



ASRA NEWSLETTER

April to June 2026



**ACTION FOR SELF RELIANCE
AND ALTERNATIVES**

A Delhi-based Charitable Trust dedicated to empowering persons with or without disabilities living in slums and marginalized segments of society.

Comprehensive Impact:

ASRA's Diverse Initiatives

HIGHLIGHTS from Global & Local Collaboration

- Community based Rehabilitation Program combined with Mental Health Project
- AIRTC Special School
- ARTC- Head Office Programs

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- 1.2 Vocational Training Programs
 - Cutting and Tailoring course
 - Beauty Culture course
 - Computer course
 - Mobile Repairing course
- 1.3 Social Mapping in CBR, AIRTC and ARTC
- 1.4 ASRA CBR Mental Health Project
- 1.5 Seed Loan Program
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COMPREHENSIVE IMPACT: ASRA'S DIVERSE INITIATIVES

Community Based Rehabilitation: CBR (Covered 68 communities since 1992) CBR - Mental Health Project since April 2024

01. Awareness creation about prevention of disabilities & need for intervention
02. Referral Services for PwDs: Social Mapping & Delivery of benefits
03. Online Application for Government benefits
04. Skill Development Trainings
 - **Computer Course** at Pappankalan Nangli Dairy & Hoshiyarpur, Noida communities
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 - Jwala Puri
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 - Nanhe Park
 - Hoshiyarpur, Noida
 - Dwarka Sec-16
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 - Nangli Dairy
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 - Sonia Camp
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 - Bharat Vihar
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11. Physiotherapy
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13. Prosthetic & Orthotic Appliances
13. Psychotherapy
 - ASRA CBR Mental Health Project
 - Seed Loan
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ASRA Intervention, Recreation & Therapy Centre : AIRC ASRA SPECIAL SCHOOL

01. Special Education
02. Yoga & Personal Development
03. Play way Method
04. Dance & Music
05. Art & Craft Activities
06. Pre Vocational Skills
07. Social Skills
08. Medical Intervention & Therapeutic Service
 - Physiotherapy
 - Occupational Therapy
 - Speech Therapy
09. Sensory & Motor Development Skills
10. Sensory Integration
11. Counseling & Mental Health
12. Activity of Daily Living (ADL)
13. Distribution of five kits Program
14. Online Application for Government benefits
15. Psychotherapy sessions available by experts on request & on doctor's recommendation
16. Pre-school for the age group 3 to 5 years

ASRA Rehabilitation & Training Centre : ARTC (THE HEAD OFFICE)

01. Medical Intervention & Therapeutic Services
 - Assessment by Orthopaedic Surgeon
 - Physiotherapy Unit
 - Occupational Therapy Unit
 - Speech Therapy Unit
 - Prosthetic & Orthotic workshop
 - Psychotherapy Unit
02. Skill Development Trainings
 - Cutting & Tailoring course
 - Beauty Culture course
 - Nail Extension course
 - Computer training course
03. Haat
04. Handicraft Emporium

New courses introduced

01. English Speaking Course
02. Digital Marketing Course
03. Graphic Designing Course
04. Art & Craft Course
05. Basic Dance Step Class

- **Mr. Rishi visited ASRA on 16th April 2026**, where he was warmly welcomed by the students of AIRTC Special School. During his visit, he was taken on a tour of the ARTC & AIRTC to observe its various departments and their day-to-day activities. He appreciated ASRA's efforts and commended the organization for its dedicated work towards improving the quality of life and promoting the inclusion and well-being of its beneficiaries.
- **Mr. K.V.S Rao, Retired Director, DEPwD, M/SJ&E, Government of India, visited ASRA on 6th June 2026** along with Ms. Neha Sharma. During his visit, he participated in the monthly CBR staff meeting and motivated the team through his inspiring address. He toured the ARTC & AIRTC Special School, interacting with beneficiaries and observing various activities and interventions. Mr. Rao appreciated ASRA's dedicated efforts towards empowering persons with disabilities and promoting inclusion within the community. He expressed his admiration for the quality of work being carried out by the management and staff, and encouraged the team to continue their impactful work to create positive and sustainable change in the lives of the beneficiaries.
- **Ms. Meena Sharma, Director, Ministry of Coal, Government of India along with Ms. Sudha visited ASRA on 26th June 2026.** They were warmly welcomed by the Founder of ASRA India & the team. During their visit, they toured the ARTC & AIRTC Special School, where they observed various activities of different departments. They appreciated ASRA's efforts and commended the organization for its dedicated work towards improving the quality of life, inclusion and well-being of its beneficiaries.

ASRA's Activities during the quarter under report:

Community based Rehabilitation Program combined with Mental Health Project (CBR MHP)

Under the CBR Program, ASRA extended its services to **910** beneficiaries spread **over 23** communities. The present staff strengths under CBR program is **over 25**.

Total number of interns who actively participated in CBR MHP Project during the financial year 2025-26 (list enclosed as Annexure 1).

- **Medical Intervention & therapeutic Services** were provided to **185** beneficiaries.
- **Assessment by Orthopaedic Surgeon: 15 C/PwDs** from Pappankalan slum community assessed.
- **Under CBR Education program: 346** children are being educated out of whom **44** are CwDs.
- **Under Vocational Trainings Program: 70** students are getting vocational trainings.
- Beneficiaries covered under psychometric assessment & psychotherapy project: **48** C/PwDs.
- Beneficiaries who were provided with skills development training in Art & Craft and Artificial Jewellery Making: **206** beneficiaries in 18 communities.
- Special educators from ARTC special school visited 4 communities, engaging with CwDs and their parents in various engaging activities.
- **Seed Loan Program: One beneficiary** received Seed Loan from Nangli Dairy slum community.
- **Ration Kits** were distributed to **19 CwDs** in need – 8 from Shiv Vihar, 3 from Dwarka Sec-16, 4 from Pappankalan & 4 from T-Camp slum community.
- Online applications, for Government benefits for persons with disability, were applied for : **21 C/PwDs**.
- During this quarter, **CBR Staff Meetings** were held at the Head Office with the CBR staff. In these meetings, detailed discussions were conducted on the challenges faced by the staff, student-related strategies, and several other important issues. These deliberations were aimed at identifying solutions and developing effective strategies that will result in strengthening and further advancing the CBR program.

AIRTC Special School

- During the quarter, various activities were organized in AIRTC Special School for **10 enrolled children** by special educators / trainers. These activities were designed as per the interests and capabilities of the students.
- The CBR MHP Team facilitated counseling sessions for parents of students enrolled at AIRTC Special School & Pre School Section through a psychologist.
- A **Parent-Teacher Meeting (PTM)** was organized at AIRTC Special School, where parents were sensitized to their children's overall growth and developmental needs. The session emphasized the importance of education, therapeutic interventions, a supportive home environment, play-based learning, and other developmental practices to promote the holistic progress of the children.
- AIRTC Special School conducted a joyful and inclusive **Summer Vacation Camp** for children with special needs, who are studying at AIRTC Special School, from 21st May 2026 to 30th May 2026.
- The AIRTC Special School remained closed due to summer vacation from 1st June 2026 to 30th June 2026. The School is to reopen and start functioning from 1st July 2026.

ARTC Head Office Programs

- Final Examination** of students registered under Vocational Training of computer course, was conducted during the quarter under report. Total **18 students appeared** in the examination and **all have passed the exams**.
- The details of students who are undergoing training in Vocational training during the quarter under report are as follows:**

S. No.	Name of Course	Number of Students
1	Cutting & Tailoring Course	21
2	Beauty Culture Course	24
3	Computer Course	100
4	English Speaking Course	06
Total		151

- A **felicitation** ceremony was organized for the interns at the ASRA Head Office. Their contribution was appreciated, and they were extended best wishes for their future endeavors. The event concluded successfully in a warm and friendly atmosphere.
- Canteen facility has been introduced to provide hygienic and affordable food and refreshments for staff and visitors. **This initiative is being run by canteen committee comprising of staff representatives.**

1.1. CBR Education Program

- Students' strength in Education Centres in adopted communities during the quarter under report is as follows:
- 27 children including 11 CwDs at **Shiv Vihar** education centre, 22 children including 6 CwDs at **Pappankalan** education centre, 13 children at **Hoshiyarpur village**, NOIDA, 32 children including 02 CwDs at **Jwala Puri** education centre, 31 children including 04 CwDs at **Nanhe Park** education centre, 25 children including 09 CwDs at **Dwarka Sec-1**, 41 children including 01 CwD at **Dwarka Sec-16** education centre, 37 children including 06 CwDs at **Nangli Dairy** education centre, 35 children including 02 CwDs at **Bharat Vihar** education centre, 13 children at **Sonia Camp** education centre, 12 children at **Bheem Nagar** education centre, 19 children at **Shyam Nagar** education centre, 09 children at **Goyla Dairy** education centre, 22 children including 02 CwDs at **T-Camp** education centre, 08 children including 01 CwD at **Bindapur** education centre have been enrolled during the quarter under report.
- During the quarter under report, various **special activities, celebrations, awareness meetings, parents teacher meeting and activities** were conducted with students at CBR Education Centres.



1.2. VOCATIONAL TRAINING

- **CUTTING AND TAILORING COURSE**

A new Tailoring Centre has started at Nanhe Park slum community w.e.f 20th May 2026 with 10 students enrolled.

Tailoring program in Shiv Vihar, Nangli Dairy, Pappankalan & Nanhe Park slum communities continued with **33 needy students enrolled**. Regular classes are being conducted in all the centres and all students are pursuing their course. Final Examination of students registered under Tailoring Course at Nangli Dairy slum community was conducted during the quarter under report. Total **04 students** appeared in the examination and all the students have cleared the exams.

- **BEAUTY CULTURE COURSE**

The Beauty Culture Training Course has started at the CBR Project Office in Pappankalan community. The course aims to provide skill-based training to women and girls to enhance their livelihood opportunities and promote self-employment. Total **09 students** have been enrolled during the quarter under report.

- **COMPUTER TRAINING COURSE**

Computer Training Course is conducted at CBR Project Office in **Pappankalan, Hoshiyarpur-Noida & Nangli Dairy community**. In Pappankalan community, the computer teacher is Ms. Asha, a person with disability who lives in Pappankalan community. Total **22 students** have been enrolled during the quarter under report.

- **MOBILE REPAIRING COURSE**

Under the **Mobile Repairing Course**, students from economically weaker sections were enrolled in Shiv Vihar community during the quarter under report. Regular classes are being conducted, **06 students** have been enrolled in the course & training is in progress.

1.3. SOCIAL MAPPING in CBR, AIRTC and ARTC:

Social mapping of children and persons with disabilities in CBR, AIRTC Special School, and ARTC is being conducted with the objective of carrying out their socio-economic assessment, ultimately facilitating their inclusion in society. Simultaneously, the ASRA CBR team has been assisting individuals who are uneducated or unaware of the online application process to avail government facilities by continuously filling out online applications on their behalf. **During the quarter under report, online applications were applied for Government facilities such as disability certificate (DC), unique disability identity card (UDID), pension, bus pass & railway E-ticket card, for 21 C/PwDs.**

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Type of concession & benefits services applied	Community
1	Suresh	47/M	Orthopaedically Handicapped	UDID Card	Bindapur
2	Shivay	8/M	Speech & Hearing Impaired	DC + UDID Card	Uttam Nagar (ARTC)
3	Abhimanyu	35/M	Orthopaedically Handicapped	DC + UDID Card	Pappankalan
4	Arvind Kumar	43/M	Orthopaedically Handicapped	DC + UDID Card	Nihal Vihar
5	Raj Kumar	9/M	Multiple Disability	DC + UDID Card	Nangli Dairy
6	Josha	41/F	Orthopaedically Handicapped	UDID Card	Raghuvir Nagar
7	Naveen	22/M	Intellectual Disability	UDID Card	Pappankalan
8	Manoj	42/M	Orthopaedically Handicapped	E-Ticket Card	Dwarka Sec-1
9	Jai	18/M	Intellectual Disability	DC + UDID Card	Raghuvir Nagar
10	Ayush	13/M	Multiple Disability	UDID Card	Dwarka Sec-16
11	Ganga	20/F	Orthopaedically Handicapped	DC + UDID Card	T-Camp
12	Renu	46/F	Orthopaedically Handicapped	DC + UDID Card	Shiv Vihar
13	Harshiv	8/M	Speech & Hearing Impaired	DC + UDID Card	Uttam Nagar (ARTC)
14	Phoolmala	37/F	Orthopaedically Handicapped	UDID Card	Nangli Dairy
15	Urmila	35/F	Orthopaedically Handicapped	DC + UDID Card	T-Camp
16	Kamal	26/M	Multiple Disability	UDID Card	Nihal Vihar
17	Dhanik Paswan	68/M	Orthopaedically Handicapped	E-Ticket Card	T-Camp
18	Shilu	32/F	Orthopaedically Handicapped	UDID Card	Nihal Vihar
19	Md. Aman	4/M	Multiple Disability	DC + UDID Card	Uttam Nagar (ARTC)
20	Amit	34/M	Orthopaedically Handicapped	E-Ticket Card	T-Camp
21	Karan	37/M	Orthopaedically Handicapped	UDID Card	Raghuvir Nagar

1.4 ASRA CBR MENTAL HEALTH PROJECT

This innovative initiative screens, assesses and supports young children / persons with intellectual disabilities (and associated disorder), by a highly qualified team of psychologists. Simultaneously, individual / group counseling is provided to them and their family members, which is aimed towards inducting & training them in Activity of Daily Living (ADL). Based on the capabilities and interest of the beneficiaries suitable and appropriate vocational and social skill training is also imparted to the beneficiaries.

The community details of beneficiaries covered under this project are as follows:

S. No.	Community Name	CBR MHP Beneficiary			Screening, Assessment, Parents Counseling & Parents training	Vocational Training
		Old	New	Total		
1	Shiv Vihar	49	02	51	05	23
2	Pappankalan	62	00	62	00	28
3	Nangli Dairy	26	10	36	22	37
4	Nanhe Park	26	01	27	00	14
5	TC-Camp	11	00	11	00	09
6	Bharat Vihar	19	03	22	01	09
7	Dwarka Sec-1	30	01	31	00	22
8	Dwarka Sec-16	23	04	27	00	12
9	Jwala Puri	16	00	16	00	03
10	Goyla Dairy	09	00	09	00	02
11	Bheem Nagar	22	04	26	03	05
12	Binda Pur	13	00	13	00	08
13	Khyala	11	00	11	00	05
14	Shyam Nagar	09	04	13	01	06
15	Madipur	07	01	08	00	07
16	T-Camp	11	01	12	00	08
17	AIRTC	21	07	25	16	08
18	Nihal Vihar	00	07	07	00	00
Total		365	42	407	48	206
Total Sessions : 421						

The psychometric assessment and therapy has brought about remarkable improvement in the lives of beneficiaries who are participating in this project. In fact, many of them learn Activity of Daily leaning (ADL) in the process.

1.5 SEED LOAN PROGRAM

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The beneficiaries of this program are exclusively persons with disabilities who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. During the quarter under report, one PwD beneficiary namely, Mr. Tanveer from Nangli Dairy slum community, who is speech & hearing impaired received Seed Loan for purchased sewing machine for expansion of his small boutique. The total number of beneficiaries under Seed Loan program is now **154**.

List of 27 beneficiaries who have been provided Seed Loan since 2022 enclosed as Annexure-2.



1.6 KITS DISTRIBUTION PROGRAM

As part of efforts towards comprehensive rehabilitation, five essential kits are distributed to children with disabilities in dire need. These included kits such as Ration, Immunity Booster, Educational, Personal Hygiene & Therapy. The distribution is carried out based on specific request received from the beneficiaries, ensuring that the support addressed their individual needs.

The following beneficiaries received Ration Kits during the quarter under report:

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Community
1	Subham	18/M	Physically Handicapped	Dwarka Sec-16
2	Ravi	18/M	Speech & Hearing Impaired	Dwarka Sec-16
3	Naina	13/F	Multiple Disability	Dwarka Sec-16
4	Parth	6/M	Multiple Disability	Pappankalan
5	Pawan	16/M	Intellectual Disability	Pappankalan
6	Neha	20/F	Intellectual Disability	Pappankalan
7	Naveen	22/M	Intellectual Disability	Pappankalan
8	Divyanshi	8/F	Physically Handicapped	T-Camp
9	Ayush	11/M	Visual Impairment	T-Camp
10	Purnima	4/F	Physically Handicapped	T-Camp
11	Vipin	14/M	Intellectual Disability	T-Camp
12	Ujjwal	13/M	Physically Handicapped	Shiv Vihar
13	Chavi	9/F	Multiple Disability	Shiv Vihar
14	Himanshu	10/M	Speech & Hearing Impaired	Shiv Vihar
15	Anshika	14/F	Multiple Disability	Shiv Vihar
16	Tamanna	9/F	Multiple Disability	Shiv Vihar
17	Rounak	10/M	Multiple Disability	Shiv Vihar
18	Khushi	13/F	Multiple Disability	Shiv Vihar
19	Karan	13/M	Speech & Hearing Impaired	Shiv Vihar



02

AIRTC Special School for children with special needs

ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)

In AIRTC, apart from special education, all students enrolled in AIRTC gets comprehensive rehabilitation, which includes assessment by Orthopaedic Surgeon and customized physiotherapy, occupational therapy, speech therapy and Prosthetics & Orthotics by qualified professionals.

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical, speech & hearing impairments. **During the quarter under report, 10 children with special need attended the ASRA Special School. The detail of which are as follows.**

S. No.	Name of Student	Age/Gender	Aids & Appliances Received
1	Himansh	10/Male	Intellectual Disability
2	Samarth	12/Male	Autism Spectrum Disorder
3	Kanak	08/Female	Autism Spectrum Disorder
4	Leehisha	14/Female	Cerebral Palsy + Intellectual Disability
5	Samar Singh	07/Male	Autism Spectrum Disorder
6	Abhishek	09/Male	Cerebral Palsy
7	Vasu	10/Male	Autism Spectrum Disorder
8	Aryaman Gulati	13/Male	Cerebral Palsy
9	Dhruv	05/Male	Hemiplegia
10	Hamza	07/Male	Autism Spectrum Disorder

Computer Learning: Following students have started learning computer at AIRTC Special School:

S. No.	Name of Student	Age/Gender	Types of Disability
1	Himansh	11/Male	Intellectual Disability
2	Leehisha	14/Female	Cerebral Palsy with Intellectual Disability
3	Abhishek	09/Male	Cerebral Palsy
4	Aryaman Gulati	13/Male	Cerebral Palsy
5	Vasu	10/Male	Autism Spectrum Disorder

Events, celebrations & workshops conducted during the quarter:

S. No.	Events, celebrations & workshops	Date
1	World Autism Day	02.04.2026
2	Baisakhi	12.04.2026
3	Workshop: Umbrella Skirt Plazo Cutting & Stitching	20th & 21st May, 2026
4	Mother's Day	06.05.2026
5	World Sclerosis Day	30.05.2026
6	Learning Disability Week	19.06.2026
7	International Day of Yoga	20.06.2026

Over 60 students, parents & staff participated in these events.

- The CBR MHP Team facilitated **Counseling Sessions** for parents of students enrolled at AIRTC Special School & Pre School Section under observation of an expert Psychologist. During these sessions, parents were provided with guidance on the developmental and behavioral changes that may occur in their children over time, enabling them to better understand, support, and respond to their children's need through appropriate care and timely intervention. Teachers were later coached on situation handling and best practices.
- Special Educators from AIRTC Special School conducted **Recreational and Engaging Learning Activities** for children studying at the CBR Education Centres. The children participated with great enthusiasm and showed keen interest throughout the program. Various activities, including games, fun-based learning exercises, and art & craft sessions, were organised to encourage creativity, participation, and social interaction among the children. A **total of 74 children** including **22 children with disabilities** from Shiv Vihar, Pappankalan, Dwarka Sector-16 & Nanhe Park education centres took part in the activities and enjoyed the activities enthusiastically.

- AIRTC Special School conducted a joyful and inclusive **Summer Vacation Camp** for children with special needs, who are studying at AIRTC Special School, from 21st May 2026 to 30th May 2026. The camp was designed to provide a safe, engaging, and supportive environment where every child can learn, play, and express themselves freely. Activities like music, art, sensory games, storytelling, and basic life skills are included.



PRE-SCHOOL SECTION FOR THE AGE OF 3 TO 5 YEARS CHILDREN

AIRTC Special School has started a **Pre-School program** for children aged 3 to 5 years in the month of **September 2025**. In this program, Parents of nearby areas are enrolling their children in the Pre school. The unique feature of this initiative is that children with special needs and normal children learn and participate in various activities together, promoting inclusion, social interaction, and holistic development.

The details of the enrolled children are as follows:

S. No.	Name of Student	Age/Gender
1	Abhiram Pal	03/Male
2	Jai	03/Male
3	Priyanka	03/Female
4	Harjot Sing	05/Male
5	Manvi	03/Female
6	Shivay	05/Male
7	Aaman	04/Male
8	Ritika	05/Male
9	Madhav	03/Male

03 Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC

3.1 ASSESSMENT BY ORTHOPAEDIC SURGEON

An assessment clinic is functioning since **May 2022** wherein assessment is conducted by a Senior Orthopaedic Surgeon, every Tuesday. The team of experts / professionals - **Physiotherapists, Occupational Therapist, Speech Therapist, Special Educators, Prosthetic & Orthotic Engineer and Psychologist** then provided specific treatments at ARTC, or referred to other hospitals and Rehab Centers.

Total Number of patients assessed during the quarter under report: 98

As part of a new initiative under the CBR program, 15 C/PwDs residing in the Pappankalan slum community were assessed by an Orthopaedic Surgeon. The objective of this initiative was to identify their needs at an early stage and facilitate appropriate medical intervention and treatment, thereby improving their functional abilities and overall quality of life. Their social mapping for government benefits and assessment of mental health were also undertaken.



3.2 PHYSIOTHERAPY UNIT

Physiotherapy is essential for therapeutic management of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and everyday strains.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

	ARTC	AIRTC
Total Patients	219	12
Total Sessions	996	88

SOME GLIMPSES OF PHYSIOTHERAPY SESSIONS



3.3 SPEECH THERAPY UNIT

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

	ARTC	AIRTC	CBR
Total Patients	139	30	185
Total Sessions	525	108	255

Speech therapist also visits communities. Some glimpses of door-to-door speech therapy sessions in adopted slum communities.



3.4 OCCUPATIONAL THERAPY UNIT

Occupational Therapy plays an important role in providing therapeutic management of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and everyday strains.

Following are the number of patients who visited Occupational Therapy Unit during the quarter under report:

	ARTC	AIRTC
Total Patients	34	26
Total Sessions	54	116

3.5 PROSTHETIC & ORTHOTIC UNIT

The Prosthetic and Orthotic workshop at the ASRA Head Office is engaged in the fabrication and fitment of aids and appliances for children/persons with disabilities. This unit also extends its services to beneficiaries under CBR Project area, contributing to their functional independence and overall rehabilitation.

Measurement taken and mobility aids fabricated and delivered during the quarter under report:

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Measurment taken	Types of Mobility Aid
1	Yuvan	7/Male	Autism Spectrum Disorder	-	Dorsolumbar Sacral-Orthosis Brace
2	Yakshit	14/Male	Orthopedically Handicapped	-	Corrective Shoes
3	Mohd. Amaan	4/Male	Orthopedically Handicapped	Ankle Foot Orthosis	-

Abhishek, a student from AIRTC Special School, was unable to attend school after his wheelchair was stolen. ASRA provided him a wheelchair to ensure that his education could continue uninterrupted.

3.6 PSYCHOTHERAPY UNIT

Psychotherapy sessions have been initiated for new individuals requiring mental health support. These services were provided to patients as per their needs, including counseling and treatment, with the objective of improving their quality of life.



04 Vocational Trainings at ARTC

4.1 CUTTING & TAILORING COURSES

ASRA runs vocational training courses in Cutting & Tailoring:

S. No.	Name of the course	Duration of the course	Recognised by
1	Cutting & Tailoring & Dress Making	1 Year	National Institute of Open Schooling (NIOS), Government of India
2	Dress Making	6 Months	
3	Cutting & Tailoring	6 Months	
4	Diploma in Fashion Designing	6 Months	ASRA
5	Diploma in Tailoring	1 Year	ASRA
6	Diploma in Dress Designing	6 Months	ASRA
7	Basic Diploma in Tailoring	6 Months	ASRA
8	Certificate Course in Tailoring	3 Months	ASRA
9	Certificate Course in Dress Designing	3 Months	ASRA
10	Short Term Course in Tailoring	1 Months	ASRA
11	Certificate course in Embroidery	3 Months	ASRA

The details of students who are undergoing training in Vocational training courses in cutting and tailoring during the quarter under report are as follows:

Already enrolled no. of students: 14

New admission during the quarter: 07

Total no. of students: 21.

4.2 BEAUTY CULTURE COURSES

ASRA runs vocational training courses in Beauty Culture:

S. No.	Name of the course	Duration of the course	Recognised by
1	Beauty Culture & Hare Care	6 Months	National Institute of Open Schooling (NIOS), Government of India
2	Basic Diploma in Beauty Culture	6 Months	ASRA
3	Self Course Beauty Culture	3 Months	ASRA
4	Hobby Course in Beauty Culture	1 Months	ASRA
5	Nail Extension Course	2 Months	ASRA
6	Advance Make-Up Artistry Course	6 Months	ASRA

The details of students who are undergoing training in Vocational training courses in Beauty Culture course during the quarter under report are as follows:

Already enrolled no. of students: 09

New admission during the quarter: 15

Total no. of students: 24.

4.3 COMPUTER TRAINING COURSES

ASRA runs vocational training courses in Computers. Some of the computer courses being conducted are recognized by National Institute of Open Schooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA.

Details of courses are as follows:

S. No.	Name of the course	Duration of the course	Recognised by
1	'O' Level	1 Year	National Institute of Electronic Information Technology (NIELIT), Government of India
2	Course on Computer Concept (CCC)	3 Months	
3	Web Designing	3 Months	National Institute of Open Schooling (NIOS), Government of India
4	Desktop Publishing	3 Months	
5	Advance in Diploma in Computer Application	1 Year	ASRA
6	Diploma in Computer Application	6 Months	ASRA
7	Computer Typing	3 Months	ASRA
8	Course on Computer Concept (CCC)	3 Months	ASRA
9	Tally	3 Months	ASRA
10	Advance Excel, Python, SQL, Networking & Information Security, DSA in C++ & Busy	2 to 6 Months	ASRA

The details of students who are undergoing training in Computer courses during the quarter under report are as follows:

Already enrolled no. of students: 31.

New admission during the quarter: 69.

Total no. of students: 100.

Examinations:

Month	Date of Examination	Course	No. of Students appeared in exam	Exams cleared by
May 2026	22-05-2026	Course on Computer Concept (CCC)	18	18

Events / Celebrations & Workshops conducted

S. No.	Events / Celebration & Workshop	Date
1	World Autism Day	02.04.2026
2	Baisakhi	13.04.2026
3	Workshop: Umbrella Skirt Plazo Cutting & Stitching	20th & 21st May, 2026
4	Mother's Day	06.05.2026
5	World Sclerosis Day	30.05.2026
6	Learning Disability Week	19.06.2026
7	International Day of Yoga	20.06.2026

Over 60 students, parents & staff participated in these events.

4.4 ENGLISH SPEAKING COURSES

ASRA introduced an **English Speaking Course** to help students improve their language proficiency. During the quarter under report, **06 students** have enrolled and completed their course. The surveys are underway for starting a new batch of the English Speaking Course. Admissions and classes will be started very soon. This initiative reflects ASRA's commitment to equipping students with essential communication skills and enhancing their employment opportunities.

05

ASRA HANDICRAFT EMPORIUM

ASRA Handicraft Emporium

ASRA Handicraft Emporium started its operation in April 2010. It has an experienced & qualified Master Tailor who is physically challenged & a Junior Tailor to assist him. The Emporium fulfills orders for stitching & alterations of garments to meet both in-house & external needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, ranging from western to ethnic styles, according to customer demand at very nominal charges. It also provides other services like pico, overlock, hemming, machine embroidery etc. Additionally the emporium manufactures high-quality simple or designer fabric. The Emporium is an initiative to promote the ASRA brand.

Orders pending up to 31st March 2026	Orders booked from 1st April 2026 to 30th June 2026	Orders completed from 1st April 2026 to 30th June 2026	Orders pending up to 30th June 2026
18	159	150	09

06

ACCOUNTS & ADMINISTRATION UNITS

ACCOUNTS

Internal Audit for the quarter April to June 2026 was conducted during the quarter under report by CA firm.

ADMINISTRATION

- New recruitments of staff made during the quarter are as follows:**

- Mr. Amitava Pathak, Head CBR Programs, CBR
- Ms. Rashmi Bhatia, Social Worker, CBR
- Ms. Teena, Emporium Helper, ARTC
- Ms. Monika, Receptionist, ARTC
- Mr. Juman, Driver, CBR
- Dr. Diksha, Occupational Therapist, ARTC
- Mr. Ayonij Shukla, Psychologist, CBR
- Ms. Sonali, Education Teacher, Bheem Nagar, CBR
- Ms. Mithilesh, Rehab Worker, CBR
- Mr. Jagdish Chandra, Rehab Worker, CBR

• **Resignation received of staff during the quarter as follows :**

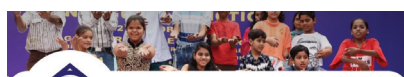
- Ms. Shalini, Receptionist, ARTC
- Ms. Kajal, Education Teacher, Meera Bagh, CBR
- Ms. Mehak, Education Teacher, TC-Camp, CBR
- Priya, Education Teacher, Goyla Dairy, CBR
- Mr. Ayonij Shukla, Psychologist, CBR

• **ASRA continues to run MHP Project in various CBR centres.**

• **Interviews were conducted for various posts during the quarter under report.**

• **Streamlining of administrative procedures as per ASRA manuals, reorganizing, reviving and reforming programs for relevance is in progress.**

07 DIGITALIZATION OF ASRA



ASRAIndia
2.1K followers · 1 following · 264 posts
Page · Nonprofit organization
Empowering Lives of Children and people with disability, Since 1992 | Community-B... See more

+ asra_india ▾ ● @ ≡

Today's vibe...


Action for Self Reliance and Alternatives

251 posts 3,438 followers 73 following

Empowering Lives of Children/Persons with Disabilities
Community-Based Rehabilitation Centre since 1992
Economic Independence | Vocational Training
asra.org.in and 2 more

[ASRAIndia](#) + Add

The first quarter of 2026 marked a deliberate shift in how ASRA connects online. We changed our digital strategy to speak directly to our target group, adopting Hindi as our primary language so our content is fully understood by the communities we serve. By breaking down various initiatives of ASRA into simple, unambiguous language and moving toward highly engaging carousel formats, we have tried improving information retention. Our focus is on bringing authentic stories of our people to the forefront and improving trust and credibility with both our communities and our global supporters.

Stories of Independence: Vocational Training & Seed Loans

The core of our mission remains the real-world progress of our students. This quarter, through the combination of vocational courses of ASRA and seed loan support, we are celebrating major milestones:

- **Tina (Cutting & Tailoring):** Completed her vocational training and has returned, now working directly for ASRA.
- **Shamshad Alam (Mental Health Program):** A dedicated student of our MHP program who has used this holistic support to excel significantly in his school education.
- **Arun Rawal (Entrepreneur):** Graduated from our cutting and tailoring course and has successfully launched her own independent business from home.

Our Mission Online: To ensure that every story of a person with a disability in Delhi's

List of psychologists and interns who actively participated in CBR Mental Health Project

Annexure - 1

YEAR 2026 - 27	
Psychologists and administrative support – Paid by Cognizavest	Psychologists and administrative support – Salaries shared by ASRA and Cognizavest
1. Dr Sakshi, Head CBR MHP Project, PH.D, RCI- RCI A118591	1. Diksha
2. Mr. Nebin T Sabu, Master's in Psychology (left the organisation)	2. Ananya
3. Ms. Khushi Bhardwaj, Master's in Psychology	3. Hepziba
4. Ms. Shreya Dhasmana, Master's in Psychology	4. Aastha
5. Mr. Nikunj Soni, Master's in Psychology (Left the organisation)	5. Bhumika
6. Ms. Shreya Gupta, Master's in Psychology	6. Janshi
7. Ms. Yshica Singla, Master's in Psychology	7. Aditi
8. Ms. Disha Sharma, Master's in Psychology	8. Khushi
9. Mr. Manik	9. Ishita
	10. Shree
	11. Suhani
	12. Prisha
	13. Akshara
	14. Krishna
	15. Abhinav

List of 26 beneficiaries who have been provided Seed Loan since 2022 post Covid-19

S. No.	Name of beneficiary	Age/Gender	Type of Disability	Name of community
1	Praveen	24/Male	Physically Divyang	Bharat Vihar
2	Praveen	25/Male	Physically Divyang	Bharat Vihar
3	Buntilal	38/Male	Physically Divyang	Dwarka Sec-01
4	Pushpender	28/Male	Intellectual Disability	Dwarka Sec-01
5	Pihu	14/Female	Physically Divyang	Nangli Dairy
6	Rehan	16/Male	Intellectual Disability	Nangli Dairy
7	Tanveer	20/Male	Speech & Hearing Impaired	Nangli Dairy
8	Vivek Shah	20/Male	Intellectual Disability	Nangli Dairy
9	Bhagyashree	21/Female	Physically Divyang	Nanhe Park
10	Sanjay	29/Male	Physically Divyang	Nanhe Park
11	Vashu	10/Male	Autism Spectrum Disorder	Palam colony
12	Monika	40/Female	Physically Divyang	Pappankalan
13	Dev Mehra	21/Male	Intellectual Disability	Pappankalan
14	Dev Mehra	23/Male	Intellectual Disability	Pappankalan
15	Tek Singh	40/Male	Physically Divyang	Pappankalan
16	Vishal	22/Male	Intellectual Disability	Raghuvir Nagar
17	Chetna	17/Female	Speech & Hearing Impaired	Shiv Vihar
18	Khushi	10/Female	Physically Divyang	Shiv Vihar
19	Pushpa	28/Female	Physically Divyang	Shiv Vihar
20	Amarjeet	27/Male	Physically Divyang	Shiv Vihar
21	Karan	12/Male	Speech & Hearing Impaired	Shiv Vihar
22	Lalit	27/Male	Physically Divyang	Shiv Vihar
23	Ram Karan	49/Male	Physically Divyang	Shiv Vihar
24	Rudra	12/Male	Intellectual Disability	Shiv Vihar
25	Shiv Kumar Saini	32/Male	Intellectual Disability	Shiv Vihar
26	Shyamveer Gupta	55/Male	Physically Divyang	Shiv Vihar
27	Sunny	28/Male	Physically Divyang	Shiv Vihar



THE SPIRIT OF ASRA

UNVEILED BY

DR. MARTIN UNGERER, VICE PRESIDENT

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Gratitude to the President AFS and all the donors who are supporting ASRA's work for the poor & needy persons with disabilities living in the slums of Delhi. Grateful for your trust in our abilities.

APRIL 28TH 2007

SCULPTORS

SHRI ASURVEDH