

ASRA NEWSLETTER | APRIL TO JUNE 2026

A Delhi-based Charitable Trust dedicated to empowering persons with or without disabilities living in slums and marginalized segments of society, fully supported by AFS.



1. HIGHLIGHTS FROM GLOBAL & LOCAL COLLABORATION

- **Mr. Rishi visited ASRA on 16th April 2026**, where he was warmly welcomed by the students of AIRTC Special School. During his visit, he was taken on a tour of the ARTC & AIRTC Special School to observe its various departments and their day-to-day activities. He appreciated ASRA's efforts and commended the organization for its dedicated work towards improving the quality of life and promoting the inclusion and well-being of its beneficiaries.
- **Mr. K.V.S Rao, Retired Director, DEPwD, M/SJ&E, Government of India, visited ASRA on 6th June 2026 along with Ms. Neha Sharma.** During his visit, he participated in the monthly CBR staff meeting and motivated the team through his inspiring address. He toured the ARTC & AIRTC Special School, interacting with beneficiaries and observing various activities and interventions. Mr. Rao appreciated ASRA's dedicated efforts towards empowering persons with disabilities and promoting inclusion within the community. He expressed his admiration for the quality of work being carried out by the management and staff, and encouraged the team to continue their impactful work to create positive and sustainable change in the lives of the beneficiaries.
- **Ms. Meena Sharma, Director, Ministry of Coal, Government of India along with Ms. Sudha visited ASRA on 26th June 2026.** They were warmly welcomed by the Founder of ASRA India & the team. During their visit, they toured the ARTC & AIRTC Special School, where they observed various activities of different departments. They appreciated ASRA's efforts and commended the organization for its dedicated work towards improving the quality of life, inclusion and well-being of its beneficiaries.
- The CBR MHP Team facilitated **Counseling Sessions** for parents of students enrolled at AIRTC Special School & Pre School Section through a Psychologist. During these sessions, parents were provided with guidance on the developmental and behavioral changes that may occur in their children over time, enabling them to better understand, support, and respond to their children's need through appropriate care and timely intervention.
- Special Educators from AIRTC Special School conducted **Recreational and Engaging Learning Activities** for children studying at the CBR Education Centres. The children participated with great enthusiasm and showed keen interest throughout the program. Various activities, including games, fun-based learning exercises, and art & craft sessions, were organized to encourage creativity, participation, and social interaction among the children. A total of 74 children, including 22 children with disabilities, from the Shiv Vihar, Pappankalan, Dwarka Sector-16, and Nanhe Park Education Centres took part and thoroughly enjoyed the experience.
- AIRTC Special School conducted a joyful and inclusive **Summer Vacation Camp** for its students with special needs from 21st May 2026 to 30th May 2026. The camp was designed to provide a safe, engaging, and supportive environment where every child could learn, play, and express themselves freely. Activities such as music, art, sensory games, storytelling, and basic life skills training were included to promote holistic development.
- **As part of a new initiative under the CBR program**, 15 C/PwDs residing in the Pappankalan slum community were assessed by an Orthopedic Surgeon. The objective of this initiative was to identify their needs at an early stage and facilitate appropriate medical intervention and treatment, thereby improving their functional abilities and overall quality of life.
- A felicitation ceremony was organized for the interns at the ASRA Head Office. Their contributions were highly appreciated, and they were extended best wishes for their future endeavors. The event concluded successfully in a warm and friendly atmosphere.
- During this quarter, **CBR Staff Meetings** were held at the Head Office with the CBR staff. In these meetings, detailed discussions were conducted on the challenges faced by the staff, student-related strategies, and several other important issues. These deliberations were aimed at identifying solutions and developing effective strategies that would contribute to strengthening and further advancing the CBR program.
- **A Parent-Teacher Meeting (PTM)** was organized at AIRTC Special School, where parents were sensitized to their children's overall growth and developmental needs. The session emphasized the importance of education, therapeutic interventions, a supportive home environment, play-based learning, and other developmental practices to promote the holistic progress of the children.
- Canteen facility was introduced to provide hygienic and affordable food and refreshments for staff and visitors.

COMPREHENSIVE IMPACT: ASRA'S DIVERSE INITIATIVES

ASRA continued implementing a wide range of programs, reaching over **910 beneficiaries** across **23 adopted communities** during the quarter. Key areas included: **Community-Based Rehabilitation, Mental Health Project, Education Program, Vocational Training, AIRTC Special School and Medical & Therapeutic Services.**

2. COMMUNITY BASED REHABILITATION PROGRAM COMBINED WITH MENTAL HEALTH PROJECT

Psychometric Assessments & Psychotherapy 48 beneficiaries, 421 sessions conducted	Medical Intervention & Therapeutic Services provided to 185 beneficiaries	Skill Development (Art, Craft & Jewelry Making) 206 beneficiaries across 18 communities
Vocational Training 70 students	Seed Loan Program One beneficiary from Nangli Dairy slum community received Seed Loan	Assessment by Orthopedic Surgeon 15 C/PwDs from Pappankalan slum community assessed
Education Program 346 children including 44 CwDs	Kit Distribution Program 19 children / persons with disabilities received Ration Kit	Social Mapping online applications were applied for : 21 C/PwDs

3. COMMUNITY-WISE CBR MENTAL HEALTH PROJECT COVERAGE

S.No.	Community name	Project Coverage
01	Shiv Vihar	51
02	Pappankalan	62
03	Nangli Dairy	36
04	Nanhe Park	27
05	TC-Camp	11
06	Bharat Vihar	22
07	Dwarka Sec-1	31
08	Dwarka Sec-16	27
09	Jwalapuri	16
10	Goyla Dairy	09
11	Bheem Nagar	26
12	Binda Pur	13
13	Khyala	11
14	Shyam Nagar	13
15	Madipur	08
16	T-Camp	12
17	AIRTC	25
18	Nihal Vihar	07



4. EDUCATION PROGRAM

The education program focuses on providing inclusive, quality learning opportunities to children from adopted communities, with special emphasis on Children with Disabilities (CwDs).

Total Education Centres: 15

Total Children Enrolled: 346

Children with Disabilities (CwDs): 44

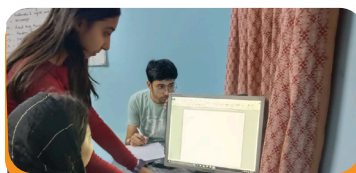
During the quarter under report, various **activities, celebrations, awareness meetings, PTM and games** were conducted with students at CBR Education Centres.

5. VOCATIONAL TRAININGS PROGRAM



CUTTING & TAILORING COURSE

The Cutting and Tailoring program was conducted across the Shiv Vihar, Nangli Dairy, Pappankalan, and Nanhe Park communities, with **33 students** enrolled during the quarter.



COMPUTER COURSE

Computer classes were conducted at the Computer Centres in the Pappankalan, Hoshiyarpur, and Nangli Dairy communities. A total of **22 students** were enrolled during the quarter.



MOBILE REPAIRING COURSE

06 students from the Shiv Vihar slum community were enrolled in the Mobile Repairing Course, and their training progressed during the quarter.



BEAUTY CULTURE COURSE

The Beauty Culture Course was conducted at the Pappankalan Community Centre. A total of **9 students** were enrolled during the quarter.

Final examinations for the Cutting and Tailoring Course were conducted at the Nangli Dairy slum community this quarter, where four registered students appeared and successfully cleared the exams. The examinations were conducted by an ARTC teacher, and the written portion was adapted into an oral viva for students who were not well-versed in writing.

6. SOCIAL MAPPING IN CBR, AIRTC AND ARTC

Social mapping of children and persons with disabilities are performed to assess their socio-economic status and promote inclusion, while the CBR team of ASRA supports access to government schemes and collects survey feedback. **During the quarter under report, the ASRA CBR Team applied online for government facilities, such as Disability Certificates (DC), Unique Disability Identity cards (UDID), and E-ticket cards – for 21 children and persons with disabilities (C/PwDs).**

7. SEED LOAN PROGRAM

The purpose of this program is to provide zero interest loan for business capital thus promoting financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. **During the quarter under report, one PwD beneficiary namely, Mr. Tanveer from Nangli Dairy slum community, who is speech & hearing impaired received Seed Loan for purchasing sewing machine for expansion of his small boutique.** The total number of beneficiaries under Seed Loan program is now **154**.

8. KITS DISTRIBUTION PROGRAM

Ration Kits were distributed to **19 C/PwDs** in need – 8 from Shiv Vihar, 3 from Dwarka Sec-16, 4 from Pappankalan & 4 from T-Camp slum communities.

9. AIRTC SPECIAL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

- During the quarter under report, **10 children** with special need attended the ASRA Special School.
- Computer Learning: **05 students** learnt computers at AIRTC Special School.
- Pre-School for children aged 3 to 5 years: **09 children** attended the classes.

10. MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC

- **Orthopaedic Assessments:** 98 patients
- **Physiotherapy:** 1084 sessions for 219 patients (ARTC & AIRTC)
- **Speech Therapy:** 888 sessions for 354 patients (ARTC, AIRTC & CBR)
- **Occupational Therapy:** 170 sessions for 60 patients (ARTC & AIRTC)
- **Prosthetic & Orthotic Services:** Measurement taken and fabricated mobility aid to children with disability during the quarter under report:

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Measurement taken	Types of Mobility Aid
01	Yuvan	07/M	Autism Spectrum Disorder	-	Dorsolumbar Sacral-Orthosis Brace
02	Yakshit	14/M	Orthopedically Handicapped	-	Corrective Shoes
03	Mohd. Amaan	04/M	Orthopedically Handicapped	Ankle Foot Orthosis	-

Abhishek, a student from AIRTC Special School, was unable to attend school after his wheelchair was stolen. ASRA provided him a wheelchair to ensure that his education could continue uninterrupted.

- **Psychotherapy:** Psychotherapy sessions have been initiated for new individuals requiring mental health support.

11. VOCATIONAL TRAININGS AT ARTC

CUTTING & TAILORING COURSE | BEAUTY CULTURE COURSE | COMPUTER TRAINING COURSE | ENGLISH SPEAKING COURSE

- The details of students who underwent vocational training during the quarter under report are as follows:

Cutting & Tailoring Course	Beauty Culture Course	Computer Course	English Speaking Course
21 students	24 students	100 students	06 students

- Final Examinations for vocational training in Computer Course were conducted this quarter, with 18 registered students appearing and successfully clearing the exams.
- **English Speaking Course:** This initiative reflects ASRA's commitment to equipping students with essential communication skills and expanding their learning opportunities. The surveys are underway for starting a new batch of the English Speaking Course

12. HANDICRAFT EMPORIUM

ASRA's Handicraft Emporium not only provides top-quality clothing & embroidery but also empowers our talented, differently-abled artisans to showcase their craft & earn a dignified income.

Orders pending up to 31st March 2026	Orders booked from 1st April 2026 to 30th June 2026	Orders completed from 1st April 2026 to 30th June 2026	Orders pending up to 30th June 2026
18	159	150	09

13. EVENTS / CELEBRATIONS & WORKSHOPS CONDUCTED

S. No.	Events / Celebration & Workshop	Date
01	World Autism Day	02.04.2026
02	Baisakhi	13.04.2026
03	Workshop: Umbrella Skirt Plazo Cutting & Stitching	20th & 21st May, 2026
04	Mother's Day	06.05.2026
05	World Sclerosis Day	30.05.2026
06	Learning Disability Week	19.06.2026
07	International Day of Yoga	20.06.2026

Over 60 students, parents & staff participated in these events.



14. ACCOUNTS & ADMINISTRATION

- Internal Audit: Conducted for the quarter January 2026 to March 2026 by CA Firm.
- New Staff Recruited: **10** | Resignations: **04**
- Interviews were conducted for various posts during the quarter under report.

15. DIGITALIZATION OF ASRA

The first quarter of 2026 marked a deliberate shift in how ASRA connects online. We changed our digital strategy to speak directly to our target group, adopting Hindi as our primary language so our content is fully understood by the communities we serve.

By breaking down various initiatives of ASRA into simple, unambiguous language and moving toward highly engaging carousel formats, we have tried improving information retention. Our focus is about bringing authentic stories of our people to the forefront and improving trust and credibility with both our communities and our global supporters.

Stories of Independence: Vocational Training & Seed Loans

The core of our mission remains the real-world progress of our students. This quarter, through the combination of vocational courses of ASRA and seed loan support, we are celebrating major milestones:

- **Tina (Cutting & Tailoring):** Completed her vocational training and has returned, now working directly for ASRA.
- **Shamshad Alam (Mental Health Program):** A dedicated student of our MHP program who has used this holistic support to excel significantly in his school education.
- **Arun Rawal (Entrepreneur):** Graduated from our cutting and tailoring course and has successfully launched her own independent business from home.

Our Mission Online: To ensure that every story of a person with a disability in Delhi's slums is heard, respected, and supported in a language they speak.

ASRA extends heartfelt gratitude to President AFS and all donors for their continued support in empowering persons with disabilities and marginalized communities across Delhi.



ASRAIndia

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SERVED



8000+

CBR
BENEFICIARIES
DEVELOPED



30+

AWARDS WON



32+

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TRUST



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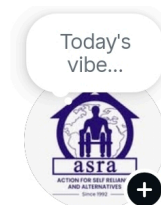
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ACTION FOR SELF RELIANCE AND ALTERNATIVES