



## Action for Self Reliance and Alternatives

A Delhi based voluntary organization dedicated to empower persons with disabilities living in slums and marginalized segments of society fully supported by AFS



We believe....  
We can....

# ASRA NEWSLETTER

January 2024 to March 2024

## TABLE OF CONTENTS

Sl. No.	Topic	Page No.
	<b>Spectrum of ASRA's Activities</b>	3
	<b>Highlights</b>	4
	Community based Rehabilitation Program	4
	AIRTC Special School	4
	ARTC : Head Office	4
	Visits of Dignitaries	5-7
1	<b>Community Based Rehabilitation</b>	8
	a. Targets Set for 2024 under CBR Program	8
	b. Kits Distribution Program	8-10
	c. Education Program	10-11
	d. Vocational Training Program in Mobile Repairing course	12
	e. Vocational Training Program in Computer course	12
	f. Vocational Training Program in Cutting and Tailoring course	12
	g. Online Applications and Social Mapping of CwDs/ PwDs in CBR, AIRTC and ARTC	12
	h. Seed Loan Program	12
2	<b>AIRTC : ASRA Special School for children with special needs</b>	13
3	<b>Workshops for Students and staff</b>	14
4	<b>Medical Intervention &amp; Therapeutic Services : at ARTC &amp; CBR</b>	14
	a. Assessment Clinic	14
	b. Physiotherapy Unit	15
	c. Speech Therapy Unit	16
	d. Occupational Therapy Unit	17
	e. Prosthetic & Orthotic Workshop	18
5	<b>Vocational Trainings at ARTC</b>	19
	a. Computer Training course	19
	b. Cutting and Tailoring course	19
	c. Beauty Culture course	19
6	<b>Handicraft Emporium</b>	19
7	<b>Accounts &amp; Administration Units</b>	20

## SPECTRUM OF ASRA's ACTIVITIES



Community Based Rehabilitation	ASRA Intervention, Recreation & Therapy Centre : AIRC SPECIAL SCHOOL	ASRA Rehabilitation & Training Centre : ARTC HEAD OFFICE
<ul style="list-style-type: none"> <li>• Awareness creation about prevention of disabilities &amp; need for intervention</li> </ul>	<ul style="list-style-type: none"> <li>• Special Education</li> </ul>	<ul style="list-style-type: none"> <li>• Medical Intervention &amp; Therapeutic services</li> </ul>
<ul style="list-style-type: none"> <li>• Referral Services for PwDs : Social Mapping &amp; Delivery of benefits</li> </ul>	<ul style="list-style-type: none"> <li>• Music Therapy</li> </ul>	<ul style="list-style-type: none"> <li>- Assessment by Orthopaedic Surgeon</li> </ul>
<ul style="list-style-type: none"> <li>• Online Apply for Government benefits</li> </ul>	<ul style="list-style-type: none"> <li>• Dance Therapy</li> </ul>	<ul style="list-style-type: none"> <li>- Physiotherapy Unit</li> </ul>
<ul style="list-style-type: none"> <li>• Skill Development Trainings</li> </ul>	<ul style="list-style-type: none"> <li>• Art &amp; Craft Activities</li> </ul>	<ul style="list-style-type: none"> <li>- Speech Therapy Unit</li> </ul>
<ul style="list-style-type: none"> <li>- Computer Course at Pappankalan community</li> </ul>	<ul style="list-style-type: none"> <li>• Medical Intervention &amp; Therapeutic Services</li> </ul>	<ul style="list-style-type: none"> <li>- Prosthetic &amp; Orthotic Appliances workshop</li> </ul>
<ul style="list-style-type: none"> <li>- Mobile Repairing Training course at Pappankalan &amp; Shiv Vihar communities</li> </ul>	<ul style="list-style-type: none"> <li>- Assessment by Orthopaedic Surgeon</li> </ul>	<ul style="list-style-type: none"> <li>• Skill Development Trainings</li> </ul>
<ul style="list-style-type: none"> <li>- Cutting and Tailoring course at Shiv Vihar, Dwarka sec-16 &amp; Jwalapuri communities</li> </ul>	<ul style="list-style-type: none"> <li>- Physiotherapy</li> </ul>	<ul style="list-style-type: none"> <li>- Computer training courses</li> </ul>
<ul style="list-style-type: none"> <li>• Education</li> </ul>	<ul style="list-style-type: none"> <li>- Occupational Therapy</li> </ul>	<ul style="list-style-type: none"> <li>- Tailoring courses</li> </ul>
<ul style="list-style-type: none"> <li>- Shiv Vihar Education Centre</li> </ul>	<ul style="list-style-type: none"> <li>- Speech Therapy</li> </ul>	<ul style="list-style-type: none"> <li>- Fashion Designing course</li> </ul>
<ul style="list-style-type: none"> <li>- Pappankalan Centre</li> </ul>	<ul style="list-style-type: none"> <li>- Prosthetic &amp; Orthotic Appliances</li> </ul>	<ul style="list-style-type: none"> <li>- Beauty Culture course</li> </ul>
<ul style="list-style-type: none"> <li>- Jwala Puri Centre</li> </ul>	<ul style="list-style-type: none"> <li>• Activity of Daily Living (ADL)</li> </ul>	<ul style="list-style-type: none"> <li>- Short Term Trainings</li> </ul>
<ul style="list-style-type: none"> <li>- Dwarka Sector-1 Centre</li> </ul>	<ul style="list-style-type: none"> <li>• Sensory Integration Unit(SIU)</li> </ul>	<ul style="list-style-type: none"> <li>• Haat</li> </ul>
<ul style="list-style-type: none"> <li>- Nanhe Park Centre</li> </ul>	<ul style="list-style-type: none"> <li>• Distribution of five kits Program</li> </ul>	<ul style="list-style-type: none"> <li>• Handicraft Emporium</li> </ul>
<ul style="list-style-type: none"> <li>- Hoshiyarpur Village, NOIDA Centre</li> </ul>	<ul style="list-style-type: none"> <li>• Online Apply for Government benefits</li> </ul>	
<ul style="list-style-type: none"> <li>- Dwarka Sector-16</li> </ul>		
<ul style="list-style-type: none"> <li>• Medical Intervention &amp; Therapeutic services</li> </ul>		
<ul style="list-style-type: none"> <li>- Assessment by Orthopaedic Surgeon</li> </ul>		
<ul style="list-style-type: none"> <li>- Physiotherapy</li> </ul>		
<ul style="list-style-type: none"> <li>- Prosthetic &amp; Orthotic Appliances</li> </ul>		
<ul style="list-style-type: none"> <li>- Speech Therapy</li> </ul>		
<ul style="list-style-type: none"> <li>• Seed Loan</li> </ul>		
<ul style="list-style-type: none"> <li>• Distribution of five kits Program</li> </ul>		

## HIGHLIGHTS

### Community based Rehabilitation Program

- One **New Tailoring Centre** was opened in Jwalapuri community from 1st February, 2024.
- **Distribution of five kits** consisting of Immunity Booster kit, Ration kit, Education kit, Personal hygiene kit and Therapy kit was done for **49 CwDs**.
- ASRA CBR Team applied online applications to avail government facilities for **62 CwDs / PwDs**.

### AIRTC Special School

- During the quarter under report, following activities were conducted in the AIRTC Special School for children.

Date	Activity	No. of Participants
06.02.2024 & 17.02.2024, 27.02.2024, 11.01.2024	Toast Making	20
19 & 22 Jan'24	Making of Wall Hanging piece	07
30.01.2024 & 21.03.2024	Passing the Ball Game	12
13.02.2024	Balancing Activity	07
20.02.2024	Object Hitting Game	07
28.02.2024	Coloring in Images	09
02.03.2024	Eye hand coordination	05
12.03.2024	Lunch Box open/close	04
13.03.2024	Ball Toss Game	05

### ARTC Head Office

- Final Examinations of students registered under Vocational trainings were conducted as follows :

Title of Vocational Training	No. of Students	Result %
Computer Course :	21 students	95%
Tailoring Course :	08 students	100%
Beauty Culture Course :	04 students	100%

## VISITS OF DIGNITARIES

The details of donors, supporters and dignitaries of AFS who visited ASRA during the quarter under report :

Sl. No.	Date of visit	Details of dignitaries	Details of program & places visited	Remarks
1.	27 <sup>th</sup> January, 2024	Ms. Bignia Vieli -Tröhler, Mr. Bernhard Tröhler and Ms. Lavinia Tröhler	Visited Shiv Vihar slum Community and ASRA Head Office.  A culture program was presented by students of AIRTC Special School, vocational training and CBR Education program.	"We experienced a very impressive and interesting day with ASRA. What the ASRA team does, is deserving the utmost respect. The world would be a better one if there were more people like the one from the ASRA team. We will support ASRA and thus hope to be able to take part a little bit in this project."
2.	2 <sup>nd</sup> February, 2024	Mr. Pierre E. Page- President of Pierre E. Page Foundation, Prof. Daniel Oyon, Ms. Yolande Oyon, Ms. Gallice Martin MD & Ms. Pilar Parmigiani from Switzerland	Visited ASRA Head Office. A culture program was presented by students of AIRTC, vocational training and Education Centre.  Visited Nanhe Park and Pappankalan communities.	Mr. Pierre E.Page: "A great day as usual with many kind people"  Mrs. Yolande Oyon and Prof. Daniel Oyon : "Thanks a lot for having us and all the best for what you do. Love for all of you."
3.	10 <sup>th</sup> February, 2024	Mr. Avinash and his friend	ASRA Head Office & Shiv Vihar community	
4.	12 <sup>th</sup> February, 2024	Ms. Susanne Talaat-AFS Board Member, Mr. Tim Talaat & Mrs. Marie-Claire Diemand from Switzerland	Visited ASRA Head Office. A culture program was presented by students of AIRTC, vocational training and Education Centre.  Visited Nanhe Park and Pappankalan communities.	Mr. Tim Talaat : "This was my second visit after 2018. I definitely sensed the great spirit reinforced. The Look, Feel and Smell of the organization is very convincing for me. I wish you a good and steady hand to continue the development of and evolution of your organization and services. I believe focusing on your real recipients "Customers" holds the answers for the future. I wish you the best for all the future. Believe!"  Ms. Marie-Claire Diemand: "Thank you so much for all the valuable you and your team are doing. Well appreciated. It was a great way to get insight in the work you do!"
5.	29 <sup>th</sup> February, 2024	Ms. Zarah Kronbach from Switzerland	Visited ASRA Head Office, Pappankalan and Nanhe Park communities	"Thank you for this lovely visit! I am looking forward to staying in touch and am excited to see where the journey goes."

## Some Glimpses of Visits



*Ms. Bignia Vieli-Tröhler, Mr. Bernhard Tröhler and Ms. Lavinia Tröhler interacting with staff at ASRA Head Office*



*Mr. Pierre E. Page-President of Pierre E. Page Foundation, Prof. Daniel Oyon, Ms. Yolande Oyon, Ms. Gallice Martin MD & Ms. Pilar Parmigiani interacting with children of education centre at Pappankalan community*



*Mr. Pierre E. Page-President of Pierre E. Page Foundation providing Diplomas to students of CBR Computer and Mobile Repairing Centre at Pappankalan slum community*



*Mr. Pierre E. Page-President of Pierre E. Page Foundation, Prof. Daniel Oyon, Ms. Yolande Oyon, Ms. Gallice Martin MD & Ms. Pilar Parmigiani interacting with Seed Loan beneficiaries at Pappankalan slum community*



*Mr. Avinash interacting with CBR staff at ASRA Head Office*



*Ms. Susanne Talaat-AFS Board Member, Mr. Tim Talaat & Mrs. Marie-Claire Diemand interacting with ASRA's beneficiaries at Pappankalan slum community*



*Ms. Susanne Talaat-AFS Board Member, Mr. Tim Talaat & Mrs. Marie-Claire Diemand awarding Diplomas to students of CBR Computer and Mobile Repairing centres at Pappankalan slum community*



*Ms. Zarah Kronbach interacting with children of Education Centre with ASRA's Seed Loan beneficiaries at Nanhe Park and Pappankalan slum community*

## TARGETS SET FOR 2024

As per ASRA Vision 2024, the progress of work during the quarter was as follows:

ASRA Rehabilitation & Training Centre	January 2024		February 2024		March 2024	
TASK	Target Set	Target Met	Target Set	Target Met	Target Set	Target Met
▪ Registration of New Patients	32	9	32	24	32	19
▪ New Registration of OPD Patients in Physiotherapy	22	15	22	25	22	26
▪ Actual Sessions of Physiotherapy	250	196	250	283	250	317
▪ New Registration of OPD Patients in Speech Therapy	4	1	4	4	4	5
▪ Actual Sessions of Speech Therapy	96	28	96	47	96	61
▪ Assessment of New Patients in P&O	12	Nil	12	7	12	5
▪ New registration of PwDs for Occupational Therapy	4	4	4	6	5	4
▪ New Enrollments in Cutting & Tailoring Course	6	2	6	1	7	Nil
▪ Workshops/Celebrations in Cutting & Tailoring Course	3	Nil	2	2	1	Nil
▪ New Enrollments in Beauty Culture Course	4	Nil	3	1	4	Nil
▪ Workshops/Celebrations in Beauty Culture Course	1	1	Nil	1	1	Nil
▪ New Enrollments in Computer Course	15	4	15	8	26	Nil
▪ Workshops/Celebrations in Computer Course	2	Nil	1	Nil	2	1
▪ Target Set for Customers' Orders in Emporium	55	58	55	50	55	66

AIRTC Special School	January 2024		February 2024		March 2024	
TASK	Target Set	Target Met	Target Set	Target Met	Target Set	Target Met
▪ Enrollment of New Students	2	Nil	2	2	2	1
▪ Counselling of Parents	4	4	4	2	4	Nil
▪ Workshops/Celebrations	1	1	1	1	1	1
▪ New registration of PwDs for Physiotherapy	1	Nil	Nil	Nil	Nil	Nil
▪ New registration of PwDs for Speech Therapy	Nil	Nil	1	2	1	1
▪ Sessions of Speech Therapy	100	70	100	128	100	100
▪ New registration of PwDs for Occupational Therapy	1	6	1	1	Nil	2

Community Based Rehabilitation	January 2024		February 2024		March 2024	
TASK	Target Set	Target Met	Target Set	Target Met	Target Set	Target Met
▪ Opening of New Education Centres	1	Nil	Nil	Nil	Nil	Nil
▪ Opening of New Vocational Training Centres	1	Nil	Nil	1	Nil	Nil
▪ New registration of PwDs for Physiotherapy	3	3	3	3	4	4
▪ Sessions of Speech Therapy	20	54	20	114	20	124
▪ Seed Loan (Micro Credit Scheme)	1	Nil	Nil	Nil	Nil	Nil
▪ Online apply for Govt. facilities	40	38	40	12	40	12
▪ Kits Distribution to CwDs	Nil	Nil	Nil	49	Nil	Nil

Since the focus of ASRA was more on quality of performance of students and centres, the number is less. However, efforts are being made to meet the minimum criteria of quality and quantity.

### COMMUNITY BASED REHABILITATION

- **KITS DISTRIBUTION PROGRAM**

Towards comprehensive rehabilitation, distribution of five kits consisting of Immunity Booster kit, Ration kit, Education kit, Personal hygiene kit, Therapy kit were provided to **49 Children with Disabilities (CwDs)**. These kits were distributed based on the requests of the parents.



**SOME GLIMPSES OF THE KITS DISTRIBUTION PROGRAM**



*Ujjwal from Shiv Vihar community*



*Anshika from Shiv Vihar community*



*Neha from Shiv Vihar community*



*Aarohi from Shiv Vihar community*



*Bharat from Shiv Vihar community*



*Mamta from Shiv Vihar community*



*Vishal from Pappankalan community*



*Kishan from Pappankalan community*



*Shreya from Pappankalan community*



*Sagar from Pappankalan community*



*Pawan from Pappankalan community*



*Sabreen from Pappankalan*



*Komal from Pappankalan community*



*Naziya from Pappankalan community*



*Rudra from Pappankalan community*

● **EDUCATION PROGRAM**

63 children including 09 CwDs at Shiv Vihar education centre, 16 children including 04 CwDs at Pappankalan education centre, 37 children including 03 CwD at Hoshiyarpur village NOIDA, 52 children including 03 CwDs at Jwala Puri education centre, 49 children including 03 CwDs at Nanhe Park education centre, 29 children including 05 CwDs at Dwarka Sec-1, 43 children including 01 CwDs at Dwarka Sec-16 education centre have been enrolled during the quarter under report.



*Education Class at Nanhe Park slum community*

**Students' strength in Education Centers in communities during the quarter under report:**

Students Details	January 2024							February 2024							March 2024						
	Shiv Vihar	Pappan Kalan	Jwala Puri	Hoshiyarpur Village, Noida	Dwarka Sector-1	Nanhe Park	Dwarka Sector-16	Shiv Vihar	Pappan Kalan	Jwala Puri	Hoshiyarpur Village, Noida	Dwarka Sector-1	Nanhe Park	Dwarka Sector-16	Shiv Vihar	Pappan Kalan	Jwala Puri	Hoshiyarpur Village, Noida	Dwarka Sector-1	Nanhe Park	Dwarka Sector-16
<b>Total Students on 1<sup>st</sup> day of the quarter</b>	53	15	45	31	17	25	32	44	13	45	24	19	43	37	50	14	49	27	21	43	32
<b>Nursery Education</b>	10	06	03	10	03	07	07	12	07	06	11	03	06	10	09	07	06	11	03	07	06
<b>Non-formal Education</b>	06	01	01	12	01	05	-	06	01	01	11	01	05	-	06	01	01	11	01	06	26
<b>Remedial Education</b>	37	07	41	09	15	34	30	35	06	42	06	20	32	33	35	06	42	05	20	32	32
<b>New Admissions</b>	01	-	-	-	02	21	05	09	01	06	04	05	-	06	-	-	01	02	03	03	-
<b>Total students</b>	54	15	45	31	19	46	37	53	14	50	28	24	43	43	50	14	46	18	24	43	32
<b>Drop-out</b>	09	02	-	07	-	03	-	03	-	01	01	-	-	11	-	-	03	09	-	02	-
<b>Total Students on last day of the quarter</b>	44 (including 09 CwDs)	13 (including 04 CwDs)	45 (including 02 CwDs)	24 (including 02 CwDs)	19 (including 03 CwDs)	43 (including 03 CwDs)	37 (including 01 CwD)	50 (including 7CwDs)	14(including 3CwDs)	49 (including 2CwDs)	27(including 3CwDs)	24 (including 3CwDs)	43 (including 3CwDs)	32 (including 1CwD)	50 (including 7CwDs)	14 (including 3CwDs)	46 (including 3CwDs)	18(including 2CwDs)	24 (including 5CwDs)	43 (including 3 CwDs)	32 (including 1CwD)

- **VOCATIONAL TRAINING : MOBILE REPAIRING COURSE**

Under the **Mobile repairing course**, new needy students from lower economic strata were enrolled in **Pappankalan & Shiv Vihar** communities during the quarter under report. Regular classes are being conducted, 12 students have been enrolled in the course & training is in progress.



*Mobile Repairing Centre, Pappankalan slum community*

- **VOCATIONAL TRAINING : COMPUTER COURSE**  
**Computer Training Course is conducted at CBR Project Office in Pappankalan community.**

In Pappankalan community, the computer teacher is Ms. Asha, a person with disability who lives in Pappankalan community. Total 07 students have been enrolled during the quarter under report.



*Computer Centre, Pappankalan slum community*

- **VOCATIONAL TRAINING : CUTTING AND TAILORING COURSE**

One New Tailoring Centre was opened in **Jwala Puri community** from 1<sup>st</sup> February, 2024 with 04 students enrolled for the course.

**Old Tailoring Centre** in **Shiv Vihar** community continued to run with 12 needy students. Regular classes are being conducted in both the Centres.

**Tailoring centre at Dwarka Sector-16** was concluded in the month of January 2024 since there was no requirement of this course.

- **ONLINE APPLICATIONS AND SOCIAL MAPPING OF CwDs/ PwDs in CBR, AIRTC and ARTC**

During the quarter under report, ASRA CBR Team applied online applications for Government facilities under Government Schemes such as disability certificate (DC), unique disability identity card (UDID) & E-ticket card, for 62 CwDs / PwDs for those who were uneducated or ignorant of the procedure about how to apply to avail Government facilities.

In the process, social mapping of children/persons with disabilities in CBR, AIRTC Special School & ARTC is also done with an objective to do their socio-economic assessment which eventually leads towards inclusion.

- **SEED LOAN PROGRAM**

The purpose of this program is to promote financial independence and help disabled persons living in slums to earn their livelihood and improve their quality of life. The beneficiaries of this program are exclusively persons with disabilities who are needy and want to be self-reliant. With the help of Seed Loan, they either purchase additional material for their respective enterprise or start a new enterprise which helps them to increase their monthly income. **The total number of beneficiaries under Seed Loan program is 142.**



*Omvati mother of Rudra a Seed Loan beneficiary at her fast food stall at Pappankalan community*

## AIRTC Special School for children with special needs

### ASRA INTERVENTION, RECREATION AND THERAPY CENTRE

Apart from special education, all students enrolled in AIRTC are getting comprehensive rehabilitation which includes assessment by Orthopaedic Surgeon and customized physiotherapy, speech therapy and Prosthetics & Orthotics by ASRA's qualified professionals.

**It is under consideration to conduct Psychometric and Psychotherapeutic assessment of each child by a team of highly specialized professionals and experts to look into the mental health and develop a tailored made rehabilitation program of each child. Children with special needs from the communities and those visiting OPD in Head Office will also be registered under this program**

The students enrolled in AIRTC have different types of disabilities, predominantly intellectual disabilities associated with physical & speech & hearing impairments.

**During the quarter under report, 14 children with special needs have attended AIRTC Special School.**

#### CLASS-WISE STUDENTS:

S. NO.	MONTH	PRIMARY 1	PRIMARY 2
		Komal, Special Educator	Neha, Special Educator
1.	January 2024	-	11
2.	February 2024	07	06
3.	March 2024	07	07

#### WORKSHOPS:

During the quarter under report, workshops / celebrations which were organized for AIRTC students are as follows:

S. No.	Theme of Workshop	Date	No. of Participants	Age Group	Venue	Resource Person
1.	Making Flag	25.01.2024	08	6-13 years	AIRTC	Ms. Kiran, Physiotherapist
2.	Balance with eye hand coordination	22.02.2024	05	6-13 years	AIRTC	Special Educator
3.	Holi Celebration	21.03.2024	08	6-14 years	AIRTC	Special Educator



*Workshop on **Balance with eye hand coordination** conducted by Special Educator for Children of AIRTC Special School*

## WORKSHOPS

Following are the workshops organized during the quarter under report:

S. No	Topic of Events& Department	Date	Total number of participants	Venue	Resource Person
1.	Suryanamaskar (Yoga) – Physiotherapy Department	26.02.2024	14	Shiv Vihar Education Centre	Dr. Subhakaran Yadav, Physiotherapist
2.	Life Style Management and Holistic Health	02.03.2024	ARTC & AIRTC staff members	ARTC	Dr. M.L. Gupta, GAMS



*Workshop on Suryanamaskar (Yoga) at Shiv Vihar Education Centre*



*Workshop on Life Style Management and Holistic Health at Head Office*

## Medical Intervention & Therapeutic Services at CBR, AIRTC and ARTC

### a. ASSESSMENT CLINIC

Assessment clinic consists of **Senior Orthopedic Surgeon who visits ASRA once a week since May 2022** and a team of experts / professionals comprising of **Physiotherapist, Speech Therapists, Special Educators and Prosthetic & Orthotic Engineer**. After a thorough assessment is made, the patient is evaluated for specific treatment with specified duration and referred to the concerned departments of ARTC and other Hospitals and Rehab Centers for the needful. **Patients are visiting ARTC both from the surrounding areas and communities.**



*Assessment by Orthopedic Surgeon at ASRA Head Office*

**b. Physiotherapy Unit :** Physiotherapy plays an important role in providing therapeutic management for treating the effects of congenital diseases, illnesses, chronic diseases, neurological conditions, accidents and the pressures and strains of everyday life.

Following are the number of patients who were registered and treated in the Physiotherapy department during the quarter under report:

**ARTC PATIENTS**

S. No	Month	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
1.	January 2024	16	21	07	08	196
2.	February 2024	06	09	08	17	283
3.	March 2024	11	21	11	16	261
<b>Grand Total</b>		<b>33</b>	<b>51</b>	<b>26</b>	<b>41</b>	<b>740</b>

**AIRTC PATIENTS**

S. No	Month	Total patients registered				Total no. of visits / sessions
		Old		New		
		Male	Female	Male	Female	
1.	January 2024	02	02	-	-	15
2.	February 2024	02	02	-	-	26
3.	March 2024	02	02	-	-	13
<b>Grand Total</b>		<b>06</b>	<b>06</b>	<b>-</b>	<b>-</b>	<b>54</b>

**CBR PATIENTS:** Physiotherapy under CBR Program resumed in slum communities namely Shiv Vihar, Nanhe Park, Jwala Puri, Indira Camp-5, Dwarka Sec-16, Pappankalan and Nangli dairy.

S. No	Month	Total patients registered				Total no. of sessions
		Old		New		
		Male	Female	Male	Female	
1.	January 2024	28	14	02	01	57
2.	February 2024	29	15	02	01	58
3.	March 2024	31	16	02	02	58
<b>Grand Total</b>		<b>88</b>	<b>45</b>	<b>06</b>	<b>04</b>	<b>173</b>

**Details of C/PwDs who received physiotherapy during the quarter under report:**

**Community-wise number of patients registered and treated through physiotherapy in CBR:**

Pappankalan		Dwarka Sec-16		Indira Camp-5		Jwala Puri	Shiv Vihar		Nangli Dairy		Nanhe park	
Male	Female	Male	Female	Male	Female	Male	Male	Female	Male	Female	Male	Female
05	06	06	01	02	01	03	07	05	03	01	06	06
<b>Total – 52</b>												

## SOME GLIMPSES OF DOOR TO DOOR PHYSIOTHERAPY SESSIONS IN SLUM COMMUNITIES



Anjali 10/F, Cerebral Palsy from Nanhey Park community



Deepak 35/M, Cerebral Palsy from Nanhey Park community



Gourav 17/M, Hemiparasis from Nanhe Park community

### c. SPEECH THERAPY UNIT

Following are the number of patients who visited Speech Therapy Unit during the quarter under report:

#### ARTC-OPD PATIENTS

S. No	Month	Total patients registered				Total no. of sessions
		Old		New		
		Male	Female	Male	Female	
1	January 2024	16	05	-	-	28
2	February 2024	16	06	04	-	47
3	March 2024	20	06	03	02	61
Grand Total		52	17	07	02	136

#### AIRTC PATIENTS

S. No	Month	Total patients registered				Total no. of sessions
		Old		New		
		Male	Female	Male	Female	
1	January 2024	10	02	-	-	70
2	February 2024	10	02	-	02	128
3	March 2024	10	04	01	-	100
Grand Total		30	08	01	02	298

#### CBR PATIENTS

S. No	Month	Total patients registered				Total no. of sessions
		Old		New		
		Male	Female	Male	Female	
1	January 2024	06	02	04	06	54
2	February 2024	10	08	10	08	114
3	March 2024	20	16	03	02	124
Grand Total		36	26	17	16	292



## SOME GLIMPSES OF DOOR TO DOOR SPEECH THERAPY SESSIONS IN SLUM COMMUNITIES



*Kajal 7/F, Intellectual Disability from Nanhey Park community*

*Priyanshu 6/M Misarticulation from Nanhey Park community*

*Rudra 11/M, Down Syndrome from Pappan Kalan community*

*Sagar 7/M, Cerebral Palsy from Pappan Kalan community*

### d. OCCUPATIONAL THERAPY UNIT

Following are the number of patients who visited Occupational Therapy Unit during the quarter under report:

#### ARTC-OPD PATIENTS

S. No	Month	Total patients registered				Total no. of sessions
		Old		New		
		Male	Female	Male	Female	
1	January 2024	-	-	04	-	14
2	February 2024	04	-	05	01	49
3	March 2024	09	01	04	-	49
<b>Grand Total</b>		<b>13</b>	<b>01</b>	<b>13</b>	<b>01</b>	<b>112</b>

#### AIRC PATIENTS

S. No	Month	Total patients registered				Total no. of sessions
		Old		New		
		Male	Female	Male	Female	
1	January 2024	-	-	04	02	08
2	February 2024	04	02	-	01	43
3	March 2024	04	03	02	-	23
<b>Grand Total</b>		<b>08</b>	<b>05</b>	<b>06</b>	<b>03</b>	<b>74</b>

e. **Prosthetic & Orthotic Unit:** Prosthetic and Orthotic workshop is manufacturing and providing fitment services for persons with disabilities at ASRA Head Office. Rehabilitation of Patients under CBR Project areas are also covered by this unit.

Following are the number of patients in P&O Department for measurement and fabrication of orthosis during the quarter under report:

Months	Measurements taken	Orthosis Fabricated	Orthosis delivered
January 2024	-	02	11
February 2024	07	-	10
March 2024	05	-	-
<b>Total</b>	<b>12</b>	<b>02</b>	<b>21</b>

**SOME GLIMPSES OF DOOR-TO-DOORFITMENT OF AIDS AND APPLIANCES IN ADOPTED SLUM COMMUNITIES**



Mumtaz 17/F of Nanhe park community taken measurement of surgical shoes



Sunita 42/F of Nanhe park community taken measurement of surgical shoes with left corset knee gaiter



Sahil 17/M of Dwarka sec-16 community taken measurement of left wrist cock-up splint



Prince 10/M of Dwarka Sec-16 community taken measurement of surgical shoes



Subham 12/M of Dwarka Sec-16 community fitted surgical Shoes and corset knee gaiter



Monika 23/F of Pappankalan community fitted surgical shoes and BL corset knee gaiter



Priya 13/F of Shiv Vihar community fitted BL AFO & BL corset knee gaiter



Raunak 7/M of Shiv Vihar community fitted Lt AFO, Lt Cock-up splint and Lt Corset knee gaiter

## Vocational Trainings at ARTC

While some of the computer courses being conducted are recognized by National Institute of Open Schooling (NIOS) and National Institute of Electronic Information Technology (NIELIT), Government of India, others are designed by ASRA itself.

### Computer Training courses

The details of students who have undergone training in Computer courses during the quarter under report are as follows :

Already enrolled no. of students: **24**  
New admissions during the quarter: **12**  
**Total No. of students : 36**



*Students appearing Internal Examination at ASRA Head Office*

### Cutting & Tailoring Courses

The details of students who have undergone training in Vocational training courses in cutting and tailoring during the quarter under report are as follows:

Already enrolled no. of students: **17**  
New admission during the quarter: **03**  
**Total no. of students: 20**



*Students attending Tailoring theory class at ASRA Head Office*

### Beauty Culture Courses

The details of students who have undergone training in Vocational training courses in Beauty Culture course during the quarter under report are as follows:

Already enrolled no. of students: **10**  
New admission during the quarter: **01**  
**Total no. of students: 11**



*Students attending Beauty Culture class at ASRA Head Office*

### ASRA HANDICRAFT EMPORIUM

**ASRA Handicraft Emporium:** It became functional in April'2010. It has an experienced & qualified Master Tailor who is a physically challenged & a Junior Tailor to assist him. The Emporium executes the orders of stitching & alterations of garments to meet in house & outside needs. The Emporium staff prepares designer clothes, frocks, gowns, suits, and wedding dresses, western to ethnic dresses etc. as per customer's demand at very nominal charges. It provides other facilities like pico, overlock, hemming, machine embroidery etc. It is also manufacturing best quality simple or designer fabric masks. The Emporium is an effort to promote ASRA brand.

Orders pending up to 31 <sup>st</sup> December 2023	Orders booked from 1 <sup>st</sup> Jan 2024 to 30 <sup>th</sup> March 2024	Orders completed from 1 <sup>st</sup> Jan 2024 to 30 <sup>th</sup> March 2024	Orders pending up to 30 <sup>th</sup> March 2024
<b>21</b>	<b>174</b>	<b>190</b>	<b>05</b>

## ACCOUNTS & ADMINISTRATION UNITS

### ACCOUNTS

- Routine functions of Accounts unit were carried out during the quarter under report.
- Internal Audit of ASRA for the period October 2023 to December 2023 was conducted by the designated Chartered Accountant firm during the quarter under report.

### ADMINISTRATION

- **New recruitments of staff were made during the quarter as follows:**
  - i. Ms. Sekha, Tailoring Teacher, Jwalapuri, CBR
  - ii. Ms. Komal, Special Educator, AIRTC
  - iii. Ms. Babita, Helper-Vocational Training, ARTC
- **Resignation was received of staff during the quarter as follows:**
  - i. Ms. Deepinder Kaur, Helper-Vocational Training, ARTC due to family issue.
- Streamlining of administrative procedures was carried out as per ASRA Manuals.
- Administrative procedures are being streamlined.

*Gratitude to the President AFS  
and all the donors  
who are supporting ASRA's work for the poor &  
needy persons wth disabilities living  
in the slums of Delhi.  
Gratitude for your trust in our abilities.*

