



Action for Self Reliance and Alternatives

An organisation committed towards empowerment of
persons with disabilities



NEWSLETTER

October-2018 to December-2018

NEW INITIATIVES

INAUGURATION OF ASRA INTERVENTION, RECREATION & THERAPY CENTRE (AIRTC) ON 12th OCTOBER 2018

The new building of **ASRA INTERVENTION, RECREATION & THERAPY CENTRE (AIRTC)** for children with intellectual disabilities and developmental delays was inaugurated by **Dr. Kamlesh Kumar Pandey- Chief Commissioner for Persons with Disabilities, Chairperson-Rehabilitation Council of India, Chairperson-National Trust, Government of India and Guest of Honour His Excellency Ambassador of Switzerland to India- Dr. Andreas Baum** in the presence of Co-Founder AFS-Mr. Heinz Haab, President AFS- Dr. Andreas Huenerwadel, Members of AFS Board- Ms. Susanne Talaat and Ms. Barbara Bidderman, Founder & Managing Trustee of ASRA-Ms. Vandna Mishra, Senior Trustee of ASRA-Dr. Man Mohan Kaur, Former Dean Kurukshetra University-Prof. Sushma Sharma. Swiss delegates Ms. Christine Haab, Ms. Sabina Huenerwadel, Mr. Tim Talaat, Ms. Heidi Ungerer, Ms. Amira, Mr. Ariel Ludi, Ms. Eliane Ludi and Ms. Rose Marie Bucher were also present during the occasion.



The new building of AIRTC



Dr. Kamlesh Kumar Pandey- Chief Commissioner for Persons with Disabilities, Chairperson-Rehabilitation Council of India, Chairperson-National Trust, Government of India and Guest of Honour His Excellency Swiss Ambassador to India Dr. Andreas Baum Inaugurated the AIRTC building



Program was formally inaugurated by **lighting the lamp** by Chief Guest, Guest of Honour and other Honorable dignitaries. **Welcoming the gathering, Founder & Managing Trustee of ASRA, Ms. Vandna Mishra** said that “the new Centre which begins today will offer comprehensive services to children with intellectual disabilities and developmental delays



Guest of Honour His Excellency Swiss Ambassador to India Dr. Andreas Baum lighting the lamp



Lamp Lighting by the Chief Guest

from our slum communities & marginalized colonies. The focus will be on overall development of children depending on their needs and potential”.

On this auspicious occasion ASRA released 'Souvenir 2018' by the Chief Guest, Guest of Honour and other dignitaries present on the dais. The students of Skill Development Program were awarded diplomas.



Dr. Andreas Hunerwadel-President, ARA Foundation Switzerland lighting the lamp



ASRA's Souvenir 2018 being released by the Chief Guest and the Guest of Honour



ASRA's students / staff / participants during AIRTC Inauguration



Guests of the program awarded diploma to the students



Cultural Program and a Fashion Show was presented by ASRA's beneficiaries. 66 children / students of ASRA participated in the cultural program and fashion show including 35 children / students with disabilities.



ASRA's sponsored CwDs presenting a welcome dance



Heart touching performance by Children with Disabilities



Presentation of dresses of Indo Western theme



Children of occupational therapy department and students with disabilities during ramp walk



Dance performance by students with learning disabilities and speech & hearing impairment under sponsorship program



ASRA staff members with ASRA India and AFS team

On this occasion ASRA employees were also awarded with Certificate of Appreciation. The programme concluded with National Anthem presented in sign language and a group photo.

Hawan Puja at AIRTC on 13th October 2018



VISITORS

Mr. Marco Kauffmann Bossart- Journalist from Switzerland visited ASRA on 10th October, 2018. During the visit to Pappankalan slum community, he interviewed some staff members and beneficiaries of ASRA. He also visited education centres and skill development training centres and made a home visit to one of the computer teacher.



Mr. Marco Kauffmann Bossart interacting with ASRA's beneficiaries and staff members at ASRA CBR Project Office

NEW INITIATIVES

- **ASRA Intervention, Recreation and Therapy Centre (AIRTC)** was inaugurated on 12th October 2018 and formally started on 3rd December 2018 on the occasion of International Day for Persons with Disabilities. Classes were started on 10th December 2018 with 10 children with Special Needs from adopted slum communities and surrounding areas.



Children attending class at AIRTC

- Updation of **Required & Delivered (R&D)** status of PwDs/CwDs is under progress in ASRA's adopted slum communities along with identification of new persons with disabilities (PwDs) and awareness of ASRA's CBR programs.



ASRA CBR Team conducting survey in ASRA's adopted communities



Newly opened Education Centre in Golden Park slum community

- One **new Education Centre** has been opened in ASRA's adopted slum community 'Golden Park' during the quarter under report.

WORKSHOPS & RECREATION ACTIVITIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report:-

At ASRA Headquarter:

S. No	Topic of Workshop & Department	Date	Target Group	No. of Participants	Venue	Resource Person
1.	Diya Making – Occupational Therapy Department	3 rd Nov'2018	Patients of OT	06	Occupational Therapy Room	Ms. Renuka-Occupational Therapist & Ms. Seema-Multi Rehabilitation Worker
2.	Career with Computer - Computer Department	17 th Nov'2018	Students of Vocational Trainings	25	Computer Practical Room	Mr. Sanjay Singh-Computer Faculty
3.	USHA Jeneme Creative Workshop- Tailoring Department	27 th Nov'2018	Students of Vocational Trainings	19	Tailoring Room	Two representatives from USHA Company
4.	Capacity Building Program- Computer Department	29 th Nov'2018	Students of Vocational Trainings	12	Computer Theory Room	Mr. Sanjay Singh-Computer Faculty



A CwDs during **Diya Making workshop** organised by Occupational Therapy Department at ASRA HQ



USHA Jeneme Creative (sewing machine) Workshop held at ASRA HQ



Workshop on **Career with Computer** at ASRA HQ



Workshop on **Capacity Building Program** at ASRA HQ

In ASRA CBR Centres:

S. No.	Workshop & Department	Date	Target Group	No. of participants	Community/ies	Resource Person
1.	Food and Nutrition on the occasion of 'World Iodine Deficiency Prevention Day'	20 th Oct'2018	People of communities /PwDs / Students	154	Bindapur	Mr. O.P Saini , Officer In charge- Food Nutrition Board, Ministry of Women & Child Development, GOI
2.	Personality Development- Computer Department	22 nd , 26 th and 27 th Oct'2018	Students of Vocational Trainings	14	Pappan Kalan, Dwarka Sec-16 & Nangli Dairy	Mr. Mariyam -Computer Faculty, ASRA HQ
3.	Dry Skin Care & Make-up - Beauty Culture Department	31 st Oct'2018	Students of Vocational Trainings	10	Pappan Kalan	Ms. Baljeet Kaur - Beauty Culture Teacher ASRA HQ
4.	Flower Making- Occupational Therapy Department	12 th Nov'2018	Students of Vocational Training	21	Nangli Dairy	Ms. Renuka -Occupational Therapist, ASRA HQ
5.	Let's Check Your Flexibility- Physiotherapy Department	13 th Nov'2018	Children of Education Centre	15	Nanhe Park and Dwarka Sec-16	Ms. Jyoti Sachdeva - Physiotherapist, ASRA HQ
6.	Paper Bag Folder – Occupational Therapy Department	15 th Nov'2018	Children of Education Centre	15	Raghuvir Nagar	Ms. Renuka -Occupational Therapist & Ms. Seema- Multi Rehabilitation Worker, ASRA HQ
7.	General Fitness Programme- Physiotherapy Department	16 th Nov'2018	Students of Vocational Trainings	8	Indira Camp-2	Ms. Vidhi Yadav - Physiotherapist, ASRA HQ
8.	Dress Decoration- Tailoring Department	15 th , 19 th , 20 th and 28 th Nov'18	Students of Vocational Training	54	Dwarka Sec-16, Pappan Kalan, Nanhe Park & Binda Pur	Ms. Tripti -Fashion Designing Teacher, ASRA HQ
9.	USHA Jeneme Creative Workshop-Tailoring Department	28 th Nov'2018	Students of Vocational Trainings	36	Nanhe Park & Dwarka sec-16	Two representatives from USHA Company



*Workshop on **Personality Development** at Pappan Kalan slum community*



*Workshop on **Dry Skin Care & Make-Up** held at Pappan Kalan slum community*



Workshop on **Flower Making** held at Nangli Dairy slum



Workshop on **Dress Decoration** at Nanhe Park slum community



Workshop on **World Iodine Deficiency Prevention Day** at Binda Pur community



Workshop on **General Fitness** (left) and **Let's Check Your Flexibility** (right) organised by Physiotherapy Department at Indira Camp-2 & Nanhe Park community

2. Following are the details of Final Internal Examinations of Vocational Units of ASRA during the quarter under report:-

S. No.	Unit	Date	Venue		No. of students	
			Practical	Theory	Appeared	Cleared
1.	Beauty Culture	22 nd Nov'18 & 30 th Nov'18	ARTC HQ	Central School, Tagore Garden, New Delhi	10	17
2.	Tailoring & Fashion Designing	16 th & 19 th Nov'2018			4	
3.	Computer	22 nd Nov'18 & 26 th Nov'18			6	
		Internal Exam – 1 st to 10 th December, 2018			30	Result awaited
Total					53	



Students appearing in Examination at Vocational Training Centres in community (left) and ASRA HQ (right)

3. Festivals and Special days which were celebrated by ASRA during the quarter under report:-

S. No.	Special Days/Exhibitions	Date of celebration	Venue
1.	Mehandi Stall-Karvachauth Festival	26 th & 27 th October, 2018	ASRA HQ
2.	Exhibition for Candles & Handicraft Items	2 nd & 3 rd November, 2018	ASRA HQ
3.	Rangoli Completion	6 th November, 2018	ASRA HQ + CBR
4.	Diwali Festival	6 th November, 2018	ASRA HQ + CBR
5.	Children's Day	14 th November, 2018	ASRA HQ + CBR
6.	Exhibition of Handicraft Items during Christmas Mela	2 nd December, 2018	Embassy of Switzerland, New Delhi
7.	International Day for Persons with Disabilities	3 rd December, 2018	ASRA HQ + CBR
8.	Christmas Celebration	24 th December, 2018	ASRA HQ + CBR
9.	New Year Celebration	31 st December, 2018	ASRA HQ + CBR



Exhibition on the occasion of **Christmas Mela** organized by Embassy of Switzerland, New Delhi



Celebrating **Christmas Day** at Education Centre in Pappan Kalan community



A rally organised on the occasion on **International Day for Persons with Disabilities** at Nangli Dairy slum community



Children's Day celebrated at Pappan Kalan community

4. A **5th Empower National Conference on Disability** was held on 15th November, 2018 at AICTE, Vasant Vihar organised by National Abilympic Association of India/Sarthak Educational Trust. The conference was specially to empower Persons with Disabilities. It was attended by Ms. Vandna Mishra-Founder, President and Ms. Ankana Patial-OIC (Programs) and Mr. Pawan Kumar-DEO & Computer Faculty.

5. **Participation in National Abilympics during the quarter under report:-**



A scene of Award Ceremony at Vigyan Bhawan, New Delhi

ASRA was invited by National Abilympics Association of India (NAAI) to participate in National Abilympic Skill competitions for persons with disabilities held in Delhi on 2nd October to 6th October, 2018. ASRA representatives participated in different competitions-Mr. Pawan Kumar & Ms. Asha in English Text Processing, Mr. Sanjay Singh Chauhan in Web Pages. Mr. Pawan Kumar-Data Entry Operator cum Computer Faculty won Silver Medal in English Text Processing.

Success Stories

ASRA HQ-Computer Centre



Sajid

I am Sajid. I am 22 years old. I am 75% physically disabled with lower limbs along with shivering hands. It was difficult for me to do my daily tasks comfortably in the beginning. But with my family support & motivation, I started doing all my task comfortably. Due to building of school/hostels which were not barrier free, I have to leave my studies after 7th class & unable to continue my studies. I decided to join computer training. Many institutes refused to enroll my admission. At that time, I felt bad & hopeless. Then my neighbour Sonu told me about ASRA. I came at ASRA & I found barrier free environment. I felt happy and enrolled myself in ASRA Computer Course, which is 1 year Advance Diploma in Computer Application courses and completed my course from there. During my training period, I have also participated in competitions/workshops. I overcome my reserve nature and gain confidence in myself. Now I am working as a Data Entry Operator in MLA Office. Now, I feel proud that I am a part of ASRA. My life is now become beautiful & worth living. Through ASRA, I got a beautiful and healthy spirit to live in with better career opportunity. I would like to thanks ASRA with the bottom of my heart. I am very happy now & thankful a lot to ASRA for such motivation & support for the peoples like me. — Sajid



CBR-Mobile Repairing



Dilshad

My name is Dilshad. I am 23 years old. I belong to a poor family which resides in a village, in Uttar Pradesh state. After completion of class 10th, I was not able to continue my studies. Due to poor condition of my family, I came to Delhi in search of job. But I was not skilled in any work that could help me to be selected for a job. Then, somebody told me about ASRA (NGO). I visited ASRA Mobile Repairing Centre running in Shiv Vihar community and told about myself and motive of coming to Delhi. I got opportunity to learn mobile repairing course. Mr. Shakti Sir briefed me about the course. I used to go to the class on time and completed 6 months course. Learning this course made it easier to get opportunity to work in any workshop of Mobile Repairing. Now I am able to start my own business of Mobile Repairing in my village area. Now I am self-dependent and earning for my family. I am also preparing to continue my study so that it can help me to grow up in future. I also request those young boys like me who found themselves helpless, should visit ASRA once so that they can have right path as I got and chance to make dream come true. — Dilshad




**Success Stories are narrated in Hindi by the beneficiaries and translated in English.*

Internship of Students at ASRA

The following students have been placed in ASRA as part of their internship / concurrent field work during the quarter under report:-

S.No.	Name	Course/University	Duration
1.	Ms. Mamta	Master of Social Work /Indira Gandhi National Open University	45 Days
2.	Ms. Sangeeta		2018-19
3.	Mr. Sachin Sethi		45 Days
4.	Mr. Chander Prakash		30 Days
5.	Ms. Jyoti	Bachelor of Social Work /Indira Gandhi National Open University	45 Days
6.	Ms. Shivani Tomar		30 Days
7.	Ms. Madhu		45 Days
8.	Ms. Preeti	Bachelor in Special Education/Lady Irwin College	07 Days
9.	Ms. Sunita		
11.	Ms. Archana		
12.	Ms. Meenu		

Workshops / Exhibitions / Events in forthcoming quarter

January-2019		February-2019	
<i>Computer</i>	<ul style="list-style-type: none"> • Competition: 'Quiz Competition' on Republic day • Workshop: Communication Skills & Office Manner • NIELIT: 'CCC' & 'O' level Registration form Process & Revision Classes • NIOS: 622 & 613 Registration & Examination Form Process • Placement Registration 	<i>Computer</i>	<ul style="list-style-type: none"> • Competition: 'Graphic Designing' using DTP • Basant Panchmi Celebration • Certificate Distribution & Interaction with PF & CE and OIC (P) /CBR Co-ordinator • NIELIT: 'CCC' Exam Revision Classes & NIELIT 'CCC' Examination • Workshop for staff by Tailoring Unit on the topic-Flower Making
<i>Tailoring & Handicraft Unit</i>	<ul style="list-style-type: none"> • Survey, Advertising & Publicity • Workshop– Knitting on Nail Board • Examinations • Celebration on Lohri & Republic Day 	<i>Tailoring & Handicraft Unit</i>	<ul style="list-style-type: none"> • Community Visits • Result & Diploma distribution • Self-made Decoration Accessories (for ARTC Staff)
<i>Beauty Culture</i>	<ul style="list-style-type: none"> • Workshop on 'Every Day Makeup' in ARTC • Workshop on Best Nail Care in Binda Pur 	<i>Beauty Culture</i>	<ul style="list-style-type: none"> • Result declaration • Workshop on Engagement Make-Up in Nangli Dairy
<i>Physiotherapy</i>	<ul style="list-style-type: none"> • Workshop 	<i>Physiotherapy</i>	<ul style="list-style-type: none"> • Workshop
<i>Occupational Therapy</i>	<ul style="list-style-type: none"> • Workshop 	<i>Occupational Therapy</i>	<ul style="list-style-type: none"> • Workshop
<i>CBR</i>	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps 	<i>CBR</i>	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps
March-2019		 <h3 style="text-align: center;">Upcoming Holidays of ASRA</h3> <p>14th January, 2019 : Makar Sakranti</p> <p>26th January, 2019 : Republic Day</p> <p>4th March, 2019 : Ambedkar Jayanti</p> <p>20th March, 2019 : Holika Dahan</p> <p>21st March, 2019 : Holi</p>	
<i>Computer</i>	<ul style="list-style-type: none"> • Workshop on the topic-' Latest Updates in IT' • Debate: Women Safety/Motivational session on World Women Day • Workshop by Beauty Culture Unit on Office Makeup & Hair Style • Workshop on the topic 'Updates in Ms-Office Software' • Revision Classes for Internal Examination • Holi Celebration 		
<i>Tailoring & Handicraft Unit</i>	<ul style="list-style-type: none"> • Result & Diplomas distribution. • Celebration on Holi 		
<i>Beauty Culture</i>	<ul style="list-style-type: none"> • Workshop on Hair Styles Tips with ARTC staff • Mehendi Competition in PPK 		
<i>Physiotherapy</i>	<ul style="list-style-type: none"> • Workshop 		
<i>Occupational Therapy</i>	<ul style="list-style-type: none"> • Workshop 		
<i>CBR</i>	<ul style="list-style-type: none"> • Networking with Government & Non-Government agencies for organizing workshops/Camps 		

UPDATE ON ONGOING PROGRAMS

COMMUNITY BASED REHABILITATION (CBR)

Meetings in slum Communities

Periodic meetings were held in all the **65** communities adopted by ASRA by the ASRA CBR Team in order to create awareness, discuss issues of importance such as early detection of disabilities, medical intervention and advantage of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance of the poor and needy persons with disabilities. These meetings are attended by persons with disabilities, parents of children, beneficiaries of vocational training etc. Details of the meetings held during the quarter are as follows:



PwDs meeting held in ASRA's adopted community

Community Meetings				
Month	No. of meetings	No. of persons who attended meeting	Male	Female
October-2018	22	309	19	290
November-2018	25	328	30	298
December-2018	22	416	63	353
Total	69	1053	112	941

Services delivered:

a. Counseling and Referrals: 585

Month	No. of persons given Counseling and referred to other organizations			Referrals made to other organizations through networking
	Total	Male	Female	
October-2018	173	101	72	Referred to: D.D.U Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension , Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped
November-2018	191	114	77	
December-2018	221	147	74	
Total	585	362	223	

b. Concessions and Benefits: 112

	Received Benefits												IQ Assessment		Total	
	Disability Certificate		Rail Pass		E-card		PwDs I-Card from Sub Divisional Magistrate		Bus Pass		Disability Pension		A	D	A	D
No. of beneficiaries	A	D	A	D	A	D	A	D	A	D	A	D	A	D	A	D
	37	23	17	39	21	14	7	14	7	9	29	11	1	2	119	112

A-Applied, D-Delivered



ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions

c. Mobility Aids for Persons with Disabilities

During the quarter under report, **23** beneficiaries received Mobility Aids through ASRA's networking with other organizations. Details of appliances received by the beneficiaries are as follows:

No. of beneficiaries	Motorized Tricycle	Special Kit	Wheel Chair	Spl. Shoe	Ankle / Knee Foot Orthosis	Total
	5	9	1	3	5	23



ASRA's beneficiaries received Motorized Tricycle from Camp

d. CBR: Education Program

ASRA is running Nursery Classes for children between the age of 3 to 6 years, **Non-Formal Education (NFE)** for out-of-school children who have left their education for unavoidable reasons. These children are **mainstreamed** in formal schools by ASRA. **Remedial education (REC)** is provided to school going children to prevent them to dropout from school. **ASRA is also running Special Education** classes for children with special needs-intellectually challenged children.



Children attending Remedial class at Dwarka sec-1 community

The details of children who are studying in ASRA Education Centre during the quarter are as follows:

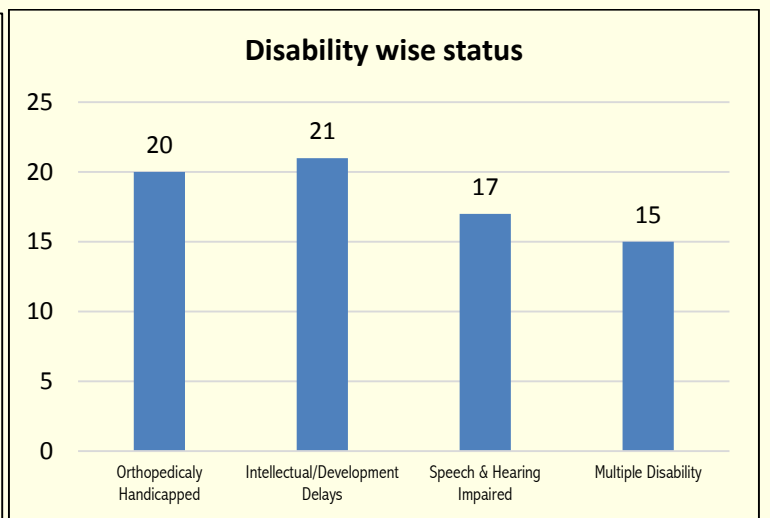
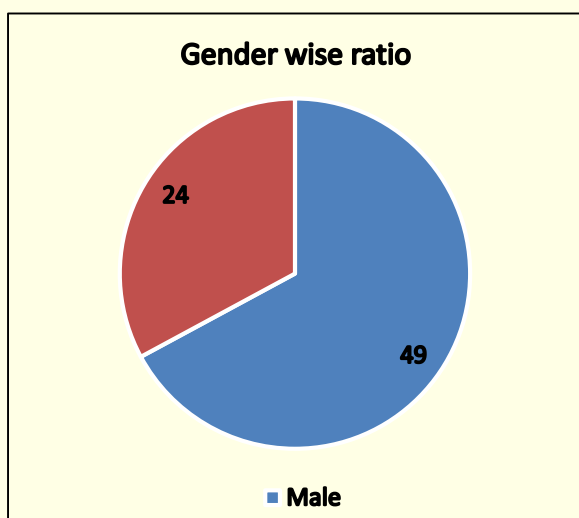
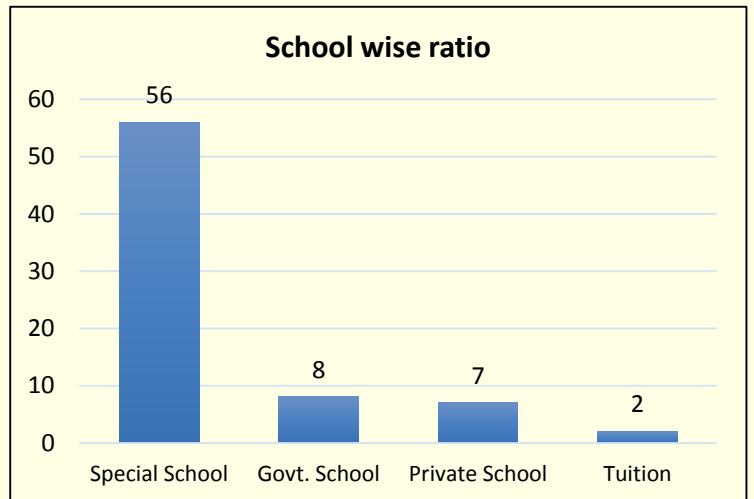
Education Programme		October-2018			November-2018			December-2018		
		M	F	Total	M	F	Total	M	F	Total
Nursery class	Total	108	152	260	136	151	287	13	159	172
	New Admissions	9	19	28	17	17	34	9	15	24
Non Formal Education	Total	106	96	202	127	132	259	171	135	306
	New Admissions	12	6	18	13	13	26	41	32	73
Remedial Education	Total	381	434	815	385	438	823	373	448	821
	New Admissions	27	35	62	18	26	44	25	30	55
Special Education	Total	20	5	25	16	3	19	16	3	19



Children attending Education class at Nangli Dairy (Left) and Shiv Vihar (Right) community

e. CBR: Sponsorship Program

It is seen that disabled children in slums are seldom respected, admired and accepted. ASRA took an initiative to promote the education of Children with Disabilities at their post primary level. The target children are selected from ASRA’s adopted slum communities. Counseling of parents is regularly done. This is an ongoing successful project running since August 2010.



Total **207** Children with Disabilities (CwDs) have been **sponsored** under this program till date. They also received physiotherapy, Occupational Therapy, special education, non-formal education, remedial education etc.

During the Quarter under report, **73 Children with Disabilities** were provided with Sponsorship covering their tuition fee, uniform, stationery, transport charges, paramedical services etc. on a monthly basis.



A glimpse of sponsored CwDs going to a Special School

f. CBR: Vocational Training:

Vocational Training / Skill Development in Tailoring, Beauty Culture, Computer Courses and Mobile Repairing Courses are being run in adopted slum communities. The training has empowered girls/ women and young boys to earn their livelihood. Those who have completed their training are now able to supplement their family income by taking jobs and order work from their community members.



Students attending Tailoring Class at Nanhe Park community

The details of beneficiaries are as follows:-

Vocational Training:		No. of Students		
		Oct-2018	Nov-2018	Dec-2018
Tailoring	Total	201	196	200
	New Admissions	14	22	30
Beauty Culture	Total	135	122	133
	New Admissions	21	6	24
Computer Training	Total	27	20	18
	New Admissions	1	2	4
Mobile Repairing	Total	24	24	20
	New Admission	1	4	2



Students attending Mobile Repairing Class at Shiv Vihar community



Students attending Beauty Culture Class at Pappan Kalan community

MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT ARTC AND CBR

- Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope up with his or her condition. Some experienced and highly qualified professional doctors refer them to ASRA for their proper assessment and guidance.

Month	No. of patients		Total
	Male	Female	
October-2018	8	10	18
November-2018	6	12	18
December-2018	4	6	10
Total	15	27	46

- Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six Field Physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the door steps of the PwDs. There are also **two** full time Physiotherapists at ASRA Headquarter to attend PwDs.



A patient getting physiotherapy at ASRA HQ

Physiotherapy department at Head Quarter

Following are the details of patients who visited Physiotherapy department at ASRA HQ during the quarter:

Month	Old		New		Total	Total No. of Patients' visits
	Male	Female	Male	Female		
October-2018	6	6	7	9	28	253
November-2018	8	7	4	9	28	171
December-2018	6	8	2	6	22	185

Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

Month	Male	Female	Total
October-2018	127	105	232
November-2018	127	102	229
December-2018	126	101	227

3. **Occupational Therapy:** One Full Time highly qualified Occupational Therapist and one Multi Rehabilitation Therapist are based at ASRA Headquarter to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them to lead independent, productive and satisfactory life.



A CwD getting Occupational Therapy

Occupational Therapy department at ASRA Headquarter

Following is the number of patients who visited Occupational Therapy department during the quarter at ASRA HQ:

Month	Old		New		Total	Total no. of Patients visit
	Male	Female	Male	Female		
October-2018	22	8	0	1	31	149
November-2018	21	7	0	2	30	139
December-2018	20	8	2	0	30	153

4. **Speech Therapy:** Speech therapy interventions are made to patients suffering from Cerebral Palsy, Aphasia, and Autism etc. Speech Therapists visit CBR Project areas and ASRA Headquarter for interventions to the persons with speech and hearing impairment.



Speech Therapy at ASRA HQ

Following is the number of patients who visited Speech Therapy department during the quarter at ASRA HQ:

Month	Old		New		Total	Total no. of Patients visit
	Male	Female	Male	Female		
October-2018	5	0	1	0	6	21
November-2018	5	2	2	1	10	15
December-2018	5	2	0	0	7	12

Speech Therapy in Slum Communities under CBR program

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 55 patients received interventions as given in the following table:

Month	Patients		Total patients
	Male	Female	
October-2018	36	19	55
November-2018	34	17	51
December-2018	34	17	51

5. Prosthetic & Orthotic Unit: Prosthetic and Orthotic workshop is providing rehabilitation by manufacturing and providing fitment services for persons with disabilities at ASRA Headquarter. Rehabilitation of Patients under CBR Project area are also covered by this unit.

Pending Orders (Upto 31st Sep'18)	Orders Booked (measurement) (In Oct'18 to Dec'18)	Orders Completed (fabricated) (In Oct'18 to Dec'18)	Orders Completed through other Organizations (In Oct'18 to Dec'18)	Orders Pending (upto 31st Dec'18)
70	34	52	10	42

Total Appliances given to PwDs/CwDs during the under quarter report : 50



Before



After

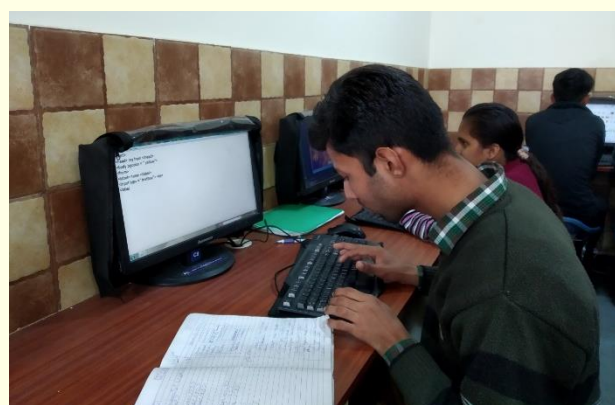
VOCATIONAL TRAININGS AT ASRA HQ

COMPUTER TRAINING AT ASRA HQ ARTC RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of students during the quarter under report:

New admissions during the quarter: **57**

Month	Students with Disabilities	Non-Disabled Students	Total students
October-2018	10	80	90
November-2018	14	89	103
December-2018	16	91	107



A PwD students attending practical class at ASRA HQ

TAILORING/HANDICRAFT TRAINING AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in Tailoring/ Handicraft Unit during the quarter under report are as follows:

Status of students during the quarter under report:

New admissions during the quarter: 10

Month	Total number of students
October-2018	37
November-2018	34
December-2018	36



Fashion Designing class at ASRA HQ

ASRA HANDICRAFT EMPORIUM

ASRA Handicraft Emporium has become functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc. The details of orders booked / completed during the quarter are given below:

Orders pending up to 30 th Sep-2018	Orders booked from 1 st Oct-2018 to 31 st Dec-2018	Orders completed from 1 st Oct-2018 to 31 st Dec-2018	Orders pending up to 31 st Dec-18
28	163	177	39



Christmas Mela at Embassy of Switzerland

ASRA participated in **Christmas Mela** organized by Embassy of Switzerland on 02.12.18. ASRA displayed its handicraft items such as Flower Pot, Jewelry, Santa Caps and other materials made in the workshop by ASRA students/staff.

BEAUTY CULTURE COURSE AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty culture recognized by NIOS, Government of India. The professionally qualified teachers teach the students about the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professional and earn money towards their self-reliance.

Status of students during the quarter under report:

New admissions during the quarter: 09

Month	No. of students
October-2018	26
November-2018	25
December-2018	22



Students attending Beauty Culture practical class at ASRA HQ

SEED LOAN



Jammu Khatoon, Indira Camp-5 community

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. Seed loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 119.**

ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: 04

S.No.	Name	Appointed as	Date of Recruitment
1.	Mr. Ajay Kumar	Mobile Repairing Teacher, CBR	01.10.2018
2.	Ms. Pooja	Education Teacher, CBR	01.11.2018
3.	Ms. Amrita Kumar	Special Educator, AIRTC	10.12.2018
4.	Ms. Madhvi Pathak	Special Educator, CBR	10.12.2018

No. of staff given increment (as per Rules) in salary, during the quarter : 22

*Gratitude to the President AFS
and all the donors
who are supporting ASRA's work for the poor &
needy persons with disabilities living
in the slums of Delhi.*

Gratitude for your trust in our abilities.

