshop of Vocational Training students on Yoga Meditation

Workshops / Exhibitions / Events in forthcoming quarter

| July-2019 | | Aug-2019 | |
|-----------------------------|---|---|--|
| Computer | <ul style="list-style-type: none"> Internal Examination Competition: 'Game Designing' using PowerPoint/Flash NIELIT: 'O' level Reg., Govt. level Exams & 'CCC' Revision Classes NIOS: Registration form Submission Awareness Session: World Population Day on 11th July World Population Day HTML/CT will be introduce at Dwarka | Computer | <ul style="list-style-type: none"> Workshop: 'Diagnose of Computer' Community Visit by Students Workshop-"Communication through Internet " Independence Day Celebration Placement Registration Publicity Action-Survey/pamphlet distribution Interaction with Medical Team (Physiotherapist/Speech Therapist) |
| Tailoring & Handicraft Unit | <ul style="list-style-type: none"> ASRA HQ Examinations Workshop- Creative Pillow and Cushions with waste Fabric | Tailoring & Handicraft Unit | <ul style="list-style-type: none"> Celebration on Independence Day & Community Visits of ASRA HQ Students Exhibition of Handicraft Items on Raksha Bandhan Workshop- Creative Pillow and Cushions with waste Fabric Survey, Advertising & Publicity Placement Registration & Information/Pwd's Meeting |
| Beauty Culture | <ul style="list-style-type: none"> Examinations in all beauty culture centre Awareness session about ASRA's activity | Beauty Culture | <ul style="list-style-type: none"> Raksha Bandhan Special Mehandi in ASRA HQ Independence day celebration |
| Physiotherapy | <ul style="list-style-type: none"> Workshop | Physiotherapy | <ul style="list-style-type: none"> Workshop |
| Occupational Therapy | <ul style="list-style-type: none"> Workshop | Occupational Therapy | <ul style="list-style-type: none"> Workshop |
| CBR | <ul style="list-style-type: none"> Networking with Government & Non-Government agencies for organizing workshops/Camps | CBR | <ul style="list-style-type: none"> Networking with Government & Non-Government agencies for organizing workshops/Camps |
| Sep-2019 | |  <h3 style="text-align: center;">Upcoming Holidays of ASRA</h3> <p>12th August, 2019 : Id-ul-Zuha</p> <p>15th August, 2019 : Independence Day</p> <p>24th August, 2019 : Janamashtami</p> <p>10th September, 2019 : Mohharram</p> <p>2nd October, 2019 : Mahatma Gandhi Birthday</p> <p>8th October, 2019 : Dashehra</p> <p>27th October, 2019 : Deepawali</p> <p>28th October, 2019 : Gobardhan Puja</p> <p>29th October, 2019 : Bhai Duj</p> | |
| Computer | <ul style="list-style-type: none"> Competition: 'Website Designing' using HTML Teachers Day Celebration Workshop on the topic: 'Career with Computers' Awareness: Hazards of Technology Addiction/World Physiotherapy Day Teachers Day celebration Interaction with CBR Coordinator | | |
| Tailoring & Handicraft Unit | <ul style="list-style-type: none"> Celebration on Teachers Day Placement Registration & Information Workshop-Creative Pillow and Cushions with waste Fabric Course Training Awareness on Teachers Day Community Visits | | |
| Beauty Culture | <ul style="list-style-type: none"> Workshop on 'Every Day Makeup' in Nangli Dairy Teacher Day Celebration | | |
| Physiotherapy | <ul style="list-style-type: none"> Workshop | | |
| Occupational Therapy | <ul style="list-style-type: none"> Workshop | | |
| CBR | <ul style="list-style-type: none"> Networking with Government & Non-Government agencies for organizing workshops/Camps | | |

UPDATE ON ONGOING PROGRAMS

COMMUNITY BASED REHABILITATION (CBR)

Promoting and Enhancing Advocacy and Awareness level about Rehabilitation Services for Persons with Disabilities living in Delhi slums and Resettlement Colonies through Community Meetings, Counselling Sessions, Workshops and Rallies.

(with the support from Embassy of Switzerland through AFS initiated w.e.f 20th May, 2019 till 31st October, 2019)

I. New Initiative

Adoption of new slum community under the classification of urban village

As a new initiative, ASRA has adopted one new slum community under the classification of urban village namely 'Mohammadpur' in South Delhi location during the quarter under report.

Door to door survey was conducted by ASRA CBR Team in which 38 new PwDs were identified. Need assessment survey is under process along with identification of more new PwDs.



Survey in 'Mohammadpur' slum community

II. Meetings for creating Awareness regarding Benefits and Concessions of Government Schemes and Services provided by ASRA for Persons with Disabilities were organized in ASRA's adopted slum communities by ASRA CBR Team consisting of Coordinators, Therapists, Social Workers and Rehabilitation Workers etc. In order to create awareness, ASRA CBR Team discuss issues such as importance of early detection of disabilities, medical intervention and advantages of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance of the poor and needy persons with disabilities. These meetings are attended by persons with disabilities, their family members and other people living in the slum communities.

a. Following are the details of the meetings held in adopted slum communities during the quarter under report:

| Sl. No. | Date | Name of the Slum Community | No. of people attended the meeting | | |
|--------------|------------|----------------------------|------------------------------------|----------------|------------|
| | | | PwDs | Family members | Total |
| 1. | 11.05.2019 | Razapur | 26 | 16 | 42 |
| 2. | 21.05.2019 | Bheem Nagar | 31 | 05 | 36 |
| 3. | 10.06.2019 | Pappan Kalan, Ph-3 | 32 | 07 | 39 |
| 4. | 15.06.2019 | Dwarka Sec-01 | 46 | 10 | 56 |
| 5. | 19.06.2019 | Bakkarwala | 29 | 19 | 48 |
| 6. | 20.06.2019 | Pappan Kalan, Ph-I | 18 | 17 | 35 |
| 7. | 21.06.2019 | Indira Camp-02 | 19 | 15 | 34 |
| 8. | 26.06.2019 | Wazirpur JJ Colony | 33 | 11 | 44 |
| 9. | 29.06.2019 | Binda Pur | 27 | 33 | 60 |
| Total | | | 261 | 133 | 394 |

Some Glimpses of Community Meetings



Community meeting held at Razapur community



Wazirpur JJ Colony community



Bakkarwala community



Binda Pur community



Bheem Nagar community



Dwarka Sec-01 community

b. Following are the details of the 'Disability Awareness Rallies' held in adopted slum communities during the quarter under report:

| Sl. No. | Date | Name of Slum Community |
|---------|------------|------------------------|
| 1. | 10.06.2019 | Pappan Kalan |
| 2. | 08.06.2019 | Shahbad Dairy |



'Disability Awareness Rallies' held at Pappan Kalan and Shahbad Dairy slum Communities

c. **Individual and Group counselling sessions** for persons with disabilities and their family members were also organized in adopted slum communities.

Following are the details of these sessions organized during the quarter under report:

| Name of Slum Communities | No. of PwDs counseled |
|--|-----------------------|
| Razapur, Bheem Nagar, Pappan Kalan, Dwarka Sec-01, Bakkarwala, Indira Camp-02, Wazirpur JJ Colony, Binda Pur | 132 |



Individual counselling session at Bakkarwala slum community



Individual counselling session for PwDs in ASRA's adopted slum community namely Bakkarwala



Group counselling session for PwDs in ASRA's adopted community namely Shahbad Dairy

d. Referral Services: Persons with disabilities (PwDs) were referred to different concerned agencies / departments to avail the Government Schemes and benefits. ASRA CBR Team **provided information and procedural guidance about the Welfare Schemes.** ASRA CBR staff accompanied Persons with disabilities to concerned authority / agency such as Government Hospitals, Social Welfare Department etc. for availing referral services as per their needs.

| Month | No. of persons referred to other organizations | | | Referrals made to other organizations through networking |
|-------------------|--|------------|------------|---|
| | Male | Female | Total | |
| April-2019 | 137 | 82 | 219 | Referred to: D.D.U & Guru Govind Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension , Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped |
| May-2019 | 164 | 100 | 264 | |
| June-2019 | 271 | 203 | 474 | |
| Total | 572 | 385 | 957 | |



Updation of Required & Delivered (R&D) status along with procedural guidance about Welfare Schemes for PwDs

e. Concessions and Benefits

| | Applied (A) and Delivered (D) Status | | | | | | | | | | | | | | Total | |
|--------------------------|--------------------------------------|----|-----------|----|--------|----|--|----|----------|----|--------------------|----|---------------|----|-------|-----|
| | Disability Certificate | | Rail Pass | | E-card | | PwDs I-Card from Sub Divisional Magistrate | | Bus Pass | | Disability Pension | | IQ Assessment | | | |
| No. of PwD beneficiaries | A | D | A | D | A | D | A | D | A | D | A | D | A | D | A | D |
| | 92 | 22 | 54 | 92 | 47 | 43 | 20 | 13 | 13 | 18 | 37 | 30 | 04 | 01 | 267 | 219 |



ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions

f. Mobility Aids for Persons with Disabilities

During the quarter under report, **eighteen** beneficiaries received Mobility Aids through ASRA's networking with other organizations. Details of appliances received by the beneficiaries are as follows:

| | Tricycle | Artificial Limb | Caliper | Crutches | Spl. Shoe | Ankle / Knee Foot Orthosis | Total |
|-----------------------------|----------|-----------------|---------|----------|-----------|----------------------------|-------|
| No. of beneficiaries | 01 | 02 | 05 | 02 | 01 | 07 | 18 |



ASRA's beneficiaries receiving Mobility Aid & Appliances through Camps / Networking

CBR: Education Program

- **ASRA is running Inclusive Education Centres in its adopted slum communities.** Children between the age of 3 and 6 years are provided **Nursery Education. Non-Formal Education (NFE)** is provided to out-of-school children who have left their education for unavoidable reasons. These children are **mainstreamed** in formal schools by ASRA. **Remedial education (REC)** is provided to school going children to prevent them to dropout from school. **ASRA is also running Special Education** classes for children with special needs-intellectually challenged children.
- **A new Education Centre** has been opened in ASRA's adopted slum community 'Bakkarwala' during the quarter under report.
- **159 children** who were studying at ASRA's Education Centres under nursery and non-formal education have been **mainstreamed** in formal schools during the quarter under report.
- **127 children with disabilities** attended classes at Education Centres during the quarter under report.
- **Total 59 Parents Teacher Meetings held during the quarter under report which was attended by 827 parents / guardians.**

| Parents Teacher Meetings | | | | |
|--------------------------|-----------------|---|------------|------------|
| Month | No. of meetings | No. of Parents / Guardian who attended meetings | Male | Female |
| April-2019 | 19 | 285 | 40 | 245 |
| May-2019 | 18 | 234 | 32 | 202 |
| June-2019 | 22 | 308 | 37 | 271 |
| Total | 59 | 827 | 109 | 718 |

- The details of children who are studying in these Education Centres during the quarter are as follows:

| | | No. of Children | | | | | | | | |
|----------------------|-----------------------|-----------------|-----|------------|----------|-----|------------|-----------|-----|------------|
| | | April-2019 | | | May-2019 | | | June-2019 | | |
| | | M | F | Total | M | F | Total | M | F | Total |
| Nursery class | Total | 106 | 119 | 225 | 103 | 109 | 212 | 100 | 120 | 220 |
| | New Admissions | 18 | 18 | 36 | 23 | 26 | 49 | 09 | 13 | 22 |
| | *Dropout | 21 | 28 | 49 | 26 | 17 | 43 | 12 | 16 | 28 |
| Non Formal Education | Total | 112 | 81 | 193 | 107 | 78 | 185 | 105 | 77 | 182 |
| | New Admissions | 09 | 07 | 16 | 15 | 06 | 21 | 06 | 03 | 9 |
| | *Dropout | 14 | 10 | 24 | 18 | 13 | 31 | 11 | 13 | 24 |
| Remedial Education | Total | 311 | 337 | 648 | 319 | 336 | 655 | 322 | 351 | 673 |
| | New Admissions | 43 | 35 | 78 | 48 | 57 | 105 | 36 | 33 | 69 |
| | *Dropout | 35 | 36 | 71 | 45 | 42 | 87 | 17 | 20 | 37 |
| Special Education | Total | 13 | 2 | 15 | 12 | 02 | 14 | 12 | 2 | 14 |

*Reasons of Drop-out: Shifting of rented house / Migration / Sickness / Lack of interest



Children attending Non-formal class at Bharat Vihar slum community

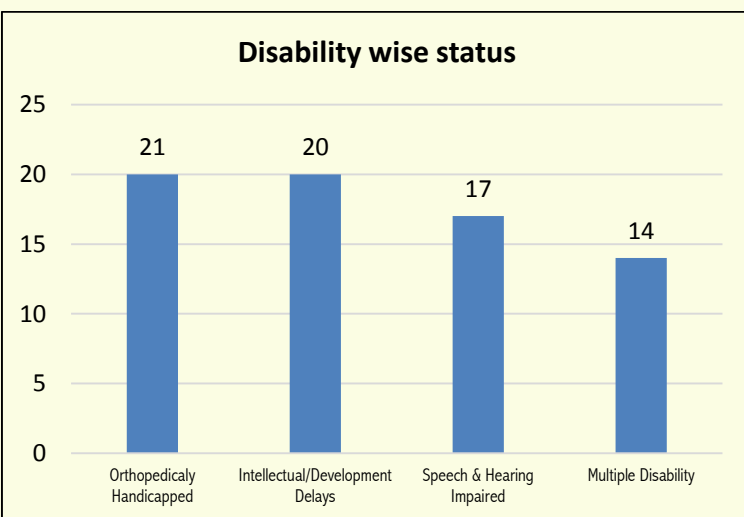
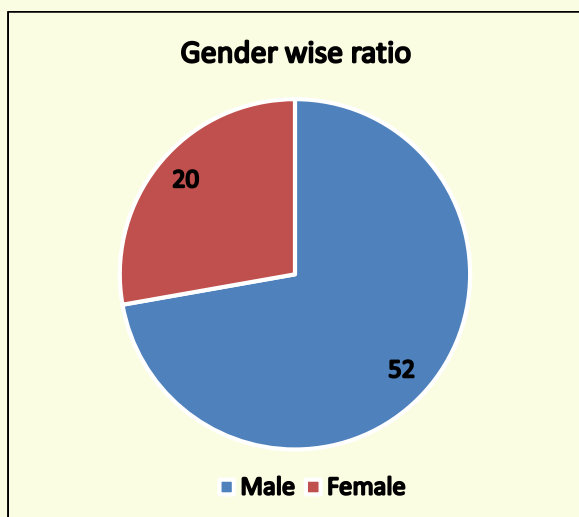
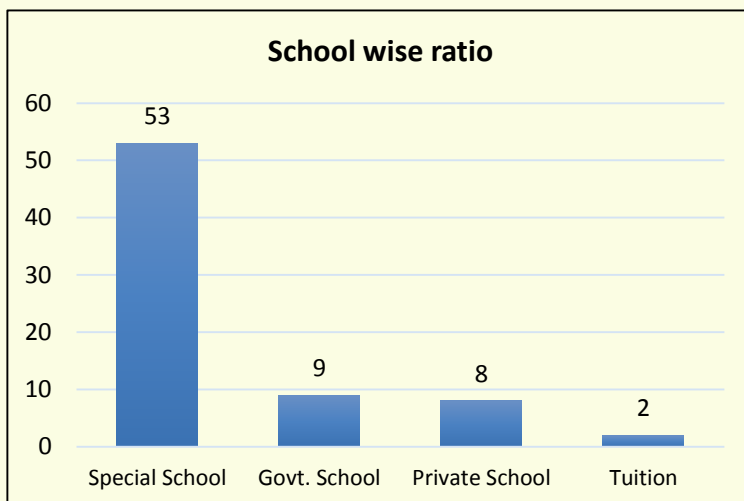


Newly opened Education Centre at Bakkarwala slum community

CBR: Sponsorship Program

This program is exclusively for children with disabilities.

It is seen that disabled children in slums are seldom respected, admired and accepted. ASRA took an initiative to promote the education of Children with Disabilities at their post primary level. The target children are selected from ASRA’s adopted slum communities. Counseling of parents is regularly done. This is an ongoing successful project running since August 2010.



Total **207** Children with Disabilities (CwDs) have been **sponsored** under this program till date. They also received physiotherapy, Occupational Therapy, special education, non-formal education, remedial education etc.

During the Quarter under report, **72 Children with Disabilities** were provided with Sponsorship covering their tuition fee, uniform, stationery, transport charges, paramedical services etc. on a monthly basis.



ASRA’s sponsored CwDs during going to Special School

f. CBR: Vocational Training:

ASRA is running Inclusive Vocational Training / Skill Development Centres in Tailoring, Beauty Culture, Computer Courses and Mobile Repairing Courses in adopted slum communities. The training has empowered girls/ women and young boys to earn their livelihood. Those who have completed their vocational training course are now able to supplement their family income by taking jobs and order work from their community members.



Workshop of Skin Treatment held at Indira Camp-2 slum community

The details of vocational training students are as follows:-

| Vocational Training Course | | No. of Vocational Training Students | | |
|----------------------------|-------------------------------|-------------------------------------|----------|-----------|
| | | April-2019 | May-2019 | June-2019 |
| Tailoring | Total including new Admission | 179 | 193 | 204 |
| | New Admissions | 120 | | |
| Beauty Culture | Total including new Admission | 127 | 123 | 116 |
| | New Admissions | 39 | | |
| Computer Training | Total including new Admission | 24 | 18 | 14 |
| | New Admissions | 11 | | |
| Mobile Repairing | Total including new Admission | 38 | 38 | 32 |
| | New Admission | 13 | | |



Students attending Mobile Repairing Class at Indira Camp-2 slum community



Students attending Tailoring Class at Pappan Kalan slum community

MEDICAL INTERVENTION & THERAPEUTIC SERVICES

- a. **Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope up with his or her condition. The Medical Unit of ASRA is headed by a professionally well qualified MBBS Doctor who assesses all the patients and refers them to concerned departments for therapies, counselling, workshop etc. for interventions and services.

| Month | No. of patients | | Total |
|------------|-----------------|--------|-------|
| | Male | Female | |
| April-2019 | 21 | 24 | 45 |
| May-2019 | 19 | 20 | 39 |
| June-2019 | 10 | 18 | 28 |
| Total | 50 | 62 | 112 |

- b. **Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six Field Physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the door steps of the PwDs. There are also **three** full time Physiotherapists at ASRA Headquarter to attend PwDs.



Patients getting therapy in Physiotherapy at ASRA HQ

Physiotherapy department at ASRA HQ

Following are the details of patients who visited Physiotherapy department during the quarter:



A child of AIRTC getting Physiotherapy at ASRA HQ

OPD

| Month | Old | | New | | Total | Total No. of Patients' visits |
|------------|-----|----|-----|----|-------|-------------------------------|
| | M | F | M | F | | |
| April-2019 | 10 | 15 | 12 | 17 | 54 | 276 |
| May-2019 | 16 | 15 | 8 | 13 | 52 | 295 |
| June-2019 | 14 | 14 | 06 | 10 | 44 | 237 |

AIRTC

| Month | Old | | New | | Total | Total no. of CwDs' visits |
|------------|-----|----|-----|----|-------|---------------------------|
| | M | F | M | F | | |
| April-2019 | 02 | 01 | 05 | 03 | 11 | 47 |
| May-2019 | 07 | 04 | 0 | 0 | 11 | 31 |
| June-2019 | 07 | 04 | 0 | 01 | 12 | 07 |

Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

| Month | Patients | | Total patients |
|------------|----------|--------|----------------|
| | Male | Female | |
| April-2019 | 132 | 107 | 239 |
| May-2019 | 130 | 106 | 236 |
| June-2019 | 124 | 105 | 229 |

- c. **Occupational Therapy:** One Full Time highly qualified Occupational Therapist and one Multi Rehabilitation Therapist are based at ASRA Headquarter to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them to lead independent, productive and satisfactory life.



A child of AIRTC getting Occupational Therapy at ASRA HQ

Occupational Therapy department at ASRA HQ

Following is the number of patients who visited Occupational Therapy department during the quarter:

OPD

| Month | Old Cases | | New Cases | | Total | Total no. of Patients visit |
|------------|-----------|----|-----------|---|-------|-----------------------------|
| | M | F | M | F | | |
| April-2019 | 33 | 12 | 2 | 0 | 47 | 134 |
| May-2019 | 33 | 10 | 5 | 0 | 48 | 230 |
| June-2019 | 34 | 10 | 2 | 1 | 47 | 160 |

AIRTC

| Month | Old Cases | | New Cases | | Total | Total no. of CwDs visits |
|------------|-----------|---|-----------|---|-------|--------------------------|
| | M | F | M | F | | |
| April-2019 | 11 | 6 | 0 | 2 | 18 | 61 |
| May-2019 | 8 | 5 | 0 | 0 | 13 | 47 |
| June-2019 | 8 | 5 | 0 | 0 | 13 | 9 |

- d. **Speech Therapy:** Speech therapy interventions are made to patients suffering from Cerebral Palsy, Aphasia, and Autism etc. Speech Therapists visit CBR Project areas and ASRA Headquarter for interventions to the persons with speech and hearing impairment.



Speech Therapy at ASRA HQ

Following is the number of patients who visited Speech Therapy department during the quarter:

OPD

A child getting Speech Therapy ASRA HQ

| Month | Old Cases | | New Cases | | Total | Total no. of Patients visit |
|------------|-----------|----|-----------|----|-------|-----------------------------|
| | M | F | M | F | | |
| April-2019 | 05 | 02 | 04 | 02 | 13 | 11 |
| May-2019 | 08 | 03 | 04 | - | 15 | 14 |
| June-2019 | 05 | 02 | 04 | 02 | 13 | 17 |

AIRTC

| Month | Old Cases | | New Cases | | Total | Total no. of CwDs' visit |
|------------|-----------|----|-----------|----|-------|--------------------------|
| | M | F | M | F | | |
| April-2019 | 13 | 06 | 04 | - | 23 | 58 |
| May-2019 | 15 | 05 | - | 03 | 23 | 38 |
| June-2019 | 14 | 07 | - | - | 21 | 12 |



Children of AIRTC getting Speech Therapy at ASRA HQ

Speech Therapy in Slum Communities under CBR program

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 37 patients received interventions as given in the following table:

| Month | Patients | | Total patients |
|------------|----------|--------|----------------|
| | Male | Female | |
| April-2019 | 23 | 14 | 37 |
| May-2019 | 23 | 14 | 37 |
| June-2019 | 20 | 14 | 34 |



A Child getting Speech Therapy at Shiv Vihar slum community

- e. **Prosthetic & Orthotic Unit:** Prosthetic and Orthotic workshop is manufacturing and providing fitment services for persons with disabilities at ASRA Headquarter. Rehabilitation of Patients under CBR Project areas are also covered by this unit.

| Orders Pending (upto 31st March'19) | Orders Booked (measurements taken) (In April'19 to June'19) | Orders Completed (fabricated) (In April'19 to June'19) | Orders Pending (upto 30 th June'19) |
|-------------------------------------|---|--|--|
| 46 | 32 | 43 | 35 |

Total Appliances given to PwDs/CwDs during the under quarter report : 37



Before



After

VOCATIONAL TRAININGS AT ASRA HQ

COMPUTER TRAINING AT ASRA HQ RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of students during the quarter under report:

New admissions during the quarter: **143**

| Month | Students with Disabilities | Non-Disabled Students | Total students |
|------------|----------------------------|-----------------------|----------------|
| April-2019 | 12 | 142 | 154 |
| May-2019 | 12 | 169 | 181 |
| June-2019 | 11 | 175 | 186 |



Students of ASRA Computer Centre attending workshop at ASRA HQ

TAILORING AND HANDICRAFT TRAINING AT RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in Tailoring/ Handicraft Unit during the quarter under report are as follows:

Status of students during the quarter under report:

New admissions during the quarter: **12**

| Month | Total number of students |
|------------|--------------------------|
| April-2019 | 43 |
| May-2019 | 46 |
| June-2019 | 41 |



Tailoring Class at ASRA HQ

ASRA HANDICRAFT EMPORIUM



Handicraft Emporium work in progress

ASRA Handicraft Emporium has become functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc. The details of orders booked / completed during the quarter are given below:

| Orders pending up to 31 st March-19 | Orders booked from 1 st April-2019 to 30 th June-2019 | Orders completed from 1 st April-2019 to 30 th June-2019 | Orders pending up to 30 th June-19 |
|--|---|--|---|
| 40 | 107 | 122 | 25 |

BEAUTY CULTURE COURSE AT ASRA HQ RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty culture recognized by NIOS, Government of India. The professionally qualified teachers teach the students about the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professionals and earn money towards their self- reliance.

Status of students during the quarter under report:

New admissions during the quarter: 16

| Month | No. of students |
|------------|-----------------|
| April-2019 | 15 |
| May-2019 | 20 |
| June-2019 | 25 |



Student attending Beauty Culture practical class at ASRA HQ

SEED LOAN: EXCLUSIVELY FOR PWDs



Mr. Raju, Sahbad Dairy slum community

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. **Seed loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant.** With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 121.**

ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: 04

| S.No. | Name | Appointed as | Date of Recruitment |
|-------|------------------|--------------------------|---------------------|
| 1. | Mr. Amar Bahadur | Education Teacher, CBR | 01.04.2019 |
| 2. | Ms. Pooja Verma | Physiotherapist, ASRA HQ | 01.05.2019 |
| 3. | Ms. Roshini | Education Teacher, CBR | 01.06.2019 |
| 4. | Ms. Nazreen | Education Teacher, CBR | 01.06.2019 |

No. of staff given increment (as per Rules) in salary, during the quarter : 24

*Gratitude to the President AFS
and all the donors
who are supporting ASRA's work for the poor &
needy persons with disabilities living
in the slums of Delhi.*

Gratitude for your trust in our abilities.

