

1. HIGHLIGHTS

- **16 beneficiaries** from ASRA's adopted communities received aids and appliances during a follow-up camp held on **8th & 9th December 2025**. Disability/UDID Assessment Camp was organized by the Department of Social Welfare (West), Government of NCT of Delhi.
- On **World Mental Health Day**, students of AIRTC participated in a wall-painting activity organized by the CBR Mental Health Project team to promote awareness.
- **Tata Consultancy Services (TCS)** conducted a video shoot to document the ongoing activities of AIRTC Special School and showcase ASRA beneficiaries who have benefited from ASRA's programs.
- On the occasion of **Diwali**, ASRA participated in a one-day exhibition at **Aditi Mahavidyalaya, University of Delhi**. Under the CBR Mental Health Project, bracelets and jewelry made by beneficiaries were displayed.
- **Abilities Day** was celebrated on **3rd December 2025** to mark the International Day of Persons with Disabilities. All units organized cultural programs to promote awareness and inclusivity.
- **Christmas Day** was celebrated at the ASRA Head Office with enthusiasm. Students presented dance performances and songs, creating a joyful and inclusive festive atmosphere.
- During the quarter, **CBR Staff Meetings** were held at the Head Office. Staff discussed challenges, student-related strategies, and key operational issues. These meetings focused on identifying solutions and strengthening the CBR program.
- During the reporting quarter, Special Educators conducted a local survey around the ASRA Head Office to increase student enrollment.
- **A Parent-Teacher Meeting (PTM)** was organized at AIRTC Special School. Parents were sensitized about their children's growth and developmental needs, highlighting education, therapy, a supportive home environment, and play-based learning.
- Interns were appointed across different communities to support teachers. They assisted in surveys, Parent-Teacher Meetings, and other academic and community activities to improve work quality.

COMPREHENSIVE IMPACT: ASRA'S DIVERSE INITIATIVES

ASRA continued implementing a wide range of programs, reaching over **1100 beneficiaries** across **20 adopted communities** during the quarter. Key areas included: **Community-Based Rehabilitation, Mental Health Project, Education Program, Vocational Training, AIRTC Special School and Medical & Therapeutic Services.**

2. COMMUNITY-BASED REHABILITATION (CBR) AND MENTAL HEALTH PROJECT

Total Beneficiaries 1106 across 20 communities	Medical Intervention & Therapeutic Services provided to 255 beneficiaries	Disability Camps 16 PwDs received aids and appliances
Vocational Training 44 students	Psychometric Assessments & Psychotherapy 46 beneficiaries, 601 sessions conducted	Skill Development (Art, Craft & Jewelry Making) 290 beneficiaries across 16 communities
Education Program 445 children (including 51 CwDs)	Seed Loan 04 new beneficiaries received Seed Loan	CBR Staff Strength over 25
	Kit Distribution Program 06 children with disabilities received Ration Kit	

3. COMMUNITY-WISE CBR MENTAL HEALTH PROJECT COVERAGE

S.No.	Community name	Project Coverage
01	Shiv Vihar	47
02	Pappankalan	62
03	Nangli Dairy	29
04	Nanhe Park	25
05	Bharat Vihar	26
06	Dwarka Sec-1	32
07	T-Camp	11
08	Raghuvir Nagar	10
09	Bhim Nagar	19
10	Jwalapuri	16
11	TC Camp	11
12	Khyala	11
13	Bindapur	14
14	Shyam Nagar	11
15	Dwarka Sec-16	21
16	Madipur	07



4. EDUCATION PROGRAM

The education program focuses on providing inclusive, quality learning opportunities to children from adopted communities, with special emphasis on Children with Disabilities (CwDs).

Total Education Centres: 16

Total Children Enrolled: 445

Children with Disabilities (CwDs): 51

During the quarter under report, various activities, celebrations, awareness meetings, and game were conducted with students at CBR Education Centres.

5. VOCATIONAL TRAININGS PROGRAM

Two new vocational training centres have been opened. Computer Centre at Nangli Dairy community & Tailoring centre at Pappankalan community.



CUTTING & TAILORING

Tailoring program in Shiv Vihar, Nangli Dairy & Pappankalan communities continued with 22 enrolled needy students.



COMPUTER COURSE

Conducted at the CBR Project Office in Pappankalan, Hoshiarpur & Nangli Dairy community. Total 15 students were enrolled during the quarter.



MOBILE REPAIRING COURSE

A new batch of needy students was enrolled in the Shiv Vihar Community. 7 students have been enrolled, and the training is in progress.

6. SOCIAL MAPPING IN CBR, AIRTC AND ARTC

Social mapping of children and persons with disabilities is underway to assess their socio-economic status and promote inclusion, while the ASRA CBR team supports access to government schemes and collects survey feedback.

7. SEED LOAN PROGRAM

During the quarter under report, 04 PwD beneficiaries from ASRA's adopted slum community received Seed Loan. The total number of beneficiaries under Seed Loan program is now 153.

S. No.	Name of seed loan beneficiary	Age / Gender	Type of Disability	Name of Community	Date of given Seed Loan	Purpose
01	Dev Mehra	23/M	Intellectual Disability	Pappankalan	08-Oct-25	To purchase grocery material
02	Praveen	25/M	Physically Handicapped	Bharat Vihar	15-Oct-25	To purchase grocery material
03	Vasu	10/M	Autism Spectrum Disorder	Palam colony	03-Nov-25	To purchase grocery material
04	Vivek Shah	20/M	Intellectual Disability	Nangli Dairy	15-Dec-25	To purchase sewing machine

8. KITS DISTRIBUTION PROGRAM

Ration Kits were distributed to 06 children with disabilities in need in Nangli Dairy slum community.

9. DISABILITY CAMP

16 beneficiaries received aids and appliances such as motorized tricycles, wheelchairs, hearing aids, CP chairs, AFOs, crutches, special shoes, and education kits during a follow-up camp held on 8th & 9th December 2025. Disability/UDID Assessment Camp was organized by the Department of Social Welfare (West), Government of NCT of Delhi.

10. AIRTC SPECIAL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

- During the quarter under report, 18 children with special need attended the ASRA Special School
- Computer Learning: 6 students learning computers at AIRTC Special School.
- Pre-School for the aged of 3 to 5 years children : 07 children attended the class

11. MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC

- **Orthopedic Assessments:** 28 patients
- **Physiotherapy:** 698 sessions for 233 patients (ARTC & AIRTC)
- **Speech Therapy:** 981 sessions for 681 patients (ARTC, AIRTC & CBR)
- **Occupational Therapy:** 154 sessions for 72 patients (ARTC & AIRTC)
- **Prosthetic & Orthotic Services:** child Suffering with Cerebral Palsy and Intellectual Disability, provided with Ankle Foot Orthosis
- **Psychotherapy:** Psychotherapy sessions have been initiated for new individuals requiring mental health support.

12. VOCATIONAL TRAININGS AT ARTC

CUTTING & TAILORING COURSE | BEAUTY CULTURE COURSE | COMPUTER TRAINING COURSE | ENGLISH SPEAKING COURSE

- The details of students who are undergoing training in Vocational training during the quarter under report are as follows:

Cutting & Tailoring Course	Beauty Culture Course	Computer Course
29 students	12 students	45 students

- The surveys are underway for starting a new batch of the English Speaking Course. Admissions and classes will be started very soon.
- Final Examinations for vocational training in Cutting & Tailoring, Beauty Culture, and Computer Courses were conducted this quarter, with all 19 registered students appearing and successfully clearing the exams.

13. HANDICRAFT EMPORIUM

ASRA's Handicraft Emporium not only provides top-quality clothing & embroidery but also empowers our talented, differently-abled artisans to showcase their craft & earn a dignified income.

Orders pending up to 30th Sep 2025	Orders booked from 1st Oct 2025 to 31st Dec 2025	Orders completed from 1st Oct 2025 to 31st Dec 2025	Orders pending up to 31st Dec 2025
24	131	133	22

14. EVENTS / CELEBRATIONS & WORKSHOPS CONDUCTED

S. No.	Events / Celebration & Workshop	Date
01	World Mental Health Day	10-10-2025
02	Rangoli Competition	17-10-2025
03	Workshop: Importance of Computer Technical Knowledge over Academic Qualification	17-10-2025
04	Diwali	18-10-2025
05	Workshop: Umbrella Plazo Suit	29-10-2025
06	Children's Day	17-11-2025
07	Workshop: How to Make Smart Personal Computer	11-11-2025
08	Abilities Day on the occasion of International Day of Persons with Disabilities	03-12-2025
09	Poster Making Competition	03-12-2025
10	Workshop: Ladies Pants	15-12-2025
11	Christmas Day	24-12-2025

Over 90+ students, parents & staff participated in these events.



15. ACCOUNTS, ADMINISTRATION & DIGITALISATION OF ASRA

Internal Audit conducted by

Vikas Varshney & Associates

Resignations

3 staff members

New Recruits

8 staff

Interview were conducted for various posts during the quarter under report.

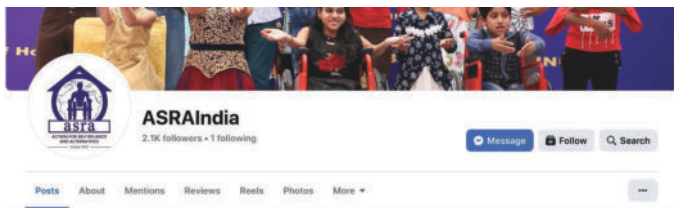
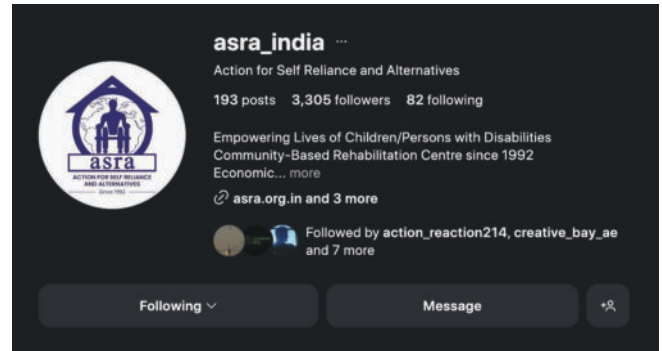
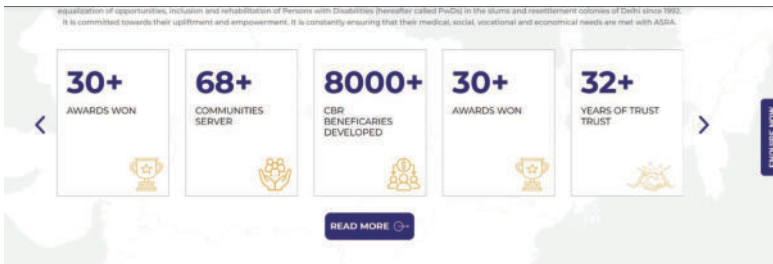
Online Accreditation

Registration successful via online on NIELIT web portal for NIELIT O Level course.

ASRA remained closed from 25th December 2025 to 1st January 2026 due to Annual Break.



ASRA extends heartfelt gratitude to **President AFS** and all donors for their continued support in empowering persons with disabilities and marginalized communities across **Delhi**.



Instagram

www.instagram.com/asra_india



Facebook

www.facebook.com/asraindia1992



LinkedIn

www.linkedin.com/company/asra-india/

ACTION FOR SELF RELIANCE AND ALTERNATIVES

www.asra.org.in

asra_ngo@yahoo.co.in, asra_ngo@hotmail.com

+91-11-25356845