



Empowering Persons with Disabilities in Delhi Slums and Marginalized Communities–
A Charitable Trust Initiative, Supported by AFS.

COMPREHENSIVE IMPACT: ASRA's Diverse Initiatives

- CBR Program
- AIRTC Special School
- ARTC- Head Office

HIGHLIGHTS FROM Global & Local Collaboration

01

Community Based Rehabilitation

- 1.1 Education Program
Elementary, Non-formal, Remedial & Special Education
- 1.2 Vocational Training Program
 - 1.2.1 Cutting and Tailoring Course
 - 1.2.2 Computer Course
 - 1.2.3 Mobile Repairing Course
 - 1.2.4 Beauty Culture Course
- 1.3 Social Mapping in CBR, AIRTC and ARTC
- 1.4 Seed Loan Program
- 1.5 Disability Camp
- 1.6 ASRA CBR Mental Health Project

02

AIRTC : ASRA Special School for children with special needs

03

Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC

- 3.1 Assessment Clinic
- 3.2 Physiotherapy Unit
- 3.3 Speech Therapy Unit
- 3.4 Occupational Therapy Unit

04

Vocational Trainings at ARTC

- 4.1 Cutting and Tailoring Course
- 4.2 Beauty Culture Course
- 4.3 Computer Training Course

05

Handicraft Emporium

06

Accounts & Administration Units

07

Digitalisation of ASRA

COMPREHENSIVE IMPACT: ASRA's Diverse Initiatives



Community Based Rehabilitation : CBR (Covered 68 communities since 1992)

1. Awareness creation about prevention of disabilities & need for intervention
2. Referral Services for PwDs : Social Mapping & Delivery of benefits
3. Online Apply for Government benefits
4. Skill Development Trainings
 - Computer Course at Pappankalan & Hoshiyarpur, Noida community
 - Mobile Repairing Training Course at Shiv Vihar communities
 - Cutting and Tailoring course at Shiv Vihar, Jwalapuri & Nangli Dairy community
 - Beauty Culture Course at Bindapur community
5. Education
 - Shiv Vihar
 - Pappankalan
 - Jwala Puri
 - Dwarka Sec-1
 - Nanhe Park
 - Hoshiyarpur, NOIDA
 - Dwarka Sec-16
 - TC-Camp
 - Nangli Dairy
 - Majnu Ka Tila
 - Kirbi Place
 - Bharat Vihar
 - Bindapur
 - Raghuvir Nagar
6. Medical Intervention & Therapeutic services
 - Assessment by Orthopaedic Surgeon
 - Physiotherapy
 - Speech Therapy
 - Prosthetic & Orthotic Appliances
7. Seed Loan
8. Distribution of five kits Program
9. New Initiative
 - ASRA CBR Mental Health Project

ASRA Intervention, Recreation and Therapy Centre : AIRTC

1. Special Education
2. Yoga & Personal Development
3. Play way Method
4. Dance & Music
5. Art & Craft Activities
6. Pre Vocational Skills
7. Social Skills
8. Medical Intervention & Therapeutic Services
 - Physiotherapy
 - Occupational Therapy
 - Speech Therapy
9. Sensory & Motor Development Skills
10. Sensory Integration
11. Counselling & Mental Health
12. Activity of Daily Living (ADL)
13. Distribution of Five kits Program
14. Online Apply for Government Benefits
15. Psychotherapy sessions available by experts on request & on doctor's recommendation
16. New Initiative
 - Pre-vocational Classes

ASRA Rehabilitation and Training Centre : ARTC

1. Medical Intervention & Therapeutic services
 - Assessment by Orthopaedic Surgeon
 - Physiotherapy Unit
 - Speech Therapy Unit
 - Prosthetic & Orthotic Appliances Workshop
2. Skill Development Trainings
 - Cutting & Tailoring Courses
 - Beauty Culture Course
 - Nail Extension Course
 - Computer Training Courses
3. Haat
4. Handicraft Emporium

ASRA's ACTIVITIES



COMMUNITY BASED REHABILITATION PROGRAM

Under the CBR Program, ASRA extended its services to **1069** beneficiaries spread over **11 communities**. The present staff strengths under CBR program is **20+**.

- Medical Intervention & Therapeutic Services were provided to **322** beneficiaries.
- Under CBR Education program: **293** children are learning education out of which there are **34** CwDs.
- Under Vocational Trainings Program: **52** students are getting vocational trainings.
- Seed Loan Program: **01** beneficiaries received Seed Loan & **03** more have been identified.
- Online applications were applied for: over **81** C/PwDs.
- Beneficiaries covered under psychometric assessment & psychotherapy project: over **45** C/PwDs.
- Beneficiaries who were provided with skills development training in Art & Craft & Artificial Jewelry Making: **229** beneficiaries in **10** communities.
- ASRA CBR-Team was participated in a Disability/UDID and Assessment Camp organized by Department of Social Welfare-South West Delhi & **46** Children/Persons with Disabilities beneficiaries registered at ASRA counter for availing Government facilities.

AIRTC SPECIAL SCHOOL

The present staff strength under AIRTC Special School is **07**.

- During the quarter under report, activities were organized in AIRTC Special School for **17 children** enrolled in it by special educators / trainers. These activities were designed as per the interests and capabilities of the students.
- As per the Delhi Government all schools were closed due to poor air quality from 18th Nov - 30th Nov, 2024. That period, AIRTC Special School Educator conducted surveys and provide their services in the ASRA's adopted slum communities at ASRA Education Centre for the better performance of the students.
- **AIRTC New Initiative-** Another new initiative taken by AIRTC Special School is introduction to Pre-vocational classes.

ARTC HEAD OFFICE

- Final Examination of students registered under Vocational Training were conducted as follows:

Title of Vocational Training	Number of Students	Exams Cleared by
Tailoring Course	15 Students	15 Students
Beauty Culture Course	09 Students	09 Students
Computer Course	17 Students	14 Students
Grand total	41 Students	38 Students



HIGHLIGHTS FROM GLOBAL & LOCAL COLLABORATION



On **November 11, 2024**, ASRA had the distinct honor of hosting an esteemed delegation comprising **Dr. Andreas Hunerwadel, President of AFS; Mrs. Sabina Hunerwadel; Dr. Ellen Hunerwadel, MD; Mr. Maxim Duerig; and special invitee Mr. Aanand Nagvanshi, Founder of the Anurvana Welfare Association, Delhi.** The delegation was warmly welcomed by founder, the board of trustees, & the entire ASRA India family. The visit marked a significant moment of inspiration for ASRA's ongoing initiatives. A key highlight of the day was the cultural program **Panorama 2024**, held at ASRA's Head Office. This vibrant event featured performances by students from the ASRA Intervention, Recreation, & Therapy Centre (AIRC) and participants from vocational training programs. The performances celebrated creativity, strength, & the spirit of progress among ASRA's beneficiaries, leaving the delegates deeply impressed. To further commemorate the occasion, the dignitaries distributed gifts to the performers & awarded diplomas to students who successfully completed their computer training courses, recognizing their dedication & accomplishments. As a part of their visit, honorable dignitaries also visited Pappankalan & Nangli Dairy slum communities & interacted with the ASRA CBR teachers, trainers, medical practitioners and beneficiaries. The dignitaries also delivered inspiring & motivational speeches, offering their best wishes and blessings to the ASRA staff. Their words were met with loud applause & left a lasting impression on all present, strengthening ASRA's commitment to its mission.



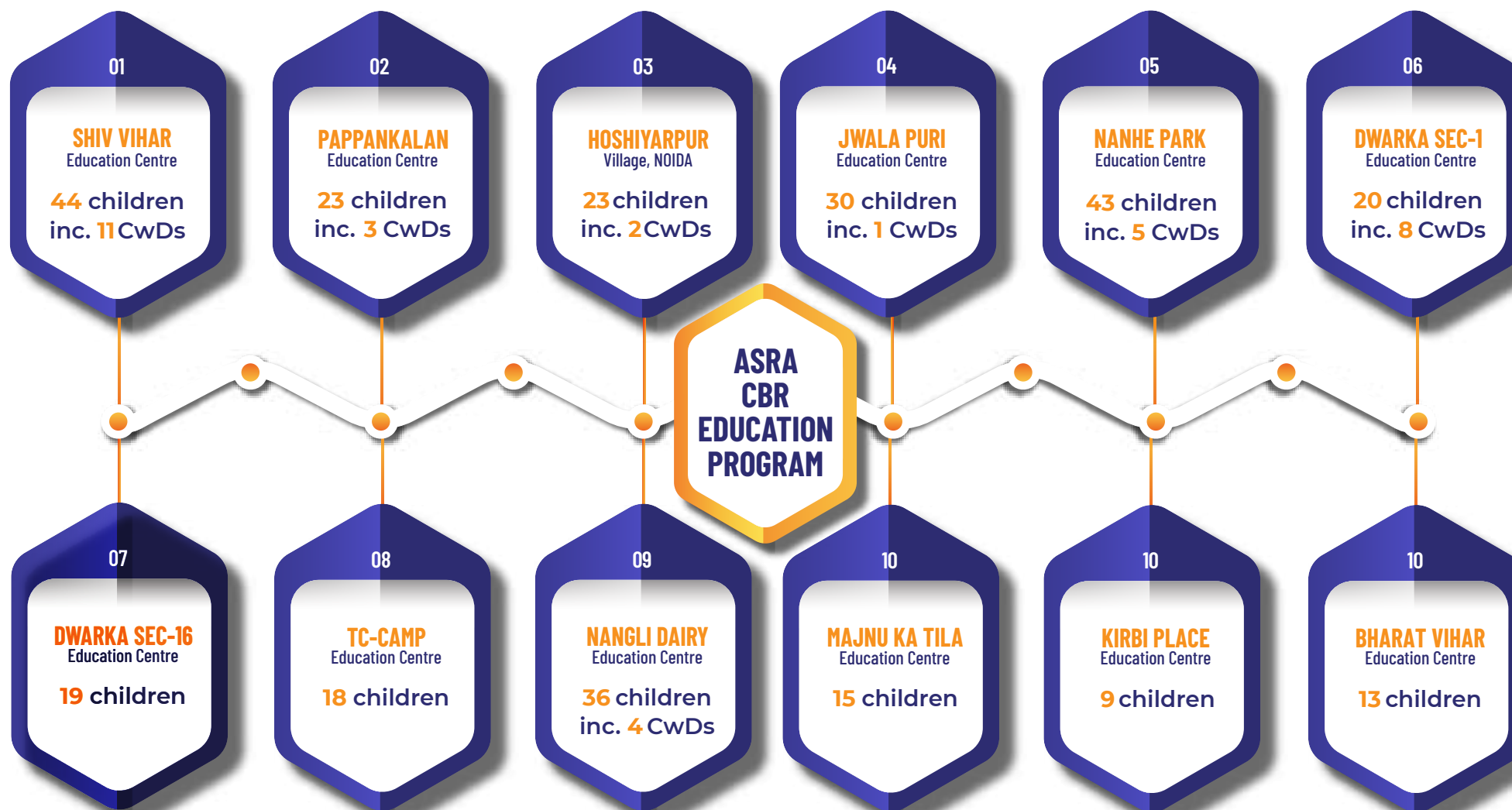
01 1.1 EDUCATION PROGRAM: Elementry, Non-formal, Remedial & Special Education

Community Based Rehabilitation



4 New Education Centres was opened in ASRA's adopted slum communities namely **Kirbi Place, Bharat Vihar, Bindapur and Raghuvir Nagar** during the quarter under report.

Students' strength in Education Centers in adopted communities during the quarter under report is as follows-



01 1.2 VOCATIONAL TRAINING PROGRAM

Community Based Rehabilitation



CUTTING AND TAILORING COURSE

Tailoring Program in **Shiv Vihar, Jwalapuri & Nangli Dairy** communities continued with **34 enrolled needy students**. Regular classes are being conducted in all the Centres where all students are pursuing their course.



COMPUTER COURSE

Computer Training Course is conducted at CBR Project Office in **Pappankalan & Hoshiyarpur, Noida** community. In Pappankalan community, the computer teacher is Ms. Asha, a person with disability who lives in Pappankalan community. Total **8 students** have been enrolled during the quarter under report.



MOBILE REPAIRING COURSE

Under the **Mobile Repairing Course**, new batch of needy students from lower economic strata were enrolled in **Shiv Vihar** Community during the quarter under report. Regular classes are being conducted, **10 students** have been enrolled in the course & training is in progress.



BEAUTY CULTURE COURSE

This course has been started since the **3rd week of December 2024** in the newly revived community at **Bindapur**, comprising of **3-4 students**. The trainer under this course gives the overall skill and training to the students who are passionate to learn and contribute in this field.



01 1.3 SOCIAL MAPPING IN CBR, AIRTC AND ARTC

Community Based Rehabilitation

Social Mapping of children/persons with disabilities in CBR, AIRTC Special School & ARTC is being done with an objective to do their socio-economic assessment eventually leading towards their inclusion in society. Simultaneously, online applications were continuously filled by ASRA CBR Team, for those, who were uneducated, or ignorant of how to apply through online process to avail Government facilities. During the quarter under report, ASRA CBR Team online applications applied for Government facilities such as disability certificate (DC), unique disability identity card (UDID), Disability Pension & E-ticket card, for **81 C/PwDs**.



01 1.4 SEED LOAN PROGRAM

Community Based Rehabilitation

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The beneficiaries of this program are exclusively persons with disabilities who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. During the quarter under report, one PwD beneficiary namely, Mr. Tek Singh from Pappankalan slum community, who is orthopedially challenged received Seed Loan for purchased sewing machine for expansion of his small boutique.

The total number of beneficiaries under Seed Loan program is now **146**.



01 1.5 DISABILITY CAMP

Community Based Rehabilitation



ASRA CBR-Team was participated in a Disability/UDID and Assessment Camp organized by Department of Social Welfare-South West Delhi under Sugamya Sahayak Scheme for person with disabilities on 6th Dec 2024 at Rao Tula Ram Hospital, Jaffarpur, New Delhi. **Total 46 Children/Persons with Disabilities beneficiaries registered at ASRA counter for availing Government facilities. 39 beneficiaries out of 46 are from ASRAs adopted south-west slum communities.**

The following facilities availed by PwDs beneficiary is given below:

Applied for Disability Certificate & UDID Card	Applied for SDM Card	Applied for Railway Concession Certificate	Registered for Aids & Appliances	Beneficiaries received benefits
24 (DC-22 & DUID Card-2)	03	06	9 (Crutches - 2, Hearing Aid-4, Wheelchair-2, Tricycle -2, Stick-1)	UDID Card - 1 Railway Concession Certificate - 4



<https://youtu.be/ICwvFT0cpOo?si=8lhMfbOOACIMMV0q>

01 1.6 ASRA CBR MENTAL HEALTH PROJECT

Community Based Rehabilitation

This initiative screens, assesses, & supports young children & individuals with intellectual disabilities, providing counseling & training in Activities of Daily Living (ADL). Beneficiaries also receive tailored vocational & social skills training based on their abilities & interests.

The community details of beneficiaries covered under this project are as follows:

Sl. No.	Community Name	Screening, Assessment, Parents Counseling & Parents training	Vocational & Social Skill training
1	Pappankalan	02	87
2	Nangli Dairy	14	30
3	Shiv Vihar	-	24
4	Jwala Puri	-	02
5	Dwarka Sec-1	-	53
6	Nanhe Park	02	17
7	TC-Camp	06	10
8	Majnu Ka Tila	-	06
9	Bharat Vihar	14	-
10	Kirbi Place	09	-
	TOTAL	45	229



The psychometric assessment and therapy has brought about remarkable improvement in the lives of beneficiaries who are participating in this project. In, fact many of them learns Activity of Daily learning (ADL) in the process.

02 AIRTC : ASRA SPECIAL SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

ASRA Intervention, Recreation and Therapy Centre (AIRTC)



In AIRTC, apart from special education, all students enrolled in AIRTC are getting comprehensive rehabilitation which includes assessment by Orthopedic Surgeon and customized, physiotherapy, occupational therapy, speech therapy and Prosthetics & Orthotics by qualified professionals.

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical & speech & hearing impairments. **During the quarter under report, 17 children with special need attended the ASRA Special School. The detail of which are as follows-**

Sl. No.	Name of Student	Age/Gender	Types of Disability
1	Himansh	10/Male	Intellectual Disability
2	Mani	14/Male	Autism Spectrum Disorder with Intellectual Disability
3	Samarth	13/Male	Autism Spectrum Disorder
4	Avni	10/Female	Intellectual Disability
5	Kanak	8/Female	Autism Spectrum Disorder
6	Leehisha	13/Female	Cerebral Palsy with Intellectual Disability
7	Yuvraj	10/Male	Cerebral Palsy with Intellectual Disability
8	Vaibhav	8/Male	Autism Spectrum Disorder with Intellectual Disability
9	Himanshu	8/Male	Intellectual Disability
10	Chhavi	6/Female	Autism Spectrum Disorder
11	Yuvaan	4/Male	Intellectual Disability
12	Amrit	8/Male	Cerebral Palsy
13	Samar Singh	7/Male	Autism Spectrum Disorder
14	Yuvraj	9/Male	Cerebral Palsy
15	Hardik	5/Male	Intellectual Disability
16	Abhishek	9/Male	Autism
17	Kushal	10/Male	Cerebral Palsy

NEW INITIATIVE | AIRTC SPECIAL SCHOOL

Computer Learning: Following students have started learning computer at AIRTC Special School:

Sl. No.	Name of Student	Age/Gender	Types of Disability
1	Himansh	11/Male	Intellectual Disability
2	Leehisha	12/Female	Cerebral Palsy with Intellectual Disability
3	Mani	14/Male	Autism Spectrum Disorder with Intellectual Disability

Events celebrations & workshops conducted during the quarter:

Sl. No.	Events & Workshops	Age Group	Date	Venue	Resource Person
1	Gandhi Jayanti	5 yrs -13 yrs	01-10-2024	ARTC	Special Educators
2	Dussehra	5 yrs -13 yrs	10-10-2024	AIRTC	Special Educators
3	Diwali	5 yrs -13 yrs	28-10-2024	Basement hall AIRTC	Special Educators
4	Children's Day	5 yrs -13 yrs	14-11-2024	AIRTC	Special Educators
5	World Disability Day	5 yrs -13 yrs	03-12-2024	AIRTC	Special Educators
6	Christmas	5 yrs -13 yrs	24-12-2024	AIRTC	Special Educators

Over 50 students & staff participated in these events.

WORLD DISABILITY DAY 2024



ASRA CHRISTMAS 2024



ASRA DIWALI 2024



03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC

3.1 ASSESSMENT CLINIC

The assessment clinic consists of a **Senior Orthopedic Surgeon** who has been visiting ASRA once a week since **May 2022** and a **team of experts / professionals** comprising of **Physiotherapists, Occupational Therapist, Speech Therapist, Special Educators, Prosthetic & Orthotic Engineer & Psychologist etc.** After a thorough assessment is made, the patient is evaluated for specific treatment with specified duration and referred to the concerned department of ARTC and other hospitals and Rehab Centers for the needful treatment. **Patients are visiting ARTC both from the surrounding areas and adopted communities.**

Total Number of patients assessed during the quarter under report: 50

3.2 PHYSIOTHERAPY UNIT

Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and the pressures and strains of everyday life.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

	ARTC	AIRTC	CBR
Total Patients	175	15	115
Total Sessions	599	42	238

SOME GLIMPSES OF DOOR TO DOOR PHYSIOTHERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES



03 MEDICAL INTERVENTION & THERAPEUTIC SERVICES AT CBR, AIRTC AND ARTC

3.3 SPEECH THERAPY UNIT

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

	ARTC	AIRTC	CBR
Total Patients	178	15	206
Total Sessions	292	76	306

3.2 OCCUPATIONAL THERAPY UNIT

Occupational Therapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and the pressures and strains of everyday life.

Following is the number of patients who visited the Occupational Therapy Unit during the quarter under report:

	ARTC	AIRTC	CBR
Total Patients	13	12	01
Total Sessions	44	38	13

SOME GLIMPSES OF DOOR TO DOOR SPEECH THERAPY SESSIONS IN ADOPTED SLUM COMMUNITIES



04 4.1 CUTTING AND TAILORING COURSE

Vocational Trainings at ARTC

ASRA runs following vocational training courses in Cutting & Tailoring at ARTC Head Office:

Sl. No.	Name of the Course	Course Duration	Recognised By
1	Cutting & Tailoring & Dress Making	1 Year	National Institute of Open Schooling (NIOS), Government of India
2	Dress Making	6 Months	
3	Cutting & Tailoring	6 Months	
4	Diploma in Fashion Designing	6 Months	ASRA
5	Diploma in Tailoring	6 Months	ASRA
6	Diploma in Dress Designing	6 Months	ASRA
7	Basic Diploma in Tailoring	6 Months	ASRA
8	Certificate Course in Tailoring	3 Months	ASRA
9	Certificate Course in Dress Designing	3 Months	ASRA
10	Short Term Course in Tailoring	1 Months	ASRA
11	Certificate Course in Embroidery	3 Months	ASRA



The details of students who are undergoing training in Vocational training courses in cutting and tailoring during the quarter under report are as follows:

No. of students enrolled	New admissions this quarter	Total no. of students
22	9	31

Examinations held:

Month	Course Name	Date	No. of students appeared in exam	Exams cleared by
December 2024	Certificate in Cutting & Dress Making and Certificate in Cutting	02/12/24 and 03/12/24	15	15



04 4.2 BEAUTY CULTURE COURSE

Vocational Trainings at ARTC

ASRA runs following vocational training courses in Beauty Culture:

Sl. No.	Name of the Course	Course Duration	Recognised By
1	Cutting & Tailoring & Dress Making	6 Months	National Institute of Open Schooling (NIOS), Government of India
2	Cutting & Tailoring	6 Months	ASRA
3	Diploma in Fashion Designing	3 Months	ASRA
4	Diploma in Tailoring	1 Months	ASRA
5	Diploma in Dress Designing	2 Months	ASRA



The details of students who are undergoing training in Vocational training courses in Beauty Culture course during the quarter under report are as follows:

No. of students enrolled	New admissions this quarter	Total no. of students
14	9	23

Examinations held:

Month	Course Name	Date	No. of students appeared in exam	Exams cleared by
December 2024	Diploma in Beauty Culture	02/12/24 and 03/12/24	09	09



04 4.3 COMPUTER TRAINING COURSE

Vocational Trainings at ARTC



While some of the computer courses being conducted are recognized by National Institute of Open cSchooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA itself.

Details of courses run are as follows:

Sl. No.	Name of the Course	Course Duration	Recognised By
1	'O' Level	1 Year	National Institute of Electronic Information Technology (NIELIT), Government of India
2	Course on Computer Concept (CCC)	3 Months	
3	Web Designing	3 Months	
4	Desktop Publishing	3 Months	National Institute of Open Schooling (NIOS), Government of India
5	Advance in Diploma in Computer Application	1 Year	
6	Diploma in Computer Application	6 Months	ASRA
7	Computer Typing	3 Months	ASRA
8	Tally	3 Months	ASRA
9	Advance Excel, Python, SQL, Networking & Information Security, DSA, in C++ & Busy	2-6 Months	ASRA



The details of students who are undergoing training in Computer courses during the quarter under report are as follows:

No. of students enrolled	New admissions this quarter	Total no. of students
36	23	59

Examinations held:

Month	Course Name	Date	No. of students appeared in exam	Exams cleared by
Dec 2024	Basic & Tally	27/11/24 & 28/11/24	17	14



05 HANDICRAFT EMPORIUM

ASRA's Handicraft Emporium not only provides top-quality clothing and embroidery but also empowers our talented, differently-abled artisans to showcase their craft and earn a dignified income

ASRA Handicraft Emporium became functional in April' 2010. It has an experienced & qualified Master Tailor who is physically challenged & a Junior Tailor to assist him. The Emporium executes the orders of stitching & alterations of garments to meet in house & outside needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, western to ethnic dresses etc. as per customer's demand at very nominal charges. It provides other facilities like **pico, overlock, hemming, machine embroidery etc.** It is also manufacturing best quality simple or designer fabric. The Emporium is an effort to promote **ASRA brand**.

Orders pending up to 30 th Sept 2024	Orders booked from 1 st Oct 2024 to 31 st Dec 2024	Orders completed from 1 st Oct 2024 to 31 st Dec 2024	Orders pending up to 31 st Dec 2024
19	182	172	29



06 ACCOUNTS & ADMINISTRATION UNITS



ACCOUNTS

- Internal Audit for the quarter July 2024 to September 2024 was conducted during the quarter under report by the Vikas Varshney and Associates CA firm
- Statutory Audit for the FY 2023-2024 is under progress

ADMINISTRATION

- **New recruitments of staff made during the quarter are as follows:**
 1. Ms. Sabina, VT Helper, ARTC
 2. Ms. Neelam Kohli, Assistant Teacher, AIRTC
 3. Ms. Radhika, Education Teacher, Kirbi Place, CBR
- **Resignation received of staff during the quarter as follows:**
 1. Ms. Kashish, Occupational Therapist, ARTC since she has to undergo her internship
 2. Mr. Aditya Pandey, Receptionist, ARTC since he is pursuing his further studies
- **Streamlining of administrative procedures as per ASRA Manuals, reorganizing, reviving and reforming programs for relevance is in progress.**
- The landline number has been changed to **011-49039396**.

07 DIGITALIZATION OF ASRA



ASRA_INDIA

@asra_india1992 · 24 subscribers · 26 videos

The Action for Self-Reliance and Alternatives (ASRA) is a Trust

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 170

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Gratitude to the President AFS and all the donors who are supporting ASRA's work for the poor & needy persons with disabilities living in the slums of Delhi.