



# Action for Self Reliance and Alternatives

**'An organisation committed towards empowerment of  
persons with disabilities'**



**NEWSLETTER  
October-2017 to December-2017**

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## NEW INITIATIVES

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- **The construction of ASRA's Special School** started on 27<sup>th</sup> March 2017. This school will cater to the needs of special children who are living in the nearby slum communities and are presently supported under ASRA's Sponsorship Program.



*Construction of ASRA Special School*

- One **new Education Centre** has been opened in ASRA's adopted slum community namely, 'Dwarka Sector-16' during the quarter under report.



*Children attending Yoga activity at newly opened Education centre at Dwarka sec-16 slum community*

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## VISITORS

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**Ms. Bernedette Mauss-a friend of Ms. Carmen Hienrich-Board Member AFS** visited ARTC on 17<sup>th</sup> October, 2017. She interacted with the staff & beneficiaries at ARTC.



*ASRA staff with Honorable Guest Ms. Bernedette Mauss*



*Honorable Guest Ms. Bernedette Mauss during round of ARTC*

**Mr. Urs Spillmann and Ms. Barbara Bidermann, Members of AFS Board** visited ASRA India on 23<sup>rd</sup> & 24<sup>th</sup> October, 2017. During the visit, they participated in various activities such as meeting regarding construction of Special School, meeting with the Unit Heads, Monthly staff meeting, Diploma Distribution, Cultural Programs by beneficiaries and visit to Indra Camp-5 and Pappan Kalan communities.



*Mr. Urs Spillmann and Ms. Barbara Bidermann, Members of AFS Board and some of the ASRA staff members at ASRA HQ ARTC*



*Mr. Urs Spillmann and Ms. Barbara Bidermann, Members of AFS Board during Diploma distribution to the students at Pappan Kalan community (left) and group picture with CBR Team and Teachers (right)*

## WORKSHOPS & RECREATION ACTIVITIES

1. Following are the workshops organized by different departments of ASRA during the quarter under report:-  
At ASRA HQ-ARTC:

S. No.	Topic of Workshop & Department	Date	Target Group	No. of Participants	Resource Person
1.	<b>Diya Making</b> -Occupational Therapy Department	16 <sup>th</sup> October, 2017	Children with Disabilities	9	Ms. Renuka-Occupational Therapist & Ms. Seema-Multi Rehabilitation Worker ARTC
2.	<b>Career with Computer</b> -Computer Department	7 <sup>th</sup> November, 2017	Students of Vocational Trainings	11	Ms. Jyoti Jadaun-Computer Incharge, Mr. Sanjay, Ms. Mariyam, Ms. Babita-Computer Faculty
3.	<b>Iron Deficiency Anemia</b> -Physiotherapy Department	15 <sup>th</sup> November, 2017	Students of Vocational Trainings	14	Ms. Jyoti Sachdeva-Physiotherapist
4.	<b>Usha Janome Creative</b> -Tailoring Department	28 <sup>th</sup> November, 2017	Students of Vocational Trainings	40	Resource person from Usha Company
5.	<b>Christmas Card Making</b> -Occupational Therapy Department	17 <sup>th</sup> December, 2017	Children with Disabilities	4	Ms. Renuka-Occupational Therapist & Ms. Seema-Multi Rehabilitation Worker ARTC



A CwDs during **'Diya Making'** workshop organised by Occupational Therapy Department at ARTC HQ



**'USHA Jeneme Creative (sewing machine) Workshop'** held at ARTC HQ



A CwDs during **'Christmas Card'** workshop organised by Occupational Therapy Department at ARTC HQ



Workshop on **'Iron Deficiency Anemia'** organised by Physiotherapy Department-ARTC HQ

**In CBR Centres:**

S. No.	Workshop & Department	Date	Target Group	No. of participants	Community	Resource Person
1.	<b>Mass Nutrition Awareness Campaign</b>	14 <sup>th</sup> October, 2017	Students of Vocational Training	70	Pappan Kalan	Mr. O.P Saini, Officer In charge- Food Nutrition Board, Ministry of Women & Child Development
2.	<b>Puppet Making- Occupational Therapy Department</b>	16 <sup>th</sup> October, 2017	Children with Disabilities	19	Binda Pur	Ms. Renuka-Occupational Therapist & Ms. Seema- Multi Rehabilitation Worker ARTC
3.	<b>Hair Spa-Beauty Culture Department</b>	30 <sup>th</sup> October, 2017	Students of Vocational Trainings	10	Nanhe Park	Ms. Baljeet Kaur, Beauty Culture Teacher ARTC
4.	<b>Food and Nutrition on the occasion of 'Children Day'</b>	14 <sup>th</sup> November, 2017	Students of Vocational Training	70	Bharat Vihar	Mr. O.P Saini, Officer In charge- Food Nutrition Board, Ministry of Women & Child Development
5.	<b>Personality Development- Computer Department</b>	16 <sup>th</sup> , 18 <sup>th</sup> and 20 <sup>th</sup> Nov-2017	Students of Vocational Trainings	24	Pappan Kalan, Dwarka Sec-16 and Nangli Dairy	Mr. Sanjay Singh Chauhan-Computer Faculty, ARTC



*Workshop on 'Mass Nutrition Awareness Campaign' (Left) and 'Food and Nutrition on the occasion of 'Children Day' (Right)*



*Workshop on 'Personality Development' at Pappan Kalan community*

*Workshop on 'Hair Spa' held at Shyam Nagar community*

**2. Following are the details of Final Internal Examinations of Vocational Units of ASRA during the quarter under report:-**

S. No.	Unit	Date	Venue	No. of students	
				Appeared	Cleared
1.	Tailoring & Fashion Designing	31 <sup>st</sup> October, 2017, 2 <sup>nd</sup> November & 6 <sup>th</sup> November, 2017	Shiv Modern Sr. Secondary School, Pashchim Vihar	40	Result awaited
2.	Computer	1 <sup>st</sup> to 9 <sup>th</sup> December, 2017 and 28 <sup>th</sup> December, 2017	ARTC HQ and Pappan Kalan community	82	Result awaited
3.	Beauty Culture	3 <sup>rd</sup> & 10 <sup>th</sup> November, 2017	ARTC HQ	11	9
Total				<b>133</b>	



*A scene of students appearing for Examination at ARTC HQ*

**3. Festivals and Special days which were celebrated by ASRA during the quarter under report:-**

S. No.	Special Days/Exhibition	Date of celebration	Venue
1.	Mehandi Stall-Karvachauth Festival	7 <sup>th</sup> October, 2017	ARTC
2.	Exhibition at Aditi College	13 <sup>th</sup> October, 2017	Aditi College, University of Delhi
3.	Exhibition for Candles & Handicraft Items	14 <sup>th</sup> to 17 <sup>th</sup> October, 2017	ARTC
4.	Rangoli Completion	18 <sup>th</sup> October, 2017	ARTC
5.	Diwali Festival	18 <sup>th</sup> October, 2017	ARTC & CBR
6.	Children Day	12 <sup>th</sup> November, 2017	ARTC & CBR
7.	International Day for Persons with Disabilities	2 <sup>nd</sup> December, 2017	ARTC & CBR
8.	Christmas Day	23 <sup>rd</sup> December, 2017	ARTC & CBR
9.	New Year Celebration	30 <sup>th</sup> December, 2017	ARTC & CBR



*Stall of ASRA at Aditi Collage (Left) and at ARTC HQ on the occasion of Diwali festival*



*Celebrating 'Christmas Day' at Education Centre in Pappan Kalan community*



*Students of Vocational Trainings at ARTC participating in Competition on the occasion on 'International Day for Persons with Disabilities'*



*Children of Education program celebrating 'International Day for Persons with Disabilities' at Nanhe Park community*

**4. Competitions during the quarter under report:-**

S. No.	Event	Date	Venue/Community	Participants	Organised by
1.	Rangoli Competition	18 <sup>th</sup> October, 2017	ARTC HQ	20	Unit Heads of Vocational Trainings
2.	Innovative Creation	1 <sup>st</sup> December, 2017	ARTC HQ	32	



*Rangoli Art during 'Rangoli Competition' at ARTC Head Quarter*



*'Innovative Creation' workshop at ARTC Head Quarter*



## Success Stories

### CBR-Medical

**Aman** is a 16 years boy born with a Congenital (by birth) Deformity of Spinal, called Spinal Bifida living with his family of 5 members. The joy of his birth for his family was converted into sorrow when the doctor informed his parents about his medical condition. The Doctor told them that the boy will not be able to stand on his own whole life. For his family and for himself, he felt that he was an extra burden. Aman who is living in Nangli Dairy slum community was taken to many Doctors but his parents didn't get any positive response from anywhere & at last they accepted it as the fate of Aman. Around 6 years back, in a community survey, ASRA Rehab Workers met Aman & they introduced him to Dr. Amit (ASRA's Ex-Physiotherapist). From there Aman's journey of rehabilitation get stormed. Dr. Amit has put all his efforts under the guidance of Dr. Manish (ASRA's Sr. Physiotherapist) to get Aman on his feet. Around 4 years back, in 2013, I, Dr. Punit (ASRA's Physiotherapist) got the charge of Aman's case. I was given a brief of the case by Dr. Amit before he left ASRA. When I was introduced to Aman, he was unable to stand at all although he had sitting controls. In last 4 years, different exercises & approaches along with the Prosthesis & Orthosis devices were used for Aman & now he has become capable of standing with KAFO & can walk with the help of walker. His parents & he himself are very much happy as now he is in the phase of becoming self-dependent. He needs to continue the physiotherapy for some more time for more improvement. I am sure that he has a very bright future as a self-dependent boy.



-Dr. Punit, CBR Physiotherapist ASRA

### Computer, ARTC

I am Nitin and 25 years old. I am orthopedically handicapped with my both legs affected with polio. I am using crutches for walking. I am living in Mohan Garden, Uttam Nagar. Financially my family is not strong. My father is a worker in Printing Press. He is always worried for me and my career. He was always tensed about my future that how would I manage myself in future. I was looking for computer training in many other institutes but my father was not able to afford course fee. One day I met Mr. Pawan Kumar Sir (an Employee of ASRA), he told me about ASRA and its facilities. I joined NIOS 'Web Designing' and 'Desktop Publishing' Computer Course, which are 6 months Government approved courses. I am thankful to ASRA that it's providing such a good and professional course in low fees. During my training period, I have also participated in Fashion Show event and workshops. I have completed my course and started searching job and finally got selected for in Online Shopping Website Company (Flipcart) as a 'Data Uploading Operator'. My job timing is 10:00 am to 6:00 pm. It gave me so much confidence that now I am guiding all persons like me. ASRA is also guiding me for better placement time to time. I am heartily thankful to ASRA which changed my life.



-Nitin, Ex-student of Computer, ASRA

\*Success Stories are narrated in Hindi by the beneficiaries and translated in English.

### Internship of Students at ASRA

The following students have been placed in ASRA as part of their internship during the quarter under report:-

S.No.	Name	Course/University	Duration
1	Ms. Akansha	B.Ed Special Education / Lady Irwin Collage, Delhi University	7 Days 18 <sup>th</sup> to 30 <sup>th</sup> December, 2017
2	Ms. Rinku		
3	Ms. Harjeet		
4	Ms. Monika		
5	Ms. Shahzadi		
6	Ms. Pallavi		
7	Ms. Shikha		

## Workshops / Exhibitions / Events in forthcoming quarter

January-2018		February-2018	
<ul style="list-style-type: none"> <li>Computer</li> </ul>	<ul style="list-style-type: none"> <li>Competition: 'Quiz Competition' on Republic day</li> <li>Workshop for staff by Tailoring Unit on the topic- Flower Making</li> <li>NIELIT: 'O' level Registration form Submission</li> <li>NIOS: 622 &amp; 613 Registration &amp; Examination Form Submission</li> <li>Placement Registration</li> <li>Publicity Action-Survey/pamphlet distribution</li> </ul>	<ul style="list-style-type: none"> <li>Computer</li> </ul>	<ul style="list-style-type: none"> <li>Competition: 'Graphic Designing'</li> <li>Basant Panchmi Celebration</li> <li>Certificate Distribution</li> </ul>
<ul style="list-style-type: none"> <li>Tailoring &amp; Handicraft Unit</li> </ul>	<ul style="list-style-type: none"> <li>Survey, Advertising &amp; Publicity</li> <li>Workshop-Flower Making for Staff in the third week</li> <li>Celebration of Lohri &amp; Republic Day</li> <li>Placement Registration &amp; Information</li> <li>Stitching Competition in the first week.</li> <li>Workshop-Knitted Covers</li> <li>Examinations</li> </ul>	<ul style="list-style-type: none"> <li>Tailoring &amp; Handicraft Unit</li> </ul>	<ul style="list-style-type: none"> <li>Worship on Basant Panchmi</li> <li>Workshop – Flower Making</li> <li>Result &amp; Diplomas distribution</li> <li>Interaction of students with PF&amp;CE &amp; OIC(P)</li> <li>Workshop –Block Printing</li> <li>Result &amp; Diplomas distribution</li> <li>Awareness on National Science Day</li> </ul>
Beauty Culture	<ul style="list-style-type: none"> <li>Workshop with Tailoring Department</li> <li>Workshop on Hair Spa in Bheem Nagar community</li> <li>Workshop on Hand &amp; Foot Care at home in Bharat Vihar community</li> </ul>	Beauty Culture	<ul style="list-style-type: none"> <li>Result declaration</li> <li>Workshop on Saree &amp; Party Make-Up in Pappan Kalan, PH-III</li> <li>Mehandi Completion in CBR Project Office</li> </ul>
Physiotherapy	<ul style="list-style-type: none"> <li>Workshop with all therapist ARTC and CBR</li> <li>Workshop with patients on awareness for general fitness</li> </ul>	Physiotherapy	<ul style="list-style-type: none"> <li>Workshop with all therapists/patients</li> </ul>
Occupational Therapy	<ul style="list-style-type: none"> <li>Workshop (Community, ARTC)</li> <li>Republic Day Celebration</li> </ul>	Occupational Therapy	<ul style="list-style-type: none"> <li>Workshop (Community, ARTC)</li> <li>Success stories(2)</li> <li>Referred to hospitals</li> </ul>
CBR	<ul style="list-style-type: none"> <li>Networking with CCRT/DCCW for organizing workshops/Camps</li> <li>To assess the need of newly adopted community and starts intervention of CBR programs</li> <li>Workshop</li> </ul>	CBR	<ul style="list-style-type: none"> <li>Networking with CCRT/DCCW for organizing workshops/Camps</li> <li>To assess the need of newly adopted community and starts intervention of CBR programs</li> <li>Workshop</li> </ul>
March-2018		Upcoming Holidays of ASRA	
Computer	<ul style="list-style-type: none"> <li>Workshop on the topic-' Latest Updates in IT'</li> <li>Results &amp; Date Sheet declaration</li> <li>Holi celebration</li> <li>Workshop by Beauty Culture Unit on Office Makeup &amp; Hair Style</li> </ul>	<p>14<sup>th</sup> January, 2018 : Makar Sakranti</p>	
Tailoring & Handicraft Unit	<ul style="list-style-type: none"> <li>Workshop –Block Printing</li> <li>Result &amp; Diplomas distribution</li> <li>Workshop on the topic "Updates in Ms-Office Software"</li> <li>Revision Classes for Internal Examination</li> <li>Holi Celebration</li> </ul>	<p>26<sup>th</sup> January, 2018 : Republic Day</p>	
Beauty Culture	<ul style="list-style-type: none"> <li>Workshop on Hair Spa in Pappan Kalan, Ph-1</li> <li>Workshop on Office Mae-Up with Hair Styles with Staff</li> <li>Workshop on Thermo Facial in ARTC</li> </ul>	<p>14<sup>th</sup> February, 2018 : Shivratri</p>	
Physiotherapy	<ul style="list-style-type: none"> <li>Workshop with staff on their quarries &amp; fitness</li> </ul>	<p>1<sup>st</sup> March, 2018 : Holika Dahan</p>	
Occupational Therapy	<ul style="list-style-type: none"> <li>Workshop (Community, ARTC)</li> <li>Group activity</li> </ul>	<p>2<sup>nd</sup> March, 2018 : Holi</p>	
CBR	<ul style="list-style-type: none"> <li>Networking with CCRT/DCCW for organizing workshops/Camps</li> <li>To assess the need of newly adopted community and starts intervention of CBR programs</li> <li>Workshop</li> </ul>	<p>29<sup>th</sup> March, 2018 : Good Friday</p>	
		<p>30<sup>th</sup> March, 2018 : Mahavir Jayanti</p>	

## UPDATE ON ONGOING PROGRAMS

### COMMUNITY BASED REHABILITATION (CBR)

#### Meetings in slum Communities

Periodic meetings were held in all the 65 communities adopted by ASRA by the ASRA CBR Team in order to create awareness, discuss issues of importance such as early detection of disabilities, medical intervention and advantage of therapeutic services, educational rehabilitation, vocational rehabilitation and self-reliance of the poor and needy persons with disabilities. These meetings are attended by persons with disabilities, parents of children, beneficiaries of vocational training etc. Details of the meetings held during the quarter are as follows:



*PwD meeting held at Shiv Vihar community*

Community Meetings				
Month	No. of meetings	No. of persons who attended meeting	Male	Female
<b>October-2017</b>	27	442	23	419
<b>November-2017</b>	28	511	41	470
<b>December-2017</b>	23	343	10	333
<b>Total</b>	<b>78</b>	<b>1296</b>	<b>74</b>	<b>1222</b>

#### Services delivered:

##### a. Counseling and Referrals: 1225

Month	No. of persons given Counseling and referred to other organizations			Referrals made to other organizations through networking
	Total	Male	Female	
<b>October-2017</b>	387	205	182	<b>Referred to:</b> D.D.U Hospital, B.R Ambedkar Hospital, Guru Gobind Singh Hospital, Member of Legislative Assembly for Pension , Sub Divisional Magistrate Office for ID Card, Jafferpur Hospital, Institute of Human Behavior of Allied Sciences for beneficiaries with mental retardation, Social Welfare Department, Mobility Aid Camps, National Institute for Hearing Handicapped, National Institute for Mentally Handicapped
<b>November-2017</b>	344	220	124	
<b>December-2017</b>	494	282	212	
<b>Total</b>	<b>1225</b>	<b>707</b>	<b>518</b>	

**b. Concessions and Benefits: 330**

	Received Benefits						IQ Assessment	Total
	Disability Certificate	Rail Pass	PwDs I-Card from Sub Divisional Magistrate	E-card	Bus Pass	Disability Pension		
<b>No. of beneficiaries</b>	77	99	26	57	9	53	9	<b>330</b>



*ASRA's beneficiaries receiving concession & benefits certificates from Government Institutions*

**c. Mobility Aids for Persons with Disabilities**

During the quarter under report, **Fifteen** beneficiaries received Mobility Aids through **Prosthetic and Orthotic Workshop at ARTC** and ASRA's networking with other organizations. Details of appliances received by the beneficiaries are as follows:

No. of beneficiaries	Caliper	Special Kit	Walker	Special Shoes	Stick	Ankle / Knee Foot Orthosis	Artificial Limb	Total
	1	3	1	1	1	6	2	<b>15</b>



*ASRA's beneficiaries received mobility aids during camp*

**d. CBR: Education Program**

**ASRA is running Nursery Classes** for children between the age group of 3 to 6 years, **Non-Formal Education (NFE)** for out-of-school children who have left their education for unavoidable reasons. These children are **mainstreamed** in formal schools by ASRA. **Remedial education (REC)** is provided to school going children to prevent them to dropout from school. **ASRA is also running Special Education** classes for children with special needs-intellectually challenged children.



*Children of ASRA's Education Centre at Indira Camp-2 community*

The details of children who are studying in ASRA Education Centre during the quarter are as follows:

Education Programme		October-2017			November-2017			December-2017		
		M	F	Total	M	F	Total	M	F	Total
Nursery class	<b>Total</b>	<b>143</b>	<b>142</b>	<b>285</b>	<b>152</b>	<b>157</b>	<b>309</b>	<b>118</b>	<b>158</b>	<b>276</b>
	<b>New Admissions</b>	<b>12</b>	<b>7</b>	<b>19</b>	<b>13</b>	<b>20</b>	<b>33</b>	<b>18</b>	<b>4</b>	<b>22</b>
Non Formal Education	<b>Total</b>	<b>89</b>	<b>97</b>	<b>186</b>	<b>120</b>	<b>115</b>	<b>235</b>	<b>124</b>	<b>144</b>	<b>268</b>
	<b>New Admissions</b>	<b>12</b>	<b>2</b>	<b>14</b>	<b>19</b>	<b>13</b>	<b>32</b>	<b>11</b>	<b>15</b>	<b>26</b>
Remedial Education	<b>Total</b>	<b>405</b>	<b>451</b>	<b>856</b>	<b>402</b>	<b>461</b>	<b>863</b>	<b>421</b>	<b>438</b>	<b>859</b>
	<b>New Admissions</b>	<b>27</b>	<b>26</b>	<b>53</b>	<b>27</b>	<b>44</b>	<b>71</b>	<b>23</b>	<b>10</b>	<b>33</b>
Special Education	<b>Total</b>	<b>16</b>	<b>2</b>	<b>18</b>	<b>16</b>	<b>2</b>	<b>18</b>	<b>15</b>	<b>3</b>	<b>18</b>



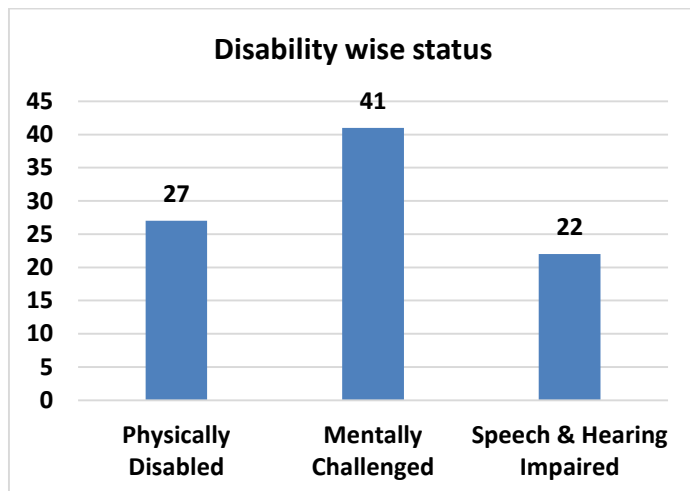
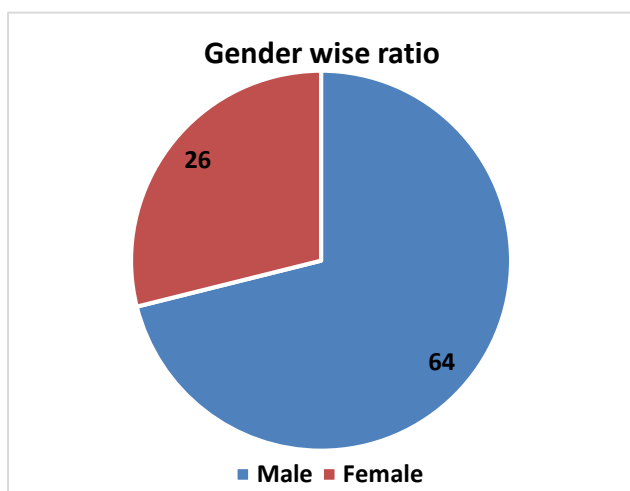
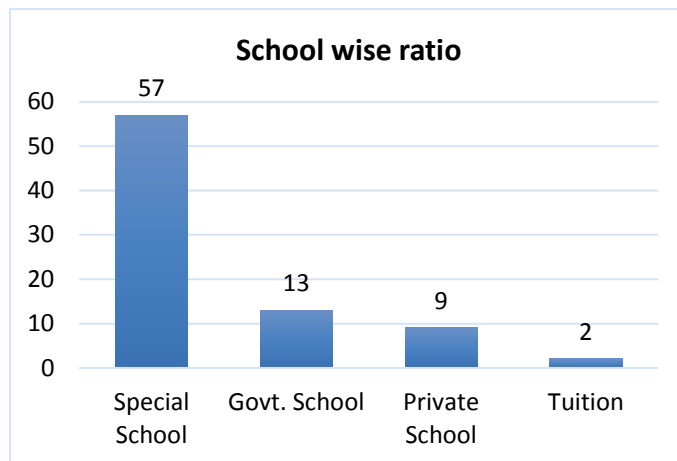
*Children of ASRA's Education Centre attending remedial classes at Pappankalan community*



*Children of ASRA's Education Centre attending non-formal classes at Dwarka sec-16 community*

### e. CBR: Sponsorship Program

It is seen that disabled children in slums are seldom respected, admired and accepted. ASRA took an initiative to promote the education of orthopedically challenged & mentally retarded children at their post primary level. The target children are selected from ASRA's adopted slum communities. Survey and counseling of parents is regularly done. This is an ongoing successful project running since August 2010.



Total **207** Children with Disabilities (CwDs) have been **sponsored** under this program till date. They also received physiotherapy, Occupational Therapy, special education, non-formal education, remedial education etc.

During the Quarter under report, **90 children with disabilities** were provided with Sponsorship covering their tuition fee, uniform, stationery, transport charges, paramedical services etc. on monthly basis.



ASRA's sponsored CwDs

**f. CBR: Vocational Training:**

**Vocational Training / Skill Development in Tailoring, Beauty Culture, Computer courses and Mobile Repairing** Training programs are being run in adopted slum communities. The training has empowered girls/women and young boys to earn their livelihood. Those who have completed their training, are now able to supplement their family income by taking jobs and order work from their community members.



*Students of Computer Centre attending practical class at Pappan Kalan community*

The details of beneficiaries are as follows:-

Vocational Training:		No. of Students		
		October-2017	November-2017	December-2017
Tailoring	Total	262	267	265
	New Admissions	33	24	36
Beauty Culture	Total	140	140	139
	New Admissions	17	19	23
Computer Training	Total	54	44	44
	New Admissions	9	7	3
Mobile Repairing	Total	21	17	19
	New Admission	9	3	5



*Students of Beauty Culture attending Theory class at Indra Camp-2 community*



*Students of Tailoring attending practical class at Indra Camp-2 community*

## MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT ARTC AND CBR

1. **Assessment Clinic:** A person with disability always requires more care and attention so that he/she will be able to cope up with his or her condition. The Medical Unit of ASRA is headed by a professionally well qualified MBBS Doctor who assesses all the patients and refers them to concerned departments for therapies, counselling, workshop etc. for interventions and services.

Month	No. of patients		Total
	Male	Female	
October-2017	07	15	22
November-2017	12	13	25
December-2017	1	13	13
Total	20	41	60

2. **Physiotherapy:** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illness, chronic diseases and neurological conditions, accidents and the pressures and strains of everyday life.

Six Field Physiotherapists visit CBR project area as per their area allocation to deliver physiotherapy services at the door steps of the PwDs. Besides there are two full time Physiotherapists at ARTC HQ to attend PwDs.



*A patient getting physiotherapy at ASRA HQ*

### Physiotherapy department at Head Quarter (ARTC)

Following are the details of patients who visited Physiotherapy department at ARTC during the quarter:

Month	Old		New		Total	Total No. of Patients' visits
	Male	Female	Male	Female		
October-2017	5	10	2	13	30	202
November-2017	4	10	5	10	29	241
December-2017	6	12	1	10	29	185



### Physiotherapy in Slum Communities under CBR

Following is the number of patients who are receiving Physiotherapy under CBR program:

Month	Male	Female	Total
October-2017	138	109	247
November-2017	116	101	217
December-2017	120	105	225

3. **Occupational Therapy:** Two Full Time Occupational Therapists and one Multi Rehabilitation Therapist are based at ARTC HQ to provide occupational therapeutic intervention, training and assistance in the performance of activities of daily living and modification of environment to PwDs of all ages to help them to lead independent, productive and satisfactory life.



*A CwD in OT Department getting therapy at ARTC-HQ*

### Occupational Therapy department at Head Quarter (ARTC)

Following is the number of patients who visited Occupational Therapy department during the quarter at ARTC:

Month	Old		New		Total	Total no. of Patients visit
	Male	Female	Male	Female		
October-2017	14	7	3	1	25	186
November-2017	15	8	3	0	26	262
December-2017	16	6	3	0	25	220

4. **Speech Therapy:** Speech therapy interventions are made to patients suffering from Cerebral Palsy, Aphasia, and Autism etc. Speech Therapists visit CBR Project areas and ASRA HQ for interventions to the persons with speech and hearing impairment.

Month	Old		New		Total	Total no. of Patients visit
	Male	Female	Male	Female		
October-2017	14	11	3	-	25	28
November-2017	18	11	2	-	29	40
December-2017	15	9	1	-	24	32

### Speech Therapy in Slum Communities under CBR program

Speech therapy is being provided in Pappan Kalan, Dwarka sector-16, Nangli Dairy Jwala Puri and Shiv Vihar communities. Total 44 patients received interventions as given in the following table:

Month	Patients		Total patients
	Male	Female	
October-2017	30	14	44
November-2017	28	14	42
December-2017	20	14	34

5. **Prosthetic & Orthotic Unit:** Prosthetic and Orthotic workshop is manufacturing and providing fitment services for the persons with disabilities at ARTC. Patients under CBR Project area are also covered by this unit.

Patients	No. of new Measurements taken	Aids and Appliances given	
		No. of Patients	No. of Aids/ appliances
October-2017	7	-	-
November-2017	7	-	11
December-2017	6	18	31
<b>Total</b>	<b>20</b>	<b>18</b>	<b>42</b>



A CwD namely Himanshi from Jahangirpuri community received Ankle Foot Orthosis from ASRA POE

## VOCATIONAL TRAININGS AT ASRA HQ ARTC

### COMPUTER TRAINING AT ASRA HQ ARTC RECOGNISED BY NIOS AND NIELIT, GOVERNMENT OF INDIA

Status of Students during the quarter under report:

New Admissions during the quarter: **43**

Month	Students with Disabilities	Non-Disabled Students	Total students
October-2017	8	135	<b>143</b>
November-2017	8	127	<b>135</b>
December-2017	9	125	<b>134</b>



Students attending practical class at ARTC

### TAILORING/HANDICRAFT TRAINING AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

The details of students who have undergone training in Tailoring/ Handicraft unit during the quarter under report are as follows:

Status of Students during the quarter under report:

New Admissions during the quarter: **19**

Month	Total number of students
October-2017	<b>61</b>
November-2017	<b>58</b>
December-2017	<b>53</b>



Tailoring class at ARTC

### ASRA HANDICRAFT EMPORIUM

'ASRA Handicraft Emporium' has become functional since April 2010. The Emporium is taking orders of stitching / alteration work and repairing of clothes etc. The details of orders booked / completed during the quarter are given below:

Orders pending up to 30 <sup>th</sup> June-17	Orders booked from 1 <sup>st</sup> Oct-2017 to 31 <sup>st</sup> Dec-2018	Orders completed from 1 <sup>st</sup> Oct-2017 to 31 <sup>st</sup> Dec-2018	Orders pending up to 31 <sup>st</sup> Dec-17
33	404	373	31



ASRA Handicraft Emporium- work in progress

## BEAUTY CULTURE COURSE AT ARTC RECOGNISED BY NIOS, GOVERNMENT OF INDIA

Beauty Culture Unit of ASRA is providing professional training and is conducting diploma course in Beauty culture recognized by NIOS, Government of India. The professionally qualified teachers teach the students about the whole process and techniques of Beauty Culture and other related subject areas. After qualifying in this course, the beneficiaries can work as professional and earn money towards their self-reliance.

### Status of Students during the quarter under report:

New Admissions during the quarter: **13**

Month	No. of students
October-2017	18
November-2017	23
December-2017	26



Students attending Beauty Culture practical class at ARTC

## SEED LOAN

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. Seed loan is given exclusively to the disabled beneficiaries of ASRA who are needy and want to be self-reliant. With the help of Seed Loan, either they purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 116.**

## ADMINISTRATION DEPARTMENT

New Recruitments during the quarter: **03**

S.No.	Name	Appointed as	Date of Recruitment
1.	Ms. Pushpa	Tailoring Teacher, CBR	3 <sup>rd</sup> October, 2017
2.	Ms. Anamika	Asst. Coordinator, CBR	1 <sup>st</sup> November, 2017

No. of staff given increment (as per Rules) in salary, during the quarter : **21**

*Gratitude to the President AFS  
and all the donors  
who are supporting ASRA's work for the poor &  
needy persons with disabilities living  
in the slums of Delhi.*

*Gratitude for your trust in our abilities.*

