



ASRA NEWSLETTER

JANUARY-MARCH 2026



**ACTION FOR SELF RELIANCE
AND ALTERNATIVES**

Since 1992

A Delhi based Charitable Trust dedicated to empower persons with or without disabilities living in slums and marginalized segments of society.

Comprehensive Impact:
ASRA's Diverse Initiatives

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Global & Local Collaboration**

- Community based Rehabilitation Program combined with Mental Health Project
- AIRTC Special School
- ARTC- Head Office Programs

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- 1.2 Vocational Training Programs
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 - Beauty Culture course
 - Computer course
 - Mobile Repairing course
- 1.3 Social Mapping in CBR, AIRTC and ARTC
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COMPREHENSIVE IMPACT: ASRA'S DIVERSE INITIATIVES

Community Based Rehabilitation: (Covered 68 communities since 1992) CBR - Mental Health Project since April 2024

01. Awareness creation about prevention of disabilities & need for intervention
02. Referral Services for PwDs: Social Mapping & Delivery of benefits
03. Online Application for Government benefits
04. Skill Development Trainings
 - Computer Course at Pappankalan Nangli Dairy & Hoshiyarpur, Noida community
 - Mobile Repairing Training course at Shiv Vihar community
 - Cutting and Tailoring course at Shiv Vihar, Nangli Dairy, Pappankalan & T-Camp community community
 - Beauty Culture course at Pappankalan community
08. Education Program

- Shiv Vihar	- Kirbi Place
- Pappankalan	- Bharat Vihar
- Jwala Puri	- Bindapur
- Dwarka Sec-1	- Raghuvir Nagar
- Nanhe Park	- Goyla Dairy
- Hoshiyarpur, Noida	- Bheem Nagar
- Dwarka Sec-16	- Khyala
- TC-Camp	- Shyam Nagar
- Nangli Dairy	- Madipur
- Majnu Ka Tila	- T-Camp
- Sonia Camp	- Meera Bagh
09. Medical Intervention & Therapeutic services
 - Assessment by Orthopaedic Surgeon
 - Physiotherapy
 - Speech Therapy
 - Prosthetic & Orthotic Appliances
10. ASRA CBR Mental Health Project
11. Seed Loan
12. Distribution of five kits Program

ASRA Intervention, Recreation & Therapy Centre : AIRC ASRA SPECIAL SCHOOL

01. Special Education
02. Yoga & personal Development
03. Play way Method
04. Dance & Music
05. Art & Craft Activities
06. Pre Vocational Skills
07. Social Skills
08. Medical Intervention & Therapeutic Service
 - Physiotherapy
 - Occupational Therapy
 - Speech Therapy
09. Sensory & Motor Development Skills
10. Sensory Integration
11. Counselling & Mental Health
12. Activity of Daily Living (ADL)
13. Distribution of five kits Program
14. Online Apply for Government benefits
15. Psychotherapy sessions available by experts on request & on doctor's recommendation
16. Pre-school for the age group 3 to 5 years

ASRA Rehabilitation & Training Centre : ARTC (THE HEAD OFFICE)

01. Medical Intervention & Therapeutic Services
 - Assessment by Orthopaedic Surgeon
 - Physiotherapy Unit
 - Occupational Therapy Unit
 - Speech Therapy Unit
 - Prosthetic & Orthotic Appliances workshop
 - Psychotherapy Unit started from June 2025.
02. Skill Development Trainings
 - Cutting & Tailoring courses
 - Beauty Culture course
 - Nail Extension course
 - Computer training courses
03. Haat
04. Handicraft Emporium

New courses introduced

01. English Speaking Course
02. Digital Marketing Course
03. Graphic Designing Course
04. Art & Craft Course
05. Basic Dance Step Class

HIGHLIGHTS

Global & Local Collaboration



Mr. Pierre E. Page, President of the Pierre E. Page Foundation, Prof. Daniel Oyon, Mrs. Yolande Oyon and Mrs. Gallice Martin visited ASRA on 3rd February, 2026. A warm welcome was extended to the delegates by the founder, board of trustee and team, ASRA India family. The honorable delegation was in Group 1 (Mr. Pierre E. Page, President of the Pierre E. Page Foundation, Prof. Daniel Oyon) & Group 2 (Mrs. Yolande Oyon and Mrs. Gallice Martin). Group 1 delegation was engaged in meetings with Founder ASRA & CBR Mental Health Project Team. Group 2 were taken for a round of ARTC building & AIRTC Special School and visited different departments to see daily routine activities and they interacted with unit heads, staff, students and beneficiaries from CBR Programs and Mental Health Program. Diploma were distributed to students of vocational training and Kits were provided to beneficiaries of Mental Health Program. A small cultural program was also conducted by the vocational training students in their honor.

ASRA's Activities during the quarter under report:

Community based Rehabilitation Program combined with Mental Health Project (CBR MHP).

Under the CBR Program, ASRA extended its services to **872** beneficiaries spread over **22** communities. The present staff strengths under CBR program is over **25**.

Total number of interns who actively participated in CBR MHP Project during the financial year 2025-26 (list enclosed as Annexure 1).

- Medical Intervention & therapeutic Services were provided to **203** beneficiaries.
- Under CBR Education program: **391** children are learning education out of which there are **42** CwDs.
- Under Vocational Trainings Program: **64** students are getting vocational trainings.
- Beneficiaries covered under psychometric assessment & psychotherapy project: **19** C/PwDs.
- Beneficiaries who were provided with skills development training in Art & Craft & Artificial Jewelry Making: **187** beneficiaries in 16 communities.
- Ration Kits were distributed to **08** children with disabilities in need – 5 from Nanhe Park and 3 from Dwarka Sec-1 slum community.
- Interns have been appointed in different communities to **assist teachers in improving the quality of work**. Their responsibilities include supporting surveys. Parent-Teacher meeting, and other related activities.
- During this quarter, **CBR Staff Meetings** were held at the Head Office with the CBR staff. In these meetings, detailed discussions were conducted on the challenges faced by the staff, student-related strategies, and several other important issues. These deliberations were aimed at identifying solutions and developing effective strategies that will contribute to strengthening and further advancing the CBR program.

AIRTC Special School

- During the quarter, various activities were organized in AIRTC Special School for __ **children** enrolled in it by special educators / trainers. These activities were designed as per the interests and capabilities of the students.
- On February 27, 2026, celebrated International Wheelchair Day to promote awareness about mobility and accessibility. The event encouraged inclusivity and highlighted the strength and independence of wheelchair users.
- On March 3, 2026, celebrated World Hearing Day to raise awareness about hearing health and the importance of early detection of hearing loss.
- On March 20, 2026, celebrated World Down Syndrome Day with enthusiasm and inclusivity. The event highlighted awareness, acceptance, and the unique abilities of individuals with Down syndrome.
- A **Parent-Teacher Meeting (PTM)** was organized at AIRTC Special School, where parents were sensitized about their children's overall growth and developmental needs. The session emphasized the importance of education, therapeutic interventions, a supportive home environment, play-based learning, and other developmental practices to promote the holistic progress of the children.
- During the quarter under report, the Special Educators conducted a survey around the ASRA Head Office to enhance the student strength

ARTC Head Office Programs

- **Final Examination** of students registered under Vocational Training of cutting & tailoring, beauty culture & computer course was conducted during the quarter under report. **Total 28 students appeared in the examination and same has been cleared the exams.**
- **The details of students who are undergoing training in Vocational training during the quarter under report are as follows:**

S. No.	Name of Course	Number of Students
1	Cutting & Tailoring Course	27
2	Beauty Culture Course	11
3	Computer Course	50
Total		88

1.1. CBR Education Program

- **Two New Education Centres** were opened in ASRA's adopted slum community namely Sonia Camp & Meera Bagh during the quarter under report.
- **Students' strength in Education Centers in adopted communities during the quarter under report is as follows:**
35 children including 12 CwDs at **Shiv Vihar** education centre, 18 children including 07 CwDs at **Pappankalan** education centre, 13 children at **Hoshiyarpur village**, NOIDA, 31 children including 02 CwDs at **Jwala Puri** education centre, 26 children including 04 CwDs at **Nanhe Park** education centre, 29 children including 08 CwDs at **Dwarka Sec-1**, 50 children at **Dwarka Sec-16** education centre, 17 children at **TC-Camp** education centre, 40 children including 06 CwDs at **Nangli Dairy** education centre, 32 children including 02 CwDs at **Bharat Vihar** education centre, 10 children at **Sonia Camp** education centre, 10 children at **Meera Bagh** education centre, 17 children at **Bheem Nagar** education centre, 19 children at **Shyam Nagar** education centre, 14 children at **Goyla Dairy** education centre, 22 children including 01 CwD at **T-Camp** education centre, 08 children at **Bindapur** education centre have been enrolled during the quarter under report.
- During the quarter under report, various **special activities, celebrations, awareness meetings, and game** were conducted with students at CBR Education Centres



1.2. VOCATIONAL TRAINING

- **CUTTING AND TAILORING COURSE**

A new Tailoring Centre has been started at T-Camp community from 2nd January, 2026 with 4 students.

Tailoring program in Shiv Vihar, Nangli Dairy & Pappankalan communities continued with **29 enrolled needy students**. Regular classes are being conducted in all the Centres where all students are pursuing their course.

- **BEAUTY CULTURE COURSE**

The Beauty Culture Training Course has been started at the CBR Project Office in Pappankalan community w.e.f 1st January 2026. The course aims to provide skill-based training to women and girls to enhance their livelihood opportunities and promote self-employment. Total 10 students have been enrolled during the quarter under report.

- **COMPUTER TRAINING COURSE**

Computer Training Course is conducted at CBR Project Office in Pappankalan, Hoshiyarpur-Noida & Nangli Dairy community. In Pappankalan community, the computer teacher is Ms. Asha, a person with disability who lives in Pappankalan community. Total **14 students** have been enrolled during the quarter under report. Final Examination of students registered under Computer Course at Nangli Dairy Computer Centre was conducted during the quarter under report. Total **04 students** appeared in the examination and all the students have cleared the exam

- **MOBILE REPAIRING COURSE**

Under the Mobile repairing course, new batch of needy students from economically weaker sections were enrolled in Shiv Vihar community during the quarter under report. Regular classes are being conducted, **11 students** have been enrolled in the course & training is in progress.

Final Examination of students registered under Mobile Repairing Course was conducted during the quarter under report. Total **04 students** appeared in the examination and all the students have cleared the exams.

1.3. SOCIAL MAPPING in CBR, AIRTC and ARTC:

Social mapping of children and persons with disabilities in CBR, AIRTC Special School, and ARTC is being conducted with the objective of carrying out their socio-economic assessment, ultimately facilitating their inclusion in society. Simultaneously, the ASRA CBR team has been assisting individuals who are uneducated or unaware of the online application process to avail government facilities by continuously filling out online applications on their behalf. During the reporting quarter, the CBR team was actively engaged in collecting feedback on the recent survey and related activities.

1.4 ASRA CBR MENTAL HEALTH PROJECT

This innovative initiative screens, assesses and supports young children / persons with intellectual disabilities (and associated disorder), by a highly qualified team of psychologist. Simultaneously, individual / group counseling is provided to them and their family members, which is aimed towards inducting & training them in Activity of Daily Living (ADL). Based on the capabilities and interest of the beneficiaries suitable and appropriate vocational and social skill training is also imparted to the beneficiaries.

The community details of beneficiaries covered under this project are as follows:

S. No.	Community Name	CBR MHP Beneficiary			Screening, Assessment, Parents Counseling & Parents training	Vocational Training
		Old	New	Total		
1	Shiv Vihar	47	02	47	07	17
2	Pappankalan	62	00	62	02	41
3	Nangli Dairy	29	00	29	03	37
4	Nanhe Park	25	01	25	00	10
5	Bharat Vihar	26	00	26	02	13
6	Dwarka Sec-1	32	03	35	00	30
7	T-Camp	11	00	11	00	04
8	Bhim Nagar	14	03	17	00	00
9	Jwalapuri	16	00	16	00	06
10	TC-Camp	11	00	11	00	02
11	Khyala	11	00	11	00	09
12	Shyam Nagar	11	00	11	00	03
13	Dwarka Sec-16	21	02	23	02	08
14	Goyla Dairy	04	02	06	00	01
15	Madipur	07	00	07	00	06
16	AIRTC	00	07	07	03	00
Total		327	20	347	19	187
Total Sessions : 384						

The psychometric assessment and therapy has brought about remarkable improvement in the lives of beneficiaries who are participating in this project. In fact many of them learn Activity of Daily leaning (ADL) in the process.

1.5 SEED LOAN PROGRAM

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The beneficiaries of this program are exclusively persons with disabilities who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. During the quarter under report, surveys were carried out for identifying new Seed Loan beneficiaries, while detailed feedback, status update, and repayment regularity were assessed for existing beneficiaries to monitor their progress and loan discipline. **The total number of beneficiaries under Seed Loan program is now 153.**

List of 26 beneficiaries who have been provided Seed Loan since 2022 enclosed as Annexure-2.



1.6 KITS DISTRIBUTION PROGRAM

As part of efforts towards comprehensive rehabilitation, five essential kits were distributed to children with disabilities in need. These included Kits such as Ration, Immunity Booster, Educational, Personal Hygiene & Therapy. The distribution was carried out based on specific request received from the beneficiaries, ensuring that the support addressed their individual needs.

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Community
1	Lawansh	15/Male	Multiple Disabilities	Nanhe Park
2	Anjali	14/Female	Multiple Disabilities	Nanhe Park
3	Sabra	12/Female	Intellectual Disability	Nanhe Park
4	Aradhya	06/Female	Speech & Hearing Impairment	Dwarka Sec-1
5	Sarvagya	10/Male	Intellectual Disabilities	Dwarka Sec-1
6	Vivek	10/Male	Multiple Disability	Dwarka Sec-1
7	Nisha	14/Female	Visual Impairment	Dwarka Sec-1
8	Mayank	03/Male	Multiple Disability	Dwarka Sec-1



ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)

In AIRTC, apart from special education, all students enrolled in AIRTC are getting comprehensive rehabilitation which includes assessment by Orthopedic Surgeon and customized, physiotherapy, occupational therapy, speech therapy and Prosthetics & Orthotics by qualified professionals.

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical & speech & hearing impairments. **During the quarter under report, 14 children with special need attended the ASRA Special School. The detail of which are as follows.**

S. No.	Name of Student	Age/Gender	Aids & Appliances Received
1	Himansh	10/Male	Intellectual Disability
2	Samarth	12/Male	Autism Spectrum Disorder
3	Kanak	08/Female	Autism Spectrum Disorder
4	Leehisha	13/Female	Cerebral Palsy + Intellectual Disability
5	Yuvraj	10/Male	Cerebral Palsy + Intellectual Disability
6	Amrit	08/Male	Cerebral Palsy
7	Samar Singh	07/Male	Autism Spectrum Disorder
8	Abhishek	09/Male	Cerebral Palsy
9	Vasu	10/Male	Autism Spectrum Disorder
10	Aryaman Gulati	13/Male	Cerebral Palsy
11	Vandana	08/Female	Autism Spectrum Disorder + Intellectual Disability
12	Tauheer	12/Male	Autism Spectrum Disorder
13	Dhruv	05/Male	Hemeplegia
14	Hamza	07/Male	Autism Spectrum Disorder

Computer Learning: Following students have started learning computer at AIRTC Special School:

S. No.	Name of Student	Age/Gender	Types of Disability
1	Himansh	11/Male	Intellectual Disability
2	Leehisha	14/Female	Cerebral Palsy with Intellectual Disability
3	Yuvraj	10/Male	Cerebral Palsy + Intellectual Disability
4	Abhishek	09/Male	Cerebral Palsy
5	Vandana	08/Female	Autism Spectrum Disorder + Intellectual Disability
6	Aryaman Gulati	13/Male	Cerebral Palsy
7	Tauheer	12/Male	Autism Spectrum Disorder
8	Vasu	10/Male	Autism Spectrum Disorder

Events celebrations & workshops conducted during the quarter:

S. No.	Events, celebrations & workshops	Date
1	Makar Sankranti	13-01-2025
2	Saraswati Puja	23-01-2025
3	Republic Day of India	24-01-2025
4	International Wheel Chair Day	27-02-2026
5	World Hearing Day	03-03-2026
6	Holi – Festival of Colors	03-03-2026
7	Women’s Day	07-03-2026
8	World Down Syndrome Day	20-03-2026

Over 50+ students, parents & staff participated in these events.



Pre-School for the aged of 3 to 5 years children

AIRTC Special School has started a Pre-School program for children aged 3 to 5 years in the month of September 2025. In this program, children from nearby areas are being enrolled. The unique feature of this initiative is that children with special needs and normal children will learn and participate together in various activities, promoting inclusion, social interaction, and holistic development.

The details of the following children are as

S. No.	Name of Student	Age/Gender
1	Kavya	04/Female
2	Abhiram Pal	03/Male
3	Kartik	05/Male
4	Jai	03/Male
5	Tavan	03/Male
6	Priyaynka	03/Female
7	Harjot Sing	05/Male
8	Pari	03/Female
9	Pallavi	03/Female
10	Manvi	03/Female



03 Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC



3.1 ASSESSMENT BY ORTHOPEDIC SURGEON

An Assessment is conducted by a Senior Orthopedic Surgeon who visits ASRA once a week since May 2022, along with a team of experts / professionals comprising of Physiotherapists, Occupational Therapist, Speech Therapist, Special Educators, Prosthetic & Orthotic Engineer & Psychologist. After a thorough assessment, the patients are evaluated and referred for specific treatments at ARTC, other hospitals, and Rehab Centres. Patients are visiting ARTC both from the surrounding areas and adopted communities. Total Number of patients assessed during the quarter under report: 41.

3.2 PHYSIOTHERAPY UNIT

Physiotherapy is essential for therapeutic management of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and everyday strains.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

	ARTC	AIRTC
Total Patients	234	20
Total Sessions	535	45

SOME GLIMPSES OF DOOR TO DOOR PHYSIOTHERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES



3.3 SPEECH THERAPY UNIT

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

	ARTC	AIRC	CBR
Total Patients	185	47	203
Total Sessions	418	94	303

SOME GLIMPSES OF DOOR TO DOOR SPEECH THERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES



3.4 OCCUPATIONAL THERAPY UNIT

Occupational Therapy plays an important role in providing therapeutic management of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and everyday strains.

Following are the number of patients who visited Occupational Therapy Unit during the quarter under report:

	ARTC	AIRTC
Total Patients	18	45
Total Sessions	23	84

3.5 PROSTHETIC & ORTHOTIC UNIT

The Prosthetic and Orthotic workshop at the ASRA Head Office is engaged in the fabrication and fitment of aids and appliances for persons with disabilities. This unit also extends its services to beneficiaries under CBR Project area, contributing to their functional independence and overall rehabilitation.

Mobility aid delivered to a children with disability during the quarter under report:

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Types of Mobility Aid
1	Aryman Gulati	13/Male	Cerebral Palsy	Special Shoes
2	Dhruv	05/Male	Hemiplegia	Special Shoes
3	Yuvan	07/Male	Cerebral Palsy	Ankle Foot Orthosis

3.6 PSYCHOOTHERAPY UNIT

Psychotherapy sessions have been initiated for new individuals requiring mental health support. This services were provided to patients as per their needs, including counseling and treatment, with the objective of improving their quality of life.



04 Vocational Trainings at ARTC



4.1 CUTTING & TAILORING COURSES

ASRA runs following vocational training courses in Cutting & Tailoring at ARTC Head Office:

S. No.	Name of the course	Duration of the course	Recognised by
1	Cutting & Tailoring & Dress Making	1 Year	National Institute of
2	Dress Making	6 Months	Open Schooling (NIOS),
3	Cutting & Tailoring	6 Months	Government of India
4	Diploma in Fashion Designing	6 Months	ASRA
5	Diploma in Tailoring	1 Year	ASRA
6	Diploma in Dress Designing	6 Months	ASRA
7	Basic Diploma in Tailoring	6 Months	ASRA
8	Certificate Course in Tailoring	3 Months	ASRA
9	Certificate Course in Dress Designing	3 Months	ASRA
10	Short Term Course in Tailoring	1 Months	ASRA
11	Certificate course in Embroidery	3 Months	ASRA

The details of students who are undergoing training in Vocational training courses in cutting and tailoring during the quarter under report are as follows:

Already enrolled no. of students: 12
New admission during the quarter: 15
Total no. of students: 27.

Examinations held:

Month	Name of Course	Date	No. of Students appeared in exam	Exams cleared by
Nov/2025	Tailoring	19th & 20th Nov/25	08	08

4.2 BEAUTY CULTURE COURSES

ASRA runs following vocational training courses in Beauty Culture:

S. No.	Name of the course	Duration of the course	Recognised by
1	Beauty Culture & Hare Care	6 Months	National Institute of Open Schooling (NIOS), Government of India
2	Basic Diploma in Beauty Culture	6 Months	ASRA
3	Self Course Beauty Culture	3 Months	ASRA
4	Hobby Course in Beauty Culture	1Months	ASRA
5	Nail Extension Course	2 Months	ASRA
6	Advance Make-Up Artistry Coursev	6 Months	ASRA

The details of students who are undergoing training in Vocational training courses in Beauty Culture course during the quarter under report are as follows:

Already enrolled no. of students: 07.

New admission during the quarter: 04.

Total no. of students: 11.



4.3 COMPUTER TRAINING COURSES

Some of the computer courses being conducted are recognized by National Institute of Open Schooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA itself.

Details of courses run are as follows:

S. No.	Name of the course	Duration of the course	Recognised by
1	'O' Level	1 Year	National Institute of Electronic Information Technology (NIELIT), Government of India
2	Course on Computer Concept (CCC)	3 Months	
3	Web Designing	3 Months	National Institute of Open Schooling (NIOS), Government of India
4	Desktop Publishing	3 Months	
5	Advance in Diploma in Computer Application	1 Year	ASRA
6	Diploma in Computer Application	6 Months	ASRA
7	Computer Typing	3 Months	ASRA
8	Course on Computer Concept (CCC)	3 Months	ASRA
9	Tally	3 Months	ASRA
10	Advance Excel, Python, SQL, Networking & Information Security, DSA in C++ & Busy	2 to 6 Months	ASRA

The details of students who are undergoing training in Computer courses during the quarter under report are as follows:

Already enrolled no. of students: 19.

New admission during the quarter: 31.

Total no. of students: 50.

Examinations:

Month	Date of Examination	Course	No. of Students appeared in exam	Exams cleared by
Feb'26	03-02-2026	Course on Computer Concept (CCC)	20	20

Events / Celebrations & Workshops conducted

S. No.	Events / Celebration & Workshop	Date
1	Makar Sankranti	13-01-2026
2	Saraswati Puja – Goddess of Knowledge	23-01-2026
3	Republic Day of India	24-01-2026
4	Workshop: How to do crimping, curls & waves	25 & 26 Feb'26
5	International Wheelchair Day	27-02-2026
6	Holi – Festival of colors	03-03-2026
7	World Hearing Day	03-03-2026
8	Women's Day	07-03-2026
9	Workshop: How to use Internet with Safely	12-03-2026
10	World Down Syndrome Day	20-03-2026

Over 50+ students, parents & staff participated in these events.



4.4 ENGLISH SPEAKING COURSES

ASRA introduced an **English Speaking Course** to help students improve their language proficiency. The first batch commenced in **February 2025**. The second batch started on 6th March 2026 with 4 students enrolled. This initiative reflects ASRA's commitment to equipping students with essential communication skills and expanding their learning opportunities.

05 ASRA HANDICRAFT EMPORIUM

ASRA Handicraft Emporium

ASRA Handicraft Emporium started operation in April'2010. It has an experienced & qualified Master Tailor who is physically challenged & a Junior Tailor to assist him. The Emporium fulfills orders for stitching & alterations of garments to meet both in-house & external needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, ranging from western to ethnic styles, according to customer demand at very nominal charges. It also provides other services like pico, overlock, hemming, machine embroidery etc.. Additionally the emporium manufactures high- quality simple or designer fabric. The Emporium is an initiative to promote the ASRA brand.

Orders pending up to 31st Dec 2025	Orders booked from 1st Jan 2026 to 31st March 2026	Orders completed from 1st Jan 2026 to 31st March 2026	Orders pending up to 31st March 2025
22	111	115	18



ACCOUNTS

Internal Audit for the quarter October 2025 to December 2025 was conducted during the quarter under report by CA firm.

ADMINISTRATION

- **New recruitments of staff made during the quarter are as follows:**

- i. Ms. Naina, Education Teacher, Sonia Camp, CBR
- ii. Ms. Kajal, Education Teacher, Meera Bagh, CBR
- iii. Ms. Manju, Beauty Culture Teacher, Pappankalan, CBR
- iv. Ms. Sangeeta, Tailoring Teacher, T-Camp, CBR
- v. Ms. Akansha, Education Teacher, Hoshiyarpur, Noida, CBR
- vi. Ms. Mannu, Assistant Teacher, AIRTC Pre School
- vii. Ms. Aarti, Special Educator, AIRTC
- viii. Ms. Abhay, Physiotherapist, ARTC
- ix. Ms. Avishi, Physiotherapist, ARTC
- x. Ms. Sukanya, Education Teacher, Binda Pur, CBR

- **Resignation received of staff during the quarter as follows: :**

- i. Ms. Pooja Sharma, Hoshiyarpur, Noida, CBR
- ii. Ms. Priyanshi, Special Educator, AIRTC
- iii. Ms. Pooja, Helper Emporium, ARTC
- iv. Ms. Sangeeta, Tailoring Teacher, T-Camp, CBR
- v. Ms. Tithi, Physiotherapist, ARTC
- vi. Ms. Nisha, Physiotherapist, ARTC
- vii. Ms. Kajal, Education Teacher, Meera Bagh, CBR

- **ASRA continues to run MHP Project in various CBR centres.**

- **Interview were conducted for various posts during the quarter under report.**

- **Co-ordination with National Institute of Electronic Information Technology (NIELIT), Govt. of India for Accreditation of O level course.**

- **Streamlining of administrative procedures as per ASRA manuals, reorganizing, reviving and reforming programs for relevance is in progress.**

07 DIGITALIZATION OF ASRA



The first quarter of 2026 marked a major milestone in ASRA’s journey toward Digitalization. We have transformed our social media platforms into a powerful voice for inclusion, reaching thousands of new supporters globally.

a. Key Highlights & Milestone

- **Growing the Movement:** Over 90% of our reach this quarter came from new audiences, introducing ASRA’s mission to a wider community than ever before.
- **Inclusion in Action:** Launched major campaigns including the Hope Drive Initiative and Inclusion Over Indifference, focusing on the resilient communities of Pappan Kalan, Shiv Vihar, and Nangli Dairy.
- **Empowering the Next Generation:** Our digital recruitment and course campaigns successfully attracted 166 potential team members and drove high enrollment for our new English Speaking Course.

b. Stories of Self-Reliance

- **Shubham (Medical Aspirant):** Transitioned from ASRA-sponsored schooling to beginning his professional medical training.
- **Rajnish (Engineering):** Continuing his path toward an engineering degree with ASRA’s holistic academic and ration support.
- **Pankaj (Entrepreneur):** A graduate success story, now running his own mobile repair shop in Bharat Vihar.

c. Strengthening Credibility

From hosting AFS Representatives to running critical awareness drives for Parent Mental Health and International Epilepsy Day, our digital presence is building deep trust with donors and partners alike.

Our Mission Online: To ensure that every story of a person with a disability in Delhi’s slums is heard, respected, and supported.

List of psychologist and interns who actively participated in CBR Mental Health Project

YEAR 2025-26	
Psychologists and administrative support – Paid by Cognizavest	Psychologists and administrative support – Salaries shared by ASRA and Cognizavest

1. Dr. Sakshi, Head CBR MHP Project, Ph.D
2. Nebin T Sabu, Master in Psychology
3. Aniksha, Master in Psychology
4. Lisha, Master in Psychology
5. Vidhi, Master in Psychology
6. Manik
7. Paras

1. Nikunj, Master in Psychology
2. Shreya, Master in Psychology
3. Khushi (Master in Psychology)

Intern - Unpaid		
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|------------------------------|-----------------------------------|------------------------------|
| 1. Yashi | 26. Prathi (B.Sc 1st Year) | 51. Pankaj |
| 2. Rushi | 27. Prisha (B.Sc 1st Year) | 52. Sanchi |
| 3. Yukthi | 28. Anirudh (B.Sc 1st Year) | 53. Srijana (B.Sc 1st Year) |
| 4. Himani | 29. Tina (B.Sc 1st Year) | 54. Manpreet (B.Sc 1st Year) |
| 5. Gunjan | 30. Nisa (B.Sc 1st Year) | 55. Kulpreet (B.Sc 1st Year) |
| 6. Komal | 31. Khushi (B.Sc 1st Year) | 56. Namrata (B.Sc 1st Year) |
| 7. Purvi | 32. Vishal (B.Sc 1st Year) | 57. Pramod (B.Sc 1st Year) |
| 8. Swastika | 33. Sneha (BA 3rd Year) | 58. Vineeta |
| 9. Gargi | 34. S. Amrithavalli (BA 3rd Year) | 59. Aastha |
| 10. Purvy | 35. Khushi (BA 3rd Year) | 60. Shikha |
| 11. Ritu | 36. Anushika (BA 3rd Year) | 61. Aishwarya |
| 12. Sakshi | 37. Sunreet | |
| 13. Vinitha | 38. Kanika | |
| 14. Aakansha | 39. Ashtha | |
| 15. Svastja | 40. Yukti | |
| 16. Sbeha (B.Sc 2nd Year) | 41. Vinita | |
| 17. Ayushka (BA 3rd Year) | 42. Eashwari (B.Sc 2nd Year) | |
| 18. Himaxi (BA 3rd Year) | 43. Ashna (B.Sc 1st Year) | |
| 19. Shrishti (BA 3rd Year) | 44. Gautam | |
| 20. Sarita | 45. Rudraksh | |
| 21. Amit | 46. Gaurika | |
| 22. Divya (B.Sc 1st Year) | 47. Vishal | |
| 23. Aditi (B.Sc 1st Year) | 48. Manmeet | |
| 24. Anushka (B.Sc 1st Year) | 49. Sonali | |
| 25. Niharica (B.Sc 1st Year) | 50. Hitesh | |

List of 26 beneficiaries who have been provided Seed Loan since 2022 post Covid-19

S. No.	Name of beneficiary	Age/Gender	Type of Disability	Name of community
1	Ram Karan	49/Male	Physically Divyang	Shiv Vihar
2	Sunny	28/Male	Physically Divyang	Shiv Vihar
3	Shiv Kumar Saini	32/Male	Intellectual Disability	Shiv Vihar
4	Rudra	12/Male	Intellectual Disability	Shiv Vihar
5	Khushi	10/Female	Physically Divyang	Shiv Vihar
6	Karan	12/Male	Speech & Hearing Impaired	Shiv Vihar
7	Shyamveer Gupta	55/Male	Physically Divyang	Shiv Vihar
8	Pushpa	28/Female	Physically Divyang	Shiv Vihar
9	Amarjeet	27/Male	Physically Divyang	Shiv Vihar
10	Lalit	27/Male	Physically Divyang	Shiv Vihar
11	Chetna	17/Female	Speech & Hearing Impaired	Shiv Vihar
12	Monika	40/Female	Physically Divyang	Pappankalan
13	Dev Mehra	21/Male	Intellectual Disability	Pappankalan
14	Tek Singh	40/Male	Physically Divyang	Pappankalan
15	Pushpender	28/Male	Intellectual Disability	Dwarka Sec-01
16	Buntlal	38/Male	Physically Divyang	Dwarka Sec-01
17	Sanjay	29/Male	Physically Divyang	Nanhe Park
18	Bhagyashree	21/Female	Physically Divyang	Nanhe Park
19	Praveen	24/Male	Physically Divyang	Bharat Vihar
20	Rehan	16/Male	Intellectual Disability	Nangli Dairy
21	Vishal	22/Male	Intellectual Disability	Raghuvir Nagar
22	Pihu	14/Female	Physically Divyang	Nangli Dairy
23	Dev Mehra	23/Male	Intellectual Disability	Pappankalan
24	Praveen	25/Male	Physically Divyang	Bharat Vihar
25	Vashu	10/Male	Autism Spectrum Disorder	Palam colony
26	Vivek Shah	20/Male	Intellectual Disability	Nangli Dairy



THE SPIRIT OF HOPE
UNVEILED BY
DR. MARTIN UNGERER, VICE PRESIDENT
&
PRESIDENT OF THE SHREE
SCULPTORS
SHRI ABHAYEDH

Gratitude to the President AFS and all the donors who are supporting ASRA's work for the poor & needy persons with disabilities living in the slums of Delhi. Gratitude for your trust in our abilities.