ASRA NEWSLETTER | JAN-MAR 2025

A Delhi based voluntary organization that is dedicated to empower persons with disabilities living in slums & marginalized segments of society fully supported by AFS.



HIGHLIGHTS from Global & Local Collaboration



On 6th February 2025, Mr. Pierre E. Page, Prof. Daniel Oyon, and their team visited ASRA.



On 13th February 2025, Ms. Christine Haab, Mr. Heinz Haab, and their team visited ASRA



On 15th February 2025, Mr. Urs Spillmann, Mrs. Anne-Françoise, and Mr. Philippe visited ASRA.

COMMUNITY BASED REHABILITATION PROGRAM

Under the CBR Program, ASRA extended its services to 808 beneficiaries spread over 17 communities. The present staff strengths under CBR program is 22.

1. Education program

04 New Education Centres were opened in ASRA's adopted slum communities

RAGHUVIR NAGAR
Education Centre

GOYLA DAIRYEducation Centre

KHYALA Education Centre BHEEM NAGAR
Education Centre

05 children inc. 01 CwDs

2. Vocational training program



CUTTING & TAILORING COURSE

Tailoring Program in Shiv Vihar,

Jwalapuri & Nangli Dairy communities

continued with 28 enrolled

needy students.



COMPUTER COURSE

It is conducted at CBR Project Office in Pappankalan & Hoshiyarpur, Noida community. Total 6 students have been enrolled during the quarter.



MOBILE REPAIRING COURSE

New batch of needy students were enrolled in Shiv Vihar Community.

5 students have been enrolled in the course & training is in progress.

3. Social Mapping in CBR, AIRTC and ARTC

During the quarter under report, ASRA CBR Team online applications applied for Government facilities such as disability certificate (DC), unique disability identity card (UDID), Disability Pension & E-ticket card, for 33 C/PwDs.

4. Seed Loan Program

During the quarter under report,

02 PwD beneficiaries from ASRA's
adopted slum community received
Seed Loan. The total number of
beneficiaries under Seed Loan
program is now 148.





| SI. No. | Name of seed loan beneficiary | Age/Gender | Types of Disability | Name of Community | Date of given Seed Loan | Purpose |
|---------|----------------------------------|------------|----------------------|-------------------|----------------------------|---|
| 1 | Master Rehan | 15/Male | Physical Handicapped | Nangli Dairy | 06-01-2025 | Purchased Sweing Machine |
| 2 | Mr. Vishal | 22/Male | Physical Handicapped | Raghuvir Nagar | 20-01-2025 | Purchased grocery material for his small petty shop |

NEW INITIATIVE

5. ASRA CBR Mental Health Project

The community details of beneficiaries covered under this project are as follows:

| SI. No. | Community Name | | Screening, Assessment, Parents Counseling & Parents training | | | Vocational Skill | Social Skill |
|---------|-------------------|----------|---|-------|-----------------------------|---------------------|-----------------|
| | Name | Old Case | New Case | TOTAL | — Counselling & Training | JAIII | Skill |
| 1 | Shiv Vihar | 33 | 01 | 34 | - | 06 | - |
| 2 | Pappankalan | 50 | 03 | 53 | - | 15 | - |
| 3 | Nangli Dairy | 22 | - | 22 | 02 | 10 | - |
| 4 | Nanhe Park | 20 | 01 | 21 | 01 | 06 | - |
| 5 | Kirbi Place | 09 | - | 09 | - | 05 | - |
| 6 | Bharat Vihar | 11 | - | 11 | - | 04 | - |
| 7 | Dwarka Sec-1 | 23 | 03 | 26 | 01 | 05 | - |
| 8 | Majnu Ka Tila | 04 | - | 04 | 01 | - | - |
| 9 | Raghuvir Nagar | 04 | - | 04 | - | - | - |
| 10 | Bhim Nagar | 11 | 01 | 12 | 02 | - | - |
| 11 | Jwala Puri | 08 | - | 08 | - | 02 | - |
| 12 | TC Camp | 08 | 02 | 10 | 02 | 01 | - |
| 13 | Goyla Dairy | 03 | 01 | 04 | 02 | - | - |
| 14 | Khayala | 0 | 07 | 07 | 05 | - | - |
| 15 | Bindapur | 09 | 01 | 10 | 01 | - | - |
| | TOTAL | | 20 | | 17 | 54 | - |





The psychometric assessment & therapy has brought about remarkable improvement in the lives of beneficiaries who are participating

AIRTC: ASRA Special School for children with special needs

During the quarter under report, **20 children** with special need attended the ASRA Special School.

NEW INITIATIVE

Computer Learning: Following students have started learning computer at AIRTC Special School:

| SI. No. | Name of Student | Age/Gender | Types of Disability |
|---------|-----------------|-----------------------|---|
| 1 | Himansh | 11/Male | Intellectual Disability |
| 2 | Leehisha | 12/Female | Cerebral Palsy with Intellectual Disability |
| 3 | Mani | 14/Male | Autism Spectrum Disorder with Intellectual Disability |
| 4 | Yuvaan | 4/Male | Intellectual Disability |
| 5 | Abhishek | 9/Male Cerebral Palsy | |
| 6 | Yuvraj | 9/Male | Cerebral Palsy |

Events celebrations & workshops conducted during the quarter:

| SI. No. | Events & Workshops | Age Group | Date | Venue | Resource Person |
|---------|-------------------------|---------------|------------|-------|-------------------|
| 1 | Republic Day | 5 yrs -13 yrs | 24-01-2025 | AIRTC | Special Educators |
| 2 | Holi-festival of colors | 5 vrs -13 vrs | 13-03-2025 | AIRTC | Special Educators |



MEDICAL INTERVENTION & THERAPEUTIC SERVICES at CBR, AIRTC and ARTC

1. Assesment by Orthopedic Surgeon

Assessment clinic consists of Senior Orthopedic Surgeon
Total Number of patients assessed during the quarter under report: 23

2. Physiotherapy Unit

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

| | ARTC | AIRTC | CBR |
|-----------------------|------|-------|-----|
| Total Patients | 150 | 18 | 127 |
| Total Sessions | 614 | 81 | 246 |





SOME GLIMPSES OF DOOR TO DOOR PHYSIOTHERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES

3. Speech Therapy Unit

Following are the number of patients who visited Speech Therapy Unit during the quater under report:

| | ARTC | AIRTC | CBR |
|----------------|------|-------|-----|
| Total Patients | 233 | 54 | 218 |
| Total Sessions | 499 | 104 | 299 |





SOME GLIMPSES OF DOOR TO DOOR SPEECH THERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES

4. Occupational Therapy

(resumed its services through dedicated physiotherapy support)

5. Prosthetic & Orthotic Unit

2 students, studying at AIRTC Special School. The measurement was taken by the P&O engineer & fabricate the appliances as per their measurement.

| SI.No. | Name of CwD | Age/Gender | Type of Disability | Orthosis Delivered |
|--------|-----------------|------------|--------------------|-------------------------|
| 1 | Master Yuvraj | 10 / Male | Cerebral Palsy | B/L Ankle Foot Orthosis |
| 2 | Master Abhishek | 9 / Male | Cerebral Palsy | B/L Ankle Foot Orthosis |

VOCATIONAL TRAININGS AT ARTC

Cutting & Tailoring Course | Beauty Culture Course | Computer Training Course

ASRA NEW INITIATIVE ENGLISH SPEAKING COURSE

ASRA has introduced a new English Speaking course to help the students to improve their proficiency in the language. In the first batch which has started on 4th February 2025.

| No. of students enrolled | New admissions this quarter | Total no. of students |
|--------------------------|-----------------------------|-----------------------|
| 03 | - | 03 |



HANDICRAFT EMPORIUM

ASRA's Handicraft Emporium not only provides top-quality clothing & embroidery but also empowers our talented, differently-abled artisans to showcase their craft & earn a dignified income

| Orders pending up to | Orders booked from | Orders completed from | Orders pending up to |
|----------------------|--------------------|-----------------------------|----------------------|
| 31th Dec 2024 | | 1≝ Jan 2025 to 31≅ Mar 2025 | 31¤ Mar 2025 |
| 29 | 173 | 166 | 36 |



DIGITALISATION OF ASRA













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