



# ASRA NEWSLETTER OCTOBER-DECEMBER 2025

A Delhi based Charitable Trust dedicated to empower persons with or without disabilities living in slums and marginalized segments of society.

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# COMPREHENSIVE IMPACT: ASRA'S DIVERSE INITIATIVES

## Community Based Rehabilitation: CBR / Mental Health Project since April 2024 (Covered 68 communities since 1992)

01. Awareness creation about prevention of disabilities & need for intervention
02. Referral Services for PwDs: Social Mapping & Delivery of benefits
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  - Nanhe Park
  - Hoshiyarpur, Noida
  - Dwarka Sec-16
  - TC-Camp
  - Nangli Dairy
  - Majnu Ka Tila
  - Kirbi Place
  - Bharat Vihar
  - Bindapur
  - Raghuvir Nagar
  - Goyla Dairy
  - Bheem Nagar
  - Khyala
  - Shyam Nagar
  - Madipur
  - T-Camp
09. Medical Intervention & Therapeutic services
  - Assessment by Orthopaedic Surgeon
  - Physiotherapy a
  - Speech Therapy
  - Prosthetic & Orthotic Appliances
10. ASRA CBR Mental Health Project
11. Seed Loan
12. Distribution of five kits Program

## ASRA Intervention, Recreation & Therapy Centre : AIRTC ASRA SPECIAL SCHOOL

01. Special Education
02. Yoga & personal Development
03. Play way Method
04. Dance & Music
05. Art & Craft Activities
06. Pre Vocational Skills
07. Social Skills
08. Medical Intervention & Therapeutic Service
  - Physiotherapy
  - Occupational Therapy
  - Speech Therapy
09. Sensory & Motor Development Skills
10. Sensory Integration
11. Counselling & Mental Health
12. Activity of Daily Living (ADL)
13. Distribution of five kits Program
14. Online Apply for Government benefits
15. Psychotherapy sessions available by experts on request & on doctor's recommendation
16. Pre-school for the age group 3 to 5 years

## ASRA Rehabilitation & Training Centre : ARTC (THE HEAD OFFICE)

01. Medical Intervention & Therapeutic Services
  - Assessment by Orthopaedic Surgeon
  - Physiotherapy Unit
  - Occupational Therapy Unit
  - Speech Therapy Unit
  - Prosthetic & Orthotic Appliances workshop
  - Psychotherapy Unit started from June 2025.
02. Skill Development Trainings
  - Cutting & Tailoring courses
  - Beauty Culture course
  - Nail Extension course
  - Computer training courses
03. Haat
04. Handicraft Emporium

### New courses introduced

01. English Speaking Course
02. Digital Marketing Course
03. Graphic Designing Course
04. Art & Craft Course
05. Basic Dance Step Class

### ASRA's Activities during the quarter under report:

Community based Rehabilitation Program combined with Mental Health Project (CBR MHP).

Under the CBR Program, ASRA extended its services to 1106 beneficiaries spread over 20 communities. The present staff strengths under CBR program is over 25.

Total number of interns who actively participated in CBR MHP Project during the financial year 2025-26 (list enclosed as Annexure 1).

- Medical Intervention & therapeutic Services were provided to **255** beneficiaries. **Under CBR Education program: 445** children are learning education out of which there are **51 CwDs**.
- **Under Vocational Trainings Program: 44** students are getting vocational trainings. Beneficiaries covered under psychometric assessment & psychotherapy project: **46 C/PwDs**.
- Beneficiaries who were provided with skills development training in Art & Craft & Artificial Jewelry Making: **290 beneficiaries** in 16 communities.
- **Seed Loan Program: 04** beneficiaries received Seed Loan & **03** more have been identified.
- **Ration Kits** were distributed to **06** children with disabilities in need in Nangli Dairy slum community.
- A **Disability/UDID and Assessment Camp** was organized by Department of Social Welfare (West), Government of India on 8th August 2025 at Deen Dayal Upadhyay Hospital, Hari Nagar, where ASRA's beneficiaries were registered, assessed, and provided counseling and assistance for various schemes. Based on the assessments, 16 selected beneficiaries were provided aids & appliances such as Motorized Tricycles, Wheelchairs, Hearing Aids, CP Chairs, AFO, Crutches, Special Shoes, and Education Kits through a follow-up camp held on 8th & 9th December 2025.
- **Interns** have been appointed in different communities to assist teachers in improving the quality of work. Their responsibilities include supporting surveys. Parent-Teacher meeting, and other related activities.  
During this quarter, **CBR Staff Meetings** were held at the Head Office with the CBR staff. In these meetings, detailed discussions were conducted on the challenges faced by the staff, student-related strategies, and several other important issues.

### AIRTC Special School

- During the quarter, various activities were organized in AIRTC Special School for **18 children** enrolled in it by special educators / trainers. These activities were designed as per the interests and capabilities of the students.
- On the occasion of **World Mental Health Day**, students of AIRTC participated in a wall-painting activity organized by the CBR Mental Health Project Team.

# HIGHLIGHTS

## Global & Local Collaboration



- A video shoot was conducted by Tata Consultancy Services (TCS) to cover the ongoing activities of AIRTC Special School, as well as the beneficiaries of ASAR who have benefited from the programs run by ASRA.
- A Parent-Teacher Meeting (PTM) was organized at AIRTC Special School, where parents were sensitized about their children's overall growth and developmental needs. The session emphasized the importance of education, therapeutic interventions, a supportive home environment, play-based learning, and other developmental practices to promote the holistic progress of the children.
- During the quarter under report, the Special Educators conducted a survey around the ASRA Head Office to enhance the student strength.

### ARTC Head Office Programs

- On the occasion of the Diwali festival, **ASRA's Team participated in a one-day exhibition** held at Aditi Mahavidyalaya, University of Delhi. Under the **CBR Mental Health Project, bracelets and jewellery** made by the beneficiaries were displayed during the exhibition.
- **Abilities Day** was celebrated on the occasion of International Day of Persons with Disabilities on 3rd December 2025, where all units organized a cultural program to spread awareness and promote inclusivity.
- **Christmas Day** was celebrated with great joy and enthusiasm at the ASRA Head Office. Students created a festive atmosphere through lively dance performance and melodious songs. The celebration filled the campus with happiness, unity, and the true spirit of Christmas.
- **Final Examination** of students registered under Vocational Training of cutting & tailoring, beauty culture & computer course was conducted during the quarter under report. **Total 19 students were appeared in the examination and 19 students cleared the exams.**

The details of students who are undergoing training in Vocational training during the quarter under report are as follows:

S. No.	Name of Course	Number of Students
1	Cutting & Tailoring Course	29
2	Beauty Culture Course	12
3	Computer Course	45
Total		86

## 1.1. CBR Education Program

Students' strength in Education Centers in adopted communities during the quarter under report is as follows:

35 children including 10 CwDs at **Shiv Vihar** education centre, 23 children including 7 CwDs at **Pappankalan** education centre, 13 children at **Hoshiyarpur village**, NOIDA, 33 children including 2 CwDs at **Jwala Puri** education centre, 28 children including 3 CwDs at **Nanhe Park** education centre, 24 children including 7 CwDs at **Dwarka Sec-1**, 45 children including 7 CwDs at **Dwarka Sec-16** education centre, 24 children at **TC-Camp** education centre, 37 children including 6 CwDs at **Nangli Dairy** education centre, 36 children including 2 CwDs at **Bharat Vihar** education centre, 15 children at **Binda Pur** education centre, 46 children including 5 CwDs at **Raghuvir Nagar** education centre, 13 children at **Bheem Nagar** education centre, 22 children at **Shyam Nagar** education centre, 19 children at **Goyla Dairy** education centre, 32 children at **T-Camp** education centre have been enrolled during the quarter under report.

During the quarter under report, various **activities, celebrations, awareness meetings, and game** were conducted with students at CBR Education Centres.



## 1.2. VOCATIONAL TRAINING

- **CUTTING AND TAILORING COURSE**

A new Tailoring Centre has been started at Pappankalan community from 1st December, 2025 with 5 students.

Tailoring program in **Shiv Vihar, Nangli Dairy & Pappankalan** communities continued with **22 enrolled** needy students. Regular classes are being conducted in all the Centres where all students are pursuing their course.

- **COMPUTER COURSE**

A new Computer Centre has been started at Nangli Dairy community from 1st December, 2025 with 5 students.

Computer Training Course is conducted at CBR Project Office in Pappankalan, Hoshiyarpur-Noida & Nangli Dairy community. In Pappankalan community, the computer teacher is Ms. Asha, a person with disability who lives in Pappankalan community. Total **15 students** have been enrolled during the quarter under report. Final Examination of students registered under Computer Course was conducted during the quarter under report. Total **seven students** were appeared in the examination and all the students has cleared the exams.

- **MOBILE REPAIRING COURSE**

Under the Mobile repairing course, new batch of needy students from lower economic strata were enrolled in Shiv Vihar community during the quarter under report. Regular classes are being conducted, 07 students have been enrolled in the course & training is in progress.

## 1.3. SOCIAL MAPPING in CBR, AIRTC and ARTC:

Social mapping of children and persons with disabilities in CBR, AIRTC Special School, and ARTC is being conducted with the objective of carrying out their socio-economic assessment, ultimately facilitating their inclusion in society. Simultaneously, the ASRA CBR team has been assisting individuals who are uneducated or unaware of the online application process to avail government facilities by continuously filling out online applications on their behalf. During the reporting quarter, the CBR team was actively engaged in collecting feedback on the recent survey and related activities.

## 1.4 ASRA CBR MENTAL HEALTH PROJECT

This innovative initiative screens, assesses and supports young children / persons with intellectual disabilities (and associated disorder), by a highly qualified team of psychologist. Simultaneously, individual / group counseling is provided to them and their family members, which is aimed towards inducting & training them in Activity of Daily Living (ADL). Based on the capabilities and interest of the beneficiaries suitable and appropriate vocational and social skill training is also imparted to the beneficiaries.

The community details of beneficiaries covered under this project are as follows:

S. No.	Community Name	CBR MHP Beneficiary			Screening, Assessment, Parents Counseling & Parents training	Vocational Training	Social Skill Training	Psychotherapy
		Old	New	Total				
1	Shiv Vihar	37	10	47	9	27	-	1
2	Pappankalan	59	3	62	3	50	3	-
3	Nangli Dairy	27	2	29	3	74	-	-
4	Nanhe Park	21	4	25	7	12	-	-
5	Bharat Vihar	19	7	26	1	15	-	-
6	Dwarka Sec-1	32	-	32	4	34	3	-
7	T-Camp	7	4	11	9	5	-	-
8	Raghuvir Nagar	5	5	10	4	2	-	-
9	Bhim Nagar	19	-	19	-	1	-	-
10	Jwalapuri	10	6	16	-	16	-	-
11	TC-Camp	11	-	11	-	5	-	-
12	Khyala	11	-	11	-	11	-	-
13	Bindapur	14	-	14	4	4	-	-
14	Shyam Nagar	8	3	11	1	4	-	-
15	Dwarka Sec-16	19	2	21	-	12	-	-
16	Madipur	7	-	7	-	12	-	-
Total		287	46	352	45	284	6	1

Total Sessions : 601

The psychometric assessment and therapy has brought about remarkable improvement in the lives of beneficiaries who are participating in this project. In fact many of them learns Activity of Daily leaning (ADL) in the process.

### 1.5 SEED LOAN PROGRAM

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The beneficiaries of this program are exclusively persons with disabilities who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. During the quarter under report, surveys were carried out for identifying new Seed Loan beneficiaries, while detailed feedback, status update, and repayment regularity were assessed for existing beneficiaries to monitor their progress and loan discipline. **During the quarter under report, four PwD beneficiaries from ASRA's adopted slum community received Seed Loan. The total number of beneficiaries under Seed Loan program is now 153.**

List of 26 beneficiaries who have been provided Seed Loan since 2022 enclosed as Annexure-2.



## 1.6 KITS DISTRIBUTION PROGRAM

As part of efforts towards comprehensive rehabilitation, five essential kits were distributed to children with disabilities in need. These included Kits such as Ration, Immunity Booster, Educational, Personal Hygiene & Therapy. The distribution was carried out based on specific request received from the beneficiaries, ensuring that the support addressed their individual needs.

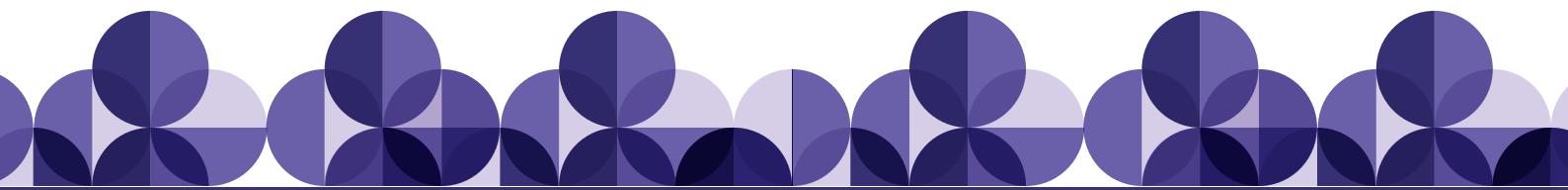
S. No.	Name of beneficiary	Age / Gender	Type of Disability	Community
1	Chandni	21/Female	Intellectual Disability + Speech & Hearing Impaired	Nangli Dairy
2	Ajay	20/Male	Physically Handicapped	Nangli Dairy
3	Sofiya	10/Female	Intellectual Disability + Speech & Hearing Impaired	Nangli Dairy
4	Vivek Shah	09/Male	Speech & Hearing Impaired	Nangli Dairy
5	Rajan	16/male	Multiple Disability	Nangli Dairy
6	Gaurav	22/Male	Multiple Disability	Nangli Dairy

## 1.7 DISABILITY CAMP (Follow-up Camp)

A Disability Camp was organized by the Social Welfare Department under the Sugamya Sahayak Yojana for Persons with Disabilities on 8th August 2025 at Deen Dayal Upadhyay Hospital, Hari Nagar. Based on the assessments conducted during the camp, beneficiaries eligible for assistive devices (Aids & Appliances) were invited to a follow-up camp held on 8th and 9th December 2025 and the required aids & appliances were provided to the beneficiaries.

Details of beneficiaries, who received Aids & Appliances:

S. No.	Name of Beneficiary & community	Aids & Appliances Received
1	Rambhajan, Pappankalan	Motorized Tricycle
2	Chandarbhan, Pappankalan	Motorized Tricycle + Crutches
3	Sarfraz, Pappankalan	Hearing Aid
4	Dinesh, Nanhe Park	Motorized Tricycle + Crutches
5	Mohd. Ehsan, Shiv Vihar	Tricycle + Crutches
6	Shyamveer Gupta, Shiv Vihar	Tricycle + AFO
7	Mehboob Alam, Nanhe Par	Wheelchair + Walker + AFO + Education Kit
8	Mohd. Furkan, Khayala	Hearing Aid
9	Ayat, Khayala	Hearing Aid
10	Nabiya, Khayala	Hearing Aid
11	Hina, Khayala	Hearing Aid
12	Karan, Shiv Vihar	Hearing Aid
13	Shourya, Pappankalan	Education Kit
14	Ankit, Dwarka Sec-1	Wheel Chair
15	Shivam, AIRTC	Cerebral Palsy Chair
16	Chandarbhan, Pappankalan	Wheel Chair + Special Shoes



## ASRA INTERVENTION, RECREATION AND THERAPY CENTRE (AIRTC)

In AIRTC, apart from special education, all students enrolled in AIRTC are getting comprehensive rehabilitation which includes assessment by Orthopedic Surgeon and customized, physiotherapy, occupational therapy, speech therapy and Prosthetics & Orthotics by qualified professionals.

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical & speech & hearing impairments. During the quarter under report, 18 children with special need attended the ASRA Special School. The detail of which are as follows.

S. No.	Name of Student	Age/Gender	Types of Disability
1	Himansh	10/Male	Intellectual Disability
2	Mani	14/Male	Autism Spectrum Disorder + Intellectual Disability
3	Samarth	12/Male	Autism Spectrum Disorder
4	Kanak	8/Female	Autism Spectrum Disorder
5	Leehisha	13/Female	Cerebral Palsy + Intellectual Disability
6	Yuvraj	10/Male	Cerebral Palsy + Intellectual Disability
7	Amrit	8/Male	Cerebral Palsy
8	Samar Singh	7/Male	Autism Spectrum Disorder
9	Abhishek	9/Male	Cerebral Palsy
10	Kushal	10/Male	Autism
11	Vasu	10/Male	Autism Spectrum Disorder
12	Aryaman Gulati	13/Male	Cerebral Palsy
13	Vandana	8/Female	Autism Spectrum Disorder + Intellectual Disability
14	Tauheer	12/Male	Autism Spectrum Disorder
15	Aahan	10/Male	Autism Spectrum Disorder
16	Vihaan	9/Male	Autism Spectrum Disorder
17	Kartik	9/Male	Autism Spectrum Disorder
18	Dhruv	5/Male	Hemiplegia

**Computer Learning:** Following students have started learning computer at AIRTC Special School:

S. No.	Name of Student	Age/Gender	Types of Disability
1	Himansh	11/Male	Intellectual Disability
2	Leehisha	12/Female	Cerebral Palsy + Intellectual Disability
3	Mani	14/Male	Autism Spectrum Disorder + Intellectual Disability
4	Abhishek	9/Male	Cerebral Palsy
5	Vandana	8/Female	Autism Spectrum Disorder + Intellectual Disability
6	Aryaman Gulati	13/Male	Cerebral Palsy

**Events celebrations & workshops conducted during the quarter:**

S. No.	Events celebrations & workshops	Date	Venue
1	World Mental Health Day	10-10-2025	Basement Hall, ASRA HQ
2	Diwali	17-10-2025	ARTC HQ
3	Children Day	14-11-2025	AIRTC Special School
4	Celebrate Abilities Day on the occasion of International Day of Persons with Disabilities	03-12-2025	Basement Hall, ASRA HQ
5	Christmas	24-12-2025	Basement Hall, ASRA HQ

Over 80+ students, parents & staff participated in these events.



## Pre-School for the aged of 3 to 5 years children

AIRTC Special School has started a **Pre-School program** for children aged 3 to 5 years in the month of **September 2025**. In this program, children from nearby areas are being enrolled. The unique feature of this initiative is that children with special needs and normal children will learn and participate together in various activities, promoting inclusion, social interaction, and holistic development.

The details of the following children are as

S. No.	Name of Student	Age/Gender
1	Kavya	4/Female
2	Abhiram Pal	3/Male
3	Kartik	5/Male
4	Jai	3/Male
5	Tavan	3/Male
6	Priyaynka	3/Female
7	Harjot Sing	5/Male



# 03 Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC



## 3.1 ASSESSMENT BY ORTHOPEDIC SURGEON

An Assessment clinic is conducted by a Senior Orthopedic Surgeon who visits ASRA once a week since May 2022, along with a team of experts / professionals comprising of Physiotherapists, Occupational Therapist, Speech Therapist, Special Educators, Prosthetic & Orthotic Engineer & Psychologist. After a thorough assessment, the patients are evaluated and referred for specific treatments at ARTC, other hospitals, and Rehab Centers. Patients are visiting ARTC both from the surrounding areas and adopted communities.

Total Number of patients assessed during the quarter under report: 28

## 3.2 PHYSIOTHERAPY UNIT

Physiotherapy is essential for therapeutic management of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and everyday strains.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

	ARTC	AIRTC
Total Patients	207	26
Total Sessions	608	90

### SOME GLIMPSES OF DOOR TO DOOR PHYSIOTHERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES



# 03 Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC

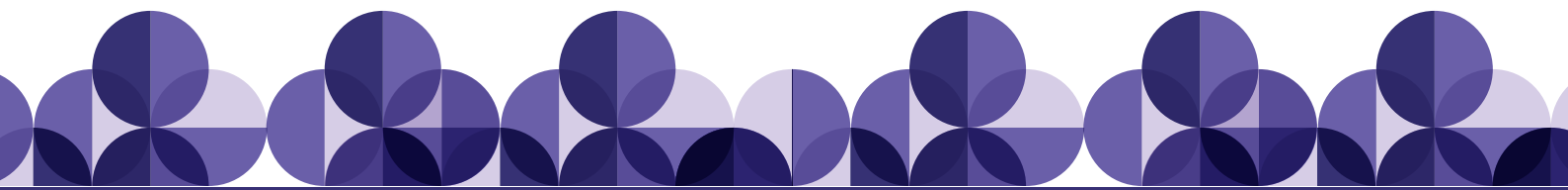


## 3.3 SPEECH THERAPY UNIT

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

	ARTC	AIRTC	CBR
Total Patients	381	45	255
Total Sessions	586	108	287

### SOME GLIMPSES OF DOOR TO DOOR SPEECH THERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES



## 03 Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC



### 3.4 OCCUPATIONAL THERAPY UNIT

Occupational Therapy plays an important role in providing therapeutic management of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and everyday strains.

Following are the number of patients who visited Occupational Therapy Unit during the quarter under report:

	ARTC	AIRTC
Total Patients	24	48
Total Sessions	18	136

### 3.5 PROSTHETIC & ORTHOTIC UNIT

The Prosthetic and Orthotic workshop at the ASRA Head Office is engaged in the fabrication and fitment of aids and appliances for persons with disabilities. This unit also extends its services to beneficiaries under CBR Project area, contributing to their functional independence and overall rehabilitation.

**Mobility aid delivered to a children with disability during the quarter under report:**

S. No.	Name of beneficiary	Age / Gender	Type of Disability	Types of Mobility Aid
1	Master Mukul	10/Male	Cerebral Palsy+ Intellectual Disability	Ankle Foot Orthosis

### 3.6 PSYCHOOTHERAPY UNIT

Psychotherapy sessions have been initiated for new individuals requiring mental health support. This services were provided to patients as per their needs, including counseling and treatment, with the objective of improving their quality of life.

# 04 Vocational Trainings at ARTC



## 4.1 CUTTING & TAILORING COURSES

ASRA runs following vocational training courses in Cutting & Tailoring at ARTC Head Office:

S. No.	Name of the course	Duration of the course	Recognised by
1	Cutting & Tailoring & Dress Making	1 Year	National Institute of
2	Dress Making	6 Months	Open Schooling (NIOS),
3	Cutting & Tailoring	6 Months	Government of India
4	Diploma in Fashion Designing	6 Months	ASRA
5	Diploma in Tailoring	1 Year	ASRA
6	Diploma in Dress Designing	6 Months	ASRA
7	Basic Diploma in Tailoring	6 Months	ASRA
8	Certificate Course in Tailoring	3 Months	ASRA
9	Certificate Course in Dress Designing	3 Months	ASRA
10	Short Term Course in Tailoring	1 Months	ASRA
11	Certificate course in Embroidery	3 Months	ASRA

The details of students who are undergoing training in Vocational training courses in cutting and tailoring during the quarter under report are as follows:

Already enrolled no. of students: 17  
New admission during the quarter: 12  
Total no. of students: 29.

Examinations held:

Month	Name of Course	Date	No. of Students appeared in exam	Exams cleared by
Nov'2025	Tailoring	19th & 20th Nov'25	04	04

# 04 Vocational Trainings at ARTC



## 4.2 BEAUTY CULTURE COURSES

ASRA runs following vocational training courses in Beauty Culture:

S. No.	Name of the course	Duration of the course	Recognised by
1	Beauty Culture & Hare Care	6 Months	National Institute of Open Schooling (NIOS), Government of India
2	Basic Diploma in Beauty Culture	6 Months	ASRA
3	Self Course Beauty Culture	3 Months	ASRA
4	Hobby Course in Beauty Culture	1Months	ASRA
5	Nail Extension Course	2 Months	ASRA
6	Advance Make-Up Artistry Coursev	6 Months	ASRA

The details of students who are undergoing training in Vocational training courses in Beauty Culture course during the quarter under report are as follows:

Already enrolled no. of students: 05.

New admission during the quarter: 07.

**Total no. of students: 12.**

**Examinations held:**

Month	Name of Course	Date	No. of Students appeared in exam	Exams cleared by
Nov'2025	Beauty Culture	03-11-2025	04	04



## 4.3 COMPUTER TRAINING COURSES

Some of the computer courses being conducted are recognized by National Institute of Open Schooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA itself.

Details of courses run are as follows:

S. No.	Name of the course	Duration of the course	Recognised by
1	'O' Level	1 Year	National Institute of Electronic Information Technology (NIELIT), Government of India
2	Course on Computer Concept (CCC)	3 Months	
3	Web Designing	3 Months	National Institute of Open Schooling (NIOS), Government of India
4	Desktop Publishing	3 Months	
5	Advance in Diploma in Computer Application	1 Year	ASRA
6	Diploma in Computer Application	6 Months	ASRA
7	Computer Typing	3 Months	ASRA
8	Course on Computer Concept (CCC)	3 Months	ASRA
9	Tally	3 Months	ASRA
10	Advance Excel, Python, SQL, Networking & Information Security, DSA in C++ & Busy	2 to 6 Months	ASRA

The details of students who are undergoing training in Computer courses during the quarter under report are as follows:

Already enrolled no. of students: 30.

New admission during the quarter: 15.

**Total no. of students: 45.**

Examinations:

Month	Date of Examination	Course	Total students exam appeared	Total students exam cleared
Nov'2025	10-11-2025	CCC & Tally	11	11

# 04 Vocational Trainings at ARTC

## Events / Celebrations & Workshops conducted

S. No.	Events / Celebration & Workshop	Date
1	World Mental Health Day	10-10-2025
2	Rangoli Competition	17-10-2025
3	Workshop: Importance of Computer Technical Knowledge over Academic Qualification	17-10-2025
4	Diwali	18-10-2025
5	Workshop: Umbrella Plazo Suit	29-10-2025
6	Children Day	17-11-2025
7	Workshop: How to Make Smart Personal Computer	11-11-2025
8	Abilities Day on the occasion of International Day of Persons with Disabilities	03-12-2025
9	Poster Making Compettion	03-12-2025
10	Workshop: Ladies Pants	15-12-2025
11	Christmas Day	24-12-2025

Over 90+ students, parents & staff participated in these events.



## 04 Vocational Trainings at ARTC



### 4.4 ENGLISH SPEAKING COURSES

ASRA has introduced a new English Speaking course to help students improve their proficiency in the language. In the first batch, which started on 4th February 2025. For the second batch, the surveys are underway for starting a new batch of the English Speaking Course. Admissions and classes will be started very soon.

These students are from nearby areas and have diverse academic interests. Among them, two are already enrolled in a Cutting & Tailoring course at Vocational Training, ARTC Head Quarter, actively enhancing their skills. They are eager to expand their knowledge and explore new opportunities. Their dedication reflects a strong commitment to learning and personal growth.

## 05 ASRA HANDICRAFT EMPORIUM

### ASRA Handicraft Emporium

ASRA Handicraft Emporium started operation in April'2010. It has an experienced & qualified Master Tailor who is physically challenged & a Junior Tailor to assist him. The Emporium fulfills orders for stitching & alterations of garments to meet both in-house & external needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, ranging from western to ethnic styles, according to customer demand at very nominal charges. It also provides other services like pico, overlock, hemming, machine embroidery etc. additionally the emporium manufactures high- quality simple or designer fabric. The Emporium is an initiative to promote the ASRA brand.

Orders pending up to 30th Sept 2025	Orders booked from 1st Oct 2025 to 31st Dec 2025	Orders completed from 1st Oct 2025 to 31st Dec 2025	Orders pending up to 31st Dec 2025
24	131	133	22



## ACCOUNTS

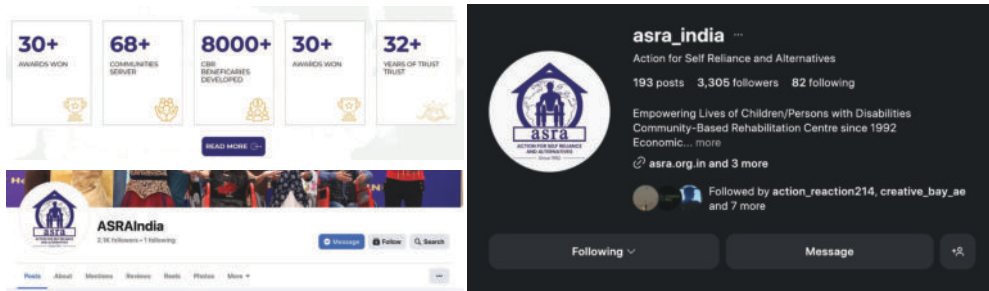
Internal Audit for the quarter July 2025 to Sep 2025 was conducted during the quarter under report by the Vikas Varshney and Associates CA firm.

## ADMINISTRATION

- **New recruitments of staff made during the quarter are as follows:**
  - i. Ms. Mehak, Education Teacher, TC-Camp, CBR
  - ii. Ms. Chulbul, Education Teacher, Shyam Nagar, CBR
  - iii. Ms. Archana, Education Teacher, Bheem Nagar, CBR
  - iv. Ms. Mohini, Education Teacher, T-Camp
  - v. Ms. Sakshi, Computer Teacher, Nangli Dairy, CBR
  - vi. Ms. Lalita, Tailoring Teacher, Pappan Kalan, CBR
  - vii. Ms. Nitu, Educaiton Teacher, Binda Pur, CBR
  - viii. Mr. Govind Kumar Tripathi, Manager CBR Programs, CBR
- **Resignation received of staff during the quarter as follows :**
  - i. Ms. Shabnam, Education Teacher, Pappankalan, CBR
  - ii. Ms. Chetna. Education Teacher, Raghuvir Nagar, CBR
  - iii. Mr. Dinesh, Special Educator, AIRTC Special School
- **ASRA continues to run MHP Project in various CBR centres.**
- **Interview were conducted for various posts during the quarter under report.**
- **Co-ordination with National Institute of Electronic Information Technology (NIELIT), Govt. of India for renewal of O level course and registration successful via online on NIELIT web portal.**
- **ASRA remained closed from 25th December 2025 to 1st January 2026 due to Annual Break.**
- **Streamlining of administrative procedures as per ASRA Manuals, reorganizing, reviving and reforming programs for relevance is in progress.**



# 07 DIGITALIZATION OF ASRA



## Annexure-1

### List of psychologist and interns who actively participated in CBR Mental Health Project

#### YEAR 2025-26

#### Psychologists and administrative support – Paid by Cognizavest

#### Psychologists and administrative support – Salaries shared by ASRA and Cognizavest

1. Dr. Sakshi, Head CBR MHP Project, Ph.D
2. Nebin T Sabu, Master in Psychology
3. Aniksha, Master in Psychology
4. Lisha, Master in Psychology
5. Vidhi, Master in Psychology
6. Manik
7. Paras

1. Nikunj, Master in Psychology
2. Shreya, Master in Psychology
3. Khushi (Master in Psychology)

#### Intern - Unpaid

- |                           |                              |                                   |                              |
|---------------------------|------------------------------|-----------------------------------|------------------------------|
| 1. Yashi                  | 17. Ayushka (BA 3rd Year)    | 33. Sneha (BA 3rd Year)           | 48. Manmeet                  |
| 2. Rushi                  | 18. Himaxi (BA 3rd Year)     | 34. S. Amrithavalli (BA 3rd Year) | 49. Sonali                   |
| 3. Yukthi                 | 19. Shrishti (BA 3rd Year)   | 35. Khushi (BA 3rd Year)          | 50. Hitesh                   |
| 4. Himani                 | 20. Sarita                   | 36. Anushika (BA 3rd Year)        | 51. Pankaj                   |
| 5. Gunjan                 | 21. Amit                     | 37. Sunreet                       | 52. Sanchi                   |
| 6. Komal                  | 22. Divya (B.Sc 1st Year)    | 38. Kanika                        | 53. Srijana (B.Sc 1st Year)  |
| 7. Purvi                  | 23. Aditi (B.Sc 1st Year)    | 39. Ashtha                        | 54. Manpreet (B.Sc 1st Year) |
| 8. Swastika               | 24. Anushka (B.Sc 1st Year)  | 40. Yukti                         | 55. Kulpreet (B.Sc 1st Year) |
| 9. Gargi                  | 25. Niharica (B.Sc 1st Year) | 41. Vinita                        | 56. Namrata (B.Sc 1st Year)  |
| 10. Purvy                 | 26. Prathi (B.Sc 1st Year)   | 42. Eashwari (B.Sc 2nd Year)      | 57. Pramod (B.Sc 1st Year)   |
| 11. Ritu                  | 27. Prisha (B.Sc 1st Year)   | 43. Ashna (B.Sc 1st Year)         | 58. Vineeta                  |
| 12. Sakshi                | 28. Anirudh (B.Sc 1st Year)  | 44. Gautam                        | 59. Aastha                   |
| 13. Vinitha               | 29. Tina (B.Sc 1st Year)     | 45. Rudraksh                      | 60. Shikha                   |
| 14. Aakansha              | 30. Nisa (B.Sc 1st Year)     | 46. Gaurika                       | 61. Aishwarya                |
| 15. Svastja               | 31. Khushi (B.Sc 1st Year)   | 47. Vishal                        |                              |
| 16. Sbeha (B.Sc 2nd Year) | 32. Vishal (B.Sc 1st Year)   |                                   |                              |

List of 26 beneficiaries who have been provided Seed Loan since 2022 post Covid-19

S. No.	Name of beneficiary	Age/Gender	Type of Disability	Name of community
1	Ram Karan	49/Male	Physically Divyang	Shiv Vihar
2	Sunny	28/Male	Physically Divyang	Shiv Vihar
3	Shiv Kumar Saini	32/Male	Intellectual Disability	Shiv Vihar
4	Rudra	12/Male	Intellectual Disability	Shiv Vihar
5	Khushi	10/Female	Physically Divyang	Shiv Vihar
6	Karan	12/Male	Speech & Hearing Impaired	Shiv Vihar
7	Shyamveer Gupta	55/Male	Physically Divyang	Shiv Vihar
8	Pushpa	28/Female	Physically Divyang	Shiv Vihar
9	Amarjeet	27/Male	Physically Divyang	Shiv Vihar
10	Lalit	27/Male	Physically Divyang	Shiv Vihar
11	Chetna	17/Female	Speech & Hearing Impaired	Shiv Vihar
12	Monika	40/Female	Physically Divyang	Pappankalan
13	Dev Mehra	21/Male	Intellectual Disability	Pappankalan
14	Tek Singh	40/Male	Physically Divyang	Pappankalan
15	Pushpender	28/Male	Intellectual Disability	Dwarka Sec-01
16	Buntlal	38/Male	Physically Divyang	Dwarka Sec-01
17	Sanjay	29/Male	Physically Divyang	Nanhe Park
18	Bhagyashree	21/Female	Physically Divyang	Nanhe Park
19	Praveen	24/Male	Physically Divyang	Bharat Vihar
20	Rehan	16/Male	Intellectual Disability	Nangli Dairy
21	Vishal	22/Male	Intellectual Disability	Raghuvir Nagar
22	Pihu	14/Female	Physically Divyang	Nangli Dairy
23	Dev Mehra	23/Male	Intellectual Disability	Pappankalan
24	Praveen	25/Male	Physically Divyang	Bharat Vihar
25	Vashu	10/Male	Autism Spectrum Disorder	Palam colony
26	Vivek Shah	20/Male	Intellectual Disability	Nangli Dairy



**Gratitude to the President AFS and all the donors who are supporting ASRA's work for the poor & needy persons with disabilities living in the slums of Delhi. Gratitude for your trust in our abilities.**

