



A Delhi based Charitable Trust dedicated to empower persons with or without disabilities living in slums and marginalized segments of society, fully supported by AFS.

## 1. HIGHLIGHTS FROM GLOBAL & LOCAL COLLABORATION

- **Mr. Pierre E. Page, President of the Pierre E. Page Foundation, Prof. Daniel Oyon, Mrs. Yolande Oyon and Mrs. Gallice Martin visited ASRA on 3rd February, 2026.** A warm welcome was extended to the delegates by the founder, board of trustee and team, ASRA India family. The honorable delegation was in Group 1 (Mr. Pierre E. Page, President of the Pierre E. Page Foundation, Prof. Daniel Oyon) & Group 2 (Mrs. Yolande Oyon and Mrs. Gallice Martin). Group 1 delegation was engaged in meetings with Founder ASRA & CBR Mental Health Project Team. Group 2 were taken for a round of ARTC building & AIRTC Special School and visited different departments to see daily routine activities and they interacted with unit heads, staff, students and beneficiaries from CBR Programs and Mental Health Program. Diploma were distributed to students of vocational training and Kits were provided to beneficiaries of Mental Health Program. A small cultural program was also conducted by the vocational training students in their honor.
- On February 27, 2026, celebrated **International Wheelchair Day** to promote awareness about mobility and accessibility. The event encouraged inclusivity and highlighted the strength and independence of wheelchair users.
- On March 3, 2026, celebrated **World Hearing Day** to raise awareness about hearing health and the importance of early detection of hearing loss.
- On March 20, 2026, celebrated **World Down Syndrome Day** with enthusiasm and inclusivity. The event highlighted awareness, acceptance, and the unique abilities of individuals with Down syndrome.
- During the reporting quarter, Special Educators conducted a local survey around the ASRA Head Office to increase student enrollment.
- **Ration Kits** were distributed to **08** children with disabilities in need – 5 from Nanhe Park and 3 from Dwarka Sec-1 slum community.
- During the quarter, **CBR Staff Meetings** were held at the Head Office. Staff discussed challenges, student-related strategies, and key operational issues. These meetings focused on identifying solutions and strengthening the CBR program.
- A **Parent-Teacher Meeting (PTM)** was organized at AIRTC Special School. Parents were sensitized about their children’s growth and developmental needs, highlighting education, therapy, a supportive home environment, and play-based learning.
- Interns were appointed across different communities to support teachers. They assisted in surveys, Parent-Teacher Meetings, and other academic and community activities to improve work quality.

## COMPREHENSIVE IMPACT: ASRA’S DIVERSE INITIATIVES

ASRA continued implementing a wide range of programs, reaching over **872 beneficiaries** across **22 adopted communities** during the quarter. Key areas included: **Community-Based Rehabilitation, Mental Health Project, Education Program, Vocational Training, AIRTC Special School and Medical & Therapeutic Services.**

## 2. COMMUNITY BASED REHABILITATION PROGRAM COMBINED WITH MENTAL HEALTH PROJECT

|  |   |  |
|--|---|--|
| <b>Total Beneficiaries</b><br>872 across 22 communities      | <b>Medical Intervention &amp; Therapeutic Services</b><br>provided to 203 beneficiaries         | <b>Skill Development (Art, Craft &amp; Jewelry Making)</b> 187 beneficiaries across 16 communities |
| <b>Vocational Training</b><br>64 students                    | <b>Psychometric Assessments &amp; Psychotherapy</b><br>19 beneficiaries, 384 sessions conducted | <b>CBR Staff Strength</b><br>over 25   |
| <b>Education Program</b><br>391 children (including 42 CwDs) | <b>Kit Distribution Program</b><br>08 children with disabilities received Ration Kit            |  |

### 3. COMMUNITY-WISE CBR MENTAL HEALTH PROJECT COVERAGE

| S.No. | Community name | Project Coverage |
|-------|----------------|------------------|
| 01    | Shiv Vihar     | 49               |
| 02    | Pappankalan    | 62               |
| 03    | Nangli Dairy   | 29               |
| 04    | Nanhe Park     | 26               |
| 05    | Bharat Vihar   | 26               |
| 06    | Dwarka Sec-1   | 35               |
| 07    | T-Camp         | 11               |
| 08    | Bhim Nagar     | 17               |
| 09    | Jwalapuri      | 16               |
| 10    | TC Camp        | 11               |
| 11    | Khyala         | 11               |
| 12    | Shyam Nagar    | 11               |
| 13    | Dwarka Sec-16  | 23               |
| 14    | Goyla Dairy    | 06               |
| 15    | Madipur        | 07               |
| 16    | AIRTC          | 07               |



### 4. EDUCATION PROGRAM

**Two New Education Centres** have been opened in ASRA's adopted slum community namely Sonia Camp & Meera Bagh during the quarter under report. The education program focuses on providing inclusive, quality learning opportunities to children from adopted communities, with special emphasis on Children with Disabilities (CwDs).

**Total Education Centres: 17**

**Total Children Enrolled: 391**

**Children with Disabilities (CwDs): 42**

During the quarter under report, various **activities, celebrations, awareness meetings, and game** were conducted with students at CBR Education Centres.

### 5. VOCATIONAL TRAININGS PROGRAM

**Two new vocational training centres have been opened. Beauty Culture centre at Pappankalan community and Tailoring centre at T-Camp community.**



#### CUTTING & TAILORING

Tailoring program in Shiv Vihar, Nangli Dairy, Pappankalan & T-Camp communities continued with **29 enrolled** needy students.



#### COMPUTER COURSE

Conducted at the CBR Project Office in Pappankalan, Hoshiarpur & Nangli Dairy community. **Total 14 students** were enrolled during the quarter.



#### MOBILE REPAIRING COURSE

A new batch of needy students was enrolled in the Shiv Vihar Community. **11 students** have been enrolled, and the training is in progress



#### BEAUTY CULTURE COURSE

Started at the Pappankalan community from 1st Jan'2026. **Total 10 students** were enrolled during the quarter.

Final Examinations for vocational training in Mobile Repairing Course and Computer Course were conducted this quarter, with all **04 registered** students appearing and successfully clearing the exams.

## 6. SOCIAL MAPPING IN CBR, AIRTC AND ARTC

Social mapping of children and persons with disabilities is underway to assess their socio-economic status and promote inclusion, while the ASRA CBR team supports access to government schemes and collects survey feedback.

## 7. SEED LOAN PROGRAM

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The total number of beneficiaries under Seed Loan program is now 153.

## 8. KITS DISTRIBUTION PROGRAM

Ration Kits were distributed to 08 beneficiaries – 3 beneficiaries from Nanhe Park & 5 beneficiaries from Dwarka Sec-1 community.

## 9. AIRTC SPECIAL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

- During the quarter under report, 14 children with special need attended the ASRA Special School.
- **Computer Learning:** 8 students learning computers at AIRTC Special School.
- **Pre-School** for the aged of 3 to 5 years children: 07 children attended the class.

## 10. MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC

- **Orthopaedic Assessments:** 41 patients
- **Physiotherapy:** 580 sessions for 254 patients (ARTC & AIRTC)
- **Speech Therapy:** 815 sessions for 435 patients (ARTC, AIRTC & CBR)
- **Occupational Therapy:** 107 sessions for 63 patients (ARTC & AIRTC)
- **Prosthetic & Orthotic Services:** Measurement taken for fabricating mobility aid to children with disability during the quarter under report:

| S. No. | Name of beneficiary | Age / Gender | Type of Disability | Types of Mobility Aid |
|--------|---------------------|--------------|--------------------|-----------------------|
| 01     | Aryman Gulati       | 13/M         | Cerebral Palsy     | Special Shoes         |
| 02     | Dhruv               | 05/M         | Hemiplegia         | Special Shoes         |
| 03     | Yuvan               | 07/M         | Cerebral Palsy     | Ankle Foot Orthosis   |

- **Psychotherapy:** Psychotherapy sessions have been initiated for new individuals requiring mental health support.

## 11. VOCATIONAL TRAININGS AT ARTC

CUTTING & TAILORING COURSE | BEAUTY CULTURE COURSE | COMPUTER TRAINING COURSE | ENGLISH SPEAKING COURSE

- The details of students who are undergoing training in Vocational training during the quarter under report are as follows:

|   |                                      |                                |
|---|--------------------------------------|--------------------------------|
| Cutting & Tailoring Course<br>27 students | Beauty Culture Course<br>11 students | Computer Course<br>50 students |
|---|--------------------------------------|--------------------------------|

- **English Speaking Course:** The second batch began on 6th March 2026 with 4 students enrolled. This initiative reflects ASRA's commitment to equipping students with essential communication skills and expanding their learning opportunities.
- Final Examinations for vocational training in Cutting & Tailoring, Beauty Culture, and Computer Courses were conducted this quarter, with all 28 registered students appearing and successfully clearing the exams.

## 12. HANDICRAFT EMPORIUM

ASRA's Handicraft Emporium not only provides top-quality clothing & embroidery but also empowers our talented, differently-abled artisans to showcase their craft & earn a dignified income.

| Orders pending up to 31st Dec 2025 | Orders booked from 1st Jan 2026 to 31st Mar 2026 | Orders completed from 1st Jan 2026 to 31st Mar 2026 | Orders pending up to 31st March 2026 |
|------------------------------------|--|---|--------------------------------------|
| 22                                 | 111  | 115   | 18                                   |

## 13. EVENTS / CELEBRATIONS & WORKSHOPS CONDUCTED

| S. No. | Events / Celebration & Workshop           | Date            |
|--------|---|-----------------|
| 01     | Makar Sankranti                           | 13-01-2026      |
| 02     | Basant Panchami                           | 23-01-2026      |
| 03     | Republic Day of India                     | 24-01-2026      |
| 04     | How to do crimping, curls & waves         | 25 & 26-02-2026 |
| 05     | International Wheelchair Day              | 27-02-2026      |
| 06     | Holi – Festival of colors                 | 03-03-2026      |
| 07     | International Women's Day                 | 07-03-2026      |
| 08     | World Hearing Day                         | 03-03-2026      |
| 09     | Workshop: How to use Internet with Safely | 12-03-2026      |
| 10     | World Down Syndrome Day                   | 20-03-2026      |

Over 60+ students, parents & staff participated in these events.



## 14. ACCOUNTS & ADMINISTRATION

- **Internal Audit:** Conducted for October 2025 to December 2025 by CA Firm.
- **New Staff Recruited: 10 | Resignations: 07**
- Interview were conducted for various posts during the quarter under report.
- **Online Accreditation:** Co-ordination with National Institute of Electronic Information Technology (NIELIT), Govt. of India for Accreditation of O level course.

# 15. DIGITALIZATION OF ASRA

The first quarter of 2026 marked a major milestone in ASRA's journey toward **Digitalization**. We have transformed our social media platforms into a powerful voice for inclusion, reaching thousands of new supporters globally.

### i. Key Highlights & Milestones

- **Growing the Movement:** Over **90% of our reach** this quarter came from new audiences, introducing ASRA's mission to a wider community than ever before.
- **Inclusion in Action:** Launched major campaigns including the Hope Drive Initiative and Inclusion Over Indifference, focusing on the resilient communities of Pappan Kalan, Shiv Vihar, and Nangli Dairy.
- **Empowering the Next Generation:** Our digital recruitment and course campaigns successfully attracted **166 potential team members** and drove high enrollment for our new English Speaking Course.

### ii. Stories of Self-Reliance

Our digital platforms spotlighted the real-life victories of our students:

- **Shubham (Medical Aspirant):** Transitioned from ASRA-sponsored schooling to beginning his professional medical training.
- **Rajnish (Engineering):** Continuing his path toward an engineering degree with ASRA's holistic academic and ration support.
- **Pankaj (Entrepreneur):** A graduate success story, now running his own mobile repair shop in Bharat Vihar.

### iii. Strengthening Credibility

From hosting **AFS Representatives** to running critical awareness drives for Parent Mental Health and International Epilepsy Day, our digital presence is building deep trust with donors and partners alike.

**iv. Our Mission Online:** To ensure that every story of a person with a disability in Delhi's slums is heard, respected, and supported.

**ASRA extends heartfelt** gratitude to President AFS and all donors for their continued support in empowering persons with disabilities and marginalized communities across **Delhi**.

**ASRAIndia**  
2.1K followers · 1 following  
Empowering Lives of Children and people with disability, Since 1992 | Community-Based Rehabilitation, Medical & Therapeutic Services, Educational Programs, Vocational Training  
■ Nonprofit organization

30+ AWARDS WON  
68+ COMMUNITIES SERVED  
8000+ CBR BENEFICIARIES DEVELOPED  
30+ AWARDS WON  
32+ YEARS OF TRUST TRUST

Ready for...  
**Action for Self Reliance and Alternatives**  
222 posts    3,514 followers    79 following

Empowering Lives of Children/Persons with Disabilities  
Community-Based Rehabilitation Centre since 1992  
Economic Independence | Vocational Training  
🔗 [asra.org.in](http://asra.org.in) and 2 more  
📍 ASRAIndia

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**ACTION FOR SELF RELIANCE AND ALTERNATIVES**