



Action for Self Reliance and Alternatives

'An organisation committed towards empowerment of
persons with disabilities'



Quarterly Newsletter
January-2019 to March-2019

VISITORS

- **Ms. Eva Dietrich, a well-wisher from Switzerland visited ASRA on 4th & 5th January, 2019.** She visited Education and Vocational centres in Pappankalan & Nangli Dairy slum communities and interacted with the ASRA staff & beneficiaries, both at ASRA Headquarter and ASRA CBR Program. A cultural program was also organised by ASRA's staff and beneficiaries for her welcome.



ASRA staff with Ms. Eva Dietrich



*Ms. Eva Dietrich in discussions with Ms. Vandna Mishra-
Founder President ASRA*



*Education Teacher sharing monitoring documents with Ms.
Eva Dietrich during a visit to Education Centre in Pappankalan
community*

- **Dr. Uttam Kumar Ojha, Member of Central Advisory Board, Ministry of Social Justice & Empowerment, Government of India visited ASRA on 12th January, 2019.** During the visit, Dr. Uttam Kumar Ojha interacted with the staff members at ASRA Headquarters. He also took a round of ASRA Headquarters/ASRA Intervention, Recreation & Therapy Centre (AIRTC). Fruitful discussions were held with him. ASRA expresses its heartfelt gratitude for his valuable suggestions and inspiring presence.



*ASRA staff sharing monitoring documents with Dr. Uttam
Kumar Ojha—Member of Central Advisory Board, Ministry of
Social Justice & Empowerment, Government of India*

- **Mr. Pierre E. Page, President of the Pierre Page Foundation, and Prof. Daniel Oyon visited ASRA on 1st Feb, 2019.** During the visit, they participated in various activities like Diploma Distribution, Cultural Programs presented by children with disabilities, monthly staff meeting and visited Nangli Dairy and 'Pappankalan' slum communities. Prizes were distributed to the children who participated in cultural program by the distinguished guests. Diplomas were awarded to the students of Computer, Tailoring and Beauty Culture who have successfully completed their courses. The distinguished guests addressed the ASRA team on this occasion, which was highly motivating and inspiring for the entire ASRA team.



Mr. Pierre E. Page, President of the Pierre E. Page Foundation and Prof. Daniel Oyon with the students who received Diplomas



Home visit of a beneficiary along with CBR Therapist at Nanhe Park slum community (left) and at Education Centre in Kirbi Place slum community (right)

- **Ms. Cornelia Bianchi, a well-wisher from Switzerland visited ASRA on 22nd March, 2019.** She visited ASRA Headquarter and Education & Vocational Centres in Pappankalan slum community and interacted with ASRA staff & beneficiaries. A cultural program was also organised by ASRA's staff and beneficiaries for her welcome.



Ms. Cornelia Bianchi with a student at AIRTC (left) and during home visit of a beneficiary at Pappankalan slum community (Right)

ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC) for children with special needs

- ASRA Intervention, Recreation and Therapy Centre (AIRTC) was inaugurated on 12th October 2018 and formally started on 3rd December 2018 on the occasion of International Day for Persons with Disabilities. Classes were started on 10th December 2018 with 10 children with developmental delays and intellectual disability. 30 children from adopted slum communities and surrounding areas attended AIRTC during the quarter under report.

Status of children at AIRTC during the quarter under report:

Total CwDs as on 31 st March'2019	GENDER WISE			AREA WISE	
	Male	Female	Total	Community	Non-community
	20	10	30	19	11
DISABILITY WISE NO. OF CHILDREN					
1. Intellectual Disability				14	
2. Intellectual Disability with Associated Condition				01	
3. Cerebral Palsy				03	
4. Cerebral Palsy with Associated Condition				03	
5. Speech and Hearing Impairment				04	
6. Down Syndrome				01	
7. Autism Spectrum Disorder				01	
8. Attention Deficit Hyper Active Disorder				02	
9. Multiple Disabilities				01	
AGE WISE					
PRE-PRIMARY					
5-8 years : 11					
PRIMARY-I					
8-10 years : 10					
PRIMARY-II					
10-13 years : 9					



ASRA cab and a rented vehicle is used for pick and drop of CwDs from slum communities



Prayer Time

Activity session



Class room activity



Refreshment being distributed for children



A CwD having meal at AIRTC



Celebrations of Republic Day (left) and Holi at AIRTC (right)

WORKSHOPS & RECREATION ACTIVITIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report:-

At ASRA Headquarter:

S. No	Topic of Workshop & Department	Date	Target Group	No. of Participants	Venue	Resource Person
1.	Flag Making – Occupational Therapy Department	25 th January, 2019	Patients of Occupational Therapy	07	Occupational Therapy Room	Ms. Renuka -Occupational Therapist & Ms. Seema -Multi Rehabilitation Worker ASRA HQ
2.	Every Day Makeup - Beauty Culture Department	28 th January, 2019	Students of Vocational Trainings	08	Beauty Culture Room	Ms. Baljeet Kaur - Beauty Culture Teacher ASRA HQ
3.	Wall Hanging – Occupational Therapy Department	30 th January, 2019	Patients of Occupational Therapy	03	Occupational Therapy Room	Ms. Amrita & Ms. Ruchi – Special Educators AIRTC
4.	Basant Panchmi – Occupational Therapy Department	7 th February, 2019	Patients of Occupational Therapy	10	Occupational Therapy Room	Ms. Renuka -Occupational Therapist & Ms. Seema -Multi Rehabilitation Worker ASRA HQ
5.	Communication Skills & Office Manners - Computer Department	20 th February, 2019	Students of Vocational Trainings	28	Computer Practical Room	Ms. Ritu -Computer Faculty ASRA HQ
6.	Disadvantages of Wearing High Heels -Physiotherapy Department	11 th March, 2019	Students of Vocational Trainings	11	Tailoring Practical Room	Ms. Jyoti Sachdeva - Physiotherapist, ASRA HQ
7.	Body Flexibility - Physiotherapy Department	15 th March, 2019	Staff of ASRA HQ	6	Tailoring Practical Room	Ms. Jyoti Sachdeva & Ms. Vidhi Yadav -Physiotherapists, ASRA HQ
8.	Good Posture - Physiotherapy Department	25 th March, 2019	Students of Vocational Trainings	13	AIRTC Hall	Ms. Vidhi Yadav - Physiotherapist, ASRA HQ
9.	Updates in IT Sector - Computer Department	29 th March, 2019	Students of Vocational Trainings	21	Computer Practical Room	Mr. Sanjay Singh Chauhan - Computer Faculty ASRA HQ
10.	Office Hair Style - Beauty Culture Department	29 th March, 2019	Students of Vocational Trainings	6	Beauty Culture Room	Ms. Baljeet Kaur - Beauty Culture Teacher ASRA HQ
11.	Yoga and Meditation - Physiotherapy Department	29 th March, 2019	Students of Vocational Trainings	02	AIRTC Hall	Ms. Jyoti Sachdeva - Physiotherapist, ASRA HQ



A CwD during **Flag Making** workshop at ASRA HQ



Workshop on **Every Day Makeup** at ASRA HQ



Workshop on **Wall Hanging** at ASRA HQ



Workshop on **Communication Skills & Office Manners** at ASRA HQ



Workshop on **Body Flexibility** at ASRA HQ



Workshop on **Disadvantages of Wearing High Heels** at ASRA HQ

At ASRA CBR Centres:

S. No.	Workshop & Department	Date	Target Group	No. of participants	Community/ies	Resource Person
1.	Nail Art- Beauty Culture Department	21 st January, 2019	Students of Vocational Trainings	9	Binda Pur	Ms. Baljeet Kaur- Beauty Culture Teacher ASRA HQ
2.	Maintenance of Motorized Tricycle	23 rd February, 2019	Beneficiaries using Motorized Tricycle	12	ASRA CBR Project Office, Pappan Kalan	Two Resource persons from Artificial Limb Manufacturer Corporation of India (ALIMCO)
3.	Engagement Make-up- Beauty Culture Department	25 th February, 2019	Students of Vocational Trainings	09	Nangli Dairy	Ms. Baljeet Kaur- Beauty Culture Teacher ASRA HQ
4.	Updation of MS Office - Computer Department	18 th March, 2019	Students of Vocational Trainings	04	Pappan Kalan	Mr. Sanjay Singh Chauhan- Computer Faculty, ASRA HQ
5.	Mehandi Design (Heena) - Beauty Culture Department	25 th March, 2019	Students of Vocational Trainings	10	Pappan Kalan	Ms. Baljeet Kaur- Beauty Culture Teacher ASRA HQ
6.	Regional Cultural Program- Education program	27 th March, 2019	Children of CBR Education Centres	98	Pappan Kalan, Nanhe Park, Dwarka sec-1, Dwarka Sec-16 and Bharat Vihar	Cultural program held at CCRT campus. Resource persons were from CCRT



Workshop on **Engagement Make-up** held at Nangli Dairy slum community



Workshop on **Updation of MS Office** held at Pappan Kalan slum community



Workshop on **Maintenance of Motorized Tricycle** organised by ALIMCO held at CBR Project Office Pappan Kalan slum community



Workshop on **Mehandi (Heena)** held at CBR Project Office Pappan Kalan slum community



A Workshop attended by children held at 'Centre for Culture and Research Training' (CCRT)

2. Following are the details of final internal examinations of Vocational Training Units of ASRA during the quarter under report:-

S. No.	Unit	Date	Venue	No. of students	
			Practical	Appeared	Cleared
1.	Beauty Culture	16 th , 17 th & 19 th January, 2019	Pappankalan, Bindapur, Nanhepark, Bharat Vihar, Dwarka Sec.16 and Indira Camp-II communities	36	36
2.	Tailoring & Fashion Designing	4 th February, 2019	Pappankalan, Bindapur, Nanhepark, Nagali Dairy & Indira Camp-2 communities	28	28
3.	Computer	11 th & 22 nd January, 2019	Nangli Dairy & Dwarka sec-16 community	8	7
Total				72	71



Students appearing in Examination at Vocational Training Centres under ASRA CBR Project

3. Festivals and Special days which were celebrated by ASRA during the quarter under report:-

S. No.	Special Days/Exhibition	Date of celebration	Venue
1.	Lohri	13 th January, 2019	ASRA HQ & CBR Centres
2.	Republic Day	24 th January, 2019	ASRA HQ & CBR Centres
3.	Holi-Festival of Colors	19 th March, 2019	ASRA HQ & CBR Centres



Celebrating Lohri festival at Pappan Kalan slum community



Celebrating Holi at Education Centre, Nangli Dairy slum community

Success Stories

CBR-Seed Loan (Micro Credit Scheme)



My name is Bhagwati Kanojia, I am 100% Speech & Hearing Impaired. I am 20 years old and live in Nawada, Uttam Nagar, New Delhi. There are 6 members in my family. My family is financially very weak. I was studying and working as well as running a small shop in the evening after attending school. I was worried because customers returned but there was insufficient material in my shop. One day I met a rehabilitation worker of ASRA and she informed me about activities of ASRA and facilities provided by ASRA for persons with disabilities. I was very happy to hear, because I found a solution to my problems. I told to ASRA staff that I need a small loan for expanding my petty shop. I applied for a seed loan and got approval during a meeting

organised by ASRA staff members. Now, my shop is full of material. I also got hearing aid and disability pension with the help of ASRA. I am learning computer from ASRA Computer Centre. I am very happy and feel confident. My heartfelt thanks to ASRA. – Bhagwati Kanojia

My name is Mohammed Shamim. I have locomotor disability. I am 28 years old and live in Bawana slum community. My father's name is Abdul Kalam. My mother's name is Rupeda Khaton. There are 9 members in my family. Before joining ASRA, I was very upset. I was not aware of any type of government facilities. I wanted to open a grocery shop. One day, I met Ms. Mithilesh ma'am (ASRA Employee) in Bawana slum community. She gave me full information about ASRA's activities. Ms. Mithilesh Ma'am introduced me to all the schemes and programs provided by the Government. ASRA also helped me in getting



government facilities such as a disability certificate, bus pass, rail pass and disability pension. I required tricycle for my daily work routine. I approached ASRA for that and I received tricycle within one month. I wanted to open a small shop. I didn't have sufficient money for that. Then I approached ASRA for a seed loan (Micro Credit Scheme). I got material for my shop worth Rs. 5000/- from ASRA. I am very thankful to ASRA for providing me the financial help which has increased my family's income. I am very very thankful to ASRA. — Mohammed Shamim

**Success Stories are narrated in Hindi by the beneficiaries and translated in English.*

Internship of Students at ASRA

The following students have been placed in ASRA as part of their internship / concurrent field work during the quarter under report:-

S.No.	Name	Course/University	Duration
1.	Ms. Madhu	Master of Social Work / Indira Gandhi National Open University	45 Days
2.	Mr. Sachin Sethi	Master of Social Work / Delhi School of Social Work	Academic year 2018-19
3.	Mr. Chander Prakash		

MOBILITY AIDS CAMP

- ASRA CBR Team participated in two Mobility Aid Camps in which total 61 beneficiaries from adopted slum communities received 74 appliances according to their needs and disabilities. Following are the details of camps:

Date	No. of ASRA's beneficiaries	Aids & Appliances	Venue of the camp	Organised by
15 th March, 2019	53	<ul style="list-style-type: none"> • Wheelchairs :- 17 • Tricycles :- 14 • Walkers :-17 • Crutches :-07 • Sticks :-10 <p>Total :- 65</p>	Grandhi Mallikarjuna Rao (GMR) Group, Dwarka Sec.08, New Delhi)	GMR organisation at its office in Dwarka, New Delhi
30 th March, 2019	09	<ul style="list-style-type: none"> • Wheelchairs :- 07 • Tricycles :- 02 <p>Total :- 09</p>	Community Hall, Narang Colony, Janak Puri	Family of Disabled –an NGO in Janak Puri, New Delhi on 30 th March, 2019.

Some Glimpse of Camps



ASRA's beneficiaries at a camp along with Asst. CBR Coordinator Ms. Seema and Rehabilitation Worker



ASRA's beneficiaries at a camp with CBR Coordinator and GMR Group team



Beneficiaries of ASRA receiving mobility aids during a camp



Workshops / Exhibitions / Events in forthcoming quarter

April-2019		May-2019	
Computer	<ul style="list-style-type: none"> • Internal Examination • Competition- "Software Design" using 'C' Language • NIELIT: 'CCC' & 'O' Level Exam Form Process • Awareness: Hazards of Technology Addiction • Yearly Documentation: Annual Report, Annual Enrollment static, Admission Files statics, Computerized STT (students Tracking Tool) Updation • Publicity Action-Survey/pamphlet distribution 	Computer	<ul style="list-style-type: none"> • Workshop: 'Digital Marketing & Software Updates' • NIOS: 622 & 613 Govt. level Examination • Celebration of Sports Day • Interaction with CBR Coordinator • Workshop for Staff by Medical Unit on Fitness • NIELIT 'CCC' Revision Classes • Interaction with CBR Coordinator/ Rehab worker • Workshop on "Smart PC"
Tailoring & Handicraft Unit	<ul style="list-style-type: none"> • Course Training & Execute Customer's Orders. • Survey, Advertising & Publicity. • Sewing Machines Service. • Revision Classes and Internal Assessment Examinations of NIOS Courses. • Placement Registration & Information/Pwd's Meeting. 	Tailoring & Handicraft Unit	<ul style="list-style-type: none"> • Course Training & Execute Customer's Orders. • NIOS Examinations. • Celebration on ASRA's Sports Day on 28th. • Course Training.
Beauty Culture	<ul style="list-style-type: none"> • Revision Classes • Workshop on Summer Make-up & Hair Style in IC-2 • Makeup competition in Pappan Klan 	Beauty Culture	<ul style="list-style-type: none"> • Placement Information • Examination of NIOS Course • Workshop on Skin Treatment at Pappan Kalan
Physiotherapy	<ul style="list-style-type: none"> • Workshop 	Physiotherapy	<ul style="list-style-type: none"> • Workshop
Occupational Therapy	<ul style="list-style-type: none"> • Workshop 	Occupational Therapy	<ul style="list-style-type: none"> • Workshop
CBR	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps 	CBR	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps

June-2019

Computer	<ul style="list-style-type: none"> • Workshop on Yoga (Yoga Day) by Medical Unit • Competition: 'Video Mixing' using Adobe Premiere • NIELIT: Revision Classes for 'O' level Govt. exams • NIELIT: 'CCC' Examination form Process • Result & Date Sheet declaration • Competition on Poster making on World Environment Day • Placement Registration • Interaction with Medical Team (Physiotherapist/Speech Therapist)
Tailoring & Handicraft Unit	<ul style="list-style-type: none"> • Course Training & Execute Customer's Orders. • Placement Registration & Information. • Workshop on Wall Hangings • Interaction of students with CBR Co-coordinator about ASRA primary activities. • Survey, Advertising & Publicity • Revision Classes and Internal Assessment Examinations of NIOS Courses.
Beauty Culture	<ul style="list-style-type: none"> • Workshop on Hair Treatment at Pappan Kalan • Revision Classes • Workshop on Thermo hub Treatment at ARTC
Physiotherapy	<ul style="list-style-type: none"> • Workshop
Occupational Therapy	<ul style="list-style-type: none"> • Workshop
CBR	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps

Upcoming Holidays of ASRA

13 th April, 2019	:	Makar Sakranti
14 th April, 2019	:	Ambedkar Jayanti
17 th April, 2019	:	Mahavir Jayanti
19 th April, 2019	:	Good Friday
18 th May, 2019	:	Buddha Purnima
5 th June, 2019	:	Id-UI-Fitra

UPDATE ON ONGOING PROGRAMS

COMMUNITY BASED REHABILITATION (CBR)

- During the quarter under report, **Required & Delivered (R&D)** status of Persons with Disabilities (PwDs) was updated in ASRA's adopted slum communities along with identification of new PwDs and awareness of ASRA's CBR programs.



ASRA's Rehabilitation Worker and Asst. CBR Coordinator updating the Required & Delivered status of Persons with Disabilities (PwDs) in adopted slum communities



ASRA's Rehabilitation Worker and Asst. CBR Coordinator conducting individual counselling sessions for PwDs in ASRA's adopted communities and updated Required & Delivered (R&D) status

Meetings in slum Communities

Periodic meetings were held in all 65 communities adopted by ASRA by the ASRA CBR Team in order to create awareness, discuss issues of importance such as early detection of disabilities, medical intervention and advantage of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance of the poor and needy persons with disabilities. These meetings were attended by persons with disabilities, parents of children, beneficiaries of vocational training etc. Details of the meetings held during the quarter are as follows:



ASRA CBR Team conducting PwDs' meeting at Nangli Dairy slum community

Community Meetings/PwD Meetings				
Month	No. of meetings	No. of persons who attended meeting	Male	Female
January-2019	12	165	22	143
February-2019	14	238	21	217
March-2019	11	145	51	94
Total	37	548	94	454

Services delivered:

a. Counseling and Referrals:

Month	No. of persons given Counseling and referred to other organizations			Referrals made to other organizations through networking
	Total	Male	Female	
January-2019	185	116	69	Referred to: D.D.U Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension , Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped
February-2019	281	166	115	
March-2019	388	256	132	
Total	854	538	316	

b. No. of ASRA's beneficiaries availed Concessions and Benefits Schemes: 96

No. of beneficiaries	Received Concessions and Benefit Schemes												IQ Assessment		Total	
	Disability Certificate		Rail Pass		E-card		PwDs I-Card from Sub Divisional Magistrate		Bus Pass		Disability Pension		A	D	A	D
	A	D	A	D	A	D	A	D	A	D						
	66	19	25	35	30	11	07	05	05	11	44	15	01	-	178	96

A-Applied, D-Delivered



ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions

c. Mobility Aids for Persons with Disabilities

During the quarter under report, **Ninety Six** beneficiaries received Mobility Aids through ASRA's networking with other organizations. Details of appliances received by the beneficiaries are as follows:

No. of beneficiaries	Tricycle	Special Kit	Artificial Limb	Walker	Wheel Chair	Caliper	Stick	CP Chair	Crutches	Hand Splint	Spl. Shoe	Ankle / Knee Foot Orthosis	Total
	16	13	01	17	28	1	01	02	10	04	01	02	96



ASRA's beneficiaries receiving Mobility Aid & Appliances through Camps/Networking

d. CBR: Education Program



Newly opened Education Centre in 'Majnu Ka Tila' slum community

- A new Education Centre has been opened in ASRA's adopted slum community namely, 'Majnu Ka Tila' during the quarter under report.

ASRA is running Inclusive Education Centres which are providing nursery classes for children between the ages of 3 to 6 years, Non-Formal Education (NFE) for out-of-school children who have left their education for unavoidable reasons. These children are mainstreamed in formal schools by ASRA. Remedial Education (REC) is provided to school going children to prevent them to dropout from school. ASRA is also running Special Education classes for children with special needs-intellectually challenged children.



Children attending Remedial class at Razapur slum community

Total 60 Parents Teacher Meetings held during the quarter under report which was attended by 858 parents / guardians.

Parents Teacher Meetings (PTMs)				
Month	No. of meetings	No. of persons who attended meeting	Male	Female
January-2019	17	241	20	221
February-2019	22	302	16	286
March-2019	21	315	42	273
Total	60	858	78	780

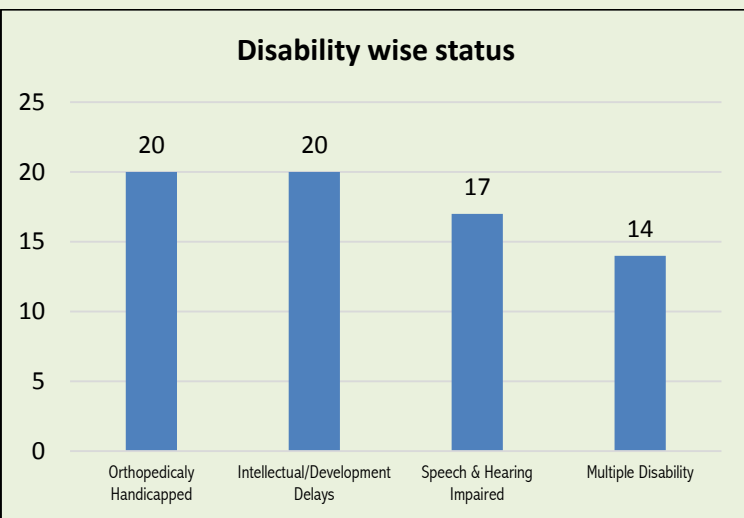
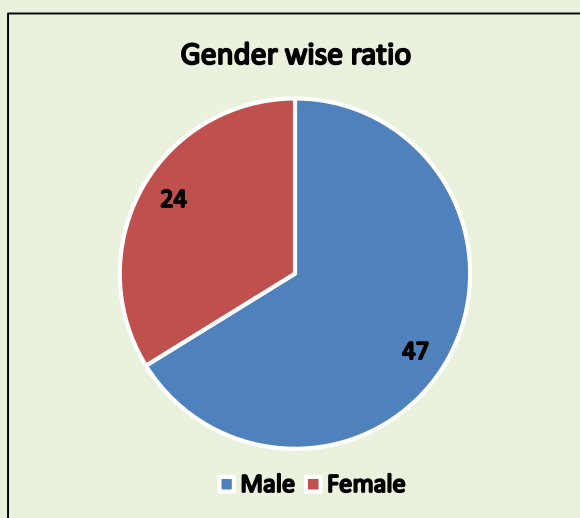
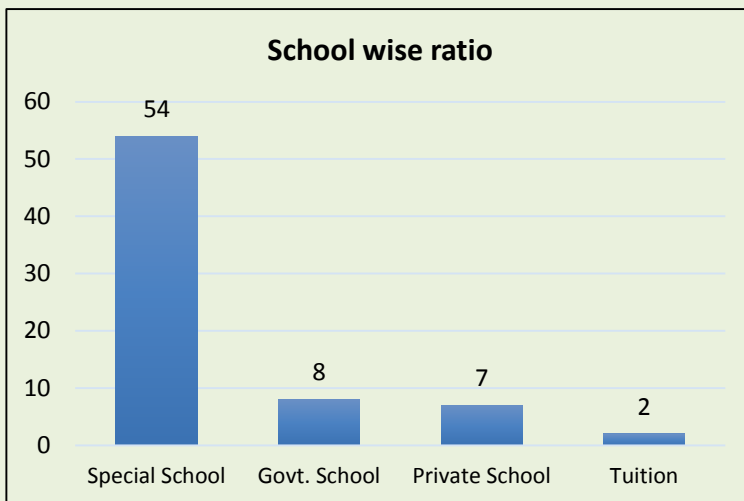
The details of children who are studying in ASRA Education Centre during the quarter are as follows:

		January-2019			February-2019			March-2019		
		M	F	Total	M	F	Total	M	F	Total
Nursery class	Total	127	158	285	140	152	292	146	136	282
	New Admissions	09	14	23	11	11	22	09	16	25
	*Dropout	04	08	12	08	11	19	17	17	34
Non Formal Education	Total	148	131	279	151	145	296	149	119	268
	New Admissions	14	11	25	13	10	23	08	05	13
	*Dropout	06	09	15	08	11	19	15	05	20
Remedial Education	Total	371	415	786	367	427	794	350	388	738
	New Admissions	34	29	63	27	25	52	26	33	59
	*Dropout	09	16	25	23	27	50	23	33	56
Special Education	Total	12	03	15	12	03	15	15	01	16

*Reasons of Drop-out: Shifting of rented house / Migration / Sickness

e. CBR: Sponsorship Program

It is seen that disabled children in slums are seldom respected, admired or accepted. ASRA took an initiative to promote the education of Children with Disabilities at their post primary level. The target children are selected from ASRA’s adopted slum communities. Counseling of parents is done regularly. This is an ongoing successful project since August 2010.



Total **207** Children with Disabilities (CwDs) have been **sponsored** under this program. They also received physiotherapy, occupational therapy, special education, non-formal education, remedial education etc.

During the Quarter under report, **71 Children with Disabilities** were provided sponsorships covering their tuition fee, uniform, stationery, transport charges, paramedical services etc. on a monthly basis.



A glimpse of sponsored CwDs winning Awards in games held in their respective school

f. CBR: Vocational Training:

ASRA is running Inclusive Vocational Training / Skill Development Centres in tailoring, beauty culture, computers and mobile repairing in adopted slum communities. The training has empowered girls/women and young boys to earn their livelihood. Those who have completed their training are now able to supplement their family income by taking jobs and odd work from their community members.



Students attending Mobile Repairing Class at Nangli Dairy slum community

The details of beneficiaries are as follows:-

Vocational Training:		No. of Students		
		Jan-2019	Feb-2019	March-2019
Tailoring	Total	191	162	159
	New Admissions	23	06	18
Beauty Culture	Total	121	110	109
	New Admissions	14	12	14
Computer Training	Total	19	19	23
	New Admissions	04	03	10
Mobile Repairing	Total	28	28	32
	New Admission	05	07	05



Students attending Tailoring Class at Pappan Kalan slum community



Students attending Computer Class at Pappan Kalan slum community

MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT ARTC AND CBR

- Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope with his or her condition. Experienced and highly qualified professional doctors refer them to ASRA for therapy sessions.

Month	No. of patients		Total
	Male	Female	
January-2019	13	12	25
February-2019	11	20	31
March-2019	10	16	26
Total	34	48	82

- Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six field physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the doorsteps of the PwDs. There are also **two** full-time physiotherapists at ASRA Headquarters to attend PwDs.



Patients getting therapy in Physiotherapy Unit at ASRA HQ

Physiotherapy department at Headquarter

Following are the details of patients who visited Physiotherapy department at ASRA HQ during the quarter under report:



A child of AIRTC getting Physiotherapy Therapy at ASRA HQ

OPD

Month	Old		New		Total	Total No. of Patients' visits
	M	F	M	F		
January-2019	4	6	8	12	30	261
February-2019	8	8	8	16	40	272
March-2019	9	12	5	16	42	330

AIRTC

Month	Old		New		Total	Total no. of CwDs' visits
	M	F	M	F		
January-2019	-	-	1	1	2	9
February-2019	1	1	-	-	2	5
March-2019	1	1	1	1	4	10

Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

Month	Male	Female	Total
January-2019	129	103	232
February-2019	129	101	230
March-2019	127	101	228

3. **Occupational Therapy:** One full-time highly qualified occupational therapist and one multi-rehabilitation therapist are based at ASRA Headquarter to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them to lead independent, productive and satisfactory life.

Occupational Therapy department at ASRA Headquarter



A child of AIRTC getting Occupational Therapy at ASRA HQ by Occupational Therapist Ms. Seema

Following is the number of patients who visited Occupational Therapy department during the quarter at ASRA HQ:

OPD

Month	Old		New		Total	Total no. of Patients visit
	M	F	M	F		
January-2019	27	11	05	-	43	166
February-2019	25	11	03	04	43	203
March-2019	28	14	05	-	47	233

AIRTC

Month	Old		New		Total	Total no. of CwDs visits
	M	F	M	F		
January-2019	07	03	03	-	13	34
February-2019	10	03	-	-	13	52
March-2019	10	03	02	03	18	49

4. **Speech Therapy:** Speech therapy interventions are made to patients suffering from cerebral palsy, aphasia and autism etc. Speech therapists visit CBR Project areas and ASRA Headquarters for interventions to persons with speech and hearing impairment.



A child getting Speech Therapy at ASRA HQ

Speech Therapy at ASRA Headquarter

OPD

Month	Old		New		Total	Total no. of Patients visit
	M	F	M	M		
January-2019	02	01	01	-	04	09
February-2019	03	01	-	01	05	08
March-2019	03	02	02	02	09	12

AIRTC

Month	Old		New		Total	Total no. of CwDs' visit
	M	F	M	F		
January-2019	-	-	07	04	11	39
February-2019	07	04	03	-	14	69
March-2019	10	04	03	02	19	65



Children of AIRTC getting Speech Therapy at ASRA HQ

Speech Therapy in Slum Communities under CBR program

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 45 patients received interventions as given in the following table:

Month	Patients		Total patients
	Male	Female	
January-2019	27	18	45
February-2019	26	17	43
March-2019	23	14	37



A Child getting Speech Therapy at CBR Project Office, Pappan Kalan

5. **Prosthetic & Orthotic Unit:** Prosthetic and orthotic workshop is providing rehabilitation by manufacturing and providing fitment services for Persons with Disabilities at ASRA Headquarters. Rehabilitation of patients under CBR project area are also covered by this unit.

Orders Pending (upto 31st December '18)	Orders Booked (measurements taken) (In Jan'19 to March'19)	Orders Completed (fabricated) (In Jan'19 to March'19)	Orders Pending (upto 31st March'19)
42	42	38	46

Total Appliances given to PwDs/CwDs during the under quarter report : 30



Before



After



A CwD receiving Hand Splint through POE Workshop at ASRA HQ

VOCATIONAL TRAININGS AT ASRA HQ

COMPUTER TRAINING AT ASRA HQ ARTC RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of students during the quarter under report:

New admissions during the quarter: 49

Month	Students with Disabilities	Non-Disabled Students	Total students
January-2019	15	81	96
February-2019	14	84	98
March-2019	13	82	95



Students of ASRA Computer Centre attending workshop at ASRA HQ

TAILORING/HANDICRAFT TRAINING AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in tailoring/ handicraft unit during the quarter under report are as follows:

Status of students during the quarter under report:

New admissions during the quarter: 14

Month	Total number of students
January-2019	43
February-2019	43
March-2019	39



Tailoring Class at ASRA HQ

ASRA HANDICRAFT EMPORIUM



Handicraft Emporium work in progress

ASRA Handicraft Emporium has become functional since April 2010. The emporium is taking orders of stitching / alteration work and repairing of clothes etc. The details of orders booked / completed orders during the quarter are given below:

Orders pending up to 31 st Dec-18	Orders booked from 1 st Jan-2019 to 31 st March-2019	Orders completed from 1 st Jan-2019 to 31 st March-2019	Order cancelled from 1 st Jan-2019 to 31 st March-19	Orders pending up to 31 st March-19
47	104	110	01	40

BEAUTY CULTURE COURSE AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty culture recognized by NIOS, Government of India. The professionally qualified teachers teach the students about the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professionals and earn money towards their self-reliance.

Status of students during the quarter under report:

New admissions during the quarter: 12

Month	No. of students
January-2019	22
February-2019	17
March-2019	17



Students attending Beauty Culture practical class at ASRA HQ

SEED LOAN



Mohd. Shamim, Seed Loan beneficiary from

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. Seed loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant. With the help of seed loans, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan Program is 119.**

ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: 06

S.No.	Name	Appointed as	Date of Recruitment
1.	Ms. Neha	Beauty Culture Teacher, CBR	01.01.2019
2.	Ms. Khairu	Education Teacher, CBR	01.02.2019
3.	Ms. Anju	Education Teacher, CBR	01.02.2019
4.	Ms. Seema Rani	Beauty Culture Teacher, CBR	01.02.2019
5.	Ms. Jamna	Education Teacher, CBR	01.02.2019
6.	Ms. Ruchi	Special Educator, AIRTC	01.03.2019

No. of staff given increment (as per Rules) in salary, during the quarter : 16

*Gratitude to the President AFS
and all the donors
who are supporting ASRA's work for the poor &
needy persons with disabilities living
in the slums of Delhi.*

Gratitude for your trust in our abilities.

